

CURRICULUM VITAE

ANITA GUAJARDO, LCSW-S

(she | her | ella)

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Languages: English (native) & Spanish (native)

EDUCATION:

School of Social Work, The University of Texas at Austin

Master of Science in Social Work, Clinical Concentration

Degree Earned: August 2012

School of Social Work, The University of Texas at Austin

Bachelor of Social Work, Generalist Practice

Degree Earned: May 2011

LICENSURE:

Certified as Board-Approved Clinical Supervisor

Texas State Board of Social Work Examiners

2020

Licensed Clinical Social Worker (License Number: 57500)

Texas State Board of Social Work Examiners

2017

Licensed Master Social Worker (License Number: 57500)

Texas State Board of Social Work Examiners

2013

PROFESSIONAL

MEMBERSHIPS:

2023 - Present **International Society for the Study of Trauma and Dissociation (ISSTD)**

Member

2022 - Present **Council on Social Work Education (CSWE)**

Member

2020 - Present **EMDR International Association**

Member

2011 - Present **National Association of Social Workers (NASW)**

Member

ACADEMIC

APPOINTMENTS:

2022 - Present Clinical Assistant Professor

Steve Hicks School of Social Work, The University of Texas at Austin

2021 - 2022 Adjunct Assistant Professor

Steve Hicks School of Social Work, The University of Texas at Austin

**ACADEMIC
EXPERIENCE
(TEACHING):**

Fall 2023	MSSW Program, <i>Social Work Practice I and Field I</i> Steve Hicks School of Social Work, The University of Texas at Austin
Summer 2023	MSSW Program, <i>Assessment and Treatment of Traumatized Populations</i> Steve Hicks School of Social Work, The University of Texas at Austin
Spring 2023	MSSW Program, <i>Social Work Practice II and Field II, III & IV</i> Steve Hicks School of Social Work, The University of Texas at Austin
Fall 2022	MSSW Program, <i>Social Work Practice I and Field I</i> Steve Hicks School of Social Work, The University of Texas at Austin
Spring 2022	BSW Program, <i>Social Work Applied Practice II and Field I & II</i> Steve Hicks School of Social Work, The University of Texas at Austin
Fall 2021	BSW Program, <i>Social Work Practice with Groups</i> Steve Hicks School of Social Work, The University of Texas at Austin

**ACADEMIC
EXPERIENCE
(COURSE
GUEST):**

Summer 2021	<i>Spanish for Social Workers</i> , Course Instructor: Rene Gaitan Steve Hicks School of Social Work, The University of Texas at Austin
Fall 2018	<i>Theories and Methods of Family Intervention</i> , Course Instructor: Rachel Union Steve Hicks School of Social Work, The University of Texas at Austin

**ACADEMIC
EXPERIENCE
(POSITIONS):**

CLINICAL ASSISTANT PROFESSOR

Steve Hicks School of Social Work, The University of Texas at Austin | Austin, Texas
August 2022 - Present

- Teach *Social Work Practice I & II* and facilitate *Integrative Field Seminar* for *Field I & II*.
- Liaise with field instructors, and MSSW students, including Integrated Behavioral Health Scholars (IBHS), during Field I - IV through regularly scheduled in-person/remote visits.
- Evaluate students' unique needs, interests, and qualifications based on admissions and field documentation to determine practicum assignments.
- Facilitate a two-day field engagement seminar for the incoming fall MSSW practicum cohort.
- Resolve practicum challenges, including practicum reassignments, to support student learning.
- Assess students' performance and growth through reflective and collaborative evaluation tools.
- Offer formal advising to MSSW students during their final practicum selection process.
- Assist with maintaining and expanding SHSSW field education program partnerships.
- Participate in annual review of placements and field instructor appreciation award selections.
- Proactively seek professional development opportunities to evolve pedagogical approaches, integrating inclusive and accessible methods into course delivery.

**ACADEMIC
EXPERIENCE
(POSITIONS):**

ADJUNCT ASSISTANT PROFESSOR & FACULTY LIAISON

Steve Hicks School of Social Work, The University of Texas at Austin | Austin, Texas

August 2021 - July 2022

- Conducted pedagogical research, consulted with colleagues, assessed and revised course syllabi, and swiftly developed a 15-week course content and Canvas course page.
- Taught BSW Social Work Practice with Groups, Applied Practice, and Final Field courses.
- Offered formal advising to BSW students for their final practicum selection process (fall 2021).
- Liaised with full and extended block BSW final field students and practicum instructors through regularly scheduled in-person/remote visits (spring 2022).
- Resolved placement challenges by expediting practicum reassignments (spring 2022).
- Assess students' performance and growth through reflective and collaborative evaluation tools.
- Completed evaluations and references for graduate-level applicants (spring 2022).
- Engaged in comprehensive evaluation of course with colleagues during semester and at end-of-term, ensuring instruction approaches and educational objectives aligned.

FIELD INSTRUCTOR

Affiliated with Steve Hicks School of Social Work, The University of Texas at Austin | Austin, Texas

January 2017 - May 2021

- Provided weekly individual instructional supervision to assigned MSSW final field students placed with LifeWorks' Youth and Adult Counseling program.
- Collaborated to create learning contracts reflective of learning objectives and interests.
- Created MSSW-specific supervision form to optimize student learning.
- Supervised and reviewed student caseload of 10 counseling clients and their respective electronic and hard copy files and documentation.
- Promoted collaboration between interns and agency staff, facilitating educational opportunities and overseeing intern participation in team meetings and staffings to support their experience and growth.
- Evaluated student progress, providing constructive feedback and guidance via process recordings, direct practice observation, and mid-term and final evaluations for the school.
- Exponentiously adapted to support MSSW interns during agency transition to telehealth services in response to CDC recommendations for COVID-19 pandemic in spring of 2020 and 2021.
- Ensured the completion of 540 required practicum hours during students' extended placement.
- Collaborated with various faculty liaisons, ensuring practicum experience met expectations for MSSW field education program.
- Attended annual Field Instructor Development Institute to support professional development as a field instructor and remain current with best practices.

**PROFESSIONAL
HIGHLIGHTS:**

FOUNDER & BILINGUAL PSYCHOTHERAPIST, PRIVATE PRACTICE

Ilumina Counseling, PLLC | Austin, Texas

June 2021 - Present

- Founded and operate a virtual private practice specializing in anxiety, trauma, and immigrant and early-generation Americans with multicultural and racially marginalized experiences.
- Utilize evidence-based, culturally sensitive, and anti-oppressive intervention.
- Utilize bilingual skills to facilitate a sense of safety and inclusion for Spanish-speaking clients.
- Manage daily operations, including scheduling, billing, and electronic health records.
- Network, market, and collaborate with referral sources and colleagues nationwide.
- Conducted in-depth research to develop practice policies and procedures that aligned with regulatory requirements and clinical best practices to streamline workflows and improve service delivery.
- Developed branding, designed practice website, and practice website copy.
- Researched best business practices, legal and ethical standards, and licensure responsibilities alongside training and consultation for practice building.
- Maintain current licensure and stay up-to-date with research and professional development opportunities, attending conferences and workshops to remain informed of new techniques and interventions for trauma healing, anxiety management, and culturally responsive care.

BILINGUAL COUNSELOR II

LifeWorks, Youth and Adult Counseling Program | Austin, Texas

September 2014 – May 2021

- Provided individual, couples, family, and group counseling under a solution-oriented framework.
- Utilized evidence-based approaches in clinical practice including SFBT, TF-CBT and EMDR.
- Offered Field Instruction to UT-Austin SHSSW MSSW final field students.
- Provided training, clinical education, and ongoing consultation support to counseling interns from various clinically-oriented programs including St. Edwards University and Texas State University.
- Expeditiously adapted client services for telehealth and remote work in response to CDC recommendations for COVID-19 pandemic.
- Created Spanish counseling tools, therapeutic activities, and translation of documents.
- Conducted intake and follow-up services and managed rotating after-hours crisis line.
- Worked collaboratively across various agency programs to integrate services for mutual clients.
- Conducted community outreach with local organizations, schools, and community groups and represented program at community events to promote services.
- Provided grant-funded school-based individual and group counseling services at Cathedral School of St. Mary and Webb Middle School.
- Responded promptly to audit demands, ensuring timely submission of required documentation, accurate record-keeping.

**PROFESSIONAL
HIGHLIGHTS
(CONTINUED):**

EMERGENCY DEPARTMENT PRN SOCIAL WORKER

Dell Children's Medical Center of Central Texas | Austin, Texas

May 2016 – December 2018

- Interviewed and assessed patients for safety, emotional, and mental health needs in English and Spanish.
- Completed comprehensive mental health assessments.
- Researched placement referrals and planned, coordinated, and implemented complex discharge planning based on short- and long-term patient needs.
- Engaged with multidisciplinary medical team, statutory and voluntary agencies, and patient's relatives to ensure treatment plan compliance.
- Assisted patients and their families with obtaining community assistance by referrals to proper resources within a culturally sensitive manner.
- Provided ongoing emotional, advocative, and therapeutic support.
- Developed and maintained working relationships with community health, welfare, and social agencies.

CLINICIAN

BCFS Health and Human Services, International Children's Shelter | San Antonio, Texas

June 2013 – August 2014

- Completed comprehensive mental health assessments for migrant youth, ages 5-17, predominately from Central American countries including Guatemala, Honduras, and El Salvador.
- Ensured culturally responsive communication with clients whose primary language was Spanish or an Indigenous dialect by utilizing Spanish proficiency and language access solutions.
- Assessed for trauma including assault, exposure to violence, and sexual and labor exploitation and expedited referrals for the "Anti-Trafficking in Persons" program.
- Provided weekly individual therapy, crisis intervention, and case management services for a caseload of up to 30 youths.
- Collaborated with a multidisciplinary team consisting of medical staff, RAICES, case managers, and direct shelter staff to develop individualized client treatment and release plans.
- Provided after-hours crisis support via on-call shelter phone and accompaniment of youth to emergency psychiatric hospitalization at Lauren Ridge Treatment Center.
- Planned, assigned, facilitated, and managed weekly skill-building and psychoeducational groups for the shelter's 7-home, 180-resident campus.
- Researched nationwide resources and created culturally-sensitive and accessibility-conscious individualized resource packets for youth upon release of program.
- Ensured accountability with TDFPS, and Office of Refugee Resettlement policies.

**PROFESSIONAL
HIGHLIGHTS
(CONTINUED):**

BILINGUAL MSSW INTERN COUNSELOR

LifeWorks, Youth And Adult Counseling Program | Austin, Texas

January 2012 – August 2012

- Provided individual, couples, and family counseling services under a solution-oriented framework under the practicum instruction of LeShawn Arbuckle, LCSW-S.
- Conducted intake and follow-up services, managed after hours crisis hotline, and provided resources.
- Collaborated with LifeWorks' Shared Psychiatric Services Program.
- Represented and promoted agency programs and services at citywide events.
- Ensured accountability with agency and STAR grant policies and procedures.
- Assisted with LifeWorks' Spanish Incredible Years parenting group.
- Maximized opportunities for professional growth through agency trainings, events, clinical meetings, and clinical observations.

MENTOR

The University of Texas at Austin: Intellectual Entrepreneurship Pre-Graduate School Internship | Austin, Texas

August 2011 – December 2011

- Mentored and oriented undergraduate student in MSSW Degree, The University of Texas at Austin School of Social Work Graduate Program, and the application process.
- Collaborated with student to develop career goals based on student's interests and created timeline to measure progress and promote accountability.
- Connected student to professional growth opportunities and resources.
- Evaluated student's work and provided a semester grade recommendation at end-of-term.

BSW INTERN

Lighthouse Hospice | Austin, Texas

June 2013 – August 2014

- Served in advocacy, supportive, and grief counseling roles for clients managing end-of-life experiences in home-, hospital-, and nursing facility- based settings under the practicum instructional of Shirley Houlotte, LCSW.
- Collaborated closely with multidisciplinary team of doctors, nurses, social workers and chaplains
- Coordinated bereavement program services, assisted in design and development of new bereavement program, and managed both simultaneously during their transition time
- Planned and co-facilitated 8-week life-review group for women ages 65 and older
- Investigated aspects of medical social work and conducted research on psychopharmacology, diagnoses, and treatments as related to assigned cases
- Co-planned and created community resources website for agency

**LEADERSHIP
(ACADEMIC
APPOINTMENT):**

August 2022 - Present	MSSW Program Committee Member
April 2023 - July 2023	Curriculum Update Subcommittee: Social Work Practice I Member
August 2022 - Present	Field Education Committee Member
April 2023 - Present	Strategic Planning Committee: Clinical Faculty Member
April 2023 - Present	MSSW Online Program Task Group Member

**LEADERSHIP
(COMMUNITY):**

September 2022 - Present	Steve Hicks School of Social Work, "Rising Roots" Mentorship Program Mentor
May 2023	St. David's Foundation Bilingual Social Work Scholars Program Interviewer (Spanish)
May 2023	Norman Sims Elementary School Career Day Guest Presenter
October 2022	Fox 7 Austin, International Mental Health Day Segment Segment Speaker
December 2021	Con Mi Madre, Balanced Living Conference Presenter (Bilingual): <i>Weaving Together Stories of Identity and Dreams</i>
July 2021	Austin Community College Panelist: <i>BIPOC Mental Health Awareness Month Livestream Discussion</i>
January 2017 - May 2021	The University of Texas At Austin, Steve Hicks School of Social Work Field Instructor: LifeWorks
January 2015 - January 2021	LifeWorks, Counseling Division Intern Trainer & Workshop Facilitator
February 2019 - 2020	LifeWorks' Trauma Informed Approaches Committee Member

**LEADERSHIP
(CONTINUED):**

Spring 2019	LifeWorks' Agency Wide DEI Initiatives Employee Focus Group Participant
Spring 2017	LifeWorks, Youth & Adult Counseling Program Group Co-Facilitator: "Boss Babes" Organization Mental Health Series
November 2015 - 2017	Webb Middle School Presenter (Bilingual): Annual Engage out Community for College Readiness Fair
August - December 2011	The University of Texas at Austin, Intellectual Entrepreneurship Program Mentor
August 2011	The University of Texas at Austin, School of Social Work Student Panelist
September - December 2010	Dell Children's Medical Center Volunteer
August - December 2010	Communities in Schools, Lyndon B Johnson High School Student Volunteer: Group Co-facilitator
September 2009 - January 2010	Friend of a Friend Youth & Family Services Mentor
January - May 2009	Age of Central Texas, Elderhaven Student Volunteer
September - December 2008	Any Baby Can, Child and Family Resource Center Student Volunteer