

Steve Hicks School of Social Work | The University of Texas at Austin  
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## EDUCATION

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- 2021**      **PhD**      **University of Washington, Seattle, WA, USA**  
Social Welfare PhD program
- Dissertation: *Developing and validating a behavioral framework of dementia caregiving in fall risk management for community-dwelling older adults living with dementia (Passed with distinction)*  
Qualifying paper: *A mixed-method systematic review on informal caregivers' experiences of fall risk among community-dwelling older adults with dementia.*
- Center of Statistics and the Social Sciences Certificate  
QUAL Concentration - Qualitative Multi-Method Research Program
- 2016**      **M.A.**      **Xiamen University, Xiamen, Fujian, China**  
Master program in Social Work Research
- Thesis: *Practice process of social workers participating in developing health care interprofessional collaborative assessment: A participatory action research in a community-based dementia care program*
- 2012**      **B.S.W.**      **Xiamen University, Xiamen, Fujian, China**  
Bachelor of Social Work
- Thesis: *Roles of social work in community development in urban China: A case study of a community-based care program for older adults*

## EMPLOYMENT

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- Oct. 2022 - present**      **Faculty Affiliate**  
Texas Center for Equity Promotion, College of Education, University of Texas at Austin
- Nov. 2021 - present**      **Faculty Affiliate**  
The Population Research Center, University of Texas at Austin

- Aug. 2021 - present**      **Faculty Affiliate**  
The Center on Aging and Population Sciences, University of Texas at Austin
- Aug. 2021 - present**      **Assistant Professor**  
Steve Hicks School of Social Work, University of Texas at Austin

## GRANT SUPPORTS

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### AWARDED

- 2024**                      **The Moritz Center for Societal Impact Good Neighbors Program Award**  
Title: Creating Dementia-friendly Neighborhoods to Combat Loneliness and Social Isolation, \$10,000  
Role: Co-Investigator (P.I. Xiaoyi Zeng)  
Goal: To explore community needs and neighborhood factors essential for creating dementia-friendly neighborhoods in the Greater Austin area to reduce loneliness and social isolation of older people with dementia and their care partners.
- 2024**                      **The Center for Health Promotion and Disease Prevention Research in Underserved Populations Pilot Funding**  
Title: Engaging the community to co-design and pilot a fall prevention workshop for dementia care partners, \$25,000  
Role: Principal Investigator  
Goal: To engage the community to co-design a fall prevention workshop for dementia care partners, and pilot the intervention to examine its feasibility, acceptability, and preliminary efficacy.
- 2023**                      **Alzheimer’s Disease Programs Initiative Grant from the Administration for Community Living**  
Title: North Central Texas Dementia Friendly Program Evaluation Project, \$96,000  
Role: Principal Investigator  
Goal: To provide third-party evaluation services, including evaluating baseline, process, and outcome data, developing the research design, and overseeing Grant service provision by the North Central/East Texas Council of Governments (NCTCOG) and partner organizations.

- 2023**                      **The Center for Health Promotion and Disease Prevention Research in Underserved Populations Pilot Funding**  
Title: Developing and testing a revised psychiatric advance directive (PAD) in collaboration with community members and mental health service providers, \$25,000  
Role: Co-Investigator (P.I. Virginia Brown)  
Goal: To utilize a community-based participatory research approach and centering the experiences of patients with SMIs to co-develop a revised, community-friendly, and effective psychiatric advance directive form.
- 2023**                      **Summer Research Award**  
Title: Using community-based participatory research to develop a care partner-engaged fall risk management intervention for older people with dementia (OPWD), \$9,000  
Role: Principal Investigator  
Goal: To incorporate the experiences of different stakeholders and facilitate their collaborations to co-develop a care partner-engaged fall risk management intervention for community-dwelling OPWD.
- 2022**                      **National Institutes of Health (R21)**  
Title: Engaging care partners in fall risk management for community-dwelling older adults living with dementia, \$442,972  
Role: Principal Investigator  
Goal: To set the stage for novel interventions by developing and evaluating a measure of dementia care partner fall risk management behaviors.
- NOT FUNDED**
- 2023**                      **Alzheimer’s Association Research Grant**  
Title: A pilot study of a fall prevention workshop for dementia care partners, \$200,000  
Role: Principal Investigator  
Goal: To engage the community to co-design a fall prevention workshop for dementia care partners, and pilot the intervention to examine its feasibility, acceptability, and preliminary efficacy.
- SCORED AND WITHDRAWN**
- 2020**                      **National Institute on Aging (F99/K00)**  
Title: Engaging care partners in fall risk management for community-dwelling older adults living with dementia, \$423,524  
Role: Principal Investigator

Goal: To utilize data from multiple sources to understand how to engage diverse dementia care partners in managing fall risk and translate these findings into a culturally tailored intervention. Scored 30 and withdrawn.

## FELLOWSHIPS & AWARDS

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- 2024**                      **Advanced Behavioral Intervention Design Concentration Fellow (\$5000)**  
This program provides a comprehensive overview of the science of behavioral interventions in dementia care and across the lifespan, and ongoing individual and group mentoring.
- 2024**                      **Provost's Mentored Faculty Scholars (\$10,000)**  
The Provost's Mentored Faculty Scholars program augments traditional, within-department faculty mentoring at UT by facilitating mentor-mentee pairing across departments, or even across colleges.
- 2023**                      **Gerontological Society of American (GSA) Mentoring and Career Development Technical Assistance Workshop Diversity Fellow Award (\$1,500)**  
This award provides exceptional educational and networking opportunities to support professional training and growth among early career trainees from underrepresented backgrounds to contribute to the future of aging research.
- 2020**                      **Martha H. Duggan Fellowship in Caring Labor (\$10,000)**  
For graduate students committed to researching or serving those who provided caring labor.
- 2019**                      **National Association of Social Workers (NASW) / Council on Social Work Education (CSWE) Social Work HEALS Doctoral Fellowship (\$17,900)**  
For doctoral students who demonstrated commitment to the field of health social work and engaged in dissertation research related to health care practice, policy or education.
- 2019**                      **Kath Wilham Doctoral Student Advanced Training Grant Award, University of Washington School of Social Work (\$1,000)**
- 2018**                      **University of Washington Population Health Conference Travel Award (\$1,500)**
- 2018**                      **University of Washington Retirement Association Graduate Student Fellowship in Aging (\$8,109 + tuition waiver)**

Fellowship for graduate students of outstanding academic merit who have a demonstrated academic and personal interest in aging-related issues.

- 2017 **UW Center for Statistics and the Social Science, Graduate Student Travel Grant (\$800)**  
A competitive travel grant for proposals that demonstrate sophisticated use of statistical methodology and potential for significant impact.
- 2017 **Outstanding Master Thesis Award in Fujian Province, China**  
A competitive annual award for outstanding master's degree thesis by graduates from universities in Fujian Province, China.
- 2016 **UW Graduate School Top Scholar Award (\$7,662 + tuition waiver)**  
From School of Social Work funds to build competitive financial packages to attract outstanding students to University of Washington.
- 2015 **Favorite Social Work Documentary Prize (1st prize), awarded by University of Southern California, USC School of Social Work, Center for Asian Pacific Leadership**  
Documentary film-making team member for film that depicts the hopes and struggles of grandparents in China who traveled long distances to help care for their grandchildren. Website: <https://www.youtube.com/watch?v=VIi-CrryTGs>
- 2012 **Scholarship for Social Science Academy, Department of Public Affairs, Xiamen University, Xiamen, Fujian, China**  
To recognize top students who show outstanding capacities in social science research.
- 2009 **University Scholarship, Xiamen University Xiamen, Fujian, China**  
To recognize undergraduate students' academic and personal achievement.

## RESEARCH FOCUS & EXPERIENCES

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### Research Focus

Dementia care	Interdisciplinary collaboration
Health management for older adults living with chronic illness and disability	Home- and community-based services
Informal and formal caregiving for older adults	Integrated health and social services
Resilience in caregiving	Health disparities

## Research experiences

### **June. 2020 – June. 2021 Graduate Research Assistant**

University of Washington School of Social Work

NIH/NIA (K01) *Engaging Older Adults with Cognitive Impairment in Planning for Technology Use in Their Care: The Identifying Needs for Optimal Remote Monitoring tool (INFORM)*

PI: Clara Berridge, PhD, MSW

Responsibilities: Develop survey analysis plan; clean and analyze quantitative survey data; conduct literature review; co-author peer-review publications

### **June. 2017 – June. 2021 Research Scientist**

University of Washington School of Nursing

NIH/NIA (R21) *Promoting Caregiver Resilience During Medical Crisis of Persons Living with Dementia*

PI: Tatiana Sadak, PhD, PMHNP, RN, FAAN

Responsibilities: Led the measurement development of resilience behaviors among care partners of people living with dementia; conducted a scoping review and a systematic review; generated conceptual framework for measure development; collected qualitative and quantitative data to validate the conceptual framework; developed and implemented data collection protocols; trained research staff in data collection; prepared presentations and manuscripts

### **Jan. 2018 – Dec. 2018 Graduate Research Assistant**

University of Washington School of Social Work

NIMH (R36) *HIV Testing, Socio-political Context and Health of Latino immigrants*

PI: Jane Lee, PhD, MSW

Responsibilities: Conducted mixed methods systematic review; implemented quantitative (multinomial logistic regression analysis and latent class modeling) and qualitative data analysis (study conceptualization and grounded theory analysis); participated in manuscript preparation

### **Sep. 2017 – Dec. 2017 Graduate Research Assistant**

**Mar. 2020 – June. 2020**

University of Washington School of Social Work

*Interprofessional education implementation plan for UW School of Social Work*

PI: Taryn Lindhorst, PhD, MSW; Tessa A. Evans-Campbell, PhD, MSW

Responsibilities: Examined literature on interprofessional social work education; facilitated interprofessional education opportunities for BASW and MSW students.

- Mar. 2017 – June. 2017**    **Graduate Research Assistant**  
 University of Washington School of Social Work  
*Socioeconomic Status Trajectories and Later Life Physical Health*  
 PI: Melissa Martinson, PhD, MSW  
 Responsibilities: Conducted longitudinal analysis using Wisconsin Longitudinal Study (WLS) and supported the presentation and manuscript preparation
- Sep. 2016 – Sep. 2017**    **Volunteer researcher**  
 University of Washington Medicine, Memory Brain Wellness Center  
*Momentia in My Neighborhood (MIMN): An Asset-based Community Development Approach for Producing Dementia-Friendly Programs*  
 Practice Team: Marigrace Becker, MSW, Cayce Cheairs  
 Responsibilities: Developed program evaluation design; collected quantitative & qualitative data from participatory observation and focus group interview; analyzed the data; prepared for a conference presentation.
- June. 2015 – June. 2016**    **Graduate Research Assistant**  
 Xiamen University Department of Sociology and Social Work  
*A Participatory Action Research Project to Develop Social Workers' Role in Dementia Care Planning in Urban China*  
 Advisor: Min Tong, PhD, MSW, MA  
 Responsibilities: Synthesized literature on evidence-based practices; developed partnership between university research team and interprofessional healthcare team; developed dementia care needs assessment protocols and collaboration tools for community physicians, nurses and social workers; presentation and manuscript preparation
- June. 2015 – June. 2016**    **Graduate Research Assistant**  
 Xiamen University Department of Sociology and Social Work  
*Integrate Non-pharmacological Interventions with Social Work Practice in Community-based Dementia Care Programs in Urban China*  
 Advisor: Min Tong, PhD, MSW, MA  
 Responsibilities: Synthesized literature about non-pharmacological interventions for people with dementia; utilized participatory observation, in-depth interview, and archive data to develop a practice model of how to integrate non-pharmacological interventions with social work practice
- Mar. 2014 – Sep. 2014**    **Graduate Research Assistant**  
 Xiamen University Department of Sociology and Social Work  
*Developing community health promotion strategies through grandparenting in urban China*

Advisor: Min Tong, PhD, MSW, MA

Responsibilities: Reviewed and summarized literature about health promotion, intergenerational education, life education, and role of grandparenting in family health promotion to inform project design.

**Dec. 2013 – Dec. 2014      Graduate Research Assistant**

Xiamen University Department of Sociology and Social Work  
*Community-based Participatory Research for Utilizing Local History and Community Culture to Transform Community Governance in Urban China*

Advisor: Min Tong, PhD, MSW, MA

Responsibilities: Conducted in-depth interviews, participatory observation, focus groups, and archive data collection; qualitative data analysis; developed service protocols and policy reports for government agencies involved in planning community public services

**Mar. 2013 – Jan. 2014      Graduate Research Assistant**

Xiamen University Department of Sociology and Social Work  
*Developing Interprofessional Training for Community Geriatric Health and Social Care Practitioners*

Advisor: Min Tong, PhD, MSW, MA

Responsibilities: Synthesized literature about interprofessional health education; used participatory approaches in developing training modules; conducted participatory observation for implementation of trainings; evaluated programs at the organizational level.

## **PUBLICATIONS**

\*student co-author

### **Peer-reviewed publications/In press**

1. **Zhou, Y.**, Thakkar, N.\*, Phelan, E., Ishado, E., Li, C., Borson, S., Sadak, T. (2024) How do care partners overcome the challenges associated with falls of community-dwelling older people with dementia? A qualitative study. *Dementia: the international journal of social research and practice*. <https://doi.org/10.1177/1471301224126713>
2. **Zhou, Y.**, Berridge, C., Hooyman, N. R., Mroz, T., Sadak, T., Phelan, E. A. (2024) Care partners' fall risk management and fall-related outcomes among community-dwelling older adults living with dementia. *The Gerontologists*. <https://doi.org/10.1093/geront/gnae064>
3. Liu, Z., Jia, C., Yue, L., **Zhou, Y.**, Wang, S., Yao, N. (2024) Care Stressors and Perceived



Stress Among Family Caregivers of Chinese Older Adults with Disabilities: The Mediation Effect of Resilience. *Geriatric Nursing*. 10.1016/j.gerinurse.2024.02.020

4. Berridge, C., **Zhou, Y.**, Robillard, J. M., Kaye, J. (2023) AI companion robot data sharing: Comfort and preferences of an online cohort with policy implications. *Journal of Elder Policy, Special Issue on Technology: An Underutilized Late-Life Resource*.  
<https://doi.org/10.18278/jep.2.3.2>
5. **Zhou, Y.**, Choi, N., Sadak, T., Ghosh, N. \*, Phelan, E. (2023) Associations between pain and fall worry among community-dwelling older adults living with dementia in the United States. *Innovation in Aging*. <https://doi.org/10.1093/geroni/igad100>
6. Ellis, K. R., Nguyen, A. Miller, E., & **Zhou, Y.**, Chatters, L. (2023) Roles of Family in Advancing Health Equity: Calling for Reconceptualizing Family in Social Work Research and Practice. *Journal of the Society for Social Work and Research*.  
<https://doi.org/10.1086/726133>
7. **Zhou, Y.**, Hasdemir, D.\*, Ishado, E., Borson. S., Sadak, T. (2023) Validation and Expansion of a Behavioral Framework for Dementia Care Partner Resilience (CP-R). *Dementia: the international journal of social research and practice*.  
<https://doi.org/10.1177/14713012231181160>
8. Berridge, C., **Zhou, Y.**, Robillard, J. M., Gothard, S., Kaye, J. (2023) Companion robots to mitigate loneliness among older adults: Perceptions of benefit and possible deception. *Frontiers of Psychology*, 14, 367. <https://doi.org/10.3389/fpsyg.2023.1106633>
9. Tirado-Rafferty, A., Petrescu-Prahova, M., Belza, B., Berridge, C., **Zhou, Y.**, Lafazia, D. (2023) Implementation and impact of a dementia friends pilot. *Dementia: The International Journal of Social Research and Practice*. <https://doi.org/10.1177/14713012221147703>
10. **Zhou, Y.**, Berridge, C., Hooyman, N. R., Sadak, T., Mroz, T., Phelan, E. A. (2022) Development of a Behavioural Framework for Dementia Care Partners' Fall Risk Management. *BMC Geriatrics*. <https://doi.org/10.1186/s12877-022-03620-4>
11. Ellis, K. R., Koumoutzis, A., Lewis, J., Lin, Z., **Zhou, Y.**, Chopik, W., Gonzalez, R. (2022) Conceptualizing and operationalizing collaboration among multiple caregivers of older adults. *Journals of Gerontology, Series B: Social Sciences*.  
<https://doi.org/10.1093/geronb/gbac139>
12. Choi, N., **Zhou, Y.**, Marti, N., Kunik, M. (2022) Associations between changes in depression/anxiety symptoms and fall worry among community-dwelling older adults. *Journal of Applied Gerontology*. <https://doi.org/10.1177/07334648221119464>

13. Berridge, C., **Zhou, Y.**, Lazar, A., Porwal, A., Mattek, N., Gothard, S., and Kaye, J. (2022). Control matters in elder care technology: Evidence and direction for designing It In. In *Designing Interactive Systems Conference (DIS '22)*, June 13–17, 2022, Virtual Event, Australia. ACM, New York, NY, USA, 18 pages.  
<https://doi.org/10.1145/3532106.3533471>
14. Jen, S., Harrop, E., Galambos, C., Mitchell, B., Willey-Sthapit, C., Storer Smith, H., Gonzalez Benson, O., Barber, C., Kim, J., **Zhou, Y.** (2021) Discursive constructions during COVID-19: Calling for the critical analysis of discourse in social work in and beyond the pandemic. *Journal of the Society for Social Work and Research*.
15. **Zhou, Y.**, O'Hara, A.\* , Ishado, E., Borson. S. Sadak, T. (2022) Developing a new behavioral framework for dementia care partner resilience (CP-R): A mixed research synthesis. *The Gerontologist*. <https://doi.org/10.1093/geront/gnaa218>
16. **Zhou, Y.** Strayer, A. T., Phelan, E. A., Sadak, T., Hooyman, N. R. (2021). A mixed-method systematic review on informal caregivers' experiences of fall risk among community-dwelling older adults with dementia. *Health and Social Care in the Community*. 2020; 00:1-19. <https://doi.org/10.1111/hsc.13148>
17. **Zhou, Y.**, Ishado, E., O'Hara, A.\* , Borson, S., & Sadak, T. (2021). Developing a unifying model of resilience in dementia caregiving: A scoping review and content analysis. *Journal of Applied Gerontology*, <https://doi.org/10.1177/0733464820923549>
18. Jen, S., **Zhou, Y.**, & Jeong, M. (2020). "You'll see": Younger women interviewing older women in qualitative research. *Journal of Gerontological Social Work*, 1-15.  
<https://doi.org/10.1080/01634372.2020.1769788>
19. Lee, J. J., & **Zhou, Y.** (2020). How do Latino immigrants perceive the current sociopolitical context? Identifying opportunities to improve immigrant health in the United States. *Journal of Social Policy*, 49(1), 167-187. <https://doi.org/10.1017/S0047279419000163>
20. Lee, J., Hong, J., **Zhou, Y.**, & Robles, G. (2020). The relationships between loneliness, social support, and resilience among Latinx immigrants in the United States. *Clinical Social Work Journal*, 48(1), 99-109. <https://doi.org/10.1007/s10615-019-00728-w>
21. Lee, J., Yu, G., & **Zhou, Y.** (2019). Complex patterns across the migration process and associated HIV testing and risk behaviors among Latino immigrants. *International journal of behavioral medicine*, 26(2), 175-184. <https://doi.org/10.1007/s12529-019-09768-5>
22. Lee, J. J., & **Zhou, Y.** (2019). Facilitators and barriers to HIV testing among Asians in the United States: A systematic review. *AIDS care*, 31(2), 141-152.  
<https://doi.org/10.1080/09540121.2018.1533231>

23. Wong, R., Amano, T., Lin, S. Y., **Zhou, Y.**, & Morrow-Howell, N. (2019). Strategies for the recruitment and retention of racial/ethnic minorities in Alzheimer disease and dementia clinical research. *Current Alzheimer Research*, 16(5), 458-471.  
<https://doi.org/10.2174/1567205016666190321161901>

### In preparation

- Zhou, Y.**, Meyer, K., Irani, E., Liu, X, Choi, N. The long-term impact of falls among community-dwelling older people with dementia on caregiving difficulties: Moderation effects of living arrangements. To be submitted to the *Journal of American Geriatrics Society*.
- Zhou, Y.**, Kilcrease, A.\*, Zeng, X.\*, Phelan, E. Engaging Dementia Care Partners in Fall Risk Management: Health Professionals' Perspectives. Analysis ongoing; to be submitted to a Special Issue of *Alzheimer's & Dementia: The Journal of the Alzheimer's Association*.
- Zeng, X.\*, **Zhou, Y.**, Card, A., Choi, N. Care partner engagement in fall prevention programs for older people with cognitive impairment/dementia: A systematic review. Analysis ongoing; to be submitted to the *JAMA Network*.
- Zhou, Y.**, Thakkar, N.\*. Care partners' perception of fall risk among community-dwelling older adults living dementia, associated factors, and impacts: A mixed-method systematic review. analysis ongoing; to be submitted to the *Journal of Applied Gerontology*.
- Liu, F., **Zhou, Y.** Post-phenomenological approach in family caregiving research: A thematic analysis on field notes of researchers in Xiamen, China; draft completed; to be submitted to the *Qualitative Health Research*.
- Lin, S. Y., Wong, R., **Zhou, Y.**, Kang, Y., Liu, M. H., Belza, B. A scoping review of exercise adherence in dementia: influencing factors and effective strategies. In preparation. To be submitted to the *Journal of Aging and Physical Activity*.

### INVITED PRESENTATIONS

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- Zhou, Y.** (April 2024) Care Partners' Engagement in Preventing Falls for Community-Dwelling Older People with Dementia. Invited talk at the Symposium "Social Disconnection, Caregiving, and Dementia," organized by the Cleveland Alzheimer's Disease Research Center.
- Zhou, Y.** (June 2023) Developing a Behavioral Framework of Resilience in Dementia Care Partners. Invited webinar at Focus on Aging: Federal Partners' Webinar Series, Resilience in Dementia Caregiving. The webinar series is a joint project of eight of the federal agencies that support the health and wellness of older adults in the U.S.: the Administration for Community Living, the Office of the Assistant Secretary for Planning and Evaluation, the Centers for Disease Control and Prevention, the Centers for Medicare

and Medicaid Services, the Health Resources and Services Administration, the Indian Health Service, the National Institute on Aging, and the Department of Veterans Affairs.

**Zhou, Y.** (March 2023) Using Mixed Methods to Understand How to Engage Care Partners in Fall Risk Management for Older People with Dementia. Invited talk at St. David's CHPR Colloquium Series.

**Zhou, Y.** (July 2023) Fall Prevention for Community-Dwelling Older People with Cognitive Impairment and Dementia. Invited talk at King County Fall Prevention Coalition, Washington State.

## PEER-REVIEWED PRESENTATIONS

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**Zhou, Y.** (August 2024) Engaging the Community to Co-design a Fall Prevention Workshop for Dementia Care Partners. Oral presentation at the 2024 Aging in Texas Conference, Austin, Texas.

**Zhou, Y.** Zeng, X. (March 2024) Care Partner Engagement in Fall Prevention Programs for Older People with Cognitive Impairment/Dementia: A Systematic Review. Poster presentation at the Society for Behavioral Medicine. Philadelphia, Pennsylvania.

**Zhou, Y.** (January 2024) The Long-Term Impact of Falls among Community-Dwelling Older People with Dementia on Caregiving Difficulties: Moderation Effects of Living Arrangements. Oral presentation at the Society for Social Work and Research (SSWR) 30th Annual Conference. Washington, DC.

**Zhou, Y.,** Berridge, C., Hooyman, N., Phelan, E. A. (November 2023) Care Partners' Engagement in Preventing Falls for Community-Dwelling Older People with Dementia. Oral presentation at the Gerontological Society of America (GSA) 2023 Annual Scientific Meeting. Tampa, Florida.

**Zhou, Y.,** Sadak, T., Ghosh, N. \*, Phelan, E. (November 2023) Association Between Pain and Fall Worry Among Community-Dwelling Older People with Dementia in the United States. Oral presentation at the Gerontological Society of America (GSA) 2023 Annual Scientific Meeting. Tampa, Florida.

Thakkar, N.\*, **Zhou, Y.** (November 2023) Care Partners' Perception of Fall Risk among Community-Dwelling Older Adults Living with Dementia, Associated Factors, and Impacts: A Mixed-Method Systematic Review. Poster presentation at the Gerontological Society of America (GSA) 2023 Annual Scientific Meeting. Tampa, Florida.

Koumoutzis, A., Ellis, K. R., Lewis, J., Lin, Z., **Zhou, Y.,** Chopik, W., Gonzalez, R. (November 2022) All Hands on Deck: Conceptualizing and Operationalizing Collaboration Within Care Networks. Oral presentation at the Gerontological Society of America (GSA) 2022 Annual Scientific Meeting. Indianapolis, Indiana.

**Zhou, Y.,** Hasdemir, D.\*, Ishado, E., Borson, S. Sadak, T. (November 2022) Validation of a Behavioral Framework for Measuring Resilience in Dementia Care Partners: An

Abductive Thematic Analysis Approach. Oral presentation at The Gerontological Society of America (GSA) 2022 Annual Scientific Meeting. Indianapolis, Indiana.

**Zhou, Y.,** Berridge, C., Hooyman, N., Sadak, T., Mroz, T., Phelan, E. A. (November 2022) Development of a Behavioral Framework for Dementia Care Partners' Fall Risk Management. Accepted poster presentation at The Gerontological Society of America (GSA) 2022 Annual Scientific Meeting. Indianapolis, Indiana.

**Zhou, Y.,** Berridge, C., Mroz, T., Sadak, T., Phelan, E. A. (May 2022) Care Partners' Fall Risk Management And Fall-Related Outcomes Among Community-Dwelling Older Adults Living With Dementia. Poster presentation at the NHATS/NSOC Dementia Caregiving Conference. Michigan, Ann Arbor.

**Zhou, Y.** (January 2022). Dementia Care Partners' Fall Risk Management: Developing a Behavioral Framework Using Grounded Theory Approach. Poster presentation at the Society for Social Work and Research (SSWR) 26th Annual Conference. Washington, DC.

**Zhou, Y.** (November 2020). Developing a Conceptual Framework of Dementia Caregiving in Fall Risk Management. Poster presentation at the Council on Social Work Education 66<sup>th</sup> Annual Program Meeting, Denver, Colorado.

**Zhou, Y.** Johnson, I., Lee, J. (November 2020). Roles Of Social Workers in Dementia Care Planning: A Systematic Review. Oral Paper presentation at the Council on Social Work Education 66<sup>th</sup> Annual Program Meeting, Denver, Colorado.

**Zhou, Y.** (January 2020). Challenges And Resilience in Managing Fall Risk for Community-Dwelling Elders with Dementia: A Systematic Review on Informal Caregivers' Experience. Poster presentation at the Society for Social Work and Research (SSWR) 24<sup>th</sup> Annual Conference. Washington, DC.

Lee, J., Hong, J., **Zhou, Y.,** & Robles, G. (January 2020). Resilience among Latino Immigrants in the United States: The Role of Social Support in Reducing Social Isolation. Oral presentation at the Society for Social Work and Research (SSWR) 24<sup>th</sup> Annual Conference. Washington, DC.

**Zhou, Y.,** O'Hara, A., Borson, S., Ishado, E., Sadak, T. (November 2019). Behavior Markers of Resilience in Dementia Informal Caregivers: A Thematic Analysis from a Scoping Review. Oral presentation at the Gerontological Society of America's 71st Annual Scientific Meeting. Austin, Texas.

Jen, S., **Zhou, Y.,** Jeong, M. (November 2019). "You'll See": Younger Researchers Interviewing Older Participants. Poster presentation at the Gerontological Society of America's 71st Annual Scientific Meeting. Austin, Texas.

**Zhou, Y.** (October 2019). Who Cares: An Exploratory Study of Informal Caregivers' Health Promotion Behaviors Related to the Fall Risk Among Community-Dwelling Older Adults with Dementia. Poster presentation at the 2019 Interdisciplinary Association for Population Health Science (IAPHS). Seattle, WA.

- Zhou, Y.** (May 2019). Informal Caregivers' Perceptions, Feelings and Coping Behaviors about the Fall Risk Of Community-Dwelling Older Adults With Dementia: A Systematic Review. Oral presentation at the Society for Prevention Research 27th Annual Meeting. San Francisco, CA.
- Zhou, Y.** (May 2019). Preventive Care Practice For the 'At Risk' Aging Body/Mind in The US: Informal Care Partners and Fall Risk in Community-Dwelling Older Adults with Dementia. Oral presentation at the Taking Care Conference: Engaging the politics, processes, and ethics of care work. Seattle, WA.
- Zhou, Y.** (January 2019). Causal effect of caregivers' efforts in home modification on preventing falls for community-dwelling older adults with dementia. Oral presentation at the Society for Social Work and Research (SSWR) 23<sup>rd</sup> Annual Conference. San Francisco, CA.
- Zhou, Y., Sadak, T., Ishado, E., O'Hara, A., Borson, S.** (January 2019) A scoping review of definitions and measures on resilience in informal caregivers of people living with dementia. Poster presentation at the Society for Social Work and Research (SSWR) 23<sup>rd</sup> Annual Conference. San Francisco, CA.
- Lee, J., Yu, G., & Zhou, Y.** (December 2018) Patterns of Experience across the Stages of Migration Among Latino Immigrants: Understanding HIV Testing and Risk Behaviors. Oral presentation at the 3rd Binational Conference: Mexico-United States, Monterrey Mexico.
- Wong, R., Amano, T., Lin, S. Y., Zhou, Y., & Morrow-Howell, N.** (October 2018). Strategies to Recruit and Retain African Americans in Alzheimer Disease Clinical Research. Oral presentation at the Washington University in St. Louis Norman Seay Workshop. St. Louis, MO.
- Zhou, Y., Sadak, T., Ishado, E., Yip, M., Borson, S.** (November 2018). Operationalizing the Concept of Resilience for Dementia Caregiving. Oral presentation at the Gerontological Society of America's 70th Annual Scientific Meeting, Boston, Massachusetts.
- Zhou, Y.** (November 2018). Effect Of Caregivers' Efforts in Home Modification on Preventing Falls for Community-Dwelling People with Dementia. Poster at the Gerontological Society of America's 70th Annual Scientific Meeting, Boston, Massachusetts.
- Wong, R., Lin, S., & Zhou, Y.** (November 2018). Strategies for The Recruitment and Retention of African Americans in Alzheimer's Disease and Dementia Clinical Research: A Systematic Review. Poster presentation at the American Public Health Association 2018 Annual Conference. San Diego, CA.
- Ham, C., Zhou, Y.** (July 2018). Fall Preventions for Individuals With Dementia: An Innovative Partnership Built in Washington State. Poster presentation at the Alzheimer's Association International Conference 2018 Annual Conference, Chicago, IL.

Martinson, M.L., **Zhou, Y.** (January 2018). Socioeconomic Status Trajectories and Later Life Physical Health. Poster presentation at the Society for Social Work Research (SSWR) 22<sup>nd</sup> Annual Conference, Washington, DC.

**Zhou, Y.** (June 2016). Professional Foundation of Social Work Assessment in the Inter-Professional Healthcare Practice: A Participatory Action Research. Oral presentation at the 8th International Conference on Social Work in Health and Mental Health (ICSW2016), Singapore.

**Zhou, Y.** (November 2015). Integrating Music Therapy With Social Work Practice in a Home-Based Program of Dementia Care: A Participatory Action Research in Urban China. Oral presentation at the 3rd World Congress on Integrated Care (WCIC3) “Co-producing high quality people centered integrated care for ALL”, Mexico City.

**Zhou, Y.** (October 2013). Exploring the Logic of Social Work Practice Research: Based on The First Experiment of Cooperation Between a University Research Team and a Social Service Agency. Oral presentation at the Seminar on Social Work Practice Research in Southern China, Xiamen.

## **ADDITIONAL PROFESSIONAL TRAINING**

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<b>2022</b>	<b>The Center on Aging &amp; Population Sciences Proposal Preparation Program (PPP)</b> The summer grant proposal workshop for early-stage investigators working in research areas that fit the CAPS themes: Demography and economics of aging, life course antecedents of adult development and aging, environment and place (including neighborhood, regions), and social contexts of aging.
<b>2021</b>	<b>2021 The Michigan Center for Contextual Factors in Alzheimer’s Disease (MCCFAD) Summer Data Immersion Program</b> The Summer Data Immersion (SDI) program provides hands-on training in the use of publicly available data resources to address important research questions relevant to ADRD.

## **PRACTICE EXPERIENCE**

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<b>Oct. 2016 – Sep. 2017</b>	<b>Program Evaluation Intern</b> UW Medicine Memory & Brain Wellness Center, Seattle, WA Conducted an evaluation of a community outreach and education program named “Momentia in My Neighborhood.”
<b>July. 2012 – June. 2013</b>	<b>Program Social Work Intern</b> Community residential committee, Lvlin, Fujian, China Assisted the committee to develop its youth volunteer program and elder care program, and facilitated the collaborations between social service agencies and the committee.

- Oct. 2011 – July. 2012**      **Co-Founder and Volunteer Coordinator**  
 “Amoy Fellow” Program, Xiamen, Fujian, China  
 Led a project concerning the civic education and youth participation of the college students (over 100 volunteers), funded by “Black Apple Youth” Contest of College Student’s Social Entrepreneurship
- Aug.2011 – Oct.2011**      **Program Intern**  
 Non-profit Incubator Chengdu Office, Chengdu, Sichuan, China  
 Conducted community-based, post-disaster (after May 12. 2008, Sichuan Earthquake) needs assessment for community-dwelling older adults; completed needs assessment report to local government for apply grants to improve community-based services for older adults in that region
- July. 2011- Aug. 2011**      **Social Work Intern**  
 Community residential committee, Jinjiang, Fujian, China  
 Participated in community assets and needs assessment to explore program opportunities for developing intergenerational programs for youth and older adults living in a rural area in China
- Oct. 2010 – Feb. 2011**      **Social Work Intern**  
 Community residential committee, Xiamen, Fujian, China  
 Participated in the development of a home-based care program for community-dwelling older adults, coordinated an older adults’ leisure activity groups
- Sep. 2009 – Sep. 2010**      **Social Work Intern**  
 Guoren Migrant Workers’ Home, Xiamen, Fujian, China  
 Designed and implemented an educational and social services program to children whose parents were migrant workers; participated in the 3<sup>rd</sup> Art Festivals of Brave New Workers in Beijing for migrant workers advocacy

## TEACHING EXPERIENCE

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- Fall 2023 (Oct. 17, 2023)**      **Theoretical construction: Developing theoretical framework for measuring and enhancing dementia care partners’ fall risk**



	<p>management behaviors, University of Texas at Austin, Steve Hicks School of Social Work          Guest lecturer in the doctoral course "Theories of Social Work Practice "(Instructor: Dr. Cynthia Franklin)</p>
Fall 2022 (Oct. 18, 2022)	<p><b>Theoretical construction: Developing theoretical frameworks for measuring and enhancing resilience in dementia care partners, University of Texas at Austin, Steve Hicks School of Social Work</b>          Guest lecturer in the doctoral course "Theories of Social Work Practice "(Instructor: Dr. Cynthia Franklin)</p>
Spring 2024 Spring 2023	<p><b>Social Work Research Methods (MSSW), University of Texas at Austin, Steve Hicks School of Social Work</b>          Sole Instructor</p>
Fall 2023 Fall 2022	<p><b>Theories and Critical Perspectives of Human Behavior and the Social Environment (MSSW), University of Texas at Austin, Steve Hicks School of Social Work</b>          Sole Instructor</p>
Fall 2019 Fall 2020	<p><b>Foundation of Social Welfare Research (MSW), University of Washington, School of Social Work</b>          Sole Instructor</p>
Spring 2019 Winter 2019	<p><b>Community Service Learning (BASW), University of Washington, School of Social Work</b>          Teaching assistant and guest lecturer:  <i>The role of community-based participatory research in social work practice; Data collection for social change</i></p>
Winter 2019	<p><b>Foundation of Social Welfare Research (MSW), University of Washington, School of Social Work</b>          Guest lecturer: <i>Mixed methods in social work research</i></p>
2017-2018 academic year	<p><b>Trainee in Interprofessional Education (IPE) Teaching Fellows Program, University of Washington, Center for Health Sciences Interprofessional Education Research and Practice (CHSIE)</b>          Completed IPE training, co-facilitated two IPE training workshops (Foundations of Interprofessional Practice) for health science students from different professional fields.</p>
Winter 2018	<p><b>Contexts of Disability and Anti-Ableist Practice (MSW), University of Washington, School of Social Work</b>          Teaching practicum and guest lecturer: <i>Housing, home and community-based services.</i></p>

## PROFESSIONAL MEMBERSHIPS

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2018 -	Society for Social Work Research (SSWR)
2017 -	The Gerontological Society of America (GSA)
2020 -	The Association for Anthropology, Gerontology and the Life Course (AAGE)
2020 -	Association for Gerontology Education in Social Work (AGESW)

## ACADEMIC SERVICE

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2024	Faculty Search Committee, UT Austin Steve Hicks School of Social Work
2023	Faculty Search Committee, UT Austin Steve Hicks School of Social Work
2022-2023	Member, Executive Committee, UT Austin Steve Hicks School of Social Work
2022 - 2024	Member, International Committee, UT Austin Steve Hicks School of Social Work
2023 - 2024	Member, PhD Program Committee, UT Austin Steve Hicks School of Social Work
2021 - 2024	Member, MSW Curriculum Committee, UT Austin Steve Hicks School of Social Work
2024-	Reviewer, <i>Pilot and Feasibility Studies</i> (07/01/2024)
2024-	Reviewer, <i>The Gerontologist</i> (03/11/2024)
2023-	Reviewer, <i>Journal of American Geriatrics Society</i> (11/26/2023)
2023-	Reviewer, <i>Journal of Gerontology: Psychological Sciences</i> (04/03/23)
2022-	Reviewer, <i>Innovation in Aging</i> (12/19/22)
2022-	Reviewer, <i>BMC Geriatrics</i> (07/13/22)
2022 -	Reviewer, <i>International Journal of Geriatric Psychiatry</i> (07/04/22)
2022 -	Reviewer, <i>Journal of BMC Medical Research Methodology</i> (04/24/22, 08/14/22)
2022-	Reviewer, <i>Journal of BMJ Open</i> (02/28/22)
2021-	Reviewer, <i>Journal of Applied Gerontology</i> (03/12/21, 07/13/21, 10/09/21, 02/20/24)
2020-	Reviewer, <i>Health &amp; Social Care in the Community</i> (03/02/22, 08/05/21, 08/31/20)
2020-	Reviewer, <i>Global Public Health</i> (04/16/20, 08/31/20)
2019-2020	Member, Faculty Recruitment Committee, UW School of Social Work
2018-2019	Member, Awards Committee for Social Welfare Program for UW School of Social Work

2017 Abstract reviewer, International Association of Gerontology and Geriatrics (IAGG) World Congress

## PROFESSIONAL SERVICE

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- Jun. 2024** **Invited Presenter**  
Live Online Webinar organized by Alzheimer’s Orange County  
Gave a presentation to dementia care partners and care professionals, titled “Resistance vs Resiliency in Dementia Care”
- May. 2024** **Grant reviewer**  
Reviewed grant applications for National Council on Aging’s Innovation in Falls Prevention grant opportunity.
- Oct. 2017 –2021** **Advisory Group Member**  
Finding Our Balance Workgroup, Washington State Department of Health, Seattle, WA  
Workgroup for developing effective fall risk prevention interventions for high-risk and underserved older adults in Washington State
- Oct. 2016 – Present** **Advisory Group Member**  
UW Medicine Memory & Brain Wellness Center, Community Education & Impact advisory group, Seattle, WA
- Jul. 2020** **Invited Presenter**  
Virtual Community Wellness Talk, organized by UW Medicine Memory & Brain Wellness Center  
Gave a presentation to people living with memory loss and care partners, titled “Preventing falls in people with dementia: What can we do together?”
- Jun. 2018** **Volunteer Exercise Coach**  
UW Medicine Memory & Brain Wellness Center, Seattle, WA  
Volunteered as an exercise coach for a 2-week wellness program for people with early memory loss and their care partners

## LANGUAGES

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Mandarin (native), English (fluent)