# **FUNCTIONAL RESUMES**

#### A functional resume...

- Focuses on skills and competences instead of a chronological work history
- Showcases a diversity of skills and experiences that can't be captured as easily with a traditional chronological resume
- Is advantageous for individuals seeking a career change
- Demonstrates transferrable skills

In a functional resume, experiences are listed under common skills/themes rather than in chronological order. Typically, people will select ~3 skills to focus on. For instance, one skills section may look like this:

#### Example

#### **Workshops & Facilitation**

- Co-facilitate six-week support and educational group for immigrant parents
- Led and designed 2 workshops on career exploration for Social Work students
- Prepared handouts and presentation materials for workshops

Then, job experiences are listed below that without bullet points.

#### Example

#### **Professional Experiences**

- Counseling Intern Lifeworks (Jan 2025 current)
- Administrative Associate Greater Austin Psychological Wellness (Mar 2023 Mar 2024)
- Mentor Breakthrough Central Texas (Jan 2020 May 2020)

You are welcome to add any other sections that you find on a traditional resume (ex: skills, volunteer experience, etc.)

#### How do I select my skills/themes?

Like on a traditional resume, you'll want to consider these two questions:

- (1) Based on the job description, what skills is the employer looking for?
- (2) What do you consider to be your greatest strengths and competencies?

# YOUR NAME

Best Phone Number | Best Email Address | LinkedIn/Portfolio/Website (if you have one)

**HEADER** (\* change the title to the type of header you choose, do NOT title this section "header.")

This section captures the story of your **career journey**, emphasizing the depth and longevity of your experiences. Mention titles/roles, experiences, and skills that you are either <u>most experienced in</u> or are <u>most relevant</u> for the jobs you are applying for. There is more information on types of headers below.

#### **AREAS OF EXPERTISE**

List of areas of expertise – could be skills, frameworks, theories, topics, etc.

#### **EDUCATION**

The University of Texas at Austin, Steve Hicks School of Social Work Master of Science in Social Work

Month/Year - Month/Year

Name of Institution

Bachelor of \_\_\_\_\_

Month/Year - Month/Year

# EXPERIENCE HIGHLIGHTS

#### THEME/SKILL/EXPERIENCE #1

- With a functional resume, organize your experience by skills rather than chronology.
- Select ~3 skills to focus on.

#### THEME/SKILL/EXPERIENCE #2

- You can sum up your overall experience in a skill (ex: 5 years of supervisory experience)
- Or you can focus on achievements and impacts you've made (ex: I improved our client intake system by introducing new technologies.)

#### **THEME/SKILL/EXPERIENCE #3**

- Use numeric metrics data, statistics, frequency of task, etc.
- There's no hard rule for number of bullet points, but people commonly use 3-5 per section.

PROFESSIONAL EXPERIENCE (typically without bullet points since you have the above skill sections)

Job Title - Organization Name (City, State)

Month/Year - Month/Year

Job Title - Organization Name (City, State)

Month/Year - Month/Year

#### **SKILLS**

- Language Skills: any languages you can speak and how proficient you are in them
- · Technology Skills: any software or programs you know how to use
- Soft Skills: personal attributes and interpersonal capabilities that enable you to effectively interact with others and navigate various social and professional situations
- · Social Work Skills, see list below

[Keep your resume to 1-2 pages. Make sure your formatting is consistent. Check your spelling and grammar.]

# Vy Nguyen

She/Her | (512) 555-5555 | vnquyen@qmail.com | Austin, Texas

## **Professional Summary**

Dedicated Social Work professional with extensive experience in supporting immigrant families, planning and organizing educational events, and facilitating workshops. Adept at connecting clients with essential resources, designing support programs, and leading discussions. Passionate about leveraging skills in social services and community engagement to contribute to impactful social work practices.

#### Social Work

- Support immigrant families on housing services, navigating them through housing options, applications, and referrals
- · Connect families with basic needs resources, such as food, clothing, and medical care
- Support immigrant families during times of crisis, offering trauma-informed coaching and listening
- Evaluate issues of students in order to provide appropriate student services
- · Assessed needs and prepared support services for persons with developmental and physical disabilities

### Planning and Organization

- Designed comprehensive support and educational group
- Developed informational handbook for clients newly immigrated to the United States
- · Organized and publicized campus events for university campus and Austin community
- · Constructed national newsletter discussing federal issues of disability
- · Coordinated major speaking event and distinguished panel to explore disability issues

## Workshops & Facilitation

- Co-facilitate six-week support and educational group for immigrant parents
- · Led and designed 2 workshops on career exploration for Social Work students
- Prepared handouts and presentation materials for workshops
- · Facilitated discussions within small groups and formal settings

#### Experience

MSSW Intern, Asian Family Support Services of Austin	Aug 2023 – current
Graduate Assistant, Career Center, University of Texas at Austin	Aug 2023 – current
BSW Intern, Office of Disability, Austin Health Department	Jan 2023 - May 2023
Youth Counselor, YMCA	Jun 2021 - Sep 2021

## Community Service

The University of Texas Leadership Board, Facilitator, Interviewer, Organizer	Dec 2023 - May 2024
Mortar National Honor Society, Chair of Community Service	Jan 2022 – May 2024

#### Education

The University of Texas at Austin May 2025

Master of Social Work

The University of Texas at Austin

Aug 2023

Bachelor of Social Work, Bachelor of Arts in Spanish

#### Skills

Social Work Support: Crisis intervention, trauma-informed care, resource linkage Workshop Facilitation: Group facilitation, educational workshop design, public speaking Technical Skills: Microsoft Office Suite, Google Workspace, Zoom

# **RESUME SECTIONS**

ESSENTIAL SECTIONS	
Name and Contact Information	<ul> <li>Your name – make it stand out!</li> <li>City and state of residence, don't include full address.</li> <li>Email address and phone number – make sure these are professional and these are accounts you check regularly.</li> <li>Website (if you have one) - can be a LinkedIn, professional website, or portfolio. Write out the link in case the hyperlink doesn't carry over.</li> </ul>
Education	<ul> <li>Include degree + school (spelled out) and graduation date.</li> <li>Can include certifications, minors, honors, and study abroad.</li> <li>Don't include high school.</li> <li>Don't include institutions you transferred from unless you earned a degree from that institution.</li> </ul>
Professional Experience	<ul> <li>Include job title, organization, location, and employment dates.</li> <li>Don't include your supervisor name or salary.</li> <li>Leave off responsibilities.</li> </ul>
HEADER OPTIONS	These are usually included at the top of your resume, below your name. They are used to summarize the key highlights of your experiences, skills, and roles. It can serve as a preview of you who are to the hiring manager.
Capabilities	Bulleted list, with the most important or relevant items first. Bullet points can make this section easier and quicker to read.
Professional Summary	Short summary, typically 4-5 sentences long. Summaries allow you to tell a narrative, or a story, about who you are.
Core Competencies	Typically, this looks like choosing a few keywords to summarize your most important or experienced skills.
No header	Some people choose not to include a header. It may be because they want to save space, or they feel that their other sections already contain the information that's in the header.

RECOMMENDED SECTIONS	Sections we highly recommend that you include, but it's okay if you don't have them.
Volunteer Work	<ul> <li>Include title and organization.</li> <li>List in reverse chronological order.</li> <li>Rather than just writing "volunteer" in your title, describe what you did (ex: event volunteer, graphic designer, etc.)</li> <li>You can choose whether to expand on this experience or not (as in, include bullet points) depending on the job position you're applying for. You may want to expand if your volunteer experience is similar to the work you may be doing at that job.</li> </ul>
Skills	<ul> <li>Include foreign languages, computer skills, programs/software that you know how to use.</li> <li>You can specify your proficiency for each skill.</li> <li>Make sure to include any skills that are on the job position description.</li> </ul>
OPTIONAL SECTIONS	Other potential sections you may want to consider including. If any of these sections only have one entry, combine with another section if it makes sense to do so.
Organizational leadership or affiliations	<ul> <li>Include title and organization.</li> <li>List in reverse chronological order.</li> <li>Highlight any leadership projects that you took on.</li> </ul>
Honors and Awards	<ul> <li>Dean's List, scholarships, honor societies</li> <li>Can potentially include in education section</li> </ul>
Relevant Coursework	<ul> <li>List coursework relevant to the position you're applying for.</li> <li>Don't use course numbers, use the full course title.</li> <li>This section could be particularly helpful for graduate school applications, positions in education, or positions that are looking for competency in a specific subject area.</li> </ul>
Research & Publications	<ul> <li>Describe any research projects or papers (use APA format)</li> <li>Can include conferences, speaking engagements</li> </ul>

# **RESUME STYLE**

#### **RESUME FORMATTING**

	Your formatting, spacing, punctuation is consistent across the document.
	Your spelling and grammar are correct.
	You've chosen fonts and colors that are easy to read.
	If you used a template, you've adapted it to make it more unique so that it stands out.
	Your resume is 1-2 pages.
RESUI	ME CONTENT
	You tailored the resume for the job or program you're applying for, including any skills or experiences that were mentioned in the position description.
	You used a variety of action verbs.
	You've framed your experiences in terms of accomplishments and impact, quantifying with numbers where you're able.
	You've chosen fonts and colors that are easy to read.
	If you used a template, you've adapted it to make it more unique so that it stands out.
	Don't include references or "references upon request"

#### **REMEMBER!**

What you choose to include (content) and how you include it (structure and organization) should depend on what kind of story you want to convey to the hiring manager. You should always tailor your resume to each job you apply for.

- Is the position with an organization that values service? Expand on your volunteer work.
- Will the position work a lot with collecting and evaluating data? Talk up your research experience.
- Is the agency highly collaborative? Talk about working in teams for classes, student organizations, or jobs.

# **ACTIVE VERBS**

Accomplished Detected Innovated Rectified Achieved Determined Inspected Reduced Acted Developed Installed Referred Acquired Devised Instituted Regulated Adapted Diagnosed Instructed Rehabilitated Reorganized Adopted Directed Integrated Adjusted Discovered Interpreted Reported Administered Interviewed Dispensed Represented Advertised Displayed Invented Researched Advised Inventoried Resolved Distributed Analyzed Documented Investigated Resorted Drafted Issued Restructured Approved Arbitrated Edited Judged Reviewed Lectured Revised Arranged Educated Assembled Led Eliminated Routed Assisted **Enforced** Maintained Scheduled Audited Engineered Screened Managed Authorized Enlarged Manufactured Secured Balanced Established Marketed Selected **Budgeted** Mediated Served Estimated Built Evaluated Mentored Serviced Calculated Examined Merchandised Shaped Modeled Changed Expanded Solved Charted Experimented Obtained Sorted Checked Extended Offered Structured Classified Facilitated Operated Summarized Coached Financed Ordered Supervised Collected Forecasted Organized Supplied Communicated Formed Originated Synthesized Compiled Formulated Performed Systematized Completed Founded Persuaded Tailored Composed Generated Planned Taught Computed Governed Presided Tested Conceived Guided Prepared Trained Conducted Headed Produced Transcribed Projected Translated Connected Helped Consolidated Hired Promoted **Tutored** Constructed Identified Provided Unified Conserved Illustrated **Publicized** United Controlled Implemented Purchased Upgraded Coordinated Realized Utilized **Improved** Counseled Improvised Received Wrote Created Increased Reconciled Defined Influenced Recommended Delivered Informed Recorded Initiated Recruited Designed

# **SOCIAL WORK SKILLS**

Administration Limit setting
Advocacy Listening (active)

Anchoring Lobbying
Budgeting Marketing
Case management Medicating
Clarification Motivating

Cognitive mapping Multicultural clinical social work treatment

Collaboration Neighborhood development

Community organizing Negotiating
Community support building Persuading

Coordinating Personnel recruitment and selection
Court reporting Planned action system implementation

Crisis intervention Play therapy
Discharge planning Policy development

Documenting Presenting

Educating Program design/development

Empathizing Program relations
Gatekeeping Public speaking
Genograms Recruiting
Goal setting Referral
Grant writing Research

Home visiting School social work skills

Hospital social work skills
Imagery
Insight
Information system management
Structuring
Summarizing
Supervising
Teaching

Initiating projects Training
Interagency liaison Treatment planning

Leading others Time limited clinical treatment

Writing

#### **Knowledge Areas for Social Workers**

- Knowledge of clinical frameworks or treatment modalities including play therapy, solution focused therapy, brief therapy
- Knowledge of developmental theories, stages of grief and loss, child development theories
- Knowledge of public assistance programs including housing, SNAP program, Social Security, Medicaid,
   Medicare, Veteran's benefits, Section 504 process
- Knowledge of community resources, social services systems, funding streams