

KATHERINE GOWER

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EDUCATION

University of Georgia

Doctor of Philosophy (PhD) in Social Work

Dissertation title: *Examining an online adaptation of Reflective Structured Dialogue*

Committee members: Llewellyn Cornelius, Chair, Mary Caplan, Janette Hill, Raytheon Rawls

Athens, GA

May 2022

GPA: 3.9

Texas State University

Master of Social Work (MSW)

San Marcos, TX

Dec. 2016

GPA: 4.00

University of Vermont

Bachelor of Arts (BA)/Psychology

Minor/English

Burlington, VT

May 2011

GPA: 3.49

RESEARCH ACTIVITY

Publications

Henry Akintobi, T., Livingston Lizana, A., **Gower, K.**, Francis, S., Okoye, D., & Piper, K., (in press). Centering community health workers to advance health equity: What Morehouse School of Medicine has known since the beginning. In Dawes, D., Holden, K., Williams, D. (Eds). *Health Equity, African-Americans, and Public Health*. American Journal of Public Health Press, Washington, DC.

Henry Akintobi, Dodd, S., Estby, L., Rollins, L., Cotton, T., Jones, S., Harris, K., Cook, N., Piper, K., **Gower, K.**, Dozier, A., & Eder, M. (in press). Advancing equity through community-partnered program evaluation. In *The Principles of Community Engagement*, 3rd edition. Clinical and Translational Science Award Community Engagement Key Function Task Force on the Principles of Community Engagement. Washington, DC: U.S. DHHS.

Baldwin-White, A. & **Gower, K.** (2021). Influence of social media on how college students perceive healthy relationships and consent. *Journal of American college health*, 1-9.

Gower, K., & Baldwin-White, A. (2020). Healthy Romantic Relationships: Attitudes and Perceptions of College Students. *Violence and Victims*. <https://doi.org/10.1891/VV-D-20-00001>

Gower, K., Cornelius, L., Rawls, R., & Walker, B. (2020). Reflective Structured Dialogue: A qualitative thematic analysis. *Conflict Resolution Quarterly*, 37(3), 207-221.

<https://doi.org/10.1002/crq.21271>

McKenna, J. M., Lentz, T. S., & **Gower, K.** (2016). *Campus safety and security needs assessment report, 2015-2016*. Available at <https://txssc.txstate.edu/pubs/needs/>

McKenna, J. M., Lentz, T. S., & **Gower, K.** (2016). *Texas school safety practices survey, 2015-2016*. Available at <https://txssc.txstate.edu/pubs/practices/>

Presentations at International, National or Regional Conferences

Gower, K. (2021, January). *Dialogue in r/ChangeMyView: A discourse analysis of online data*. Poster presented at Society for Social Work and Research, San Francisco, CA.

Gower, K. (2020, November). *Reflective Structured Dialogue: A qualitative thematic analysis*. Poster presented at Council on Social Work Education, Denver, CO.

Gower, K. (2020, November). *Dialogue in r/ChangeMyView: A discourse analysis of online data*. Poster presented at Council on Social Work Education, Denver, CO.

Gower, K. (2020, May). *Dialogue in r/ChangeMyView: A discourse analysis of online data*. Poster accepted for presentation at International Congress of Qualitative Inquiry, Chicago, IL. (Conference cancelled due to COVID-19).

Gower, K. (2020, January). *Healthy dating relationships: Attitudes and perceptions of college students*. Poster presented at Society for Social Work and Research, Washington, DC.

Gower, K. (2019, January). *Food justice: A scoping study*. Poster presented at Society for Social Work and Research, San Francisco, CA.

Other Research Activity

Social Sciences/Humanities Research Associate V February 2024 – Present
University of Texas at Austin, Institute for Military and Veteran Family Wellness

- Reviews literature related to current research projects.
- Assists with research activities related to REACH and Alcohol Treatment studies.
- Explores and develops manuscripts for publications.
- Assists with administrative tasks as needed.

Research Support Specialist December 2022 – July 2023
University of Georgia, Human Development and Family Sciences

- Initiated development of system for creation, storage, and distribution of monthly evaluation ‘takeaways.’
- Developed plan for qualitative analysis of data for annual report and led implementation.
- Led interview/focus group transcript preparation, communicating weekly updates with the larger team.
- Critically reviewed evaluation survey and provided literature-informed feedback and recommendations.
- Assisted with data collection via site visit focus groups and interviews.

Morehouse School of Medicine, Evaluation and Inst. Assessment Unit April 2022 – July 2022
Interim Assistant Director

- Developed and implemented program evaluation plans.

- Collaborated with project partners and community representatives.
- Lead recruitment for community health needs and assets assessment.
- Supervised team of program managers, research assistants and community health workers.
- Assisted with research data collection and analysis.

Morehouse School of Medicine

April 2021 – April 2022

Research Assistant II, Community Health and Preventive Medicine

- Assisted with participant recruitment and data analysis for Rapid Acceleration of Diagnostics Initiative for Underserved Populations (RADx-UP) project.
- Developed social media recruitment strategy for RADx-UP.
- Participated in regular meetings with project partners and community stakeholders.
- Collected and analyze data for evaluation research projects.
- Contributed to evaluation research deliverables including reports and presentations.

University of Georgia School of Social Work

Aug. 2020 – May 2021

Research Assistant with Dr. Llewellyn Cornelius

- Compiled research articles for scoping review on dialogue interventions.
- Analyzed data using descriptive quantitative techniques and thematic analysis.

University of Georgia, Office of Institutional Diversity

June 2020 – Aug. 2020

Graduate Intern with Dr. Michelle Cook

- Developed dialogue model for diversity in higher education.
- Performed literature review examining dialogue in higher education.
- Facilitated focus groups with students, faculty, and staff.
- Designed implementation plan for diversity dialogue.

Social Justice Common Book Initiative Survey

Oct. 2019 – March 2020

- Assisted with development of survey assessing the impact of the Social Justice Common Book Initiative.
- Assisted with data collection.

Pilot study: Dialogue in r/ChangeMyView

Jan. 2019 – May 2019

- Designed pilot study to examine dialogue in an online context.
- Performed discourse analysis using ATLAS.ti.

University of Georgia, School of Social Work

Aug. 2018 – May 2019

Research Assistant with Dr. Adrienne Baldwin-White

- Analyzed data using qualitative thematic analysis.
- Facilitated focus group sessions for intervention development.
- Compiled contact information for study on social work field placements.
- Conducted phone interviews for study on social work field placements.

J.W. Fanning Institute

Research Assistant

June 2018 – Aug. 2018

- Compiled and analyzed articles for scoping study.
- Assisted with other tasks related to Reflective Structured Dialogue as needed.

University of Georgia, School of Social Work

Aug. 2017 – June 2018

Graduate Research Assistant with Dr. Llewellyn Cornelius

- Designed evaluation tool for Reflective Structured Dialogue trainings.
- Performed literature review on Reflective Structured Dialogue.
- Created monthly reports for a qualitative research study on AIDS/HIV.
- Handled editorial responsibilities for the Journal of Poverty.

Feeding Texas

Jan. 2017 – May 2017

Data Collection Assistant

- Observed SNAP application assistance at foodbanks across TX.
- Recorded activity times.
- Created report based on data with recommendations.
- Researched barriers and challenges faced by SNAP applicants.

Texas State University, Texas School Safety Center

Nov. 2015 – Dec. 2016

Graduate Research Assistant

- Created presentation and assessment materials.
- Analyzed research data using Excel and SPSS.
- Contributed to evaluations and research reports.
- Designed a study on emergency management practices.
- Wrote literature reviews and summaries on topics of interest.

Texas Criminal Justice Coalition

May 2016 – Nov. 2016

Policy Research Intern

- Performed research on current social issues.
- Compiled sources and fact sheets.
- Collaborated with members of other organizations.
- Designed and performed a study on Texas pretrial systems.

University of Vermont, Department of Psychology

Aug. 2010 – May 2011

Research Assistant

- Gathered sources on topics of interest.
- Provided summaries of literature relating to Terror Management Theory.
- Guided participants through study on I-Sharing.
- Maintained and recorded data.

TEACHING ACTIVITY

Part-time Instructor and Teaching Assistant

SOWK 2156: Social Work with Diverse Populations

Aug. 2019 – May 2020
University of Georgia

Part-time Instructor

- Organized lesson plans.
- Organized syllabus.
- Graded assignments.
- Addressed student concerns as needed.

SOWK 7290: Poverty and Social Work Practice

Jan. 2019 – May 2019
University of Georgia

Teaching Mentorship with Dr. Mary Caplan

- Taught weekly segment on poverty in the news, and other poverty-related topics.
- Graded weekly reflective journals.

- Assisted with tasks in the classroom.
- Addressed student concerns as needed.

PSYC001: Introduction to Psychology

Aug. 2010 – Jan. 2010
University of Vermont

Undergraduate Teaching Fellow

- Reviewed and scored weekly writing assignments.
- Presented and taught course material to the class.
- Proctored exam sessions.
- Modified answer keys for assignments.

Guest Lectures

Nehl, E. & Gower, K. (2022, June). *Evaluation*. Presented to Georgia Clinical & Translational Science Alliance Grant-Writing Academy.

Gower, K. (2020, October). *(Dis)connection in the Digital Age: The Benefits and Challenges of Social Media*. Presented to Mediators Beyond Borders.

Gower, K. (2020, February). *(Dis)connection in the Digital Age: The Benefits and Challenges of Social Media*. Presented to Volunteer Racial Justice Facilitators, It's Time to Talk Forum.

Gower, K. (2019, August). *Dialogue in new contexts: The promises and challenges of online conversations*. Presented to University of Georgia faculty and staff.

Gower, K. (2019, January). *Reflective Structured Dialogue: An introduction*. Presented to BSW class, SOWK 2155: Communication.

Gower, K. (2018, October). *Reflective Structured Dialogue: Introduction and History*. Presented to MSW class, SOWK 7118: Power, Oppression, Social Justice, Practice, Advocacy, Diversity.

SERVICE/PROFESSIONAL DEVELOPMENT ACTIVITY

Reflective Structured Dialogue Training, UGA Office of Student Affairs

June 2019

Volunteer dialogue facilitator

Jeanette Rankin: It's Time to Talk Forum on Race

March 2019

Volunteer dialogue facilitator

VoteSmart

Jan. 2016 – May 2016

Legislative Research Intern

- Composed summaries of current bills.
- Revised and edited summaries.
- Managed data relating to votes and other legislative actions.
- Gathered media sources relevant to current legislation.

Riverside Nursing and Rehabilitation Center

Jan. 2015 – May 2015

Social Work Intern

- Performed intake and social history interviews.
- Assisted social workers with daily tasks.

- Participated in resident care plan meetings, arranged resident discharges.
- Organized informational event regarding Advance Directives.

The Lodge at Shelburne Bay

Sept. 2012 – Nov. 2013

Enhanced Services Provider

- Provided companionship to elderly residents and assisted with personal care.
- Organized recreational activities.
- Assisted with physical therapy.
- Documented changes in behavior and/or health.

Democracy for America

Jan. 2011 – May 2011

Communications Intern

- Researched and summarized relevant topics.
- Wrote and distributed press releases and advisories.
- Managed lists of media contacts.

HONORS AND AWARDS

- **Graduate Education Advancement Board (GEAB) Fellowship** 2020 - 2021
- **Graduate School Research Assistantship** 2017 – 2021
Awarded to one incoming doctoral student
- **Member of Alpha Chi Honor Society** 2015 – 2016
- **Member of Psi Chi Honor Society** 2009 – 2011
- **Undergraduate Presidential Scholarship** 2007 – 2011

RESEARCH SOFTWARE SKILLS

- ATLAS.ti
- Dedoose
- Qualtrics
- SPSS
- Stata
- SnapSurvey
- NVivo
- Microsoft Word, Excel and PowerPoint

OTHER SOFTWARE SKILLS

- HTML
- CSS
- Javascript
- Ruby

AFFILIATIONS

- Member of American Evaluation Association 2021 – present
- Member of Council on Social Work Education 2020 – present
- Member of Society for Social Work and Research 2017 – present