

Erin K. Ebert, LCSW-S

512.465.2022

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EDUCATION

The George Washington University

Graduate Certificate: LGBT Health Policy & Practice

May 2022

The University of Texas at Austin

Master of Science, Social Work, Concentration: Clinical Social Work

May 2016

The University of Tennessee, Knoxville

Bachelor of Arts, Communication Studies

May 2007

CAPABILITIES

- Licensed Clinical Social Worker - Supervisor, State of Texas, License #62527
- Expertise in Eating Disorder treatment with adults and adolescent populations, including co-occurring disorders and diagnoses.
- Member of Central Texas Eating Disorder Specialists

PROFESSIONAL HIGHLIGHTS

Psychotherapist, Owner

Erin K Ebert, LCSW-S

April 2019-Present

- Licensed Clinical Social Worker-Supervisor in private practice, specializing in the treatment of Eating Disorders and co-occurring diagnoses, as well as treating individuals in the LGBTQ+ community.
- Provide supervision for LMSWs pursuing LCSW licensure and provide expert consultation for colleagues seeking to grow in the area of treating eating disorders.
- Invited visiting therapist at Ai Pono Residential treatment center in Maui, Hawaii for 6 weeks to provide support for clinicians and staff in-service training for treating LGBTQ+ clients.

Adjunct Assistant Professor

Steve Hicks School of Social Work, University of Texas at Austin

August 2022-Present

- Teach Cognitive Behavioral Therapy (CBT) in the MSSW program

Faculty Member & Consultation provider

Queer and Trans Affirming Professionals (QTAP) Certificate program

December 2020-Present

- Teach courses on Body Image and Eating Disorders in the LGBTQ+ Community and Barriers to Healthcare within the LGBTQ+ Community
- Provide individual consultation and training to therapists within the certificate program.

Behavioral Health Counselor III

Eating Recovery Center of Austin

July 2018-March 2019

- Facilitate psycho-educational and process groups and support implementation of all therapeutic programming for Adult IOP (Intensive Outpatient Program).
- Carry individual client caseload up to 12 clients, completing weekly individual sessions, treatment plans and pertinent documentation.
- Manage all insurance authorization information for Adult IOP and complete all peer-to-peer reviews.
- Manage communication with outpatient teams regarding progress and treatment.
- Plan, implement, and execute monthly support night programming.

Behavioral Health Counselor II

Eating Recovery Center of Austin

October 2016-July 2018

- Facilitate psycho-educational and process groups and support implementation of all therapeutic programming at PHP (Partial Hospitalization Program) level of care for adults and adolescents.

- In absence of Primary Therapist, serve as Primary Therapist, conducting individual sessions, rounding appointments, and completing appropriate paperwork and administrative tasks.

Social Work Intern and Adolescent DBT clinician **January 2016-July 2016**
Austin Center for Psychological Care

- Facilitate adolescent and adult DBT Intensive Outpatient Programs (IOP) .
- Complete intake assessments, insurance reviews, and treatment plans for patients.

Teaching Assistant **August 2015-May 2016**
Dr. Lori Holleran-Steiker, University of Texas at Austin School of Social Work

- Co-teach SW 333 (Social Work Practice with Groups) course.
- Grade and provide feedback on student course work.

Social Work Intern **August 2014-May 2015**
University High School

- Provide 1:1 support to students and familial support to their families in recovery from addiction.

Teaching Assistant **January 2014-May 2015**
DiNitto Center for Career Services, University of Texas School of Social Work

- Complete employment survey of MSSW and BSW students for School of Social Work.
- Gather, analyze and report data for all MSSW and BSW assessment projects.

SELECTED PRESENTATIONS & SPEAKING ENGAGEMENTS

Anti-LGBTQ+ Legislation & Ethics: Considerations for Helping Professionals **June 2022**
 3-hour Ethics CE presentation

Necessity of Affirming Care: How we may be missing the mark **June 2022**
 Eating Recovery Center Pride Summit

Ask The Experts: Eating Disorders Panel **February 2022**
 Simple Practice Ask the Expert panel series

Working with Consultation & Open Format Groups **November 2021**
 Guest lecture at The University of Texas at Austin,
 Steve Hicks School of Social Work

Beyond Bodies: Eating Disorders in the LGBTQ+ Community and Covid-19 Considerations **June 2021**
 SUNY Upstate Inclusive Health

Mental Health Issues within the LGBTQ+ Community **May 2021**
 Private Training for International Game Technologies

What the HAES?! An Overview of Health At Every Size **May 2021**
 Contemporary Relationships Conference

Diagnosing Eating Disorders **July 2020**
 Guest lecture at The University of Texas at Austin,
 Steve Hicks School of Social Work

Beyond Bodies: Eating Disorders in the LGBTQ+ Community **June 2020**
 SUNY Upstate Inclusive Health

Body Comparison, Body Image Distress and Eating Disorders: Unique Challenges Within Same-sex Female Relationships **June 2020**
 Central Texas Eating Disorder Specialists

Body Comparison, Body Image Distress and Eating Disorders: Unique Challenges Within Same-sex Female Relationships **May 2019**
 Presented at the Contemporary Relationships Conference with Sterling Bittenbender, RD, LD

The Silent Struggle: Finding Hope and Help for Eating Disorders **November 2018**
 University of Texas, Seminar on Addiction and Recovery (SOAR)

Eating Disorders and Substance Use **August 2018**
 Austin Recovery, Second Saturday Series