

Abby Elizabeth (Seifert) Blankenship, PhD
Curriculum Vitae

CONTACT INFORMATION

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License: Licensed Psychologist
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EDUCATION

2013	Western Michigan University- Kalamazoo, MI Doctor of Philosophy- Clinical Psychology; APA Accredited
2012-2013	Southwest Consortium- Albuquerque, NM Predoctoral Clinical Psychology Internship- APA Accredited
2010	Western Michigan University- Kalamazoo, MI Master of Arts- Clinical Psychology; APA Accredited
2005	University of St. Thomas- St. Paul, MN Bachelor of Arts- Psychology

RESEARCH, CLINICAL, & ADMINISTRATIVE INTERESTS

- Military social work
- Military and veteran families
- Community-based participatory research
- Psychological resilience

CURRENT POSITION

Jul '18 – Present **Research Assistant Professor**
 Institute for Military and Veteran Family Wellness
 University of Texas at Austin

REFEREED PUBLICATIONS

- Benfer, N., Grunthal, B., Dondanville, K. A., Young-McCaughan, S., **Blankenship, A.**, Abdallah, C. G., Back, S. E., Flanagan, J., Foa, E. B., Fox, P. T., Krystal, J. H., Marx, B. P., McGeary, D. D., McLean, C. P., Pruiksma, K. E., Resick, P. A., Roache, J. D., Shiroma, P., Sloan, D. M., Taylor, D. J., Wachen, J. S., López-Roca, A. L., Nicholson, K. L., Schobitz, R. P., Schrader, C. C., Sharrieff, A.-F. M., Yarvis, J. S., Mintz, J., Keane, T. M., Peterson, A. L., & Litz, B. T., for the STRONG STAR Consortium and the Consortium to Alleviate PTSD. (in press). DSM-5 Criterion-A-based trauma types in service members and veterans seeking treatment for posttraumatic stress disorder. *Psychological Trauma: Theory, Research, Practice, and Policy*.
- Stanley, I. H., Marx, B. P., Fina, B. F., Young-McCaughan, S., Tyler, H. C., Sloan, D. M., **Blankenship, A. E.**, Dondanville, K. A., Bryan, C. J., Brown, L. A., Straud, C. L., Mintz, J., Abdallah, C. G., Back, S. E., Blount, T. H., DeBeer, B. B., Flanagan, J., Foa, E. B., Fox, P. T....for the STRONG STAR Consortium and Consortium to Alleviate PTSD. (2023). Psychometric Properties of the Self-Injurious Thoughts and Behaviors Interview–Short Form Among US Active Duty Military Service Members and Veterans. *Assessment*, 1-15. <https://doi.org/10.1177/10731911221143979>
- Blankenship, A. E.**, Drew, A. L., Jacoby, V. M., Zolinski, S., Ojeda, A., Sharrieff, A. F., Yarvis, J. S., Blount, T., McGeary, C., Young-McCaughan, S., Peterson, A. L., and DeVoe, R, for the STRONG STAR Consortium. (in press). Qualitative examination of homecoming experiences among active duty military fathers during reintegration.
- Wachen, J. S., Mintz, J., LoSavio, S. T., Kennedy, J. E., Hale, W. J., Straud, C. L., Dondanville, K. A., Moring, J., **Blankenship, A. E.**, Vandiver, R., Young-McCaughan, S., Yarvis, J. S., Peterson, A. L., Resick, P. A., for the STRONG STAR Consortium (2022). The effect of prior head injury on outcomes in group and individual cognitive processing therapy with military personnel. *Journal of Traumatic Stress*, 35(6), 1684-1695. <https://doi.org/10.1002/jts.22870>
- Dondanville, K. A., Fina, B. A., Straud, C. L., Tyler, H., Jacoby, V., Blount, T. H., Moring, J. C., Blankenship, A. E., & Finley, E. P., for the STRONG STAR Training Initiative. (2022). Evaluating a community-based training program for evidence-based treatments for PTSD using the RE-AIM framework. *Psychological Services*, 19(4), 740–750. <https://doi.org/10.1037/ser0000567>
- Nason, E. E., **Blankenship, A. E.**, Benavides, E., & Stump, K. (2022). The role of social work in confronting the farmer suicide crisis: Best practice recommendations and a call to action. *Social Work in Public Health*. <https://doi.org/10.1080/19371918.2022.2093305>

- Drew, A. L., **Blankenship, A. E.**, Kritikos, T. K., Jacoby, V. M., Dondanville, K. A., Yarvis, J. S., Sharrieff, A.-F., McGeary, C. A., Blount, T. H., Young-McCaughan, S., Peterson, A. L., & DeVoe, E. R., for the STRONG STAR Consortium. (2022). "This gradual swing back into us": Active duty Army spouses' experiences during homecoming and post-deployment reintegration. *Journal of Family Issues*, 43(7), 1946 - 1967. <https://doi.org/10.1177/0192513x211030023>
- Young-McCaughan, S., Peterson, A. L., Mintz, J., Hale, W. J., Dondanville, K. A., Borah, E. V., Blount, T. H., **Blankenship, A. E.**, Fina, B. A., Hall-Clark, B. N., Hernandez, A. M., Jacoby, V. M., Malach, S. L., Williams, J. M., Compton, K. E., Bingham, M. O., Vriend, C. A., Inman, A. W., Brundige, A., Arzola, S. M., Lapid-Bluhm, M. D., Williamson, D. E., Litz, B. T., Hembree, E. A., Roache, J. D., Taylor, D. J., Pruiksmas, K. E., Borah, A. M., Yarvis, J. S., for the STRONG STAR Consortium. (2022). Testing the role of aerobic exercise in the treatment of posttraumatic stress disorder (PTSD) symptoms in U.S. active duty military personnel: A pilot study. *Cognitive Behaviour Therapy*, 1–16. Advance online publication. <https://doi.org/10.1080/16506073.2021.2001689>
- Pruiksmas, K. E., **Blankenship A. E.**, Choi, H., Yoo, G., Wolfe, L., Fina B. A., & Dondanville, K. A., for the STRONG STAR Training Initiative. (2021). In-person vs synchronous virtual provider workshops for evidence-based therapies for posttraumatic stress disorder (PTSD). *Professional Development: The International Journal of Continuing Social Work Education*, 25(2), 113-126.
- Tyler, H., Fina. B. A., Marx, B. P., Young-McCaughan S., Sloan, D. M., Kaplan, A. M., Green, V. R., **Blankenship, A. E.**, Bryan, C. J., & Peterson, A. L., for STRONG STAR Consortium. (2021). Written Exposure Therapy for Suicide in a psychiatric inpatient unit: A case series. *Cognitive and Behavioral Practice*. Advance online publication. <https://doi.org/10.1016/j.cbpra.2021.06.011>
- Marx, B. P., Fina, B. A., Sloan, D. M., Young-McCaughan, S., Dondanville, K. A., Tyler, H. C., **Blankenship, A. E.**, Schrader, C. C., Kaplan, A. M., Green, V. R., Bryan, C. J., Hale, W. J., Mintz, J., & Peterson, A. L., for the STRONG STAR Consortium. (2021). Written exposure therapy for posttraumatic stress symptoms and suicide risk: Design and methodology of a randomized controlled trial with patients on a military psychiatric inpatient unit. *Contemporary Clinical Trials*, 110, Article 106564. <https://doi.org/10.1016/j.cct.2021.106564>
- Kanzler, K. E., McGeary, D. D., McGeary, C., **Blankenship, A. E.**, Young-McCaughan, S., Peterson, A. L., Buhner, J. C., Cobos, B. A., Dobmeyer, A. C., Hunter, C. L., Bhagwat, A., Blue Star, J. A., & Goodie, J. L. (2021). Conducting a pragmatic trial in integrated primary care: Key decision points and considerations. *Journal of Clinical Psychology in Medical Settings*. Advance online publication. <https://doi.org/10.1007/s10880-021-09790-4>
- Drew, A. L., **Blankenship, A. E.**, Kritikos, T. K., Jacoby, V. M., Dondanville, K. A., Nicholson, J. H., Sharrieff, A.-F., Blount, T. H., McGeary, C. A., Young-McCaughan, S., Peterson, A. L., & DeVoe, E. R., for the STRONG STAR Consortium. (2021). How active-duty U.S. Army fathers' knowledge and attitudes about child development influence parenting practices. *Journal of Child and Family Studies*, 30, 1763-1775. <https://doi.org/10.1007/s10826-021-01969-5>
- Resick, P. A., Wachen, J. S., Dondanville, K. A., LoSavio, S. T., Young-McCaughan, S., Yarvis, J. S., Pruiksmas, K. E., **Blankenship, A.E.**, Jacoby, V., Peterson, A. L., & Mintz, J., for the STRONG STAR Consortium. (2021). Variable-length cognitive processing therapy for posttraumatic stress disorder in active-duty military: Outcomes and predictors. *Behaviour Research and Therapy*, 141, Article 103846. <https://doi.org/10.1016/j.brat.2021.103846>

- LoSavio, S. T., Hale, W., Moring, J. C., **Blankenship, A. E.**, Dondanville, K. A., Wachen, J. S., Mintz, J., Peterson, A. L., Litz, B. T., Young-McCaughan, S., Yarvis, J., & Resick, P. A., for the STRONG STAR Consortium. (2021). Efficacy of individual and group cognitive processing therapy for military personnel with and without child abuse histories. *Journal of Consulting and Clinical Psychology*. doi: 10.1037/ccp0000641
- Blankenship, A. E.**, Nason, E. E., Hayes, O., & Bliss, S. (2020). Mental health advocacy: Building an interdisciplinary program for agriculture professionals. *Contemporary Rural Social Work Journal*, 12 (1), 1-14. <https://digitalcommons.murraystate.edu/crsww/vol12/iss1/7/>
- Goodie, J., Kazler, K. E., McGeary, C., **Blankenship, A. E.**, Young-McCaughan, S., Peterson, A., Dobmeyer, A., Hunter, C., Blue Star, J., Bhagwat, A., & McGeary, D. (2020). Targeting chronic pain in primary care settings using behavioral health consultants: A randomized pragmatic trial. *Pain Medicine*, 21(S2), S83-S90. doi: 10.1093/pm/pnaa346
- Dondanville, K. A., Fina, B. A., Straud, C. L., Finley, E. P., Tyler, H., Jacoby, V., Blount, T. H., Moring, J. C., Pruiksma, K. E., **Blankenship, A. E.**, Evans, W. R., & Zaturenskaya, M. for the STRONG STAR Training Initiative. (2020). Launching a Competency-Based Training Program in Evidence-Based Treatments for Posttraumatic Stress Disorder (PTSD): Supporting Veteran-Serving Community Mental Health Providers in Texas. *Community Mental Health Journal*. 57(5), 910-919. <https://www.doi.org/10.1007/s10597-020-00676-7>
- DeVoe, E. R., Dondanville, K. A., **Blankenship A. E.**, & Hummel, V.M. (2018). PTSD intervention with military service member parents: A call for relational approaches. *Best Practices in Mental Health*, 14(1), 40-53.
- Dondanville, K.A., **Blankenship, A. E.**, Molino, A., Resick, P. A., Wachen, J. S., Mintz, J., Yarvis, J. S., Litz, B. T., Borah, E. V., Roache, J. D., Young-McCaughan, S., Hembree, E. A., & Peterson, A. L., for the STRONG STAR Consortium. (2016). Qualitative examination of cognitive change during posttraumatic stress disorder treatment for active duty service members. *Behaviour Research and Therapy*, 79, 1-6. doi:10.1016/j.brat.2016.01.003
- Wachen, J. S., Dondanville, K. A., Pruiksma, K. A., Molino, A., Carson, C. S., **Blankenship, A. E.**, Wilkinson, C., Yarvis, J. S., & Resick, P. A., for the STRONG STAR Consortium. (2016). Implementing Cognitive Processing Therapy for posttraumatic stress disorder with active duty U.S. military personnel: Special considerations and case examples. *Cognitive and Behavioral Practice*, 23, 133-147. doi:10.1016/j.cbpra.2015.08.007
- Castillo, D. T., Lacefield, K., C'de Baca, J., **Blankenship, A.E.**, & Qualls, C. (2014). Effectiveness of group-delivered cognitive therapy and treatment length in women veterans with PTSD. *Behavioral Sciences*, 4, 31-41. doi: 10.3390/bs4010031
- Decker, S. E., Naugle, A. E., Carter-Visscher R., Bell, K., & **Blankenship, A. E.** (2011). Ethical issues in research on sensitive topics: Participants' experiences of distress and benefit. *Journal of Empirical Research on Human Research Ethics*, 6, 55-64. doi: 10.1525/jer.2011.6.3.55

Seifert, A. E., Polusny, M. A., & Murdoch, M. (2011). The association between childhood physical and sexual abuse and functioning and psychiatric symptoms in a sample of U.S. army soldiers. *Military Medicine*, 176(2), 176-181.

BOOK CHAPTERS

Wachen, J. S., Evans, W., Jacoby V., & **Blankenship, A. E.** (2021). Cognitive Processing Therapy for Moral Injury. In J. Nieuwsma, J. Currier, & K. Dresher (eds.), *Addressing Moral Injury in Clinical Practice*. APA Publications: Washington, D.C.

DeVoe, E. R., Dondanville, K. A., & **Blankenship, A. E.** (2019). Contemporary Military Families: Service in the Post-September 11th Era. In M. Celano, K. Deater-Deckard, E. Jouriles, & M. Whisman (eds.), *APA Handbook of Contemporary Family Psychology*. APA Publications: Washington, D.C.

Moring, J.C., **Blankenship, A. E.**, Williams, J. M. Molino, A., & Peterson, A. L. (2015). PTSD and Mild TBI in Iraq and Afghanistan War Veterans. In C. Martin, V. R. Preedy, & V. B. Patel (eds.), *Comprehensive Guide to Posttraumatic Stress Disorders*. Heidelberg: Springer Publications.

MANUSCRIPTS UNDER REVIEW

Nason, A. E., **Blankenship, A. E.**, Hayes, O., & Bliss, S. (under review). A qualitative analysis of perceived mental health stressors among agriculture students.

PROFESSIONAL PRESENTATIONS (* Denotes mentored co-author)

*Ervin, K., Nason, E., **Blankenship, A.E.**, Hayes, O. (2023, May). *Mental health advocacy training effectively prepares students to practice outreach*. [Poster presentation submitted for conference]. Association of Psychological Science, Washington D.C.

*Ervin, K., Nason, E., **Blankenship, A.E.**, Hayes, O. (2023, May). *Mental health knowledge reduces stigma among agriculture students*. [Poster presentation submitted for conference]. Association of Psychological Science, Washington D.C.

Gutierrez, C. I., Jacoby, V., Hall-Clark, B., Garcia, D., Hayes, O., **Blankenship, A. E.**, Fina, B., Dondanville, K.A. (2022, November). *Racial and ethnic differences in PTSD treatment completion in community mental health clinics*. Poster to be presented at the 56th annual meeting of Association for Behavioral and Cognitive Therapies, New York, NY.

Stoycos, S. A., Straud, C. L., **Blankenship, A. E.**, Marx, B. P., Peterson, A. L., Resick, P. A., Stanley, I., Young-McCaughan, S., & Sloan, D. M., For the STRONG STAR Consortium (2022, November 9-12). Examining secondary outcomes for military service members treated with Written Exposure Therapy and Cognitive Processing Therapy for PTSD. In S.A. Stoycos (Chair), *The impact of treatment for PTSD and trauma-related guilt on co-occurring conditions* [Symposium]. International Society of Traumatic Stress Studies 38th Annual Meeting, Atlanta, GA.

- Tyler, H.C., Pruiksma, K.E., Straud, C. L., **Blankenship, A.E.**, Resick, P.A., Taylor, D.J., Dondanville, K.A., Young-McCaughan, S., Mintz, J., Marx, B.P., Peterson, A.L., & Sloan, D.M., for the STRONG STAR Consortium. (2022, March 16). Sleep outcomes following Written Exposure Therapy versus Cognitive Processing Therapy for posttraumatic stress disorder in U.S. service members. In D.J., Taylor (Chair) *The chicken and the egg of treating sleep disorders and posttraumatic stress disorder (PTSD)* [Symposium]. World Sleep Congress 2022, Rome, Italy.
- *Hein, J. M., Kaplan, A., Tyler, H., Marx B., **Blankenship, A. E.**, Young-McCaughan S., Sloan, D. M., Dondanville, K. A. Bryan, C. J., & Peterson, A. L., for STRONG STAR Consortium. (2022, May) *Written exposure therapy for suicide in a military inpatient psychiatric unit for patients with PTSD-A case series*. Poster presented at the 36th Annual Conference of the American Psychiatric Association, New Orleans, LA
- Goodie, J., Kanzler, K. E., McGeary, C., **Blankenship, A. E.**, Young-McCaughan, S., Peterson, A. L., Houle, t., Buhner, J. C., Cobos, B., Fowler, P., Brackins, N., Dobmeyer, a., Hunter, C., Blue Star, J. Bhagwat, A., Aldrich, L., Hayes, O. N., Guitierrez, C., & McGeary, D. (2021, April). *Targeting chronic pain in primary care settings using behavioral health consultants: Lessons learned from a pilot study*. Paper to be presented at the 43rd Annual Meeting of the Society of Behavioral Medicine, Baltimore, MD.
- *Wolfe, L., **Blankenship, A. E.**, *Choi, H., *Yoo, G., Pruiksma, K., Fina, B. A., Dondanville, K. A., for the STRONG STAR Consortium. (2021, November). *Facilitators and barriers for providers to evidence-based therapy for PTSD training: A comparison of virtual and in-person training*. Poster presented at the 37th Annual meeting of the International Society for Traumatic Stress, virtual conference.
- *Gutierrez, C. I., *Meek, S. M., Hall-Clark, B. Jacoby, V. M., **Blankenship, A. E.**, Boorman, E., DeVoe, E., for the STRONG STAR Consortium. (2021, October) *Identity and acculturation in active duty military families*. Poster presented at the 6th Annual Combat PTSD Conference, virtual conference.
- Tyler, H. C., Pruiksma, K. E., Straud, C. L., **Blankenship, A. E.**, Resick, P. A., Taylor, D. J., Dondanville, K. A., Young-McCaughan, S., Jacoby, V. M., Mintz, J., Marx, B. P., Peterson, A. L., & Sloan, D.M., for the STRONG STAR Consortium. (2021, September) *Sleep outcomes following written exposure therapy versus cognitive processing therapy for posttraumatic stress disorder in U.S. service members*. Paper presented at the 3rd Annual Scientific Conference of the Society for Behavioral Sleep Medicine, Nashville, TN, United States.
- *Drew, A. L., **Blankenship, A. E.**, Kritikos, T. K., Jacoby, V. M., Dondanville, K. A., Yarvis, J. S., Sharrieff, A., McGeary, C. A., Blount, T. H., Young-McCaughan, S., Peterson, A. L., & DeVoe, E. R., for the STRONG STAR Consortium (2021, January). *A "gradual swing back into us:" Active duty Army spouses' homecoming and reintegration experiences post-deployment*. Paper to be presented at the Conference of the Society for Social Work and Research, San Francisco, CA.
- Blankenship, A. E.**, DeVoe, E., Dondanville, K. A., Jacoby, V.M., Sharrieff, A. F., Yarvis, J., Young-McCaughan, S., Peterson, A. L., for the STRONG STAR Consortium (2020, August). *Strong Parents: A primary parental self-care program for active duty Army families experiencing a deployment*. Poster session for the cancelled 27th Annual Military Health Research Symposium, Kissimmee, FL.

- Young-McCaughan, **Blankenship, A. E.**, Compton, K. Bringham, M.O., Borah, A. M., Yarvis, J. S., Hale, W. J., Mintz, J., & Peterson A. L., for the STRONG STAR Consortium (2020, August). *Facilitating self-care for PTSD: Lessons learned from study testing exercise in the treatment of PTSD*. Presentation for the cancelled 27th Annual Military Health Research Symposium, Kissimmee, FL.
- *Hayes, O. N., Nason, E. E., **Blankenship, A. E.**, Bliss, S. J. (2020, August). *Addressing suicidality in the agricultural community through individualized mental health trainings*. Poster presented at the Annual Convention of the American Psychological Association, Washington, DC.
- *Drew, A. L., Blount, T. H., McGeary, C. A., Nicholson, J. H., DeVoe, E. R., **Blankenship, A. E.**, Jacoby, V. M., Kritikos, T. K., Dondanville, K. A., Sharrieff, A., Young-McCaughan, S., & Peterson, A. L. (2020, January). *A qualitative examination of changes in Army couples' communication across the deployment cycle*. Paper presented at the Conference of the Society for Social Work and Research, Washington, D.C.
- *Griffin, F. Y., *Boismenu, D. J., Sharrieff, A.F., & **Blankenship, A.E.** *Parental PTSD in dual military families: The role of attachment and internalizing behaviors among children*. (2019, October). Poster presented at the 4th Annual Combat PTSD Conference, San Antonio, TX.
- *Boismenu, D., *Griffin, F.Y., Sharrieff, A.F., Dondanville, K., Young-McCaughan, S., Peterson, A., DeVoe, E., & **Blankenship, A.E.** *Parental Self-Care in a military context*. (2019, October). Poster presented at the 4th Annual Combat PTSD Conference, San Antonio, TX.
- *Griffin, F., Wicks, A., Sharrieff, A.F., & **Blankenship, A.E.** *A model of hypervigilance, mild traumatic brain injury and visual processing*. (2019, October). Poster presented at the 4th Annual Combat PTSD Conference, San Antonio, TX.
- DeVoe, E. R., **Blankenship, A. E.**, & Jacoby, V. M. (2019, October). The deployment cycle and young military families. In S. J. Cozza (Chair), *Promoting well-being in children facing adversity: What can U.S. Military children teach us*. Symposium presented at the 66th Annual Meeting of the American Academy of Child & Adolescent Psychiatry, Chicago, IL.
- *Drew, A. L., **Blankenship, A. E.**, Kritikos, T. K., Jacoby, V. M., Dondanville, K. A., Nicholson, J. H., Sharrieff, A., Blount, T. H., McGeary, C. A., Young-McCaughan, S., Peterson, A. L., & DeVoe, E. R. (2019, October). *How military fathers' understanding of their children's development influences parenting behavior*. Paper presented at the Council on Social Work Education Annual Program Meeting, Denver, CO.
- Wachen, J. S., Mintz, J., Dondanville, K. A., Young-McCaughan, S., Litz, B. T., Yarvis, J. S., Pruiksma, K. E., **Blankenship, A.E.**, Jacoby, J., Peterson, A. L., & Resick, P. A.; for the STRONG STAR Consortium. (2019, June). *Variable-length cognitive processing therapy for combat-related PTSD: An evaluation of predictors of treatment response*. In A.L. Peterson (Chair), STRONG STAR research update. Symposium presented at the San Antonio Military Health System and Universities Research Forum (SURF), San Antonio, TX.

- Slavish, D. C., Taylor, D. J., Williamson, D. E., Resick, P. A., Pruiksma, K. E., Casady, T., Tyler, H., **Blankenship, A. E.**, Hummel, V., Dondanville, K. A., Nicholson, K., Young-McCaughan, S., Hale, W. J., Mintz, J., Litz, B. T., Wachen, J. S., Keane, T. M., & Peterson, A. L.; for the Consortium to Alleviate PTSD. (2019, March). *Changes in inflammatory biomarkers in active duty service members receiving cognitive behavioral therapy for insomnia and nightmares*. Poster presented at the meeting of the American Psychosomatic Society, Vancouver, BC, Canada.
- Blankenship, A. E.**, Dondanville, K. A., DeVoe, E. R., Hale, W. J., Straud, C., Jacoby, V., Peterson A. L., Williamson, D. E., & for the STRONG STAR Consortium. (2018, November). Parental status and PTSD among active duty military personnel. In K. Chard (chair), *PTSD and parenting in veterans and service members from epidemiology to treatment*. Symposium presented at the 34th Annual Meeting of the International Society for Traumatic Stress Studies, Washington, DC.
- *Ojeda, A., *Zolinski, S., *Gonzalez-VanWart, A., *Sutherland, A., *Kaya, R., **Blankenship, A. E.**, Jacoby, V. M., Dondanville, K. A., Young-McCaughan, S., Yarivs, J. S., Peterson, A. L., Acker, M., DeVoe, E. R., & for the STRONG STAR Consortium. (2018, November). *Patterns of session attendance and program engagement among military families participating in Strong Families Strong Forces*. Poster presented at the 34th annual meeting of the International Society for Traumatic Stress Studies, Washington DC.
- *Zolinski, S., *Ojeda, A., *Gonzalez-VanWart, *Sutherland, A., *Kaya, R., **Blankenship, A. E.**, Jacoby, V. M., Dondanville, K. A., Young-McCaughan, S., Peterson, A. L., Acker, M., DeVoe, E. R., & for the STRONG STAR Consortium. (2018, November). *Does evidence-based treatment for posttraumatic stress disorder improve marital, parental, and family functioning?: A literature review*. Poster presented at the 34th annual meeting of the International Society for Traumatic Stress Studies, Washington DC.
- *Gonzalez-Van Wart, A., *Zolinski, S., *Ojeda, A., *Sutherland, A., **Blankenship, A. E.**, Jacoby, V. M., Dondanville, K. A., Young-McCaughan, S., Yarivs, J., Peterson, A. L., Acker, M., DeVoe, E. R., & for the STRONG STAR Consortium. (2018, November). *The impact of flexibility of session location on intervention completion*. Poster presented at the 34th annual meeting of the International Society for Traumatic Stress Studies, Washington, DC.
- Goodie, J. L., McGeary, D. D., Kanzler, K.E., McGeary, C., Young-McCaughan, S., Hale, W., **Blankenship, A.E.**, Hunter, C. L., Dobmeyer, A., Cobos, B., & Peterson, A.L for the STRONG STAR Consortium (2018, November). *Targeting Chronic Pain in Primary Care Settings Using Internal Behavioral Health Consultants: A Pragmatic Study Design*. Poster presented at the Association of Military Surgeons of the United States, National Harbor, MD.
- *Sutherland, A., *Kim, B., *Zolinski, S., *Ojeda, A., *Gonzalez-Van Wart, A., Hummel, V., *Wolfe, L., **Blankenship, A. E.**, Jacoby, V., Dondanville, K. A., Young-McCaughan, S., Yarvis, J. S., Peterson, A. L. & DeVoe E. (2018, October). *Recruitment of Active Duty Military Families into a Longitudinal Primary Prevention Study: Strategies and Lessons Learned*. Poster presented at the 3rd Annual Combat PTSD conference, San Antonio, TX.

- LoSavio, S. T., Moring, J., Hale, W., **Blankenship, A. E.**, Wachen, J. S., Dondanville, K., Mintz, J., Peterson, A.L., Litz, B. T., Young-McCaughan, S., Yarvis, J. S., Resick, P. A. & for the STRONG STAR Consortium. (2018, October) *The effect of PTSD treatment for active duty military with and without child abuse histories*. Poster presented at the 3rd Annual Combat PTSD Conference, San Antonio TX.
- Wachen, J. S., Hale, W., J., Vandiver, R., **Blankenship, A. E.**, Dondanville, K., Mintz, J., Litz, B., Broshek, D. K., Young-McCaughan, S., Yarvis, J. S., Peterson, A. L., Resick, R. A., & for the STRONG STAR Consortium. (2018, October). *The effect of postconcussive symptoms on outcomes in Cognitive Processing Therapy for active duty military personnel*. Poster presented at the 3rd Annual Combat PTSD Conference, San Antonio, TX.
- Goodie, J. L., McGeary, D. D., Kanzler, K.E., McGeary, C., Young-McCaughan, S., Hale, W., **Blankenship, A.E.**, Hunter, C. L., Dobmeyer, A., Cobos, B., & Peterson, A.L for the STRONG STAR Consortium (2018, October). *Targeting Chronic Pain in Primary Care Settings Using Internal Behavioral Health Consultants: A Pragmatic Study Design*. Poster presented at the 3rd Annual Combat PTSD Conference, San Antonio, TX.
- Blankenship, A. E.**, Jacoby V. M., Dondanville, K. A., & DeVoe, E. (2018, July). *Community engagement strategies with military families*. Paper presented at the International Family Violence and Child Victimization Research Conference Portsmouth, NH.
- Williams, A., **Blankenship A. E.**, & DeVoe, E. R. (2017, November). *Addressing trauma within the framework of family and parenting*. Panel presented at the 33rd Annual Meeting of the International Society for Traumatic Stress Studies Chicago, IL.
- *Ojeda, A., *Zolinski, S., **Blankenship, A. E.**, Jacoby, V., Yarvis, J. S., Dondanville, K. A., McGeary, C. A., Blount, T., Young-McCaughan, S., Hancock, A., Peterson, A. L., & DeVoe, E.R., for the STRONG STAR Consortium. (2017, November) *Common experiences among active duty military fathers during reintegration: A mixed methods approach*. Poster presented at the 33rd Annual Meeting of the International Society for Traumatic Stress Studies Chicago, IL.
- *Ojeda, A., *Zolinski, S., **Blankenship, A. E.**, Jacoby, V., Yarvis, J. S., Dondanville, K. A., McGeary, C. A., Blount, T., Young-McCaughan, S., Hancock, A., Peterson, A. L., & DeVoe, E.R., for the STRONG STAR Consortium. (2017, October) *Common experiences among active duty military fathers during reintegration*. Poster presented at the 2nd Annual Combat PTSD Conference San Antonio, TX.
- *Phillips, T. N., *Kim, B., Williams, J. M., **Blankenship, A. E.**, Mintiz, J., Yarvis, J. S., Dondnaville, K. A., Litz, B. T., Young-McCaughan, S., Peterson, A. L., & Resick, P. A., for the STRONG STAR Consortium. (2017, October) *The effects of postconcussive symptoms on posttraumatic stress disorder treatment outcomes in active duty military personnel*. Poster presented at the 2nd Annual Combat PTSD Conference San Antonio, TX.
- Blankenship, A. E.**, Dondanville, K., & Jacoby V. (2017, October). *Lessons learned: Recruiting military families for a primary prevention program*. Paper presented at the 17th Annual Partners in Prevention Conference, San Antonio, TX.

Jacoby, V., & **Blankenship, A.E.**, (2017, October). *Strong Families Strong Forces: Reducing stress & preventing adverse reactions in military families*. Paper presented at the 17th Annual Partners in Prevention Conference, San Antonio, TX.

*Cope, C., **Blankenship, A. E.**, & Naugle, A. E. (2016, September). *The ethics of conducting research in trauma and non-trauma exposed individuals*. Poster presented at the 4th Annual Military and Veteran Social Work Conference at the University of Texas, Austin, TX.

*Bottera, A. R., *Hummel, V. M., Acker, M. L., Dondanville, K. A., **Blankenship, A. E.**, Jacoby, V. M., Rathbun-McVeigh, H. L., Brilliott, L. J., Larson, D. E., Myers, A. M., DeVoe, E. R., & for the STRONG STAR Research Consortium. (2016, September). *A prevention program for military families across the deployment cycle: An overview of recruitment strategies and challenges*. Poster presented at the 4th Annual Military and Veteran Social Work Conference at the University of Texas, Austin, TX.

Dondanville, K. A., DeVoe, E. R., & **Blankenship, A. E.**, (2016, September). *If you build it, they will they come?* Paper presented at the 4th Annual Military and Veteran Social Work Conference at the University of Texas, Austin, TX.

DeVoe, E.R., Acker, MA, **Blankenship, A. E.**, Dondanville, K., & Jacoby, V (2016, September). *Supporting contemporary military families with very young children: Reflective practice*. Paper presented at the 4th Annual Military and Veteran Social Work Conference at the University of Texas, Austin, TX.

Blankenship, A. E., Jacoby, V., Naugle, A. E., & *Cope, C. (2016, May). *Mindfulness training and the mitigation of laboratory induced anxiety symptoms*. Poster presented at the 4th Annual Resident Research and Quality Improvement Day, San Antonio, TX.

Dondanville, K. A., DeVoe, E. R., Acker, M., **Blankenship, A. E.**, Bottera, A., Cope, C., & Mason, K. (2016, April). *Supporting families across the deployment cycle: Overview of research and clinical intervention*. Paper presented at University of Texas Health Science Center, Department of Psychiatry, Psychiatry Matters Series, San Antonio, TX.

DeVoe, E, Dondanville, K. A., Blount, T., Brennan, J., **Blankenship, A.E.**, McGeary, C., Peterson, A. L., & Young-McCaughan, S. (2015, August). *Efficacy evaluation of Strong Families Strong Forces parenting program for active duty parents and their very young children*. Poster presented at the Military Health Research Symposium, Fort Lauderdale, FL.

Dondanville, K.A., **Blankenship, A. E.**, Molino, A., Resick, P. A., Wachen, J. S., Mintz, J., Peterson, A. L., & Borah, A. (2014, November). Change in military personnel's trauma narratives across the course of treatment. In J. S. Wachen (chair), *In our own words: The impact of trauma at the beginning and end of cognitive processing therapy*. Symposium presented at the 30th Annual Meeting of the International Society for Traumatic Stress Studies, Miami, FL.

Dondanville, K., **Blankenship, A. E.**, Resick, P. A., Wachen J. S., Mintz, J., & Peterson A. L. (2014, November). The impact of child abuse on physical and emotional functioning. In P. A. Resick (chair) *The effects of childhood trauma on post-deployment functioning and recovery*. Symposium presented at the 30th Annual Meeting of the International Society for Traumatic Stress Studies, Miami, FL.

- Wachen, J. S., Dondanville, K. A., **Blankenship, A. E.**, Carson C. S., Resick, P. A., Mintz, J., Peterson, A. L., & Borah, A. (2014, November) The effects of child abuse on engagement and response to treatment. In P. A. Resick (chair) *The effects of childhood trauma on post-deployment functioning and recovery*. Symposium presented at the 30th Annual Meeting of the International Society for Traumatic Stress Studies, Miami, FL.
- Lacefield, K., Cdebaca, J., Christine C., Lisansky, D., **Blankenship, A. E.**, & Castillo D. T. (2013, November). *Efficacy of group delivered cognitive processing therapy*. Paper presented at the 29th Annual Meeting of the International Society for Traumatic Stress Studies, Philadelphia, PA.
- Blankenship, A. E.**, and Naugle, A. E. (2013, May). Utilizing an analogue to prospectively examine a primary prevention program for analogue posttraumatic stress symptoms. In A. E. Naugle (chair), *The utility of behavior analogues: Findings, challenges and implications of studying trauma-related outcomes*. Symposium presented at the 39th Annual Meeting of the Association for Behavior Analysis International, Minneapolis, MN.
- *VanderWoude, C. K., **Blankenship, A. E.**, & Naugle, A. E. (2013, May). *Problems with criterion A for posttraumatic stress disorder: Suggestions for revision*. Poster presented at the 25th Annual Meeting for the Association for Psychological Science, Washington, D.C.
- *Meaghan, L. M., *Adams, T. E., **Blankenship, A. E.**, & Naugle, A. E. (2013, May). *An investigation of the role of experiential avoidance in posttraumatic stress disorder*. Poster presented at the 25th Annual Meeting for the Association for Psychological Science, Washington, D.C.
- Seifert, A. E.**, Naugle, A. E., *Connor, D., & *Biedron, L. (2010, November). *A prospective investigation of risk and resilience factors associated with posttraumatic stress disorder*. Poster presented at the 44th Annual Meeting of the Association for Behavioral and Cognitive Therapies, San Francisco, CA.
- Polusny, M. A., Erbes, C. R., Murdoch, M., Arbisi, P. A., **Seifert, A.E.**, & Kehle, S. (2007, February). *Gender differences in predeployment stressors and mental health among national guard troops deployed to Operation Iraqi Freedom (OIF)*. Poster presented at the meeting of the Health Services Research and Development, Washington, DC.
- Seifert, A. E.**, Erbes, C. R., Polusny, M. A., Leskela, J. A., & Dieperink, M. (2006, November). *Alcohol abuse in a PTSD clinical treatment program: Examining identification and intervention*. Poster presented at the 22nd Annual Meeting of the International Society for Traumatic Stress Studies, Hollywood, CA.
- Polusny, M.A., Erbes, C. R., Arbisi, P. A., Thuras, P., Courage, C., Rath, M., **Seifert, A. E.**, Duffy, C., & McCormick, C. (2006, November). *Pre-OIF deployment personality and distress in a sample of national guard troops*. Poster presented at the 22nd Annual Meeting of the International Society for Traumatic Stress Studies, Hollywood, CA.
- Erbes, C. R., Polusny, M. A., Arbisi, P. A., & **Seifert, A. E.** (2006, May). *MMPI-2 PSY-5 scales as predictors of resilience in sexually assaulted women*. Poster presented at the Symposium on Recent Developments with the MMPI-2/MMPI-A, Bloomington, MN.

Bock, T.S., **Seifert, A.E.** & Narvaez, D. (2005, August). *Moral identity: An exploration of correlates*. Poster presented at the 114th Annual Convention of the American Psychological Association, New Orleans, LA.

GRANT ACTIVITY

Current Grant Funding

Project #: 8000003143

Funding Agency: United States Department of Agriculture (USDA), National Institute of Food and Agriculture (NIFA)

Amount: \$475,000

Period of Grant Award: 05/2019-04/2024

Title: Addressing the Farmer's Suicide Crisis: Mental Health Education for Agriculture Students (PI: Nason & Blankenship)

Role: Co-Principal Investigator

Completed Grant Funding

Project #: No Grant #

Funding Agency: American Psychological Association

Amount: \$5,000

Period of Grant Award: 09/2019-08/2020

Title: Strong Families Strong Forces: Improving Programing for Military Families using a Qualitative Method (PI: Blankenship & Jacoby)

Role: Co-Principal Investigator

Project #: No Grant #

Funding Agency: Kleberg Scholar Grant

Amount: \$100,243

Period of Grant Award: 10/2018-10/2019

Title: Support Border Learning Community to Treat Post Traumatic Stress Disorder (PTSD) Using Cognitive Processing Therapy (CPT) (PI: Li)

Role: Co- Investigator

Project #: No Grant #

Funding Agency: American Psychological Foundation

Amount: \$5,000

Period of Grant Award: 07/2018-06/2019

Title: Supporting Active-Duty Military Families Following a Deployment: An Open Trial Pilot Study of Strong Families Strong Forces-Condensed Format (PI: Jacoby & Blankenship)

Role: Co-Principal Investigator

Project #: 529-17-0058-0012

Funding Agency: Texas Veterans and Family Alliance, Texas Health and Human Services

Amount: \$733,954

Period of Grant Award: 06/2017-11/2018

Title: STRONG STAR Texas Training Initiative (PI: Dondanville)

Role: Co-Investigator

Project #: W81XWH-14-2-0123

Funding Agency: Congressionally Directed Medical Research Programs

Amount: \$1,756,093

Period of Grant Award: 09/2014-09/2018

Title: Supporting Military Families with Young Children Throughout the Deployment Lifecycle (PI: DeVoe)

Role: Co-Investigator

RESEARCH POSITIONS

Oct '22 – Jan '23 **Director of Research**
University of Texas Health Science Center at San Antonio
Fort Hood, Texas

Jul '18 - Jan '23 **Chief of Psychology**
University of Texas Health Science Center at San Antonio
Fort Hood, Texas

Aug '20 - Jan '23 **Associate Professor of Research**
University of Texas Health Science Center at San Antonio
Fort Hood, Texas

Aug '15–Aug '20 **Assistant Professor of Research**
University of Texas Health Science Center at San Antonio
Fort Hood, Texas

Aug '13 – Jul'15 **Postdoctoral Clinical Research Fellow**
University of Texas Health Science Center at San Antonio
STRONG STAR Consortium
Fort Hood, Texas

Aug '07–Aug'08 **Project Coordinator**
Western Michigan University
Psychological Trauma Research Laboratory
Kalamazoo, Michigan

Jul '06–Aug '07 **Project Coordinator**
Minneapolis VA Medical Center
Center for Chronic Disease Outcomes Research
Minneapolis, Minnesota

Jun '05-Apr '06 **Research Assistant**
Minneapolis VA Medical Center
Posttraumatic Stress Research Laboratory
Minneapolis, Minnesota

ACADEMIC POSITIONS

Sept '20- Aug '23 **Adjunct Professor**
Central Texas College
Killeen, Texas

Sept '18- Jan '23 **Director, Undergraduate Internship**
Texas A&M Central Texas
Killeen, Texas

Sept '16- Jan '23 **Graduate Faculty**
Baylor University
Waco, Texas

Sept '15-Sept '16 **Associate Director of the Baylor Clinical Psychology Externship**
University of Texas Health Science Center San Antonio
Fort Hood, Texas

May '10-May'12 **Introductory to Psychology Teaching Assistant Coordinator**
Western Michigan University
Kalamazoo, Michigan

May '10-May'12 **Undergraduate Psychology Advisor**
Western Michigan University
Kalamazoo, Michigan

CLINICAL POSITIONS

Sept '17- present **Consultant, Cognitive Processing Therapy for PTSD**
University of Texas Health Science Center at San Antonio
Strong Star Training Initiative
San Antonio, Texas

Jul '12 - Jun '13 **Psychology Intern**
Southwest Consortium Predoctoral Psychology Internship
Albuquerque, New Mexico

Jul '10 - May'11 **Outpatient Psychotherapist**
Behavioral Health Resources
Battle Creek, Michigan

- Sept '08–Aug '10 **Western Michigan University Psychology Clinic Manager**
Western Michigan University
Kalamazoo, Michigan
- Jul '08-Dec '10 **Outpatient Psychotherapist**
Western Michigan University
Kalamazoo, Michigan

CLINICAL WORKSHOPS

- Acker, M., Jacoby, V.M., & **Blankenship, A. E.** (2019, February). Strong Families Strong Forces: Supporting military families through transition. Continuing education workshop for the chaplains and behavioral health providers, Fort Campbell, KY.
- DeVoe, E. R., **Blankenship, A. E.**, Jacoby, J. M., & Williams, A. (2017, November). A family-based preventative intervention for active duty military personnel and veterans: Supporting military and veteran families through transition. Pre-meeting institute presented at the International Society for Traumatic Stress Studies Chicago, IL.
- Jacoby, V., & **Blankenship A. E.** (2017, May). Trauma across the deployment cycle: Support and interventions for the whole family. Presented at the Cross-Discipline Trauma Conference of Central Texas, Austin, TX.
- Hall-Clark, B. N., **Blankenship, A. E.**, and Hummel, V. (2016, February). The Impact of the Deployment Cycle on Military Families. Presented at the 16th Annual Central Texas African American Family Support Conference, Austin, TX.
- DeVoe, E., & **Blankenship, A. E.** (2015, December). Engaging military fathers of very young children in a reflective parenting program, Workshop for the members of Zero to Three National Training Institute, Seattle, WA.
- Dondanville, K, **Blankenship, A.E.**, Friedlander, J., & Wachen, J. (2015, November). Special considerations: Implementing CPT with active duty military and recently discharged veterans, Workshop for the 31st Annual Meeting of the Society for Traumatic Studies, New Orleans, LA.
- Blankenship, A. E.** (2015, May). Values-based behavioral activation. Continuing education workshop for Family Advocacy Providers, Fort Hood, Texas.
- Brennan, J., **Blankenship, A. E.**, & Jacoby V. (2015, May). Brief mindfulness and Acceptance-based Approaches for Psychotherapy. Continuing education workshop for the members of the Austin Texas YWCA, Austin, Texas.
- Jacoby, V., Brennan, J., & **Blankenship, A. E.** (2015, April). Brief CBT approach for children and adolescents. Workshop for Child and Family Behavioral Health providers, Fort Hood, Texas.

AWARDS

- Full scholarship for the Women in Leadership Symposium

MEMBERSHIPS

- Society for Social Work and Research (May 2022 – present)
- Society for the Advancement of Psychotherapy, American Psychological Association, Division 29 (April 2019-present)
- Society for Military Psychology, American Psychological Association, Division 19 (May 2016-present)
- American Psychological Association (November 2012- present)
- Association for Behavioral and Cognitive Therapies (October 2010-present)
- International Society for Traumatic Stress Studies (October 2008-present)

PROFESSIONAL ACTIVITIES

- Committee Member, Military Social Work and Behavioral Health Conference (2023 – present)
- Reviewer, Chronic Stress (2021- present)
- Reviewer, Journal of Traumatic Stress (2021- present)
- Reviewer, Journal of Clinical Psychology (2021-present)
- Chair, Poster Presentations, Annual Combat PTSD Conference Poster Committee (2019-2020)
- Reviewer, Annual Combat PTSD Conference (2018-2020)
- Reviewer, Military Psychology (2018-present)
- Reviewer, Psychological Trauma: Theory, Research, Practice, and Policy (2018-present)
- Reviewer, Association for Behavioral and Cognitive Therapies Annual Convention (2016- present)
- Funding Deputy, International Society for Traumatic Stress Studies Annual Meeting Organization Committee (2015-2018)

SELECTED TRAINING EXPERIENCES

Moving Toward Presentation and Publication in Qualitative Research: Principles and Practical Steps. Workshop with Sarah Tracy, July 2020.

Fundamentals of Grounded Theory. Workshop with Dr. Elizabeth G. Creamer, July 2020.

Mixed Methods: Bridging Qualitative and Quantitative Methods and Result. Workshop with Dr. Alison Hamilton, July 26-27, 2018

Synthesizing Qualitative Data. Workshop with Dr. Johnny Saldaña, July 2018.

Designing and Executing Qualitative Data Collection Projects. Workshop with Drs. Ray Maietta and Alison Hamilton, July 2018

“Train the Consultant”: Consultant Training in Cognitive Processing Therapy Workshop with Dr. Patricia Resick, August 2017

Clinician-Administered PTSD Scale for DSM-5, Training with Dr. Frank Weathers, October 2013

Cognitive Processing Therapy: CPT-C, Workshop with Dr. Patricia Resick, September 2013

Prolonged Exposure Therapy for PTSD: Emotional Processing of Traumatic Experiences, Workshop with Dr. Diane Castillo, October 2012