Remote Learning Opportunities for Field AY20-21

To receive field hours for completing trainings or teaching modules, students must complete the steps below in full and submit their assignment to their Faculty Liaison.

1. Request and receive approval from Faculty Liaison to complete a specified number of field hours via these assignments.
2. Review the approved training/webinar/teaching module
3. Complete the “Online Training Competency Assignment”
4. Submit the assignment to your Faculty Liaison after the agreed upon number of hours are complete

Trainings not on this pre-approved list, must be approved by a student’s Faculty Liaison prior to completion in order to receive field hours.

Some trainings have an associated cost that will be the responsibility of the viewer.

You may add 30 minutes to each assignment for time spent completing “Online Training Competency Assignment” form found at https://socialwork.utexas.edu/field/forms/.

Featured Options

Improving Cultural Competency for Behavioral Health Professionals: 5 Hours

Cultural and linguistic competency is recognized as an important strategy for improving the quality of care provided to clients from diverse backgrounds. The goal of this e-learning program is to help behavioral health professionals increase their cultural and linguistic competency.

Details here: https://thinkculturalhealth.hhs.gov/education/behavioralhealth?gclid=CjwKCAjwmmmKLzBRBeEiwACCVihrCTf-z-ciTbHQqhHxk7UZQYs_taiL7OAZOF8mw5X9Yy950CAtmpbhoC368QAvD_BwE
Operation Naloxone: Opioid Overdose Prevention & Response Training: 1 Hour

This Opioid Overdose Prevention & Response Training module was developed to help healthcare providers improve their understanding of Opioid Use Disorder and treatment options to take in the prevention of opioid related overdoses. The activity also provides information on what to do in the emergency case of an actual overdose. In this program, Dr. Hill reviews opioid agonists and historical treatment approaches. He reviews how to identify signs and symptoms of an opioid overdose and reviews the use of naloxone in how it reverses effects of an opioid overdose. Dr. Hill discusses legal issues in regard to the distribution and use of naloxone in prevention and immediate treatment of an overdose, and covers how to work with communities on how to access and use naloxone.

Details here: https://utpharmacyce.learningexpressce.com/index.cfm?fa=view&eventID=18752

Psychological First Aid Online: 6 Hours

PFA online includes a 6-hour interactive course that puts the participant in the role of a provider in a post-disaster scene. This professionally-narrated course is for individuals new to disaster response who want to learn the core goals of PFA, as well as for seasoned practitioners who want a review. It features innovative activities, video demonstrations, and mentor tips from the nation’s trauma experts and survivors. PFA online also offers a Learning Community where participants can share about experiences using PFA in the field, receive guidance during times of disaster, and obtain additional resources and training.

Details here: https://learn.nctsn.org/enrol/index.php?id=38

Resilience Skills in a Time of Uncertainty: 10 Hours

We are all facing different and difficult challenges as we confront the COVID-19 pandemic. In order to support you in this time of uncertainty, the University of Pennsylvania is sharing this free and unique version of Dr. Karen Reivich’s “Resilience Skills” course from the Specialization Foundations of Positive Psychology. In this course, you are exposed to the foundational research in resilience, including protective factors such as mental agility and optimism. Several types of resilience interventions are explored including cognitive strategies; strategies to manage anxiety and increase positive emotions such as gratitude; and a critical relationship enhancement skill. Throughout the course, you will hear examples of individuals using resilience skills in their personal and professional lives.

Details here: https://www.coursera.org/learn/resilience-uncertainty?action=enroll
Telebehavioral Practice Basics for Social Work Educators & Clinicians Responding to COVID-19: 2 Hours

The Indiana University School of Social Work is providing this rapid introduction for the delivery of technology-mediated services. The course provides basic information on risk management, ethical principles, and strategies/skills needed for the delivery of telebehavioral health services. Certificate available.

Details here: https://expand.iu.edu/browse/socialwork/courses/telehealth-basics-for-social-work-educators-behavioral-health-clinicians-responding-to-covid-19

Trainings & Teaching Modules

Addiction & Recovery

- Methamphetamine Use Disorder: Getting Up to Speed on Trends & Treatments: 1.5 Hours
  https://attcnetwork.org/centers/northwest-attc/northwest-attc-webinar-series

- NC Area Health Education Centers Opioid Education for Community Health Workers Online Series: 4 Hours
  https://www.aheconnect.com/opioided/courses.asp

- Substance Use Treatment Perceptions and Experiences Among Men Who Have Sex with Men Who Use Crystal Methamphetamine: 0.5 Hour
  https://www.youtube.com/watch?v=x5o4MNpKUoY&feature=emb_logo

- Qungasvik (Tools for Life): An Indigenous Intervention to Prevent Alcohol Misuse and Suicide Among Yup’ik Alaska Native Youth: 1 Hour
  https://www.youtube.com/watch?v=9l4G9LTKCYk&feature=emb_logo

Anti-Racism

- The Dehumanization of Indigenous Women: 1.5 Hours
  https://www.youtube.com/watch?v=Pc9Cmvf8KwM&feature=youtu.be

- A Groundwater Analysis of Institutional and Structural Racism: 1 Hour
- Hey, White Therapist, Here’s Where We Start: **1 Hour**
  https://courses.clearlyclinical.com/courses/free-ceu-racial-awareness?fbclid=IwAR2k7JHDT0gB1PqOzSSvi7d4UrBA7WgKno9dyTSyg71TaRXwuHWd8j1Q

- Mending Racialized Trauma: A Body Centered Approach: **1.5 Hours**
  https://connectfulness.com/episode/010-resmaa-menakem-racialized-trauma

- Theoretical framework and practical strategies to respond to the COVID-19 pandemic: **1 Hour**
  https://www.youtube.com/watch?v=P5EU74Y36EU&list=PLtaG0Jo80R_VNgCaCuuQlpp_etBQXsn8x&index=2

- Why Healing from Internalized Whiteness Is a Missing Link in White People’s Anti-Racism Work: **1.5 Hours**
  https://everydayfeminism.com/webinar-replay-hiw/?mc_cid=261adfd5ad&mc_eid=8ad94f180f

- Woke Olympics and Social Justice Arrogance: **1.5 Hours**
  https://www.youtube.com/watch?v=0B_qPHYJsDY&feature=youtu.be

**Children and Youth**

- Cognitive Behavioral Intervention for Trauma in Schools: CBITS Provider Training Course, Part 1 & 2: **5 Hours**
  https://cbitsprogram.org/

- Helping a Family with Traumatic Stress when a Child has Cancer: **1.5 Hours**
  https://learn.nctsn.org/course/view.php?id=447

- Homeless Youth Online Training: **3 Hours**
  https://learn.nctsn.org/course/view.php?id=85&section=1

- Parent-Child Tele Play Therapy Training for Therapists: **1.5 Hours**
  https://www.jerricadanhoff.com/training-for-therapists?fbclid=IwAR1GRajsTnH75Fyw1b0FKVCKNR80ZWA_kxHqHXrhxq_mUm4LeJVuc1jj4

- UC Davis Parent Child Interaction Therapy 11 Module Training: **10 Hours**
  https://pcit.ucdavis.edu/pcit-web-course/
COVID-19-Related Trainings

- Disability and Inclusion Strategies During COVID-19: **1.5 Hours**  

- Making Funerals Meaningful in the Age of COVID-19: **1.5 Hours**  

- Process Not Perfection: Remote Applications of Expressive Arts Strategies: **2 Hours**  

Disasters

- Disaster Technical Assistance Center Webinar Series: **1 Hour**  
  [https://www.youtube.com/playlist?list=PLBXgZMI_zqfSzQOahSXCeK976TFn_24j4](https://www.youtube.com/playlist?list=PLBXgZMI_zqfSzQOahSXCeK976TFn_24j4)

- Psychological First Aid Online Training: **6 Hours**  

Engaging in Practice

- Cognitive Behavioral Therapy for Chronic Pain (CBT-CP): **1.5 Hours**  
  Veterans Affairs provides eight video modules as well as manuals and examples of sessions and treatment structure.  
  [https://www.va.gov/PAINMANAGEMENT/CBT_CP/Providers.asp](https://www.va.gov/PAINMANAGEMENT/CBT_CP/Providers.asp)

- Screening, Brief Intervention, and Referral to Treatment (SBIRT) online training (Wayne State University): **2 Hours**  
  [https://sbirt.wayne.edu/courses](https://sbirt.wayne.edu/courses)

Engaging in Prevention

- CDC’s Preventing Adverse Childhood Experiences: **1 Hour**  
  [https://vetoviolence.cdc.gov/apps/aces-training/#/#top](https://vetoviolence.cdc.gov/apps/aces-training/#/#top)
o ACEs come in many forms and can have long-term impacts on health and well-being into adulthood. This accredited, online training can help you understand, recognize, and prevent them from occurring in the first place.

o In order to receive full credit, students must complete all Introductory Training Modules and Training Modules for Specific Professions

- **Dating Matters:** 1 Hour
  [https://vetoviolence.cdc.gov/apps/datingmatters/](https://vetoviolence.cdc.gov/apps/datingmatters/)

- **Prevent Child Abuse NC Online Course: Recognizing and Responding to Suspicions of Child Maltreatment:** 2 Hours
  [https://www.preventchildabusenc.org/recognizing-responding-online-course/](https://www.preventchildabusenc.org/recognizing-responding-online-course/)

- **Suicide Prevention Resource Center:** 2-3 Hours Each (2 trainings)
  [https://training.sprc.org/](https://training.sprc.org/)

**Gender Equity**

- **Feminism & Social Justice Online Course:** 10 Hours

**Interdisciplinary Behavioral Health Science**

- **U.S. Department of Health and Human Services:** Improving Cultural Competency for Behavioral Health Professionals Free (Four Module) Online Training: 4-5.5 Hours
  [https://thinkculturalhealth.hhs.gov/education/behavioral-health?gclid=CjwKCAjwmKLzBRBeEiwACCVihrCTf-z-ciTbHQhHxk7U-ZQYs_taiL7OAZOF8mw5X9Yy950CAtnbhoC368QAvD_BwE](https://thinkculturalhealth.hhs.gov/education/behavioral-health?gclid=CjwKCAjwmKLzBRBeEiwACCVihrCTf-z-ciTbHQhHxk7U-ZQYs_taiL7OAZOF8mw5X9Yy950CAtnbhoC368QAvD_BwE)

- **Westfield State University, Interdisciplinary Behavioral Health Collaboration (IBHC) Project**
  Online Integrated Behavioral Healthcare Training Modules: 1 Hour Each (16 Modules)
  [http://www.westfield.ma.edu/interdisciplinary-behavioral-health-collaboration/modules](http://www.westfield.ma.edu/interdisciplinary-behavioral-health-collaboration/modules)

**Native/Indigenous Populations**

- **Indigenous People’s History Webinar—Smithsonian Museum:** 1.5 Hours
  [https://www.tolerance.org/professional-development/webinars/indigenous-peoples-history](https://www.tolerance.org/professional-development/webinars/indigenous-peoples-history)

- **Tribal Training and Technical Assistance Center Webinars:** Hours Vary
  [https://www.samhsa.gov/tribal-ttac/webinars](https://www.samhsa.gov/tribal-ttac/webinars)
Help promote wellness and prevention within tribal communities and among tribal youth and families
Topic areas include:
▪ Youth and Family Wellness
▪ Two Spirit and Transgender community
▪ Community Collaboration
▪ Wellness Planning and Capacity Building

Older Adults

• CSWE Early Dementia and an Older Adult Teaching Module: 2 Hours
  https://www.cswe.org/Centers-Initiatives/CSWE-Gero-Ed-Center/Initiatives/Past-Programs/MAC-Project/Gero-Innovations-Grant/Case-Western-Reserve-University/Early-Dementia.aspx

• CSWE Motivational Interviewing with Older Adults with Substance Use Disorders: 2 Hours
  https://www.cswe.org/Centers-Initiatives/CSWE-Gero-Ed-Center/Initiatives/Past-Programs/MAC-Project/Gero-Innovations-Grant/University-of-Texas-at-Austin/Motivational-Interviewing-Substance-Abuse.aspx

• The Greenhouse Project Webinars: 1 Hour Each
  https://www.thegreenhouseproject.org/events/webinars

Policy

• Current Strategies to Reduce Extreme Economic Inequality: 1 Hour
  https://www.youtube.com/watch?v=JlIzQPLKJ44

• Policy Related to Youth: 1.5 Hours Each (9 trainings)
  https://learn.nctsn.org/course/index.php?categoryid=34

• University of Pittsburgh’s Advancing Public Health Social Work Research and Training Webinar (Password: phsw): 1 Hour
  https://vimeo.com/282548599

Race & Ethnicity

• Latinx History is Black History Webinar: 1 Hour
  https://www.tolerance.org/professional-development/webinars/latinx-history-is-black-history
- Best Practices for Serving English-Language Learners and their Families Webinar: **1 Hour**

- Teaching Asian American & Pacific Islander Heritage Webinar: **1 Hour**

**Veterans**

- Service Members, Veterans, and their Families (SMVF) Webinars: **Hours Vary** (22 Webinars)