

**SW 645C/645D:
Student Self-Reflection for BSW Field**

Stop, think, and reflect on your semester field experience. Consider all aspects of the experience: client contacts; educational and administrative supervision; experiences in the agency, in the community, and in groups; your personal and professional growth as well as new and developing self-awareness. Please address each of the following questions. Suggested length is ½ to 1 page per question. Length of the completed assignment will vary individually, but consider 4-6 pages as a general guideline. Your thoughtful reflection is more critical than the issue of length. Since this is a self-evaluation for a professional experience, be mindful of spelling, punctuation and sentence structure as you type and double-space the document. Your self-reflection will be reviewed by both your agency Field Instructor and Faculty Liaison. Due date for completion will be provided by your Faculty Liaison.

- 1. What were your biggest “a-ha” moments this semester in field?**
- 2. Discuss at least two barriers that you experienced in field this semester. How did you manage or overcome them?**
- 3. What did you learn about yourself as a developing social worker from this placement?**
- 4. Overall, how would you assess the learning environment and educational supervision at your placement?**
- 5. What areas of personal and professional development do you want to target for growth after graduation, through professional, volunteer and/or educational experiences?**