

Xiaoyi Zeng, MSW, MPH

Doctoral Candidate
School of Social Work
The University of Texas at Austin
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EDUCATION

Anticipated Summer 2027	The University of Texas at Austin, School of Social Work Doctor of Philosophy in Social Work	Austin, TX
06/2020	Icahn School of Medicine at Mount Sinai Master of Public Health (<i>Health Care Management Track</i>)	New York, NY
05/2016	Fordham University Graduate School of Social Service Master of Social Work	New York, NY
06/2014	Shandong Normal University Bachelor of Management (<i>Major: Human Resource Management</i>)	Shandong, China

RESEARCH INTERESTS

Aging; dementia; caregiving; neighborhood environment; mental health; psychosocial well-being; community-based participatory research; program evaluation; cultural adaptation; health disparities.

FELLOWSHIPS, AWARDS, AND HONORS

2026 – 2027	Michael R. Daley Endowed Presidential Scholarship for Doctoral Students (\$3,900) <i>School of Social Work, The University of Texas at Austin</i>
2026 – 2027	Pamela A. Ackert Endowed Scholarship (\$100) <i>School of Social Work, The University of Texas at Austin</i>
2026	Graduate School Summer Excellence Fellowship (\$8,475) <i>Graduate School, The University of Texas at Austin</i>
2026 – 2027	Outstanding Graduate Research Fellowship (\$38,000) <i>Graduate School, The University of Texas at Austin</i> This competitive fellowship is awarded to doctoral students who demonstrate a well-defined program of research and an exceptional record of accomplishments since starting graduate school at the University of Texas at Austin.
2025 – 2026	Reimagining Professional Development Award (\$3,000) <i>Graduate School & Office of Career and Life Design, The University of Texas at Austin</i> Team lead on university-wide career development series titled “Professional development and interdisciplinary collaboration for future aging workforce.”

- 2025 – 2026 **Michael R. Daley Endowed Presidential Scholarship for Doctoral Students (\$4,000)**
School of Social Work, The University of Texas at Austin
- 2025 **Graduate School Summer Only Fellowship (\$7,800)**
Graduate School, The University of Texas at Austin
- 2024 **AGESW Gerontological Social Work Pre-Dissertation Fellowship (\$1,200)**
Association for Gerontology Education in Social Work (AGESW)
This award is made in recognition of the student's potential for the field of academic gerontological social work.
- 2024 – 2025 **Sherry Miller Melecki Endowed Graduate Fellowship in Social Work (\$3,000)**
School of Social Work, The University of Texas at Austin
- 2024 **Graduate School Summer Only Fellowship (\$7,800)**
Graduate School, The University of Texas at Austin
- 2023 – 2024 **Dean's Endowed Scholarship Fund (\$3,000)**
School of Social Work, The University of Texas at Austin
- 2020 **Delta Omega Public Health Honorary Society Inductee**
Chapter Beta Omicron

GRANT ACTIVITY

Active

- 2026 – 2027 **Moritz Center for Societal Impact Dissertation Award (\$8,000)**
School of Social Work, The University of Texas at Austin
Title: Perceived neighborhood environments and psychosocial well-being among community-dwelling older adults: Differences by cognitive function
Goal: To (1) test the associations of perceived neighborhood physical disorder and social cohesion with multiple indicators of psychological well-being and social health; (2) investigate potential mechanisms underlying these associations; and (3) determine whether these associations vary by cognitive status.
Role: Principal Investigator
- 07/2026 – 12/2027 **Arts and Humanities Research Grants for Early Career Faculty (\$22,000)**
Hogg Foundation for Mental Health, The University of Texas at Austin
Title: Through our lens: Explore neighborhood life and psychosocial well-being in dementia care using photovoice
Goal: To develop an understanding of how neighborhood environments influence the psychosocial well-being of older persons living with dementia and their care partners using community based participatory art approach.
Role: Co-Investigator

- 03/2026 – **Health Communication Scholars Program (\$2,500)**
 03/2027 *Moody College of Communication and Dell Medical School, The University of Texas at Austin*
Title: I hear you: Examining communication strategies and settings to strengthen trust and understanding in older adults with hearing loss
Goal: To evaluate the effectiveness of linguistic accommodation strategies on comprehension and cognitive effort among older adults with age-related hearing loss, and how communication accommodation strategies impact their trust and identity.
Role: Co-Principal Investigator
- Completed**
- 05/2024 – **Moritz Center for Societal Impact Good Neighbors Program (\$10,000)**
 08/2025 *School of Social Work, The University of Texas at Austin*
Title: Creating dementia-friendly neighborhoods to combat loneliness and social isolation
Goal: To explore the impact of neighborhoods on loneliness and social isolation among community-dwelling older people living with dementia using qualitative approaches and propose community-driven solutions to meet the needs of the aging community in the Greater Austin area.
Role: Principal Investigator

PUBLICATIONS

Peer-reviewed publications

16. Wang, K., Suntai, Z., & **Zeng, X.** (2026). Intersecting race and gender differences in chronic stressor patterns among older adults in the United States. *Geriatrics and Healthcare*. <https://doi.org/10.64187/gh.2026.v1.i2.005>
15. Zhou, Y., **Zeng, X.**, Kilcrease, A., & Phelan, E. (2026). A process model of engaging dementia care partners in fall risk management for multidisciplinary health professionals. *The Gerontologist*. <https://doi.org/10.1093/geront/gnag085>
14. **Zeng, X.**, Card, A., Choi, N., & Zhou, Y. (2025). Care partner engagement in fall risk management programs for community-dwelling older people with cognitive impairment: A systematic review. *Clinical Interventions in Aging*. <https://doi.org/10.2147/CIA.S553910>
13. Wang, K., Dong, Y., **Zeng, X.**, Johnson, C., Ruggiano, N., & Clay, O. (2025). From disparity to opportunity: Racial differences in internet access and health app usage among older informal caregivers. *Journal of Applied Gerontology*. <https://doi.org/10.1177/07334648251383631>
12. Wang, K., Kang, S-Y., Dong, Y., Park, J., **Zeng, X.**, Jin, G., & Rizzo, V. M. (2025). Intersecting identities and diverging views of aging among older adults: A longitudinal study of race, gender, and self-perceptions. *The Gerontologist*. <https://doi.org/10.1093/geront/gnaf199>
11. Hong, J., Chaidez-Ruacho, H., **Zeng, X.**, & Franklin, C. G. (2025). A scoping review of family-based interventions for immigrant/refugee children: Exploring intergenerational trauma. *Community Mental Health Journal*, <https://doi.org/10.1007/s10597-025-01463-y>

10. Wang, K., Chen, X. S., **Zeng, X.**, Wu, B., Liu, J., Daquin, J., & Li, C. (2024). Cognitive trajectories and associated social and behavioral determinants among racial/ethnic minority older adults in the United States. *The Gerontologist*. <https://doi.org/10.1093/geront/gnae147>
9. Sewell, M., Neugroschl, J., Zhu, C. W., Loizos, M., **Zeng, X.**, Pun, K., Greenberg, J., Velasco, N., Sheppard, F., Tocco, C., Evans, K., Ardolino, A., Meuser, C., Li, C., Melnick, J., Grossman, H., & Sano, M. (2024). Lessons from the Coronavirus disease experience: research participant and staff satisfaction with remote cognitive evaluations. *Alzheimer Disease & Associated Disorders*, 10-1097. <https://doi.org/10.1097/WAD.0000000000000605>
8. Ho, P., Yu, W. H., Tee, B. L., Lee, W., Li, C., Gu, Y., Yokoyama, J. S., Reyes-Dumeyer, D., Choi, Y., Yang, H., Vardarajan, B. N., Tzuang, M., Lieu, K., Lu, A., Faber, K. M., Potter, Z. D., Revta, C., Kirsch, M., Mccallum, J., ... Wang, L. (2024). Asian Cohort for Alzheimer's Disease (ACAD) pilot study on genetic and non-genetic risk factors for Alzheimer's disease among Asian Americans and Canadians. *Alzheimer's & Dementia*. <https://doi.org/10.1002/alz.13611>
7. Li, C., Hong, Y., Wang, K., Neugroschl, J., Zhu, C., **Zeng, X.**, Yang, X., Aloysi, A., Grossman, H., Cai, D., Spat-Lemus, J., Martin, J., Sewell, M., & Sano, M. (2023). The utility of word list and story recall for identifying older U.S. Chinese immigrants with cognitive impairment. *Neuropsychology*, 37(8), 966–974. <https://doi.org/10.1037/neu0000906>
6. Li, C., Hong, Y., Yang, X., **Zeng, X.**, Ocepek-Welikson, K., Eimicke, J., Kong, J., Sano, M., Zhu, C., Neugroschl, J., Aloysi, A., Cai, D., Martin, J., Loizos, M., Sewell, M., Akrivos, J., Evans, K., Sheppard, F., Greenberg, J., Ardolino, A., & Teresi, J. (2022). The use of subjective cognitive complaints for detecting mild cognitive impairment in older adults across cultural and linguistic groups: A comparison of the Cognitive Function Instrument to the Montreal Cognitive Assessment. *Alzheimer's Dementia*. 2022; 1-11. <https://doi.org/10.1002/alz.12804>
5. Hong, Y., **Zeng, X.**, Zhu, C., Neugroschl, J., Aloysi, A., Sano, M., & Li, C. (2021). Evaluating the Beijing version of Montreal Cognitive Assessment for identification of cognitive impairment in monolingual Chinese American older adults. *Journal of Geriatric Psychiatry and Neurology*. <https://doi.org/10.1177/08919887211036182>
4. Li, C., **Zeng, X.**, Neugroschl, J., Aloysi, A., Zhu, C., Xu, M., Teresi, J., Ocepek-Welikson, K., Ramirez, M., Joseph, A., Cai, D., Grossman, H., Martin, J., Sewell, M., Loizos, M., & Sano, M. (2021). The 32-item Multilingual Naming Test: cultural and linguistic biases in monolingual Chinese-speaking older adults. *Journal of the International Neuropsychological Society*, 1-9. <https://doi.org/10.1017/S1355617721000746>
3. Li, C., Neugroschl, J., Zhu, C., Aloysi, A., Schimming, C., Cai, D., Grossman, H., Martin, J., Sewell, M., Loizos, M., **Zeng, X.**, & Sano, M. (2020). Design considerations for mobile health applications targeting older adults. *Journal of Alzheimer's Disease: JAD* 79(1):1-8. <https://doi.org/10.3233/JAD-200485>
2. Li, C., Neugroschl, J., Umpierre, M., Martin, J., Huang, Q., **Zeng, X.**, Grossman, H., Cai, D., & Sano, M. (2018). Cognitive test battery for evaluating elderly Chinese Americans. *International Psychogeriatrics*, 1-7. <https://doi.org/10.1017/S1041610218001060>
1. Li, C., Neugroschl, J., Umpierre, M., Martin, J., Huang, Q., **Zeng, X.**, Cai, D., & Sano, M. (2016). Recruiting U.S. Chinese elders into clinical research for dementia: modeling efficient minority recruitment. *Alzheimer Disease and Associated Disorders*, 30 (4), 345-347.

<https://doi.org/10.1097/WAD.0000000000000162>

Manuscripts under review

1. Zhou, Y., **Zeng, X.**, Kilcrease, A., & Phelan, E. Health professionals' perspective on challenges and potential strategies to engage dementia care partners in fall risk management: A qualitative study. Submitted to the *BMC Geriatrics – Special Collection: Managing Multimorbidity in Older Adults*.
2. **Zeng, X.**, & Zhou, Y. Protecting trust amid AI-assisted fraud: Reflections from online dementia caregiver research. Submitted to *Journal of Gerontological Social Work*.
3. **Zeng, X.**, Dong, Y., Choi, N., Cubbin, C., Wang, K., & Zhou, Y. (*Revise and resubmit*). Neighborhood environments and the psychosocial well-being of community-dwelling older people with dementia: A scoping review. Submitted to *Dementia: the international journal of social research and practice*.
4. **Zeng, X.**, Zhang, P., Wang, J., Wu, B., Fried, T., Schulman-Green, D., Hanson, L., & Pei, Y. Challenges and strategies in supporting Chinese American family caregivers' feeding decisions for persons living with advanced dementia: Perspectives from healthcare providers. Submitted to *Journal of Aging & Social Policy – Special Issue on Aging and End of Life Care: Global Perspectives on Care Provision, Quality, Costs, and Technology*.
5. **Zeng, X.**, & Lou, Y. Facilitators and barriers to advance care planning across stages of change in Chinese older adults. Submitted to *Journal of Applied Gerontology*.
6. Wang, K., **Zeng, X.**, Ding, K., & Dong, Y. Digital health engagement and in-person healthcare visits among older informal caregivers in the United States: Variation by region and race/ethnicity. Submitted to *Health Care for the Poor and Underserved*.
7. Wang, Y., **Zeng, X.**, Yang, V., & Currin-McCulloch, J. The prospect of assisted dying policy in mainland China: Implications for culturally responsive end-of-life care. Submitted to *Journal of Aging & Social Policy – Special Issue on Aging and End of Life Care: Global Perspectives on Care Provision, Quality, Costs, and Technology*.
8. Wang, K., Park, J., **Zeng, X.**, Dong, Y., Du, J., & Lee, M. (*Revised and resubmitted*). Caregiving burden, self-perceptions of aging, and psychological well-being among older East Asian American dementia caregivers. Submitted to *Journal of Gerontological Social Work*.
9. Zhang, P., Wang, J., **Zeng, X.**, Huang, J., Wu, B., Fried, T., Schulman-Green, D., Hanson, L., & Pei, Y. (*Revise and resubmit*). Sociocultural considerations in feeding decision making among Chinese Americans with advanced dementia: Perspectives from healthcare providers and family caregivers. Submitted to *Journal of Aging & Social Policy – Special Issue on Aging and End of Life Care: Global Perspectives on Care Provision, Quality, Costs, and Technology*.
10. Wang, K., Wen, W., Zhou, Z., Dong, Y., & **Zeng, X.** Internet use and self-perceptions of aging: Psychosocial pathways. Submitted to *Activities, Adaptations & Aging*.
11. Wang, K., Men, F., Ding, K., Qiao, Z., & **Zeng, X.** (*Revise and resubmit*). Digital engagement and healthcare utilization in later life: A longitudinal analysis of the Health and Retirement Study. Submitted to *Journal of Aging & Health*.

Manuscripts in preparation

1. **Zeng, X.**, Choi, N., Noel, L., Wang, K., Cubbin, C., & Zhou, Y. Engaging older neighbors with cognitive impairment and care partners to inform dementia-friendly neighborhood and promote social connection.
2. **Zeng, X.**, Noel, L., Choi, N., Wang, K., & Zhou, Y. Experiences of loneliness and social isolation in older people living with cognitive impairment or dementia: A qualitative exploration.
3. **Zeng, X.**, Choi, N., Wang, K., Noel, L., & Zhou, Y. Staying connected in the face of cognitive impairment or dementia: Challenges and strategies from a resilience perspective.
4. **Zeng, X.**, Zhang, W., Zhou, Z., Wang, K., & Pei, Y. Neighborhoods, resilience, and quality of life among Chinese older adults in Wuhan and Honolulu.
5. Zhou, Y., **Zeng, X.**, Kilcrease, A., Meah, N., Choi, S., & Phelan, E. Content validation of Fall Risk Management Scale (FRMS) for dementia care partners.
6. Zhou, Z., **Zeng, X.**, Zhang, W., Wu, B., & Pei, Y. Pathways linking intergenerational support and psychological well-being: A comparison between Chinese middle-aged and older adults in Wuhan and Honolulu.
7. Jin, G., **Zeng, X.**, Yin, Q., Wang, K., & Tang, F. How does neighborhood cohesion and disorder shape late-life cognition: The mediating role of psychological resilience.
8. Zhou, Y., Yu, P., **Zeng, X.**, Cai, R., & Phelan, E. Dementia care partners' needs and preferences for fall risk management intervention: Interview study.
9. Shen, F., Zhou, Z., **Zeng, X.**, Wu, B., & Pei, Y. Linking personal strengths to subjective well-being: The mediating roles of family and social processes in Chinese American older adults.
10. Pei, Y., Gao, S., Zhou, Z., **Zeng, X.**, Zhang, A., Schulman-Green, D., Hanson, L., & Wu, B. Development and field testing of a culturally adapted decision aid intervention regarding decision-making on feeding options for Chinese American dementia caregivers: A human-centered approach.

CONFERENCE PRESENTATIONS

Peer-reviewed oral presentations

7. Wang, K., Park, J., **Zeng, X.**, Dong, Y., Du, J., & Lee, M. (2026). Caregiving burden, aging perceptions, and well-being among Asian American family caregivers. Abstract accepted for oral presentation for the Gerontological Society of America (GSA) 2026 Annual Scientific Meeting, National Harbor, MD.
6. **Zeng, X.**, Zhang, P., Wang, J., Schulman-Green, D., Wu, B., Hanson, L., & Pei, Y. (2025). Professionals' practices to support Chinese American dementia caregivers' decision-making on feeding. Oral presentation of a symposium session named *Navigating Feeding Decisions in Dementia Care: Culturally Adapted Support for Chinese American Caregivers* by the Gerontological Society of America (GSA) 2025 Annual Meeting, Boston, MA.

5. **Zeng, X.**, Zhou, Y., Noel, L., Choi, N. G., & Cubbin, C. (2025). Neighborhood characteristics to enhance social connectedness for older people with dementia. Oral presentation of a symposium session named *Neighborhoods and Aging: How Place-Based Assets and Challenges Shape Mental Health and Well-Being* by the Gerontological Society of America (GSA) 2025 Annual Meeting, Boston, MA.
4. Zhou, Y., **Zeng, X.**, Kilcrease, A., Meah, N., Choi, S., & Phelan, E. (2025). Measuring dementia care partners' Fall Risk Management behaviors: development and content validation. Oral presentation of a symposium session named *Laying the Groundwork for Dementia Service Innovations: Developing and Validating Measures of Dementia Caregiving* by the Gerontological Society of America (GSA) 2025 Annual Meeting, Boston, MA.
3. Zhang, P., **Zeng, X.**, Wang, J., Wu, B., Fried, T., Schulman-Green, D., Hanson, L., & Pei, Y. (2025). Sociocultural considerations in decision-making on feeding options among Chinese Americans with advanced dementia. Oral presentation of a symposium session named *Navigating Feeding Decisions in Dementia Care: Culturally Adapted Support for Chinese American Caregivers* by the Gerontological Society of America (GSA) 2025 Annual Meeting, Boston, MA.
2. Jin, G., **Zeng, X.**, Yin, Q., & Tang, F. (2025). How does neighborhood cohesion and disorder shape late-life cognition: The mediating role of psychological resilience. Oral presentation of a symposium session named *Neighborhoods and Aging: How Place-Based Assets and Challenges Shape Mental Health and Well-Being* by the Gerontological Society of America (GSA) 2025 Annual Meeting, Boston, MA.
1. Green, D., and **Zeng, X.** (2024). Dementia Live. Oral presentation at the Aging in Texas Conference (AiTC) on August 1st, 2024, Austin, TX.

Peer-reviewed poster presentations

29. **Zeng, X.**, & Zhou, Y. (2027). Bots and beyond: Threats to trust in online caregiver research. Abstract accepted for poster presentation at the Society for Social Work and Research (SSWR) 2027 Annual Conference, San Francisco, CA.
28. Wang, K., Zheng, D., **Zeng, X.**, & Dong, Y. (2026). Features of shift-work exposure studied in relation to long-term cognitive impact: A scoping review. Abstract accepted for poster presentation for the Gerontological Society of America (GSA) 2026 Annual Scientific Meeting, National Harbor, MD.
27. Zhou, Y., **Zeng, X.**, Kilcrease, A., & Phelan, E. (2026). A process model of engaging dementia care partners in fall risk management for health professionals. Abstract accepted for poster presentation for the Gerontological Society of America (GSA) 2026 Annual Scientific Meeting, National Harbor, MD.
26. Zhou, Z., **Zeng, X.**, Zhang, W., Wu, B., & Pei, Y. How intergenerational support is linked to psychological well-being in later adulthood: A cross-national study. Abstract accepted for poster presentation for the Gerontological Society of America (GSA) 2026 Annual Scientific Meeting, National Harbor, MD.
25. **Zeng, X.**, & Lou, Y. Unlocking multi-level barriers and facilitators to advance care planning discussions among older adults in China. Abstract accepted for poster presentation for the Gerontological Society of America (GSA) 2026 Annual Scientific Meeting, National Harbor, MD.

24. **Zeng, X.**, Dong, Y., Choi, N., Cubbin, C., Wang, K., & Zhou, Y. Neighborhoods and the psychosocial well-being of community-dwelling older people with dementia: A scoping review. Abstract accepted for poster and flash poster presentation for the Gerontological Society of America (GSA) 2026 Annual Scientific Meeting, National Harbor, MD.
23. **Zeng, X.**, Zhang, W., Zhou, Z., Wang, K., & Pei, Y. Neighborhoods, resilience, and quality of life among Chinese older adults in Wuhan and Honolulu. Abstract accepted for E-poster presentation for the 2026 Council on Social Work Education (CSWE) Annual Program Meeting, Atlanta, GA.
22. Jin, G., **Zeng, X.**, Yin, Q., & Wang, K. (2026). Does psychological resilience mediate the relationship between neighborhood characteristics and cognitive change? Presented at the Society for Social Work and Research (SSWR) 2026 Annual Conference, Washington DC.
21. **Zeng, X.**, Zhou, Y., Noel, L., & Wang, K. (2025). Experiences of loneliness and social isolation in older people living with dementia: A qualitative exploration. Presented at the Southern Gerontological Society's 46th Annual Meeting and Conference, Birmingham, AL.
20. Wang, K., Dong, Y., **Zeng, X.**, Clay, O., & Ruggiano, N. (2025). Black-White disparities in Internet access but not usage among older informal caregivers. Presented at the Southern Gerontological Society's 46th Annual Meeting and Conference, Birmingham, AL.
19. **Zeng, X.**, Zhou, Y., & Noel, L. (2025). Waiting to die but not saying it: A qualitative exploration of hidden loneliness and social isolation in older people living with dementia. Presented at 2025 St. David's CHPR conference of "Addressing Intersectionality to Improve Health in Hard-to-Reach Populations", Austin, TX.
18. Wang, K., Kang, S., Dong, Y., **Zeng, X.**, & Rizzo, V. M. (2025). Understanding older adults' self-directed ageism and positive perception of aging from an intersectionality perspective. Presented at the Society for Social Work and Research (SSWR) 2025 Annual Conference, Seattle, WA.
17. **Zeng, X.**, Zhou, Y., & Choi, N. (2024). Enhancing dementia care partner engagement in fall prevention programs: a systematic review. Presented at the Gerontological Society of America (GSA) 2024 Annual Scientific Meeting, Seattle, WA.
16. Hong, J., Chaidez-Ruacho, H., E., **Zeng, X.**, & Franklin, C., G. (2024). A scoping review of family interventions for immigrant/refugee children, exploring intergenerational trauma. Presented at the 2024 Council on Social Work Education Annual Program Meeting, Kansas City, MO.
15. Zhou, Y., & **Zeng, X.** (2024). Care partner engagement in fall prevention programs for older people with cognitive impairment/dementia: a systematic review. Presented at the 2024 Society of Behavioral Medicine (SBM) Conference, PA.
14. Ying, G., Spat-Lemus, J., **Zeng, X.**, Xia, T., Neugroschl, J., Aloysi, A., & Li, C. (2024). The impact of Covid-19 on health behavioral and psychological outcomes in Chinese American older adults. Presented at the 2024 International Neuropsychological Society (INS) conference, NY.
13. Ying, G., Spat-Lemus, J., Xia, T., Cai, D., Lai, R., Neugroschl, J. A., Aloysi, A., Sano, M., Zhu, C. W., Akrivos, J., Hong, Y., Huang, Q., **Zeng, X.**, Liu, L., Cao, Y., Wang, W., & Li, C. (2023). Examination of the utility of the gold standard cutoff score for the Montreal Cognitive Assessment (MoCA) in Chinese American older adults: A pilot study. Presented at the 2023 Alzheimer's Association International Conference (AAIC), Amsterdam, Netherlands.

12. Yang, X., Spat-Lemus, J., Xia, T., Cai, D., Lai, R., Neugroschl, J. A., Aloysi, A., Zhu, C. W., Sano, M., Akrivos, J., Huang, Q., **Zeng, X.**, Liu, L., & Li, C. (2023). The association of gait velocity and cognitive performance in a sample of older Chinese Americans: A pilot study. Abstract accepted at the 2023 Alzheimer's Association International Conference (AAIC). *Alzheimer's & Dementia*, 19(S18). <https://doi.org/10.1002/alz.074842>
11. Ying, G., Neugroschl, J., Aloysi, A., Cai, D., Xia, T., Zhu, C. W., **Zeng, X.**, Akrivos, J., Liu, L., Cao, Y., Wang, W., Sano, M., Smith, G. E., & Li, C. (2023). The Chinese version of Craft story recall: A preliminary study on the diagnostic values of mild cognitive impairment and dementia. Presented at the 2023 International Neuropsychological Society Annual Meeting, San Diego, CA.
10. Hong, Y., **Zeng, X.**, Sano, M., Zhu, C., Neugroschl, J., Aloysi, A., Martin, J., Huang, Q., Akrivos, J., Yang, X., & Li, C. (2022). Neuropsychological performance of cognitively healthy older Chinese-speaking immigrants in U.S. Presented at the 2022 Alzheimer's Association International Conference.
9. Yang, X., **Zeng, X.**, Sano, M., Zhu, C., Neugroschl, J., Aloysi, A., Xu, M., Akrivos, J., Martin, J., & Li, C. (2022). Preliminary results on the Chinese translation of Verbal Naming Test among Chinese American older adults. Presented at the 20th Annual American Academy of Clinical Neuropsychology (AACN) Conference, Minneapolis, MN.
8. Li, C., **Zeng, X.**, Yang, X., Zhu, C., Neugroschl, J., Aloysi, A., Cai, D., Martin, J., Sewell, M., Loizos, M., Greenberg, J., Xu, M., Evans, K., Pun, K., Tocco, C., Ardolino, A., Meuser, C., Sheppard, F., Gamino, J., Velasco, N., & Sano, M. (2021). Subjective cognitive complaints in Chinese- and English-speaking older adults. Presented at the 2021 Alzheimer's Association International Conference (Virtual presentation).
7. Li, C., **Zeng, X.**, Wang, K., Neugroschl, J. A., Aloysi, A., Cai, D., Martin, J., Sewell, M., Greenberg, J., Xu, M., Evans, K., Pun, K., Tocco, C., Ardolino, A., Meuser, C., Sheppard, F., Gamino, J., Velasco, N., Sano, M., Loizos, M., & Zhu, C. (2021). Smartphone ownership and usage in Chinese- and English-speaking older adults. Presented at the 2021 Alzheimer's Association International Conference (Virtual presentation).
6. Pun, K., Sewell, M., Neugroschl, J., Zhu, C., **Zeng, X.**, Greenberg, J., Velasco, N., Sheppard, F., Tocco, C., Evans, K., Ardolino, A., Meuser, C., Kinsella, M., Li, C., Loizos, M., Grossman, H., & Sano, M. (2021). Evaluating participant and coordinator satisfaction with telephone assessments. Presented at the 2021 Alzheimer's Association International Conference (Virtual presentation).
5. Loizos, M., Sewell, M., Neugroschl, J., Zhu, C., Li, C., **Zeng, X.**, Pun, K., Velasco, N., Tocco, C., Sheppard, F., Ardolino, A., Meuser, C., Greenberg, J., Evans, K., Kinsella, M., Aloysi, A., Grossman, H., & Sano, M. (2021). Socio-psychological impact of COVID-19 on a diverse cohort of older adult research participants in New York. Presented at the 2021 Alzheimer's Association International Conference (Virtual presentation).
4. Li, C., Neugroschl, J., Zhu, C., Umpierre, M., Martin, J., **Zeng, X.**, Huang, Q., Grossman, H., Cai, D., Sewell, M., & Sano, M. (2019). The utility of verbal memory tests as sensitive markers for early-stage Alzheimer's Disease in elderly Chinese Americans. *Alzheimer's & Dementia*, 2019-07, Vol.15.
3. Li, C., Neugroschl, J., Zhu, C., Umpierre, M., Martin, J., Huang, Q., **Zeng, X.**, & Sano, M. (2016). Mobility marker associated with cognitive impairment in elderly Chinese. Presented at the 2016

IPA Asian Regional Meeting, Taipei, Taiwan.

2. Li, C., Neugroschl, J., Zhu, C., Umpierre, M., Martin, J., Huang, Q., **Zeng, X.**, & Sano, M. (2016). Assessing cognitive function in elderly Chinese immigrants. Presented at the 2016 IPA International Congress, San Francisco, CA, USA.
1. Li, C., Neugroschl, J., Umpierre, M., Martin, J., Huang, Q., **Zeng, X.**, Cai, D., & Sano, M. (2016). Beijing version of the Montreal Cognitive Assessment for elderly Chinese Americans. Presented at the 2016 Alzheimer's Association International Conference, Toronto, ON, Canada.

RESEARCH EXPERIENCE

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|-------------------|---|
| 08/2024 – Present | <p>Graduate Research Assistant Austin, TX
 <i>School of Nursing, The University of Texas at Austin</i></p> <ul style="list-style-type: none"> • Assisting with an NIH-funded (K99/R00) research project aiming at developing and testing a culturally adapted decision aid tool intervention for Chinese American caregivers of older people with advanced dementia to make informed decisions related to feeding options. • Translating and back translating the decision aid tool, conducting cognitive interviews in English and Chinese with stakeholders for cultural adaptation of the tool, and preparing for relevant documents and measures for pilot testing. • Leading on data analysis and write-ups of project-related manuscripts. <p><i>Principal Investigator: Yaolin Pei, Ph.D.</i></p> |
| 09/2023 – Present | <p>Graduate Research Assistant Austin, TX
 <i>School of Social Work, The University of Texas at Austin</i></p> <ul style="list-style-type: none"> • Assisting with a NIH-funded (R21) mixed-method research project for co-designing and validating a fall risk management scale for care partners of older people living with cognitive impairment or dementia. • Leading community outreach and recruitment of dementia care partners, data collection, data management, data analyses, and manuscript write-ups. • Overseeing and supporting research projects of master-level and undergraduate research assistants. • Conducted program evaluation for the North Central Texas Council of Governments' (NCTCOG) Dementia Friendly programs and the State of Texas <i>Grants to Improve Local Dementia Support (GILDS)</i> project from 2023 to 2026. • Performed data cleaning and analysis, developing dementia resource specialist training manuals, conducting interviews, and preparing for evaluation reports from 2023 to 2026. <p><i>Principal Investigator and Supervisor: Yuanjin Zhou, Ph.D.</i></p> |
| 08/2020 – 04/2023 | <p>Senior Clinical Research Coordinator New York, NY
 <i>Alzheimer's Disease Research Center, Icahn School of Medicine at Mount Sinai</i></p> <ul style="list-style-type: none"> • Served as primary clinical research coordinator for multiple research projects funded through NIH/NIA grants (R21, R61, P30, UH2/UH3), subawards (U19, R01, MESA-MIND), and foundational grants (Alzheimer's Association). • Supported study PIs and collaborators with administrative tasks, including |

drafting budgets and non-scientific grant application documents, managing contracts and funds, and IRB submissions.

- Contributed to development of research proposals, preliminary data analysis, and preparation for manuscript and poster presentations.
- Conducted comprehensive neuropsychological evaluations in Chinese, assisted clinicians with making diagnoses, drafted and translated evaluation reports.
- Provided trainings to bilingual research staffs, doctoral fellows, and external bilingual psychometricians on conducting research evaluations and supervised student interns to ensure the quality of data collection, entry, and interpretation.

Principal Investigator and Supervisor: Clara Li, Ph.D.

01/2019 – **Clinical Research Coordinator (Part-time)** New York, NY
06/2020 ***Alzheimer's Disease Research Center, Icahn School of Medicine at Mount Sinai***

- Recruited, screened, and enrolled research participants for cognitive evaluations and research studies focusing on older Chinese American immigrants.
- Administered cognitive assessments, clinical dementia rating, mental status exams, informant interviews, and lifestyle questionnaires for research participants.
- Assisted with neuropsychological testing scoring, drafted clinical evaluation reports, and translated clinical reports into Chinese.
- Served as primary coordinator for NIH/NIA funded (R03) research project, including data collection, data entry, and data management across study phases.
- Presented research data at consensus meeting to support clinical diagnosis.
- Planned, coordinated, and assisted with community educational presentations and events to educate and recruit Chinese elders into clinical dementia research.
- Supported training, certification, and quality control for neuropsychological testing for 7 bilingual Chinese/English examiners for a multi-site Multi-Ethnic Study of Atherosclerosis (MESA)-MIND study.

Principal Investigator and Supervisor: Clara Li, Ph.D.

06/2018 – **Research Assistant** New York, NY
08/2018 ***City University of New York School of Public Health***

- Drafted study protocol and submitted required documents for IRB review.
- Assisted with database design and the development of qualitative evaluation tools, including interview questions and observation guide for data collection.
- Collaborated with NYU Langone Medical Center to ensure the Healthcare Stories Project activity implementation and provided support to facility staff.

Supervisor: Abigail Baim-Lance, Ph.D.

TEACHING INTERESTS

- Human Behavior and the Social Environment
- Social Work Research Methods
- Aging and Gerontological Social Work
- Community Practice and Organizational Leadership
- Health, Mental Health, and Healthcare Systems

TEACHING EXPERIENCE

Guest Lectures

- 04/2026 **Identity, Power, and Social Justice (BSW-level)**
School of Social Work, Colorado State University (Virtual)
 • Topic: Age-friendly and dementia-friendly communities
- 03/2026 **Social Work Research Methods (MSW-level)**
School of Social Work, The University of Texas at Austin
 • Topic: A qualitative study on creating dementia-friendly neighborhoods to combat loneliness and social isolation
- 11/2025 **Human Behavior and the Social Environment (MSW-level)**
School of Social Work, The University of Texas at Austin
 • Topic: Conducting a literature review for social workers
- 11/2024 **Practice and Theory with Organizations and Communities (BSW-level)**
School of Behavioral and Social Sciences, St. Edward's University (Virtual)
 • Topic: Leadership in social work organizations: From theory to practice
- 10/2024 **Social Work Practice I (MSW-level)**
School of Social Work, The University of Texas at Austin
 • Topic: Specialized assessments for diverse older adults and cultural considerations
- 10/2023 **Human Behavior and the Social Environment (MSW-level)**
School of Social Work, The University of Texas at Austin
 • Topic: Pregnancy, infancy, and early childhood development: Conducting risk assessments

Teaching Assistantships

- Spring 2026 **Social Work Research Methods (MSW-level)**
School of Social Work, The University of Texas at Austin
- Fall 2025 **Human Behavior and Social Environment (MSW-level)**
School of Social Work, The University of Texas at Austin (Virtual)
- Spring 2024 **Social Work Research Methods (MSW-level)**
School of Social Work, The University of Texas at Austin
- Fall 2023 **Human Behavior and Social Environment (MSW-level)**
School of Social Work, The University of Texas at Austin

PRACTICE EXPERIENCE

- 08/2020 – **Social Worker** New York, NY
 04/2023 **Alzheimer's Disease Research Center (ADRC), Mount Sinai Health System**
 • Led community outreach and educational workshops in local Chinese American communities and online to promote awareness of brain health, well-being, and

research participation.

- Provided older adults with memory concerns and family caregivers with psychosocial support, making referrals, and providing education and phone counseling.

Clinical Supervisor: Mari Umpierre, Ph.D., LCSW

05/2019 –
11/2019

Human Resources Intern

New York, NY

People's Operation Department, Gay Men's Health Crisis (GMHC)

- Assisted Senior Vice President with administrative tasks, including compliance management, staff onboarding, and corrective action plans.
- Conducted program evaluation for the GMHC's Meals & Nutrition Program, identified areas of improvement, and analyzed strategies for continual quality improvement.

Supervisor: Rhonda Harris, MPA, PHR

07/2016 –
06/2017

Social Worker & Care Coordinator

New York, NY

Coalition of Asian American IPA (CAIPA)

- Oversaw case management and delivered social work services to senior members at CAIPA Social Daycare Centers.
- Conducted psychosocial assessments, created individualized care plans, and advocated for senior members to gain access to community resources and social benefits.
- Provided care coordination service and behavioral health care management under CAIPA Care to ensure high quality, cost-effective care and to prevent avoidable hospital readmissions.
- Communicated with Asian American primary care physicians and health insurance plans to manage patient discharge data, support transitional care, and control hospital admission rate.
- Participated in Maimonides-CAIPA Ambassador program to provide navigation and basic interpretation services for Chinese American patients in the emergency department at Maimonides Medical Center in Brooklyn, NY.

Supervisors: Richard Ng, MD and John Tsoi, LMSW

09/2015 –
05/2016

Social Work Intern

New York, NY

Linkage House, The Mount Sinai Hospital

- Delivered clinical case management service to 7 older Chinese residents to address and explore their health education and psychosocial needs.
- Facilitated the established Memory Enhancement Women's Group in English and initiated a Mandarin socialization group for 6 Chinese residents on a weekly basis at Linkage House.
- Planned 3 creative and culturally sensitive celebrations for Linkage Residents and supported in planning for the entertainment at East Harlem Health Fair.

Field Instructors: Alma Collazo, LCSW and Mari Umpierre, PhD, LCSW

07/2014 –
06/2015

Social Work Intern

New York, NY

Healthy Families Program, University Settlement

- Worked as Family Assessment Worker & Family Support Worker to provide home-based services for expectant families and new parents in the Lower East Side in New York City.
- Conducted assessments to identify family needs and provided weekly home visits to introduce positive parenting skills and foster optimal child development.

Field Instructor: Tina Chow Rudolf, LMSW

SERVICE ACTIVITIES

07/2026 – Present	Age-Friendly Austin Quality of Life Study Analysis Workgroup Commission on Aging, Austin, TX
03/2026	Ad-hoc peer reviewer for the Gerontological Society of America (GSA) 2026 conference
01/2026 – Present	Commissioner on Aging (Appointed by the Austin City Council) City of Austin, TX
01/2026 – Present	Chinese Community Advisory Board member CaringKind, NY
08/2025 – 07/2026	President , Texas Institute on Dementia, Aging, and Longevity (TIDAL) Graduate Student Council, The University of Texas at Austin, TX
07/2025 – Present	Ad-hoc peer reviewer for <i>The Gerontologist</i> , <i>BMC Public Health</i> , <i>Journal of Gerontology: Social Sciences</i> , <i>BMC Health Services Research</i> , <i>JMIR Aging</i> .
07/2025 – Present	AGESW Student Ad-Hoc Committee member , Association for Gerontology Education in Social Work (AGESW)
06/2025 – 06/2026	Age-Friendly Austin Domain 8 Workgroup City of Austin, TX
2024 – 2025	Doctoral program committee student representative , School of Social Work The University of Texas at Austin, TX
2024 – 2025	Vice President , Texas Aging and Longevity Consortium Graduate Student Council The University of Texas at Austin, TX
2021 – 2022	Alumni Member , the Graduate Program in Public Health Admissions Committee Icahn School of Medicine at Mount Sinai, NY
2019 – 2021	Peer Advisor , the Graduate Program in Public Health PeerConnect program Icahn School of Medicine at Mount Sinai, NY

VOLUNTEER EXPERIENCE

07/2025 – Present	Dysphagia Technology and Assistance Resources (DTAR) • Providing consultations on developing community-engaged and culturally appropriate dysphagia-related education materials for people with dementia. • Supporting with monthly community outreach and engagement activities on dysphagia and related health issues. • Leading on the development of caregiver resource book, caregiver storytelling, and film-making projects to promote awareness and health education.	Austin, TX
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- 06/2025 – Present **Memory Matters at the Westlake Hills Presbyterian Church** Austin, TX
- Facilitating weekly group activities for an early memory loss support group, including chair exercises, cognitive stimulation activities, and themed discussions related to memory and aging.
 - Co-designing weekly program activities with dementia care specialists and other professionals.
- 07/2024 – Present **Asian American Resource Center** Austin, TX
- Presented a health education talk on “Brain Health and Fall Prevention” in English and Mandarin to 25 Asian American older adults on March 18th, 2026.
 - Presented a health education talk on “Normal aging vs. Alzheimer’s Disease” in English and Mandarin to 15 Asian American older adults on October 28th, 2024.
 - Provided technical assistance to senior members at two senior technology classes.
 - Served as a bilingual resource navigator at the 2024 AAPI Community Health Fair in July.
- 04/2024 – 05/2024 **The Cognition, Health, & Aging Research Team** Austin, TX
- Assisted Dr. Elizabeth Muñoz with facilitating community conversations and taking notes for a community-engaged research project regarding understanding older adults’ experiences after the COVID restrictions at two local senior centers.
- 03/2022 – 10/2023 **The Ageologist** Virtual
- Committed 5 hours per week to in-depth research and write-ups for the first white paper on dementia care and service systems in China project.
 - Participated in bi-weekly online team meetings to present academic and industrial research results, updates, and insights focusing on international dementia and aging topics.
- 07/2016 – Present **CaringKind – The Heart of Alzheimer’s Caregiving** New York, NY
- Providing English to Chinese translation and graphic designs of CaringKind’s dementia education brochures, event flyers, and quarterly newsletters.
 - Co-facilitated 10 sessions of the monthly dementia caregiver support group for Chinese American dementia caregivers.
 - Volunteered in-person for Dementia Care Walks in Manhattan, Queens, and Brooklyn for fundraising and caregiver support for 7 years.
- 01/2015 – 07/2015 **Little Sisters of Assumption (LSA) Family Health Service** New York, NY
- Co-led classroom activities in combination of music therapy, storytelling, parent-child yoga, and painting for LSA Parent-Child Development program.
 - Initiated a 5-session workshop in delivering infant massage techniques to new parents for fostering parent-child interaction and child development.

TRAININGS & CERTIFICATES

2026 **Doctoral Portfolio in Aging & Health**

	Graduate School, The University of Texas at Austin
2026 – 2028	CPR and First Aid Certificate
12/2025	Advanced Teaching Preparation Certificate Center for Teaching and Learning, The University of Texas at Austin
06/2025	Introduction to Statistical Modeling (Summer Course) Center for Biomedical Research Support, The University of Texas at Austin
11/2024	Basic Teaching Preparation Certificate Center for Teaching and Learning, The University of Texas at Austin
09/2022	Phlebotomy Training Course Phillips School of Nursing, Mount Sinai Beth Israel, NY
07/2022	Community-Based Participatory Research (CBPR) training University of Alabama, Birmingham, AL
2021 – 2023	American Council on Exercise (ACE) Certified Personal Trainer
05/2021	Mindfulness Based Stress Reduction (MBSR) training Mount Sinai Hospital, NY
06/2017	Assessing and Managing Suicide Risk (AMSR) training Family Institute of Health, NY
11/2017	Mental Health First Aid Course (Adults) New York City Department of Health and Mental Hygiene, NY
08/2016	Dementia Caregiver Support Group Leader training CaringKind, NY

MEMBERSHIPS IN PROFESSIONAL ASSOCIATIONS

2025 – 2026	Student member , The Southern Gerontological Society (SGS)
2025 – Present	Student member , Association for Gerontology Education in Social Work (AGESW)
2024 – Present	Student member , Society for Social Work Research (SSWR)
2023 – 2025	Student member , American Psychological Association (APA)
2023 – Present	Student member , Council for Social Work Education (CSWE)
2023 – Present	Student member , The Gerontological Society of America (GSA)

LICENSURE

2016 – 2025	New York State Licensed Master Social Worker (099683)
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