

Jaime Fuentes Balderrama

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Education:

- Aug 2015 – Jul 2020 Universidad Iberoamericana, Mexico City, Mexico
PhD. in Psychological Research,
Dissertation: Attachment Mediation in Internalizing and Externalizing Problem Behaviors and Parenting Practices in Mexican Preadolescents
Chair: Cinthia Cruz, PhD.
Committee: Angélica Ojeda, PhD., Rolando Díaz-Loving, PhD., Bernardo Turnbull, PhD., Rubén Parra-Cardona, PhD.
- Aug 2012 – May 2015 Universidad Iberoamericana, Mexico City, Mexico
Master's degree in Counseling Psychology
Council for Accreditation of Counseling and Related Educational Programs.
- Aug 2008 – Sep 2012 Universidad Iberoamericana, Mexico City, Mexico
Undergraduate degree in Psychology

Research Interests:

Parenting practices and pre-existing family strengths associated to favorable outcomes and well-being in Latino-origin children and adolescents. Psychological well-being and needs of U.S. Citizen children living in Mexico following a parental deportation. Evidence-based practices and clinical efficacy of parent training interventions.

Teaching Interests:

Bivariate and multivariate statistics, Psychometrics, Bayesian estimation and Research Design.

Research Experience:

- Jun 2022 – May 2024 Postdoctoral Research Fellow at the Steve Hicks School of Social Work at the University of Texas at Austin.
- Project manager and Senior Data Analyst for NIH R34DA050782-0251 “Implementing a Church-Based Parenting Intervention to Promote NIDA Prevention Science among Hispanics” awarded to Dr. José Rubén Parra Cardona.
 - Provided psychometric consulting to the PI prior to participant recruitment.
 - Coordinated recruitment, assessment, and analysis efforts.
- Mar 2020 – May 2022 Research Associate III at the Steve Hicks School of Social Work at the University of Texas at Austin.
- Project manager and senior data analyst for NIH R21 HD098451-01 “Psychosocial Wellbeing and Service Needs of Post-Deportation U.S. Citizen-Children in Mexico” awarded to Dr. Luiz H. Zayas, then Dean of the Steve Hicks School of Social Work.
 - Acted as liaison between the University of Texas and Universidad Michoacana de San Nicolás de Hidalgo (State of Michoacán, Mexico).
 - Collected and analyzed data to quantify the impact of deportation on youth mental health and family dynamics.

Sep 2021- Jun 2022 Quantitative consultant for the Research Consortium on Gender-based violence at Michigan State University

- Introduced doctoral students and postdoctoral researchers to Bayesian estimation in R.
- Modeled housing instability outcomes for Asian participants and reported treatment efficacy of the DVHF project alongside Dr. Cris Sullivan.
- Mentored Dr. Funmi Ayeni in Bayesian Estimation and HLM during her dissertation.

Sep 2020 – Sep 2021 Data analyst for the Chilean pilot study Effectiveness of the Parent Management Training Oregon Model (PMTO) implemented by Fundación San Carlos de Maipo

- Senior data analyst for public bidding ID 662237-16-LR20 “Implementation and Evaluation of Piloting a Selective Preventive Evidence-Based Program Centered around Generating Positive Parenting Skills” awarded to the National Service of Drug and Alcohol Prevention and Rehabilitation (SENDA) and Fundación San Carlos de Maipo in Santiago, Chile.
- Analyzed clinical efficacy data for three publications and a poster for Implementation Science International.

Aug 2019 – Mar 2020 Quantitative consultant and analyst in the Steve Hicks School of Social Work.

- Coded and analyzed data to determine intervention efficacy of a Latino parent management training intervention for K01DA036747 “Strengthening Hispanic Families Via NIDA Prevention Science” awarded to Dr. José Rubén Parra Cardona.
- Identified a gender specific effect on youth perceived drug harm through Bayesian repeated measures ANOVA.
- Pinpointed the indirect effects of immigration-related stress on maternal parenting through a Bayesian estimated path analysis.
- Quantified the moderation by cultural discrepancy within Latino families on the effect parenting practices have on youth externalizing problem behaviors through Bayesian HLM.

Teaching Experience:

Aug 2023 – Dec 2023 Adjunct Professor at the Steve Hicks School of Social Work (BSW and MSSW)

- Taught the theory behind parenting interventions to second year MSSW and BSW students.
- Mentored the development of parenting intervention proposals and protocols.
- Examined the effect of social determinants of health in the clinical efficacy of parenting interventions.

Jan 2023 – May 2023 Adjunct Professor at the Steve Hicks School of Social Work (PhD.)

- Taught bivariate and multivariate statistics to the first-year PhD cohort.
- Integrated accommodations for a student who is blind.
- Programmed an R package to use with JAWS screen reader.

Aug 2017 – May 2018 Adjunct Professor at Universidad Iberoamericana (M.S. in Counseling)

- Introduced clinical psychologists to the main components in psychological research and its uses in counseling.
- Provided basic training in research design, hypothesis testing, bivariate statistics and proposal writing.
- Assisted 4 students in their dissertation or terminal option which resulted in their graduation.

Jan 2016 – June 2018

Adjunct Professor at Universidad Iberoamericana (B.A. in Psychology)

- Taught group psychology and development through 5 semester-long practicum programs and a summer session.
- Instructed students in classic group theory, work-place psychology, narrative, solution focused and CBT.
- Assisted students in tailoring an intervention to ameliorate high school bullying, substance abuse and drop-out rate for public middle and high schools in Mexico City
- Managed students in developing interventions for a Great Place to Work environment.
- Assisted students in developing interventions for gerontological well-being and music assisted memory training.
- Conducted student interventions tailored to diminish middle school deviant behaviors, drop-out and bullying.
- Provided emotional support to the students to prevent burnout.

Publications:

Peer Reviewed Publications:

Turnbull, B., Gordon, S.F., **Fuentes-Balderrama, J.**, Ojeda-García, A. & Cruz del Castillo, C. (2023).

Resilience is Not Free: The Undeserved Failure of the Urban Poor. *Adversity and Resilience Science*. 4(3). <https://doi.org/10.1007/s42844-023-00099-9>

Zayas, L.H., **Fuentes-Balderrama, J.**, Natera, G., Callejas, F., Miguel-Esponda, G., & Pinedo, M. (2023). Two

Pathways to Mexico: Forced Deportation or Voluntary Return of Parents and Citizen Children. *Family Process*. 62(early view). <https://doi.org/10.1111/famp.12850>

Parra-Cardona, J.R., Vanderziel, A. & **Fuentes-Balderrama, J.** (2023). The impact of a parent-based

prevention intervention on Mexican-descent youths' perceptions of harm associated with drug use: Differential intervention effects for male and female youths. *Journal of Marital and Family Therapy*, 49(2). <https://doi.org/10.1111/jmft.12627>

Parra-Cardona, J. R., **Fuentes-Balderrama, J.**, Cantizano Rioseco, L., Monreal Arcil, F. J., Correa Molina, M.

L., Martic Guazzini, D., Ford Narváez, A., Neira González, A., Sánchez Ahumada, M., Chacón

Sandoval, A., Marín Montecinos, J., & Gaete Olivares, J. (2023). Building bridges through cultural adaptation: Examining the initial impact of a culturally adapted parent training intervention for the Chilean context. *Family Process*. 62(2). <https://doi.org/10.1111/famp.12855>

- Gutiérrez-Tapia, M.P., **Fuentes-Balderrama, J.** & Domínguez-Espinosa, A.C. (2022). La Relevancia de la Identidad Institucional en el Rendimiento Académico. *RECIE*, 6(e1702).
<https://doi.org/10.33010/recie.v6i0.1702>
- Merino-Soto, C., Fernández-Arata, M. **Fuentes-Balderrama, J.**, Chans, G.M. & Toledano-Toledano, F. (2022) Research Perceived Competency Scale: A New Psychometric Adaptation for University Students' Research Learning. *Sustainability*, 14(19). <https://doi.org/10.3390/su141912036>
- Fuentes-Balderrama, J.** & Rivera-Heredia, M.E. (2022) Factores Personales, Contextuales y Académicos Asociados a la Reprobación en Educación Superior: Una muestra nacional mexicana. *Revista Mexicana de Investigación Educativa*, 27(95).
- Fuentes-Balderrama, J.**, Vanderziel, A. & Parra-Cardona, J.R. (2022). Building a nest in a storm: The impact of immigration-related stress on Latino mothers' parenting. *Family Process*, 62(2).
<https://doi.org/10.1111/famp.12797>
- Fuentes-Balderrama, J.**, Turnbull, B., Ojeda García, A., Parra-Cardona, J., Cruz del Castillo, C., Loving, R., & von Mohr, M. (2022). Insecure Attachment to Parents as a Contributor to Internalizing and Externalizing Problem Behaviors in Mexican Preadolescents. *Trends in Psychology*, 30.
<https://doi.org/10.1007/s43076-021-00125-8>
- Parra-Cardona, R., **Fuentes-Balderrama, J.**, Vanderziel, A., López-Zerón, G., Domenech Rodríguez, M. M., DeGarmo, D. S., & Anthony, J. C. (2021). A Culturally Adapted Parenting Intervention for Mexican-Origin Immigrant Families with Adolescents: Integrating Science, Culture, and a Focus on Immigration-Related Adversity. *Prevention Science*, 23(1). <https://doi.org/10.1007/s11121-021-01317-5>
- Reynoso González, O., Montes, J., Pulido, I., Betancourt, M., **Fuentes-Balderrama, J.**, & Portillo Peñuelas, S. (2021). Desarrollo y Validación de una Escala de Actitudes hacia el Consumo y Legalización de la Marihuana en Población Mexicana. *RIDEP*, 61, 147–163. <https://doi.org/10.21865/RIDEP61.4.10>
- Valenzuela-Santoyo, M., Portillo Peñuelas, S., **Fuentes-Balderrama, J.**, Reynoso González, O., & Valenzuela Santoyo, A. (2021). Ajuste escolar percibido por el profesor (PROF-A) en estudiantes mexicanos: Análisis psicométrico. *PSICUMEX*, 11, 1–18. <https://doi.org/10.36793/psicumex.v11i2.414>

Ortíz-Coronel, G.E., Valadez-Sierra, M.D., Rivera-Heredia, M.E., Vargas-Garduño, M.L., Reynoso, O.U., &

Fuentes-Balderrama, J. (2021) Validation of the Educational and Learning Capital Questionnaire (QELC) on the Mexican Population. *Psychological Test and Assessment Modeling* 62(2).227-238.

Parra-Cardona, J.R., Londoño, T., Dávila, S., González-Villanueva, E., **Fuentes-Balderrama, J.**, Fondren, C.,

Zapata, O., Emerson, M. & Claborn K. (2020). Parenting in the Midst of Adversity: Tailoring a Culturally Adapted Parent Training Intervention According to the Parenting Experiences of Mexican-Origin Caregivers. *Family Process*, 59(2). 1-16. doi: 10.1111/famp.12555

Fuentes-Balderrama, J., Cruz, C., Parra-Cardona, J.R., Turnbull-Plaza, B., Ojeda-García, A. & Díaz-Loving,

R. (2020). Parental Practices and Maternal Warmth as Protective Factors for Problem Behaviors in Mexican Preadolescents. *Journal of Sociology & Social Welfare*, 47(2). 59-82.

Fuentes-Balderrama, J., Cruz, C., Ojeda-García, A., Díaz-Loving, R., Turnbull-Plaza, B. & Parra-Cardona,

J.R. (2020). The Effects of Parenting Style on Internalizing and Externalizing Behaviors: A Mexican Preadolescents Study. *International Journal of Psychological Research*, 13(1). 9-18.

doi:10.21500/20112084.4478

Gutiérrez-Tapia, M.P., Domínguez, A., Ruíz-Muñoz, M., **Fuentes-Balderrama, J.** & Fierros, E. (2019). The

Psychosocial Factors of Academic Achievement: Three Different Theoretical Models. *Acta de Investigación Psicológica*, 9(3). 100-113. <https://doi.org/10.22201/fpsi.20074719e.2019.3.326>

Ojeda, A., Turnbull, C., **Fuentes-Balderrama, J.**, Cruz, C. Cohen, A. (2019) Unequal Conditions A Systematic

Review of the Relationship between Urban Poverty and Psychological Resilience. *Universal Journal of Public Health*, 7(4): 159-170, <https://doi.org/10.13189/ujph.2019.070402>.

Barajas, M.W., Cruz, C. & **Fuentes-Balderrama, J.** (2017) Characterization of a breakup in couples of

university students: Differences in cognitive assessment of the event. *Journal of Behavior, Health & Social Issues*, 9, 99-104. <https://doi.org/10.1016/j.jbhsi.2017.11.002>.

Torruco-Salcedo, M. & **Fuentes-Balderrama, J.** (2014) Adaptación mexicana de la Escala de Adicción a

Facebook de Bergen. *TSOP: Orientación psicológica y adicciones*, 8, 56-66.

Papers under review:

Fuentes-Balderrama, J., Natera, G., Callejas, F., Miguel-Esponda, G., Pinedo, M. & Zayas, L.H. (Under review). Crossing Clinical Borders: Anxiety and Depression in U.S. Citizen Children after Parental Deportation or Coercive Relocation. July 2023.

Fuentes-Balderrama, J., Zayas, L.H., Rivera-Heredia, M.E. & Parra-Cardona, J.R. (Under review). In No Man's Land: Family Resources for U.S. Citizen Children after a Deportation or Coerced Return. July 2023.

Zayas, L.H., García-Isaza, A., **Fuentes-Balderrama, J.**, & Rivera-Heredia, M.E. (Under review). Wellbeing and Contexts of Development of U.S. Citizen Children in Mexico Following Parental Deportation or Voluntary Relocation. May 2023.

Turnbull, B., Gordon, S.F., **Fuentes-Balderrama, J.**, Ojeda-García, A. & Cruz del Castillo, C. (Under review). Entrapped Strivers: The Price of Survival for the Urban Poor in Mexico. April 2023.

Book chapters:

Rivera-Heredia, M.E., **Fuentes-Balderrama J.**, Rojas-Soriano, C. & Zayas, L. (2022) Más allá de las fronteras: Migración y salud en las personas retornadas y sus familias en el estado de Michoacán. In *La frontera Mexico-Estados Unidos: Teorías y Métodos para su análisis* (pp.233-279). Morelia, Michoacán, México: Universidad Michoacana de San Nicolás de Hidalgo.

Gutiérrez-Tapia, M. P., **Fuentes-Balderrama, J.**, & Hernández-Martínez, N. M. (2020). Los alumnos de alto rendimiento académico y su experiencia en el confinamiento por COVID 19 (S. I. d. Psicología & U. C. Albizu, Eds. 1a edición ed.). Sociedad Interamericana de Psicología.

Cruz, C., Romero, A., Barajas, M.W. & **Fuentes-Balderrama J.** (2018) Resolución de conflictos de pareja y satisfacción de la relación en mujeres. In *Aportaciones Actuales de la Psicología Social* (pp.713-727). Mexico City: Asociación Mexicana de Psicología Social.

Scholarships & Awards:

- 2020 Selected to be part of the 2020 New Writer's Initiative hosted by Family Process Institute.
- 2015-2020 Government scholarship from the National Register of Quality Graduate Programs in the Mexican National Science and Technology Council (PNPC, CONACYT).

- 2018-2019 International mobility or mixed scholarship from the Mexican National Science and Technology Council (CONACYT).
- 2012 National award for academic excellence in the graduation exam for the B.A. in Psychology.
- 2012 Valedictorian at the National award for academic excellence ceremony in Universidad Iberoamericana.

Conference presentations:

Fourth international congress between NBCC (National Board of Counselors), ACA (American Counseling Association) and AMOPP (Asociación Mexicana de Orientación Psicológica y Psicoterapia. Mexico city.

Oct 2012 Fuentes-Balderrama, J. & Morales-Hormiga, C. “The Autistic Spectrum in the Classroom” First place, poster contest.

Fifth international congress NBCC-ACA-AMOPP-INP (Instituto Nacional de Psiquiatría) on addictions. Mexico City.

Oct 2013 Fuentes-Balderrama, J. & Torruco-Salcedo, M. “Spanish Adaptation of the Bergen Facebook Addiction Scale” First place, poster contest.

Sociocultural Session of the Medical Society in The London Clinic. Hospital Ángeles. Mexico City

Oct 2014 Fuentes-Balderrama, J. & Morales-Hormiga, C. “www.Lost_in_the_World_Wide_Web.com”. Keynote speech.

Virtual Congress of the Interamerican Society of Psychology “Psychological contributions to COVID-19”

Oct 2020 Gutiérrez-Tapia, M.P., Fuentes-Balderrama, J. & Martínez-Hernández, N.M. “Students with high academic achievement and their experience during the COVID-19 confinement”. Panel participation.

XVI National Congress of Research in Education

Nov 2021 Gutiérrez-Tapia, M.P. & Fuentes-Balderrama, J. “The challenge of maintaining a high academic achievement, in high school students during the COVID-19 confinement”. Panel participation.

VI International Congress of Research in Education in Chihuahua

Oct 2022 Gutiérrez-Tapia, M.P., Fuentes-Balderrama, J. & del Carmen, A. “The relevance of Institutional Identity in academic achievement”. Panel participation.

Community Activities:

University service

2022 – present Consultant for the Latino Research Institute at the University of Texas at Austin.

2021 – present Doctoral dissertation committee at Universidad Iberoamericana.

- 2020 – 2021 Doctoral dissertation mentoring at Michigan State University.
- 2017 – 2019 Master’s thesis committee at Universidad Iberoamericana.
- 2013 – 2018 Psychology graduate school academic council at Universidad Iberoamericana.

Service to the profession

Apr 2015 – present Mental health counselor in private practice

- Brief integrative psychotherapy tailored to the strengths and needs of clients.

Oct 2012 – Present Mexican Association of Counseling and Psychotherapy (AMOPP)

- Part of an ethically committed group of psychotherapists aimed to increase the awareness between mental health facilitators about the importance of ethics.
- Provided psychometric validation of the Mexican bar exam to the National Board of Certified Counselors (NBCC).

Jan 2021 – present CONCIEO, A.C.

- Provided support to develop, measure, and test the clinical efficacy of their principal intervention program designed to wean Mexican youth away from drug use.
- Informed the directors about the most effective content to meet the global objectives of the preventive intervention programs implemented in elementary, middle and high schools in Mexico City.
- Validated the test battery for middle and high school.

Aug 2021 – Jun 2022 NPH México

- Tailored a psychometric test battery aiming to measure well-being, life satisfaction, social development, self-esteem and resilience in children from indigenous and other diverse adverse backgrounds in Miacatlán, Morelos, México.
- Informed the directors of the NPH about case management for specific backgrounds, provided suggestions for in-house social workers and psychotherapists to bolster well-being and case management.

Jan 2012 – May 2012 Catholic Charities of the Archdiocese of Chicago, Chicago, Ill

- Translated documentation and statements for the U-Visa and VAWA programs.
- Taught music to children and basic IT skills to adults at a community center.
- Tutored 19 children in an afterschool program designed to keep them away from gangs.
- Attended a migration seminar hosted by Dr. María Vidal de Haymes at Loyola University.

Personal Accreditations and Licensure:

2012 - Currently: Member of the Mexican Association of Counseling and Psychotherapy (AMOPP)

2018 - Currently: Certified Counselor by the National Board of Certified Counselors (NBCC)