

## Ireneusz Banaczyk

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### **Professional Experience**

**Private Practice, Austin, Texas:** July 2023 – present  
Individual therapist

**Emerge Recovery, Austin, Texas:** April 2022 – present  
Group and individual therapy, staff development: five-week trauma informed care training and weekly trauma informed care consultation group

**The University of Texas Steve Hicks School of Social Work, Austin, Texas:** Fall 2022 – present  
Adjunct Assistant Professor, Co-Existing Psychiatric and Substance Use Disorder graduate course and Applied Practice undergraduate course

**Deep Eddy Psychotherapy, Austin, Texas:** March 2022 – June 2023  
Individual and group therapist

**Cal Farley's Boys Ranch, Boys Ranch, Texas:** October 2020 – February 2022  
Clinical Intervention Specialist

**Austin Recovery Network: University High School and Keystone APG, Austin, Texas:** January 2020 – September 2020  
Director of Youth Services

**Renewal Lodge, Elgin, Texas:** September 2019 – December 2019  
Licensed Chemical Dependency Counselor

**University of Texas, Austin, Texas:** Fall 2018 and Fall 2019 semesters  
Teaching Assistant for Dr. Holleran-Steiker: Young People and Drugs course

**The Arbor Treatment Center, Georgetown, Texas:** September 2017 – June 2018  
Licensed Chemical Dependency Counselor

**Infinite Recovery IOP, Austin, Texas:** July 2014 – January 2017  
Program Manager  
Program development of an eight-week program based on chemical dependency education, family dynamics with substance dependency, understanding emotions, grief and trauma, mindfulness, yoga, spiritual development, therapeutic lifestyle changes, individual, group, and family counseling.

**Compass Continuing Care IOP, (A branch of The Arbor) Austin, Texas:** August 2013 – July 2014

Primary clinician  
Hope Harbor Extended Care clinical liaison

**The Arbor Treatment Center, Georgetown, Texas:** August 2011 – 2013

Completed the required 4000 internship hours  
Six months experience in discharge planning as an Aftercare Coordinator  
Facilitated treatment planning and didactic groups, primarily in the areas of chemical dependency, cognitive intervention, 12 Steps, relapse prevention, and discharge planning.  
Provided individual counseling and facilitated process groups.  
Facilitated communication with families and provided family support.  
Co-facilitated Holotropic Breathwork sessions.  
Provided aftercare services.  
Facilitated education on meditation at The Arbor's 4-Day Family Program.

**Kyle Correctional Facility, Kyle, Texas:** July 2010 – July 2011

Completed approximately 2,000 internship hours for LCDC license (of the 4,000 hours required), based on the Therapeutic Community Model.

**Seton Shoal Creek Hospital, Austin, Texas:** August 2009 – March 2010

Completed the 300-hour requirement for the practicum at the outpatient level of care.

### **Community Work and Service Activities**

**Hospice Austin/Camp Braveheart, Austin, Texas:** June 2022 – November 2023

Volunteered two four-day camps summer of 2022 and 2023 for bereaved teenagers and facilitated an eight-week loss of a parent group fall of 2023

**Cal Farley's Boys Ranch, Boys Ranch, Texas:** January 2017 – August 2017

Final Field. Supported traumatized children individually and in small groups primarily through the client-centered, trauma-aware, relational models including the Neurosequential Model of Therapeutics and Trust-Based Relational Interventions

**Institute on Domestic Violence and Sexual Assault at UT Austin, Austin, Texas:**

Summer 2017.  
Summer Research Fellow. Worked on briefing sheets with Leila Wood, Ph.D., LMSW, on the Victim services Occupation, Information, and Compensation Experiences (VOICE) project

**UT Center for Students in Recovery, Austin, Texas:** Volunteer 2014 – Summer 2017

Involvement in various recovery-oriented activities; Student Assistant

**Hope Alliance, Austin, Texas:** BSW Field Placement January 2017 – June 2017  
Case management, co-facilitated support groups, CARE advocate, hotline advocate

**Texas Department of Criminal Justice, various Texas locations:** June 2010 – present  
Volunteer at the TDCJ's Estelle Unit, Byrd Unit, Ellis Unit and Walls Unit in Huntsville, Texas  
Conduct meditation sessions for prisoners in the facilities.  
Facilitate group mentoring session for prisoners.

**Wesleyan Hospice, Georgetown, Texas:** Volunteer November 2011 – July 2012  
Companionship for seniors in their last phase of life.

**PDAP, Austin, Texas:** Volunteer June 2011- January 2012  
Mentored teens with substance abuse experiences.

**Communities for Recovery, Austin, Texas:** Volunteer February 2011 – December 2011  
Mentored adults with substance abuse experiences.

**Project Recovery, Austin, Texas:** Volunteer January 2011 – December 2011  
Mentored adults with co-occurring disorders.

## **Education**

**University of Texas, Austin, Texas:** 2019  
Master of Science in Social Work

**University of Texas, Austin, Texas:** 2017  
Bachelor of Social Work, graduated with High Honors

**Austin Community College, Austin, Texas:** 2014  
Completed an Associate of Arts Degree in General Studies in Liberal Arts

**Institute of Chemical Dependency Counseling, Austin, Texas** 2009  
Completed the 270 hour and 24-credit pre-internship requirements

**Texas State University, San Marcos, Texas** 1999 – 2003  
Completed 94 credit hours in pursuit of a Bachelor of Fine Arts in Communication Design

**Austin Community College, Austin, Texas** 1990 – 1999  
Completed the requisite requirements in order to transfer to Texas State University

## **Awards**

**Kuhn Intellectual Entrepreneurship Award, Spring 2017**

**UT School of Social Work Sponsor a Student Scholarship Award, 2016 – 2017**

**Steve Hicks Scholars Award, 2018**

## **Certificates**

**Neurosequential Model of Therapeutics: Phase One, 2022**

**EMDR Basic Training, 2022**

**Stepping Stone: 16 Week Comprehensive Internal Family Systems Course, 2022**

**Basic Accelerated Resolution Therapy Training, 2024**

## **Professional Organizations Membership**

**National Association of Social Workers, 2017 – present**

**Neuropsychoanalysis Association, 2023 – present**

**The Science of Psychotherapy, 2023 – present**

**Austin Group Psychotherapy Society, 2023 – present**

**Austin Psychoanalytic, 2023 – present**

## **Consultation**

**Group Consultation, with Arlene Montgomery, Ph.D., LCSW-S, 2023 – present**

**Group Consultation on Interpersonal Groups, with Jev Sikes, Ph.D., 2022 – present**

## **Licenses**

**Licensed Chemical Dependency Counselor: #12677**

**Licensed Clinical Social Worker: #104111**