Stop, think, and reflect on your semester field experience. Consider all aspects of the experience: client contacts; educational and administrative supervision; experiences in the agency, in the community, and in groups; your personal and professional growth as well as new and developing self-awareness. Please address each of the following questions. Suggested length is ½ to 1 page per question. Length of the completed assignment will vary individually, but consider 4-6 pages as a general guideline. Your thoughtful reflection is more critical than the issue of length. Since this is a self-evaluation for a professional experience, be mindful of spelling, punctuation and sentence structure as you type and double-space the document. Your self-reflection will be reviewed by both your agency Field Instructor and Faculty Liaison. Due date for completion will be provided by your Faculty Liaison.

1. What were your biggest “a-ha” moments this semester in field?

2. Discuss at least two barriers that you experienced in field this semester. How did you manage or overcome them?

3. What did you learn about yourself as a developing social worker from this placement?

4. Overall, how would you assess the learning environment and educational supervision at your placement?

5. What areas of personal and professional development do you want to target for growth after graduation, through professional, volunteer and/or educational experiences?