

SAMANTHA JILL REZNIK
TEXAS INSTITUTE FOR EXCELLENCE IN MENTAL HEALTH
STEVE HICKS SCHOOL OF SOCIAL WORK
UNIVERSITY OF TEXAS AT AUSTIN
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ACADEMIC APPOINTMENTS

- 2023 - Present Texas Institute for Excellence in Mental Health (TIEMH), Steve Hicks School of Social Work, The University of Texas at Austin
Research Assistant Professor
- 2022 - 2023 TIEMH, Steve Hicks School of Social Work, The University of Texas at Austin
Research Associate

EDUCATION

- 2021 - 2022 Texas Institute for Excellence in Mental Health (TIEMH), Steve Hicks School of Social Work, The University of Texas at Austin
Research Postdoctoral Fellow
- 2020 - 2021 VA San Diego Healthcare System (VASDHS)/University of California San Diego (UCSD)
Interprofessional Fellowship in Psychosocial Rehabilitation and Recovery Oriented Services (PRRC)
- 2019 - 2020 University of Kansas Medical Center, Kansas City, Kansas
Health Resources & Services Administration (HRSA) Underserved Track Intern
- 2014 - 2020 University of Arizona, Tucson, Arizona
Ph.D. in Clinical Psychology
Constructed minor in Public Health and Intervention Science
- 2010 - 2014 Northwestern University, Evanston, Illinois
B.A. Cognitive Science and Psychology (Honors Program), ***Summa Cum Laude***
- 2012 - 2013 University of Oxford, Oxford, England
Visiting Scholar in Experimental Psychology

LICENSURE

- 12/2021 - Present Licensed by the State of Texas as a Psychologist (License #39156)

SKILLS

- Manual and intervention development, Dissemination & implementation (D&I), Community-based participatory research (CBPR), Participatory action research (PAR)

- Electroencephalogram (EEG), Respiratory Sinus Arrhythmia (RSA) and Heart Rate Variability (HRV) processing and analysis, Transcranial Ultrasound (TUS) Brain Stimulation
- Specialization in providing recovery-oriented psychotherapy to individuals with serious mental illness (SMI) and underserved populations
- Cognitive Behavior Therapy (CBT), CBT for Psychosis (CBT-P), Acceptance and Commitment Therapy (ACT), Dialectical Behavior Therapy (DBT) Skills, Interpersonal Therapy (IPT), Integrative Behavioral Couples Therapy (IBCT), Cognitive Processing Therapy (CPT)
- Training and conference planning for SMI providers, including CBT-P and Coordinated Specialty Care (CSC) for early psychosis
- Fidelity assessment for CSC
- Statistical analysis in R and SPSS
- Survey construction and data management in REDCap and Qualtrics

CLINICAL & RESEARCH INTERESTS

- Recovery-oriented treatment for individuals with SMI and other underserved populations, including CBT-P and CSC
- Training of evidence-based interventions for SMI and health service psychologists
- Early psychosis research using participatory methods
- Program development/evaluation for underserved populations, including individuals with SMI
- Dissemination, implementation, CBPR, and PAR in diverse mental health settings
- Mental health equity, including rural mental health care
- Identification of neural mechanisms of the etiology and maintenance of depression

RESEARCH EXPERIENCE

10/2021 - Present Texas Institute for Excellence in Mental Health (TIEMH)
 Steve Hicks School of Social Work, The University of Texas at Austin
 Research postdoctoral fellow with Advancing an Early Psychosis Intervention
 Network in Texas (EPINET-TX) Project

Advisor: Molly Lopez, Ph.D. (512-232-0614)

- Developed and oversee data collection and curation processes and protocols from 15 different community mental health first episode psychosis (FEP) programs across Texas
- Supervise one full-time research staff and multiple students in data collection and research activities
- Connect investigators and technical data informatics team to develop tool to enhance individual and program-level measurement-based care for 15 FEP programs
- Plan and facilitate EPINET-TX consortium meetings that use participatory methods to help community partners to shape research priorities and development of data informatics system
- Lead EPINET-TX Rural Participatory Action Research Workgroup and related research projects, such as current qualitative study on rural CSC implementation in Texas to develop best practice guide for development of community partnership

- Collaborate with community partners to strengthen community-academic partnership and development of learning healthcare system (LHS)
- Manage grant infrastructure for EPINET-TX project, such as IRB and coordination with national organizing center
- Co-lead programming development for the South Southwest Mental Health Technology Transfer Center (MHTTC) FEP focus area, including the 2023 Case Conceptualization Series for FEP and bi-monthly Provider Well-Being Community Calls
- Co-led 2022 South Southwest MHTTC FEP Conference with 150 in-person and 300 virtual attendees. Products available.
<https://mhttcnetwork.org/centers/south-southwest-mhttc/2022-south-southwest-mhttc-first-episode-psychosis-conference>
- Serve as evaluator for fidelity visits for CSC for FEP programs in Texas, including 10 completed in-person visits and reports across the state
- Adapted OnTrackNY fidelity rubric for Texas and developed novel team collaboration and recovery-oriented principles rubrics for fidelity visits
- Developed qualitative semi-structured interview for providers, clients, and families to assess fidelity to CSC model
- Currently preparing more than five papers to submit for peer review on topics in early psychosis of retention, step-down care, and rural services
- Spearheaded development of risk alert management system to alert community partners when clients endorse suicide/homicide thoughts
- Led organization of fidelity visits to FEP programs across Texas
- Led monthly support calls for seven community partners

08/2020 – 08/2021

VA San Diego Healthcare System (VASDHS)/UCSD

Interprofessional Fellowship in Psychosocial Rehabilitation and Recovery Oriented Services

Advisors: Blaire Ehret, Ph.D. (619-228-80), Yuliana Gallegos-Rodriguez, Ph.D. (619-228-8009), Dimitri Perivoliotis, Ph.D. (619-228-80)

- Received internal VA research grant from MIRECC of \$1,482 to develop a novel manualized intervention for racial trauma and psychosis called Exploring Meaning and Psychosis Within Experiences of Racism (EMPoWER)
- Established community partnership with peer support specialist at NAMI San Diego to co-develop and lead a novel group-based intervention called Service and Leadership Team (SALT) with aim of increasing Veteran advocacy in community
- Conducted quantitative and qualitative evaluation of SALT intervention
- Assisted master trainers Drs. Dimitri Perivoliotis and Yulia Landa in developing and leading two CBT-P trainings for clinicians across multiple regions of VA through the MIRECC National Training in Cognitive Behavior Therapy for Psychosis program, including two full days of training and six months of monthly consultation calls
- Presented the above work at local and national conferences, including ABCT and NAMI (see presentations below)

06/2019 - 06/2020 **University of Kansas Medical Center**
HRSA Underserved Track Intern

Advisors: Edward Hunter, Ph.D. & Emma Nguyen, Ph.D.,

- Conducted needs assessment for providers at Duchesne clinic (safety net clinic in Kansas City) and conducted descriptive statistics and analyses of outcomes for providers at this clinic to begin program evaluation
- Presented program evaluation to stakeholders
- Trained in and contributed to presentations on concentric training model for underserved populations

07/2015 - 06/2019 **Couples and Family Laboratory, Tucson, Arizona**
Doctoral Student

Advisor: Erika Lawrence, Ph.D. (847-733-4300, x 880)

- Developed a novel manualized intervention for adolescents in juvenile detention in Pima County, Arizona, to reduce violent behavior and mental health symptoms
- Developed a novel manualized intervention for college students convicted of sexual misconduct through university process, which is currently being tested at the University of Iowa and presented preliminary results at ABCT
- Served as group co-facilitator in juvenile detention and on multidisciplinary team as well as organizing the logistics of the project, recruiting participants, and collecting data in juvenile detention
- Papers published in *American Psychologist* and *Evidence-Based Practice in Child and Adolescent Mental Health* on collaboration and outcomes
- Presented multiple posters and talks at national conferences as well as providing clinical training for community mental health clinicians
- Provided mentorship and clinical coaching to research assistants

08/2014 - 06/2019 **Depression Risk/Psychophysiology Laboratory, Tucson, Arizona**
Doctoral Student

Advisor: John J.B. Allen, Ph.D. (520-621-4992)

- Completed dissertation (April 2019), which investigated frontal alpha electroencephalogram (EEG) asymmetry in childhood as a potential biomarker of depression in adolescence and adulthood, which was the longest longitudinal study of this measure to date
- Designed and executed Master's project registered with clinicaltrials.gov investigating the first use of a brain stimulation method as an intervention for depression, published in *Neurology, Psychiatry, and Brain Research*
- Led two additional projects examining relationship between repetitive thought, socioeconomic status, and EEG asymmetry and engaged in

multiple other collaborative research projects examining relationships in psychophysiology and psychopathology

- Published four highly cited review articles and empirical papers, including one receiving Society for Psychophysiological Research (SPR) annual award (see publications section)
- Contributed to over 10 poster presentations at national conferences

08/2017 - 12/2017

Pima County Community Development and Neighborhood Conservation (CDNC), Tucson, Arizona

Doctoral Student

Advisors: Martha Moore-Monroy, M.A. & Margaret Kish, M.A.

- Conducted community-based participatory research (CBPR) identifying factors that predict and prevent homelessness for women in Tucson
- Served on multidisciplinary team and conducted qualitative interviews with service providers
- Presented research at CDNC and Addressing Poverty Workgroup meeting
- Disseminated research through the Pima County Community Development and Neighborhood Conservation

09/2011 - 06/2014

Affective and Clinical Neuroscience Laboratory, Northwestern University, Evanston, Illinois

Lab Coordinator and Honors Undergraduate Researcher

Advisor: Robin Nusslock, Ph.D.

- Managed inventory, lab website, scheduling, and official lab communications as lab coordinator
- Administered EEG for multiple projects and trained undergraduate research assistants in EEG administration
- Conducted and published independent honors thesis on neurophysiological response in EEG asymmetry and PZ-FZ theta to human learned helplessness paradigm (Received honorable mention for outstanding senior thesis)

09/2012 - 06/2013

Attention, Brain, and Cognitive Development Laboratory, University of Oxford, Oxford, England

Research Assistant

Advisor: Gaia Scerif, Ph.D.

- Administered number mapping, working memory, attention, and magnitude comparison tasks to pre-school children for two studies investigating the development of numerical abilities

07/2012 - 09/2012

Psychiatry Department, Weill Cornell Medical College, New York, New York

Research Assistant

Advisors: Charles Gross, M.A., and Barbara Milrod, Ph.D.

- Recovered and organized data for 169 ruled-out participants to complete consort chart for study examining the differential effects of psychodynamic, CBT, and relaxation therapy for panic disorder

OTHER HONORS

2020	Presidents' Pick Paper Award, Society for Psychophysiological Research
2019	Graduate and Professional Student Council (GPSC) Travel Grant, University of Arizona
2018	Beck Institute Student Scholarship to attend CBT depression workshop
2018	Nominated by the local chapter of the Philanthropic Educational Organization (PEO) for national scholar award (ongoing national scholarship competition)
2018	GPSC Travel Grant, University of Arizona
2017	State of Arizona 3-Minute Grad Slam, 2 nd Place Winner
2017	University of Arizona Grad Slam, 2 nd Place Winner
2015	Psi Chi National Psychology Honor Society
2014	Phi Beta Kappa Honor Society
2014	William A. Hunt Award for Outstanding Senior Thesis at Northwestern University, Honorable Mention
2013	Undergraduate Research Grant, Northwestern University
2013	Benton J. Underwood Fellowship, Northwestern University
2012	Mortar Board Senior Honor Society

GRANTS & FELLOWSHIPS

2022-2024	National Institute of Mental Health (NIMH) Advancing an Early Psychosis Intervention Network in Texas (EPINET-TX) \$1,400,000 (approximate annual budget for 4 years) R011MH120559 <i>Role: Co-I</i>
2022-2023	South Southwest MHTTC \$2,000 to develop public-facing educational materials about positionality <i>Role: PI</i>
2021-2022	VISN 22 Mental Illness Research, Education, and Clinical Center (MIRECC) \$1,482 Pilot study grant to focus on racial disparities and psychotic mental illness <i>Role: PI</i>
2019-2020	National Philanthropic Educational Organization (PEO) \$15,000 fellowship awarded to women leaders in the field
2015-2016	Graduate and Professional Student Council (GPSC) Research Grant \$3,000 grant <i>Role: Graduate Student PI</i>
2015-2016	National Science Foundation Graduate Research Fellowship Program Honorable Mention

PEER-REVIEWED PUBLICATIONS

Google Scholar Profile: <https://scholar.google.com/citations?user=OMPWcrcAAAAJ&hl=en>

* = shared first authorship

^l = mentored student

Italics = co-created with community partners

1. Treichler, E.B.H., **Reznik, S.J.**, Oakes, D., Girard, V., Zisman-Ilani, Y. (2023). Military culture and collaborative decision-making in mental healthcare: cultural, communication and policy considerations. *BJPsych Open*. doi: 10.1192/bjo.2023.516
2. Cohen, D. A., Klodnick, V. V., **Reznik, S. J.**, & Lopez, M. A. (2023). Expanding early psychosis care across a large and diverse state: Implementation lessons learned from administrative data and clinical team leads in Texas. *Administration and Policy in Mental Health and Mental Health Services Research*, 1-15. 10.1007/s10488-023-01285-8
3. Palitsky, R., **Reznik, S.J.**, Kaplan, D.M., Anderson, M.R., Athey, A., Brodt, M.A., Coffino, J.A., Egbert, A., Hallowell, E.S., Fox-Fuller, J.T., Han, G.T., Hartmann, M.-A., Herbitter, C., Herrera Legon, M., Hughes, C., Hosking, C.R., Jao, N.C., Kassel, M.T., Le, T.-A. P., Levin-Aspenson, H.F., López, G., Maroney, M.R., Medrano, M., Rogers, M.L., & Stevenson, B. (2023). Inclusion of trainee stakeholders is necessary for effective change in health service psychology training. *Clinical Psychological Science*. doi: 10.1177/21677026231156598
4. Duchschere, J.E.* , **Reznik, S.J.***, Shanholtz, C.E., O'Hara, K.L, Gerson, N, Beck, C.J. & Lawrence E. (2022). Addressing a mental health intervention gap in juvenile detention: A pilot study. *Evidence-based Practice in Child and Adolescent Mental Health*, 1-16, doi: 10.1080/23794925.2022.2042873
5. Palitsky, R., Kaplan, D. M., Brodt, M. A., Anderson, M. R., Athey, A., Coffino, J. A., Ebert, A., Hallowell, E.S., Han, G.T., Harmann, M.-A, Herbitter, C., Herrera Legon, M., Hughes, C.D., Jao, N.C., Kassel, M.T., Le, T.-A.P, Levin-Aspenson, H.F., Lopez, G. Maroney, M.R., Medrano, M., **Reznik, S.J.**, Rogers, M.L., Stevenson, B. (2022). Systemic challenges in internship training for health-service-psychology: A call to action from trainee stakeholders. *Clinical Psychological Science*, doi: 10.1177/21677026211072232
6. **Reznik, S.J.**, Sanguinetti, J.L., Tyler, W. J., Allen, J.J.B. (2020). A double-blind pilot study of transcranial ultrasound (TUS) as a five-day intervention: TUS mitigates worry among depressed participants. *Neurology, Psychiatry, and Brain Research*, 37, 60-66, doi: 10.1016/j.npbr.2020.06.004
7. O'Hara, K. L., Duchschere, J. E., Shanholtz, C. E., **Reznik, S. J.**, Beck, C. J., & Lawrence, E. (2019). Multidisciplinary partnership: Targeting aggression and mental health problems of adolescents in detention. *American Psychologist*, 74(3), 329, doi: 10.1037/amp0000439.
8. Kaplan, D. M., Palitsky, R., Carey, A. L., Crane, T. E., Havens, C. M., Medrano, M. R., **Reznik, S.J.**, Sbarra, D.A., & O'Connor, M. F. (2018). Maladaptive repetitive thought as a transdiagnostic phenomenon and treatment target: An integrative review. *Journal of Clinical Psychology*, doi: 10.1002/jclp.22585.

9. **Reznik, S. J.**, & Allen, J. J. B. (2017). Frontal asymmetry as a mediator and moderator of emotion: An updated review. *Psychophysiology*, doi:10.1111/psyp.12965, **Awarded Presidents Paper Award by the Society for Psychophysiological Research in 2020**
10. **Reznik, S.J.***, Nusslock, R.*, Pornpattananangkul, N., Coan, J. A., Abramson, L.Y., & Harmon-Jones, E. (2017). Laboratory induced learned helplessness attenuates approach motivation as indexed by posterior versus frontal theta activity. *Cognitive, Affective & Behavioral Neuroscience*, 1-13, doi:10.3758/s13415-017-0521-0
11. Smith, E., **Reznik, S.J.**, Stewart, J., & Allen, J.J.B. (2016). Assessing and conceptualizing frontal EEG Asymmetry: An updated primer on recording, processing, analyzing, and interpreting frontal alpha asymmetry. *International Journal of Psychophysiology*, 111, 98-114, doi: 10.1016/j.ijpsycho.2016.11.005
12. Allen, J.J.B. & **Reznik, S.J.** (2015). Frontal asymmetry as a promising marker of depression vulnerability: Summary and methodological consideration. *Current Opinion in Psychology*, 4, 93-97, doi: 10.1016/j.copsyc.2014.12.017

TREATMENT MANUALS

1. Lawrence E., **Reznik, S.J.**, Duchscher, J.E. Cognitive, Emotion Regulation, and Behavioral Skills Training (CERB): Individual sessions for undergraduates who were convicted of sexual misconduct/assault at the University of Iowa. (2019)
2. Duchscher, J.E.*, O'Hara, K.*, **Reznik, S.J.***, Gerson, N., Lawrence E. Building Recognition and Emotional Awareness Through Knowledge (BREAK): Adolescent group for males ages 14-17 in juvenile detention for the reduction of violent behavior. (Copyright 2019)

MANUSCRIPTS IN PREPARATION

1. Shamblaw, A. L., **Reznik, S. J.**, Rumas, R., Allen, J.J.B, & Harkness, K. L. (Revise and Resubmit). The effect of acute stress on neurophysiological and behavioral indices of motivation in individuals with depression. *Journal of Abnormal Psychology*.
2. Eisen, K., Wood, H., Hardy, K., **Reznik, S.J.**, Shapiro, D., Sivec, H., Kopelovich, S. (Revise and Resubmit) Confronting the dialectic between quality and access in early psychosis care in the US: finding the synthesis by leveraging psychological expertise. *Psychological Services*.
3. Rbeiz, K.¹, Parrish, E., Curland, A., Ponce, S., Ross-Young, H., Davidson, C., Fielden, C., Vadawi, J., Hill, M., Ward, M., Parke, C., Blanco, E., Mafarjeh, A., Vitro, M. Lee, E., **Reznik, S.J.** (Under Review). Voices from the frontline: Exploring trainee perspectives on barriers and facilitators in serious mental illness training.
4. Myers, N., Wilkey, J., Chacon, M., Hutnyan, M., Janssen, C., Tarvin, H., Cohen, D., Holmes, I., Klodnick, V., Mesganaw, M., **Reznik, S.J.**, Shimizu, T., Stein, E., Lopez, M. (Under Review) Perspectives of young adults with early psychosis using coordinated specialty care in Texas on substance use and substance use interventions.

5. Treichler, E.B.H., McBride, L., Gomez, E., Jain, J., Seaton, S., Yu, K., Oakes, D., Perivoliotis, D., Girard, V., **Reznik, S.J.**, Salyers, M.P, Thomas, M.L., Spaulding, W.D., Granholm, E.L., Rabin, B.A., Light, G. A. (Under Review). Enhancing patient-clinician collaboration during treatment decision-making: study protocol for a community-engaged, mixed method hybrid 1 trial of collaborative decision skills training (CDST) for Veterans with psychosis.
6. **Reznik, S.J.**, Friedman, B., Monroe-Devita, M., Hayes, S., Lopez, M., (In preparation). Challenges and opportunities of implementation of coordinated specialty care for first episode psychosis in rural areas of the United States.
7. **Reznik, S.J.**, Lucksted, A., Myers, N., Jones, N., Ereshefsky, S., Fischer, J., Hayes, S., Savill, M., Williams-Wengerd, A., Goldman, H., (In preparation). Leveraging qualitative research in a multi-site learning healthcare network for early psychosis.
8. **Reznik, S.J.** Duvall, M. Oluwoye, O., Longden, E., Yaffa, Baran-Prall, J. (In preparation). *Positionality in mental health services research: Positionality statements as a tool for increasing accountability and transparency*
9. **Reznik, S.J.** Kennedy, E., Gallegos-Rodriguez, Y. (In preparation). *Service and Leadership Team: A pilot study of an advocacy intervention.*
10. **Reznik, S.J.**, Harper, J. Iacono, B., Allen, J.J.B. (In preparation). Frontal asymmetry as a prospective predictor of transdiagnostic internalizing domains: Using the Minnesota Twin Family Study to predict outcomes from childhood to adolescence and adulthood.
11. Lopez, M. Rathuz, P., Custer, J., Aksan, N., **Reznik, S.J.** (In preparation). Understanding retention in coordinated specialty care in Texas.
12. Lopez, M. **Reznik, S.J.**, Rathuz, P., Custer, J., Aksan, N., Cohen, D., Klodnick, V., Myers, N., Rousseau, J. (In preparation). Developing a learning healthcare system in Texas: overview of EPINET-TX project.
13. Shanholtz, C., **Reznik, S.J.**, O'Hara, K, Lawrence, E., Beck, C. (In preparation). Understanding the context of adolescent-to-parent violence from parent, child, and professional perspectives.

CLINICAL TRAININGS

1. **Reznik, S.J.** & Baran-Prall, J. (Dec 2022- Present). Provider well-being series (1 hour every two months) for the South Southwest MHTTC.
2. Landa, Y., Perivoliotis, D., Glynn, S., Jespersen, R., Carey, C., **Reznik, S.J.**, Cognitive behavior therapy for psychosis (CBT-P) advanced case conceptualization. (Sept, 2023). Full day advanced CBT-P training for VA providers who completed foundational course.
3. **Reznik, S.J.** (Oct 2022 – Dec 2022). Case conceptualization for first episode psychosis: Understanding CBT-P. Developed and led clinical training series for FEP providers on CBT-P case conceptualization (three hours over three months) for the South Southwest MHTTC. Slides and

resources available: <https://mhttcnetwork.org/centers/south-southwest-mhttc/case-conceptualization-first-episode-psychosis>

4. Landa, Y., Perivoliotis, D., Glynn, S., Jespersen, R., Carey, C., **Reznik, S.J.**, CBT-P Training. (September 2022- March 2023). Assisted master trainers Yulia Landa and Dimitri Perivoliotis with two-day training and six months of consultation calls for VA mental health providers in VISNS 9-22.
5. Landa, Y., Perivoliotis, D., Glynn, S., Jespersen, R., Carey, C., **Reznik, S.J.**, CBT-P Training. (September 2021- July 2022). Assisted master trainers Yulia Landa and Dimitri Perivoliotis with two-day training and six months of consultation calls for VA mental health providers in VISNS 1-8.
6. Landa, Y., Perivoliotis, D., Glynn, S., Jespersen, R., Carey, C., **Reznik, S.J.**, CBT-P Training. (June - September 2021). Assisted master trainers Yulia Landa and Dimitri Perivoliotis with two-day training and six months of consultation calls for VA mental health providers in VISNS 19-22.
7. Perivoliotis, D., Carey, C., **Reznik, S.J.**, CBT-P and recovery-oriented practice. (May 2021). Trained mental health providers at VISN 1 with mentorship from master trainer Dimitri Perivoliotis and facilitated follow-up consultation calls.
8. Carey, C.J., Oelschlegel, J., **Reznik, S.J.**, Salamanca, C., Ehret, B., Perivoliotis, D. (March, April, June 2021) Integration of recovery-oriented concepts into inpatient mental health care. Developed and led three one-hour trainings for continuing education for nursing staff on acute psychiatric unit at VASDHS.
9. Duchscher, J., **Reznik, S.J.**, & Ehret, B. (February 2021). Demystifying psychosis: Using recovery-oriented care in inpatient mental health. Presented to bachelors and master's level clinical staff and administration at Colorado Mental Health Institute at Pueblo.
10. Seidman, A, Tinajero, R, & **Reznik, S.J.** (September, December, and March 2019-2020). Interprofessional development psychotherapy training session. Provided three trainings in basic principles of psychotherapy for medical students at KUMC.
11. **Reznik, S.J.** & Poje, A. (November 2019). Psychosocial approaches to psychosis: Recovery-oriented care. Recovery-oriented skills training presented to psychiatry residents at the KUMC.
12. **Reznik, S.J.**, O'Hara, K. & Lawrence, E. (February 2018). Building Recognition and Emotional Awareness Through Knowledge (BREAK) Clinical Training. Training in ACT for adolescents led for master's level clinicians at La Frontera, Community mental health center, Tucson, Arizona.

CONFERENCE PRESENTATIONS

1. Gallegos-Rodriguez, Y., Carey, C. J., **Reznik, S.J.**, Landa, Y., Deluca, J., Perivoliotis, D., Glynn, S. (November 2021). Training and implementation of CBT for psychosis in clinical services to improve equity and quality of care for Veterans. Panel discussion at the Association for Behavioral and Cognitive Therapies (ABCT) annual convention. Virtual due to COVID-19 pandemic.
2. **Reznik, S.J.**, Kennedy, E., Gallegos-Rodriguez, Y. (November 2021). *Developing a novel intervention to increase Veteran advocacy in the community: Service and leadership team (SALT).*

Presentation part of Symposium 113: Self-advocacy as an essential tool for recovery for people with psychosis in the clinic and in the community. ABCT annual convention. Virtual due to COVID-19 pandemic.

3. **Reznik, S.J.**, Kennedy, E., Gallegos-Rodriguez, Y. (July 2021). *Service and Leadership Team (SALT): A Collaboration between NAMI and VA. Presentation given at 2021 NAMIcon. Virtual due to COVID-19 pandemic. Recording available: <https://www.youtube.com/watch?v=lgbs2KrLNzM>*
4. **Reznik, S.J.**, Kennedy, E., Gallegos-Rodriguez, Y. (March 2021). *Developing a novel intervention to increase community engagement and empowerment for Veterans with psychosis spectrum disorders: Service and Leadership Team (SALT). Poster presented at Lewis L. Judd Young Investigators Research Symposium. Virtual due to COVID-19 pandemic.*
5. Colin, C.J, **Reznik, S.J.**, Ehret, B., Perivoliotis, D., Eyler, L., Granholm, E., Gallegos-Rodriguez, Y. (March 2021). *Developing and evaluating feasibility of a novel manualized integrated intervention to improve social functioning in racial minority Veterans with psychosis spectrum disorders. Poster presented at Lewis L. Judd Young Investigators Research Symposium. Virtual due to COVID-19 pandemic.*
6. Salamanca, C., **Reznik, S.J.**, Colin, C.J, Oelschlegel, J., Ehret, B., Perivoliotis, D. (March 2021). *Destigmatizing psychosis: De-escalation skills training as a recovery-oriented interprofessional education and collaboration intervention. Poster presented at Lewis L. Judd Young Investigators Research Symposium. Virtual due to COVID-19 pandemic.*
7. Hunter, E.E. Penick, E.C., Paolo, T., Nguyen, E., **Reznik, S.J.** and Tinajero, R. (August 2020). *The concentric training model to prepare clinical psychology interns to care for vulnerable and underserved rural and urban populations. American Psychological Association (APA) Annual Conference. Virtual due to COVID-19 pandemic.*
8. Hunter, E.E. Penick, E.C., Paolo, T., Nguyen, E., **Reznik, S.J.** and Tinajero, R. (April 2020). *The concentric training model to prepare clinical psychology interns to care for vulnerable and underserved rural and urban populations. 2020 Association of Psychology Postdoctoral and Internship Centers Membership Conference, San Diego, CA. Poster Accepted and Conference Cancelled due to COVID-19 Pandemic.*
9. **Reznik, S.J.**, Duchscher, J., Lawrence, E., DiCarlo, M., *Adapting ACT to Target Sexual Misconduct, Dating Violence and Stalking on a College Campus (November 2019). Part of Symposium 112 - Applying Acceptance and Commitment Therapy to the Treatment of Domestic Violence, Stalking, & Sexual Misconduct. Panel presented at the ABCT 53rd Annual Convention, Atlanta, GA.*
10. Shamblaw, A. L., Rumas, R., **Reznik, S. J.**, & Harkness, K. L. (September 2019). *The effect of acute stress on neurophysiological and behavioral indices of motivation in individuals with depression. Poster presented at the Society for Research in Psychopathology (SRP) Annual Convention, Buffalo, USA. **First-author Shamblaw awarded student flash talk.***
11. **Reznik, S.J.** (August 2019) *Adapting ACT to target sexual misconduct and dating violence on a college campus, part of larger panel O'Hara, K., Mazurek, C., Duchscher, J., and Lawrence, E. on*

adapting ACT for a variety of populations. Panel at APA Annual Conference, Chicago, IL.
Presented by co-author due to limitation of beginning internship.

12. **Reznik, S.J.**, Allen, J.J.B. (November 2018) A moderator in clinical psychophysiology: SES only predicts frontal asymmetry in never depressed but not previously depressed participants. Poster presented at the ABCT 52nd Annual Convention, Washington, D.C.
13. **Reznik, S.J.**, Medrano, M., Allen, J.J.B. (October 2018) The moderating role of trait rumination: high and low trait ruminators show different relationships between frontal asymmetry and state rumination. Poster presented at the 58th annual meeting of the Society for Psychophysiological Research (SPR), Quebec City, Canada.
14. Medrano, M., **Reznik, S.J.**, Allen, J.J.B. (October 2018) Higher trait worry may restrict physiological responding during personally salient high conflict tasks: An ERP study. Poster presented at the 58th annual meeting of the SPR, Quebec City, Canada.
15. Shamblaw, A. L., **Reznik, S. J.**, Best, M. W., Rumas, R., & Harkness, K. L. (October 2018). The impact of acute social stress on frontal EEG alpha asymmetry in individuals with major depressive disorder. Poster presented at the 58th annual meeting of the SPR, Quebec City, Canada.
16. Duchschere, J.E., **Reznik, S.J.**, Gerson, N., O'Hara, K., Beck, C.J., & Lawrence, E. (November 2017). Get out and stay out! Treating comorbid mental health symptoms in the juvenile justice system. Poster presented at the ABCT 51st Annual Convention, San Diego, California.
17. **Reznik, S.J.**, Medrano, M., Benjamin, J., Allen, J.J.B. (September 2017). When resting means ruminating: the potential moderating role of trait rumination on the relationship between frontal asymmetry and resting versus ruminating states. Poster presented at the 31st meeting of SRP, Denver, Colorado.
18. Medrano, M., **Reznik, S.J.**, Benjamin, J., Allen, J.J.B. (September 2017). Trait and state anxiety influences on neural response monitoring networks during personally relevant tasks: Preliminary findings. Poster presented at the 31st meeting of SRP, Denver, Colorado.
19. Duchschere, J.E., **Reznik, S.J.**, Gerson, N., O'Hara, K., Beck, C.J.A., Lawrence E. (June 2017). Treating family violence and comorbid mental health symptoms in adolescents. Poster presented at International Conference: Crossroads of Couple and Family Psychology, Chicago, Illinois.
20. **Reznik, S.J.**, Sanguinetti, J. & Allen, J.J.B. (March 2017). Transcranial Ultrasound (TUS) reduces worry in a five-day double-blind pilot study. Poster presented by John J.B. Allen, Ph.D. at the 2nd annual International Brain Stimulation conference, Barcelona, Spain.
21. **Reznik, S.J.**, Allen, J.J.B. (September 2016). Transcranial Ultrasound (TUS) reduces worry in a five-day double-blind pilot study. Poster presented at the 30th meeting of SRP in Psychopathology, Baltimore, Maryland.
22. **Reznik, S.J.**, Zambrano-Vazquez, L., Medrano, M., & Allen, J.B. (September 2015). Racing hearts, racing minds: the interaction of state and trait anxiety on Respiratory Sinus Arrhythmia (RSA). Poster presented at the 55th annual meeting of SPR, Seattle, Washington.

23. **Reznik, S.J.**, Pornpattananankul, N. Coan, J.A., Harmon-Jones, E., & Nusslock, R. (September 2014). The effect of helplessness induction on posterior versus anterior theta. Poster presented at the 54th annual meeting of SPR, Atlanta, Georgia.
24. **Reznik, S.J.**, Pornpattananankul, N. Coan, J.A., Harmon-Jones, E., & Nusslock, R. (May 2014). Prefrontal brain asymmetry and human learned helplessness. Poster presented at Midwestern Psychological Association annual meeting, Chicago, Illinois.

COMMUNITY PRESENTATIONS

1. Lopez, M. & Reznik, S.J. (Jan 2023). Advancing the Early Psychosis Intervention Network in Texas: Preliminary Results. Presented at Coordinated Specialty Care Quarterly meeting for Texas Health and Human Services (HHSC).
2. Collazo, A. Guthrie, D., **Reznik, S.J.** (Oct 2022). *Implementation of coordinated specialty care for first episode psychosis in rural Texas. Presentation for the MHTTC FEP Rural Workgroup.*
3. Lopez, M., **Reznik, S.J.**, Macakanja, A., Flory, M. (May 2022). *Using evidence-based tools to improve clinical care of early psychosis. Webinar hosted by the MHTTC Network, in collaboration with NIMH, EPINET, PEPPNET, and SAMHSA. Recording available: <https://mhttcnetwork.org/centers/global-mhttc/product/using-evidence-based-tools-improve-clinical-care-early-psychosis>*
4. Gallegos-Rodriguez, Y. & **Reznik, S.J.** (April 2021). Social justice advocacy in clinical psychology. Presented to clinical psychology post-doctoral fellows at VASDHS.
5. Wang, C. & **Reznik, S.J.** (April 2021). Racial/ethnic health disparities: Considerations for primary care mental health integration (PCHMHI). Presented to clinical staff at VA Phoenix PCMH.
6. Seidman, A, Tinajero, R, & **Reznik, S.J.** (September, December, and March 2019-2020). Interprofessional development psychotherapy training session. Provided three trainings in basic principles of psychotherapy for medical students at KUMC.
7. **Reznik, S.J.** & Tinajero, R. (May 2020). Duchesne Clinic: Evaluation of adverse childhood experiences and psychosocial and health outcomes. Presentation to stakeholders at the Duchesne Clinic, Kansas City, KS.
8. **Reznik, S.J.** & Cuevas, C. (March 2018). *Preventing homelessness for women and women with children in Tucson, Arizona. Presented at: Addressing Poverty Working Group meeting, Ending Poverty Now, Pima County Government, Tucson, Arizona.*
9. **Reznik, S.J.** & Cuevas, C. (December 2017). *Preventing Homelessness for women and women with children in Tucson, Arizona. Presented at: Community Development and Neighborhood Conservation, Pima County Government, Tucson, Arizona.*
10. **Reznik, S.J.** (February 2015). Depression and anxiety. Presented at: Osher Lifelong Learning Institute (OLLI), Green Valley, Tucson, Arizona. Presentation on anxiety/depression across the lifespan for community of learning for individuals ages 50+ in Tucson, AZ.

INTERNAL UNIVERSITY PRESENTATIONS

1. **Reznik, S.J., Kennedy, E., & Gallegos-Rodriguez, Y.** (December 2020). *Development of a novel recovery-oriented approach for increasing Veteran advocacy: Service and Leadership Team (SALT). Presented to peer support specialists at VA San Diego.*
2. **Reznik, S.J.,** Zambrano-Vazquez, L & Allen, J.J.B. (September 2018). Racing hearts, racing minds: the interaction of state and trait worry on respiratory sinus arrhythmia (RSA). Presentation given at Independent Researchers Investigating Emotion (IRIE) meeting, University of Arizona, Tucson, Arizona.
3. **Reznik, S.J.** & Duchscher, J.E. (November 2017). Get out and stay out! Treating comorbid mental health symptoms in the juvenile justice system. Presentation given at IRIE meeting, University of Arizona, Tucson, Arizona.
4. Gerson, N., Duchscher, J.E., **Reznik, S.J.,** O'Hara, K., Beck, C.J., & Lawrence, E. (April 2017). All in: Creating a group intervention for detained juveniles. Poster presented at Psychology Honors Research Forum, University of Arizona, Tucson, Arizona.
5. **Reznik, S.J.,** Sanguinetti, J. & Allen, J.J.B. (February 2017). A pilot study of transcranial ultrasound (TUS) as a potential depression intervention. Presentation given at IRIE meeting, University of Arizona, Tucson, Arizona.
6. **Reznik, S.J.** (September 2015). Transcranial Ultrasound (TUS) as a potential intervention for depression: A pilot study. Presentation given at IRIE meeting, University of Arizona, Tucson, Arizona.
7. **Reznik, S.J.** (April 2015). Summary and Discussion: The functional role of individual-alpha based frontal asymmetry in stress responding. Presentation given at IRIE meeting, University of Arizona, Tucson, Arizona.
8. **Reznik, S.J.** & Nusslock, R. (December 2014). The effect of learned helplessness on posterior versus anterior theta activity. Presentation given at IRIE, University of Arizona, Tucson, Arizona.
9. **Reznik, S.J.,** (June 2014). The effect of helplessness induction on posterior versus anterior theta activity. Invited colloquia talk at Undergraduate Research Exposition at Northwestern University, Evanston, Illinois.

TEACHING EXPERIENCE

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|-------------------|---|
| 08/2018 - 04/2019 | Teaching Assistant, Psychology 694A, Graduate Course in Clinical Assessment Methods, University of Arizona (UA) |
| 01/2018 - 03/2018 | Teaching Assistant, Psychology 352, Personality Psychology, UA Online |
| 12/2017 - 1/2018 | Instructor , Psychology 101, Introduction to Psychology for Majors, UA Online |
| 08/2017 - 12/2017 | Teaching Assistant, Psychology 101, Introduction to Psychology for Majors, UA |

05/2017 - 06/2017	Instructor , Psychology 101, Introduction to Psychology for Majors, UA Online
01/2017 - 05/2017	Teaching Assistant, Psychology 379, Psychology of Divorce, UA
08/2016 - 12/2016	Teaching Assistant, Psychology 300, Mind & Brain, UA
01/2016 - 05/2016	Teaching Assistant, Psychology 381: Abnormal Psychology, UA <ul style="list-style-type: none"> • Guest lecture, May 3, 2016, "Childhood Disorders" • Guest lecture, April 12, 2016, "Feeding and Eating Disorders"
08/2015 - 12/2015	Teaching Assistant, Psychology 352: Personality Psychology, UA
05/2015 - 06/2015	Instructor , Psychology 381: Abnormal Psychology, UA
01/2015 - 05/2015	Teaching Assistant, Psychology 360: Introduction to Social Psychology at UA <ul style="list-style-type: none"> • Guest lecture, April 14, 2015, "Altruism"
09/2014 - 12/2014	Teaching Assistant, Psychology 101: Introduction to Psychology, UA

PROFESSIONAL SERVICE

10/2022 - Present	The Specialty Council for SMI Psychology <ul style="list-style-type: none"> • Serve as representative for APA on this council, which aims to promote specialized training and competency development for psychologists to work with individuals with SMI
10/2021 - Present	Early Psychosis Intervention Network (EPINET) Fidelity Workgroup <ul style="list-style-type: none"> • Prepared crosswalk of Texas fidelity reviews with other states fidelity reviews
10/2021 - Present	EPINET Qualitative Workgroup <ul style="list-style-type: none"> • Presentation on step-down care planned Sept. 2022 • Coordinating multiple author commentary on the importance of qualitative research methods in multi-side learning healthcare network for early psychosis, including drafting survey and leading meetings
10/2021 - Present	Mental Health Technology Transfer Center (MHTTC) First-Episode Psychosis (FEP) Workgroup <ul style="list-style-type: none"> • Participating in sub working group of Rural MHTTC FEP Workgroup • Co-presented with community partners Ana Collazo and Dominique Guthrie in Oct. 2022 on implementation of rural FEP care in Texas
10/2019 - Present	APA Division 18 SMI/SED Subsection <ul style="list-style-type: none"> • Served as Treasurer/Executive Committee Member from 2020-2022 to manage budget, participate in leadership meetings, and plan committee priorities • Currently serve as Co-Membership Liaison to increase membership recruitment and retention

- Meet with new members, host virtual social hours, and build community among members
 - Lead APA SMI/SED and ABCT PASS SIG collaboration of students and trainers to address lack of access to SMI psychology training
 - Developed welcome materials and process for tracking membership
 - Spearheaded the Communication Through Technology Task Force, which developed virtual social hours and internal drive of therapy resources for psychosis, historical documents, and SMI news updates
 - Advocacy & student awards committees member
- 02/2021 - 08/2021 VASDHS Diversity Action Committee; Education and Training Subcommittee
- Served as a member of subcommittee to increase diversity education for mental health care line
 - Planned keynote speaker Dr. Nia Billings on ableism in mental health care and presented on racial/ethnic health disparities
- 09/2020 - 08/2021 UCSD Psychiatry Education and Training (PET) Council – Psychology Fellowship Representative
- Served as a representative for the Psychology Fellows on psychiatry education and training at UCSD
- 09/2018 - 05/2019 Faculty search committee, University of Arizona, Psychology Department
- Attended faculty search meetings, reviewed applications, interviewed applicants, served as liaison between faculty and students, and integrated considerations of bias and diversity in hiring
- 08/2018 - 05/2019 Commission on the Status of Women, University of Arizona
- Developed programming for women in university setting
- 01/2017 - 05/2019 Psychology Mentorship Program, University of Arizona, Psychology Department
- Initiated and developed departmental mentorship program for doctoral students with mission of increasing student success, especially focused on underrepresented students
- 08/2017 - 05/2019 Professional Development Committee
- Co-founded committee and developed novel programming, such as panel on future careers, for doctoral student professional development
 - Spoke on invited panel of alumni about post-doctoral fellowships in 2021
- 08/2014 - 05/2019 Externship Advisory Committee, University of Arizona, Psychology Department
- Prepared materials, presentations, and evaluations to help clinical doctoral students navigate externship/internship application process
 - Address any concerns between students and their externship supervisor and coordinate with organizer of externships
 - Served as head of committee 08/2018-05/2019, including developing new student presentation in preparation for externship search
- 08/2017 Graduate and Professional Student Council Travel Grant Judge

- Evaluated grant applications

08/2016 - 05/2017 Graduate Student Representative

- Attended faculty meetings and served as liaison between faculty and students

CLINICAL EXPERIENCES IN RECOVERY-ORIENTED CARE AND SMI

08/2020 - 08/2021 **VA San Diego Healthcare System (VASDHS)/UCSD, San Diego, California**
Interprofessional Fellowship in Psychosocial Rehabilitation and Recovery
Oriented Services (PRRC), APA Accredited

Hours: 40 per week

Training Director: Dimitri Perivoliotis, Ph.D. (619-228-80)

Supervisors: Blaire Ehret, Ph.D. (619-228-80), Yuliana Gallegos-Rodriguez, Ph.D. (619-228-8009)

Modalities: CBT-P, CBT, CPT, SST, Metacognitive remediation, Collaborative-Decision Skills Training

- Conducted recovery-oriented individual therapy, recovery coaching, and group-based psychotherapy for Veterans with SMI in the Center for Recovery Education (CORE)
- Provided individual assessments (e.g., biopsychosocial diagnostic intake, vocational intake) for Veterans in CORE
- Provided clinical supervision to social work student
- Conducted educational trainings and outreach for dissemination of recovery-oriented services, including developing an interdisciplinary recovery-oriented skills training for nurses on acute inpatient unit at VA San Diego
- Developed two novel groups to increase empowerment and meet needs of racial/ethnic minority Veterans (see research section)
- Assisted with clinic administration and program development, such as developing new virtual system for group referrals

06/2019 - 06/2020 **University of Kansas Medical Center (KUMC), Kansas City, Kansas**
Psychology Intern, HRSA-funded Underserved Track, APA accredited

Hours: 50 per week

Training Director: Edward Hunter, Ph.D. (913-588-6463)

Supervisors: Lora Black, Ph.D., Elizabeth Collison, Ph.D., Tyler Droege, Psy.D., Edward Hunter, Ph.D., Danielle Johnson, Ph.D., Tiffany Johnson, Psy.D., Kelsey Sewell, Ph.D., Eve Lynn-Nelson, Ph.D., Elizabeth Penick, Ph.D., Albert Poje, Ph.D., Kelsey Sewell, Ph.D., Doug Wright, Ph.D., Shawna Wright, Ph.D.

Modalities: CBT, ACT, CPT, DBT skills, integrative approaches, including psychodynamic principles

Outpatient Rotation (12 months, 6 hours per week)

- Conducted bi-weekly individual therapy with 13 adults
- Completed psychological assessments, including diagnostic clarification, including diagnosis of ADHD, autism, and intellectual disability
- Presented to department on approaches for interpersonal violence

Telehealth Rotation (12 months, 4 hours per week)

- Conducted bi-weekly individual therapy with 6 children and 2 adults
- Participated in formal training in telehealth principles

Underserved Track Activities (12 months, 2 hours per week)

- Bi-weekly individual therapy with 2-3 individuals from the Ryan White HIV/AIDS during outpatient psychotherapy
- Underserved Populations Touring Activity, which involved visits to multiple sites including FQHC's, an underserved community mental health center, and a state hospital
- Conducted and presented program evaluation for safety net clinic (see research section)
- Developed and led three trainings on basic principles of psychotherapy for medical students at KUMC
- Developed and presented training on recovery-oriented care for psychosis for medical residents

Acute Adult Inpatient Rotation (3 months, 27 hours per week)

- Conducted brief individual interventions and skills-based therapy groups for patients with acute mental health concerns
- Provided brief neurocognitive assessments and family/community support meetings as needed
- Participated in daily multidisciplinary treatment team meetings
- Provided education to medical students on patient care on the unit

Osawatomie State Hospital Rotation (3 months, 27 hours per week)

- Provided weekly individual therapy to two long-term patients (Not Guilty by Reason of Mental Disease or Defect) and led three weekly groups
- Conducted assessments on an as-needed basis, such as diagnostic clarification or rule-out of intellectual disability, often written for court
- Participated in daily interdisciplinary treatment team meetings and assessed patient's progress and developed treatment plans
- Conducted tiered supervision for master's level practicum student

Acute Child Inpatient Rotation (3 months, 27 hours per week)

- Wrote 1-3 psychodiagnostic and neurocognitive assessments per week
- Provided three group-based psychotherapeutic services per week on units for children ages 5-17

Internal Medicine and Consultation-Liaison (3 months, 27 hours per week)

- Conducted six brief therapy sessions per day in internal medicine setting
- Provided as-needed intervention for patients who presented to internal medicine appointments with behavioral health concerns, such as chronic pain, suicidality, substance use
- Served as a member of the Psychiatry Consultation-Liaison (C/L) team and completed psychology consults from inpatient medical units for patients referred for mental health concerns, such as psychodiagnostic interviews, cognitive screeners, intervention, and case management

07/2016 - 07/2018

Early Psychosis Intervention Center (EPICenter), Banner – University Medicine Whole Health Clinic, Tucson, Arizona

Psychology Extern – Student/Trainee

Hours: 20 per week**Training Director:** Patricia Harrison-Monroe, Ph.D., (520) 694-1797**Supervisors:** Emily Bell, Ph.D., Patricia Harrison-Monroe, Ph.D., Marisa Menchola, Ph.D., Gustavo Perez, Ph.D.**Modalities:** CBT-P, DBT skills, integrative family therapy, including structural and strategic therapiesEPICenter: Primary Placement (25 months, 20 hours per week)

- Conducted weekly group and individual CBT-P with 4-7 members of EPICenter (specialized program for individuals with first-episode psychosis within an integrated behavioral health clinic)
- Led biweekly social club for all members of EPICenter
- Participated in SMI seminar, didactics, CBT-P training, and group supervision with psychology interns weekly for one year
- Participated in administration, including administrative case transition meetings, trainings for new interns, and clinical support for transition between intern classes each year

Acute Inpatient Rotation – Banner University (13 months, 4 hours per week)

- Led group for adults with acute mental health concerns and provided de-escalation intervention as needed
- Coordinated with members of interdisciplinary team to provide services
- Participated in family practicum with psychiatry residents and conducted weekly family therapy for families coping with new diagnosis of psychotic disorder

Integrated Behavioral Health Rotation (13 months, 2 hours per week)

- Led weekly DBT skills group for members of the Whole Health Clinic (integrated behavioral health clinic)
- Conducted psychological assessments as needed

- Trained in Dialectical Behavior Therapy (DBT) skills and participated in DBT-based supervision

CLINICAL SUPERVISION, TRAINING, & MENTORSHIP

- 08/2020 – 08/2021 **VA San Diego Healthcare System (VASDHS)/UCSD**, 2.5 hours per week
- Supervise Masters level social work student in learning ACT and Minority Stress and Resilience for racial/ethnic minority Veterans with psychosis
 - Developed and led recovery-oriented skill training for nursing staff in acute inpatient setting
- 06/2019 - 06/2020 **University of Kansas Medical Center (KUMC)**, 2 hours per week
- Supervised two master's level counseling students working in underserved areas (rural state hospital, rural community mental health)
 - Supervision and mentorship of medical students on acute inpatient unit
 - Provided three trainings in basic principles of psychotherapy to medical students at KUMC and training in recovery-oriented care for psychosis to medical residents
- 08/2016 - 05/2019 **University of Arizona with Dr. John Allen, Ph.D.**, 2-25 hours per week
- Assessment practicum (9 months, 10 hours per week)
- Conducted supervision for five first-year clinical psychology graduate students in administration of assessments to undergraduates and community mental health substance use program, including minimum of ten hours of live supervision and six integrated reports per student
 - Led weekly two and a half hour didactics in assessment, including suicide risk assessment, MMPI, SCID, WAIS, WMS and SLUMS for clinical assessment practicum students
- Suicide Risk Assessments (18 months, approximately 60 hours total)
- Oversaw administration of over 60 suicide risk assessments for Introductory Psychology students who endorsed suicidal thoughts
 - Provided supervision to two students conducting suicide risk assessments, including managing crisis situations and follow-up
- Graduate Student Research Project Lead (12 months, 25 hours per week)
- Oversaw program development and management of pilot study investigating novel brain stimulation technique for 25 participants
 - Managed and supervised 10 research assistants who ran the study
 - Provided professional mentorship to these students, many of whom from underrepresented backgrounds went on to pursue advanced training in medical school, clinical psychology PhD, Hispanic studies PhD

GENERAL AND OTHER CLINICAL EXPERIENCES

- 01/2018 - 07/2018 **Southern Arizona VA Healthcare System, Tucson, Arizona**
Psychology Extern – Student/Trainee

Hours: 20 per week

Training Director: Nadine Cole, Ph.D. (520-792-1450 Ext. 1-4299)

Supervisors: Nadine Cole, Ph.D., Michelle Dorsey, Ph.D.

Modalities: IPT, CPT, and assessment

Psychological Assessment Rotation (3 months, 20 hours per week)

- Conducted seven psychological assessments for medical intervention with varying levels of supervisor involvement, including transplant evaluations, gender confirmation surgery, and rule-out of dementia
- Participated in didactics, assessment practicum, and diversity seminar

General Mental Health Rotation (3 months, 20 hours per week)

- Conducted IPT/CPT weekly individual therapy for three Veterans
- Co-facilitated anger management group with supervisor
- Conducted two intakes for general mental health services

07/2017 - 06/2018

Banner – University Medicine Neurology Clinic, Tucson, Arizona

Psychology Extern – Student/Trainee

Hours: 16-21 hours per month

Supervisor: Marisa Menchola, Ph.D. (520-694-8888)

- Conducted eleven neuropsychological evaluations, such as determination of Alzheimer's or another dementia
- Trained in D-KEFS, DRS-2, CVLT-2, Stroop, Trails A & B, Boston Naming Test, Benton's Judgment of Line Orientation, Letter and Category Fluency

07/2015 - 04/2018

Pima County Juvenile Detention Center, Tucson, Arizona

Building Recognition and Emotional Awareness through Knowledge (BREAK)
Group Co-Leader – Student/Trainee

Hours: 8-10 hours per week

Supervisor: Erika Lawrence, Ph.D. (847-733-4300, x 880)

- Developed BREAK manual for these groups based on Achieving Change Through Value Based Behavior (ACTV) manual found to reduce domestic violence in adult males
- Co-facilitated two-hour groups for eight male adolescents ages 14-17 in juvenile detention based on ACT and behavioral communication skills
- Conducted 17 semi-structured clinical interviews
- Conducted over 40 suicide/homicide assessments for group members who endorsed related thoughts in questionnaires

01/2015 - 04/2019 **Clinical Psychophysiology Laboratory, University of Arizona, Tucson, Arizona**

Clinical Interviewer and Assessor – Student/Trainee

Hours: 3 per week

Supervisor: John Allen, Ph.D. (520-621-4992)

- Conducted over 60 suicide risk assessments for Introductory Psychology students at the University of Arizona who endorsed the suicide item on the Beck Depression Inventory-II (BDI-II)
- Supervised other clinical psychology graduate students (see above)
- Administered 13 Structured Clinical Interviews for DSM-5 (SCID-5) for study investigating fMRI and EEG profiles in depression

08/2014 - 04/2019 **Behavioral Health Clinic, University of Arizona, Tucson, Arizona**

Graduate Student Therapist/ Student – Student/Trainee

Hours: 10 per week

Director of Clinical Training: Dave Sbarra, Ph.D.

Supervisors: John Allen, Ph.D., Anne Bowen, Ph.D., Kathleen Prouty, Ph.D. Catherine Shisslak, Ph.D., Erika Lawrence, Ph.D. Autumn Wiley-Hill, Ph.D.

Modalities: CBT, ACT, IBCT, Behavioral Medicine, Assessment

Behavioral Medicine Practicum (12 months, 2.5 hours per week)

- Participated in weekly behavioral medicine supervision with externs at transplant and cancer centers at Banner - University Medicine
- Conducted weekly individual therapy for substance use

Couples Practicum (9 months, 2.5 hours per week)

- Trained in Integrative Behavioral Couples Therapy (IBCT) and participated in weekly group IBCT supervision and didactics
- Conducted weekly IBCT therapy (with co-therapist)

Acceptance and Commitment Therapy (ACT) Practicum (5 months, 7 hours)

- Participated in weekly ACT didactic practicum and supervision
- Conducted weekly individual ACT for two patients

Cognitive Behavior Therapy (CBT) Practicum (5 months, 7 hours)

- Participated in weekly CBT didactic practicum and supervision
- Conducted weekly individual CBT for two patients

Assessment Practicum (9 months, 4 hours)

- Trained in administration of WAIS, WMS, SCID, MMPI-2-RF, clinical interviewing, and suicide risk assessment and live supervision
- Administered background interviews, MMSE, WAIS, WMS, and SCID to three clients at substance use treatment facility and wrote three integrated reports

06/2012 - 07/2012 **Big Apple Day Program, New York, New York**
Applied Behavioral Analysis Counselor

Hours: 40 per week

Supervisor: Joshua Rosenthal, Psy.D.

- Created individualized behavioral plans for children ages 6-12 with social-emotional difficulties
- Planned and supervised therapeutic art, game, and sports activities

06/2011 - 09/2011 **FEGS Personalized Recovery Oriented Services, New York, New York**
Psychiatric Rehabilitation Intern

Hours: 40 per week

Supervisors: Michael Udolf, M.A., Alexandra Fribourg, M.A.

- Planned and led 13 group sessions per week for clients with SMI, including on subjects such as healthy relationships, daily living skills, and symptom management through movement
- Created curriculum for basic living skills groups

PROFESSIONAL SOCIETY MEMBERSHIP

American Psychological Association (APA)

- Division 18: Psychologists in Public Service – SMI/SED Subsection

Association for Behavioral and Cognitive Therapies (ABCT)

- Psychosis and Schizophrenia Spectrum Special Interest Group

North America CBT for Psychosis Network

- Early Psychosis Workgroup

The International Society for Psychological and Social Approaches to Psychosis

- United States Chapter