

BETHANY WOOD, MSW, CSW(801) 433-8544 | bethanywood@utexas.edu

EDUCATION

05/2022 (expected) The University of Texas at Austin, Austin, Texas
Doctor of Philosophy in Social Work

Dissertation title: The mental health costs of neighborhood poverty:
Examining the impact of neighborhood income and gentrification on
psychological outcomes across the life course
Chair: Catherine Cubbin Committee: Diana DiNitto, Shetal Vohra-Gupta,
Elizabeth Mueller

08/2020 The University of Texas at Austin, Austin, Texas
Certificate in Applied Statistical Modeling
Department of Statistics & Data Science

04/2018 Brigham Young University*, Provo, Utah
Master of Social Work

04/2016 Brigham Young University*, Provo, Utah
Bachelor of Science in Sociology

RESEARCH INTERESTS

Poverty and mental health; Environmental determinants of health; Neighborhood and built environment; Racial and economic disparities in health; Low-income neighborhoods; and Applied statistical modeling.

TEACHING INTERESTS

Statistics; Introduction to Environmental Policy; Social Determinants of Health; Quantitative Research Methods; Environmental Health Science; and Introduction to Social Inequality and Health Equity.

* Although I do not personally identify with any religious affiliation, I welcome collaborations with colleagues, students, and mentees from all socioeconomic and religious backgrounds and across all intersecting identities.

PUBLICATIONS

PEER REVIEWED PUBLICATIONS

Sevillano, L., **Wood, B. M.**, Franklin, C. (In press). Mental Health Interventions that Address Historical Trauma Amongst Indigenous Peoples: A Systematic Review. *Social Work Research*.

Wood, B. M., DiNitto, D., Flowers, K. E., Gray, J. S., Kotara, S. G., Rolin, D. G., Smith, R. M., & Stacy, C. A. (Accepted). Social Work, Cultural Humility, and Assessment of Interdisciplinary Training. *Journal of Social Work Education*.

Teitler, J., **Wood, B. M.**, Zeng, W., Martinson, M., Plaza, R., & Reichman, N. (2021). Racial-ethnic inequality in cardiovascular health in the U.S.: Does it mirror income inequality? *Annals of Epidemiology*. <https://doi.org/10.1016/j.annepidem.2021.04.019>

Leedahl, S. N., Brasher M. S., LoBuono D. L., **Wood, B. M.**, Estus, E. (2020). Reducing Ageism: Changes in Students' Attitudes After Participation in an Intergenerational Reverse Mentoring Program. *Sustainability*. <https://doi.org/10.3390/su12176870>

Wood, D. S., **Wood, B.M.**, Watson, A., Sheffield, D., & Hauter, H. (2019). Understanding Veteran Suicide: National Trends of Health Implications for Veteran Mental Health. *Military Behavioral Health Journal*. <https://doi.org/10.1093/hsw/hlz037>

Wood, B. M., Dennis, C. B., & Leedahl, S. N. (2018). Implementing Reverse Mentoring to Address Social Isolation Among Older Adults. *Journal of Gerontological Social Work*. <https://doi.org/10.1080/01634372.2018.1448030>

Leedahl, S. N., Brasher, M., Estus, E., **Wood, B. M.**, Dennis, C. B., & Clark, S. C. (2018). Implementing an interdisciplinary intergenerational program using the Cyber-Seniors[®] reverse mentoring model. *Journal of Gerontology & Geriatrics Education*. <https://doi.org/10.1080/02701960.2018.1428574>

PAPERS UNDER REVIEW

Wood, B. M., Cubbin, C. (Under review). Neighborhood poverty and housing age are associated with adverse birth outcomes: A study on ubiquitous lead risk among 1 million births.

Wood, B. M., Cubbin, C., Ward, K. P. (Under review). The Link between ACEs, Income, and Maternal Depressive Symptoms through a Racial and Ethnic Lens: A Moderated-Mediation Analysis.

WORK IN PROGRESS

Wood, B. M., Teitler, J., Reichman, N., & Martinson, M. (Manuscript in progress). Examining racial-ethnic disparities in COVID-19 deaths by accounting for risk of psychological, cardiovascular, and respiratory conditions in the U.S.

Wood, B. M., Cubbin, C., Brinkley, R. (Manuscript in progress). Beyond the Federal Poverty Level: Measuring the Effect of Family Wealth on Psychological Distress over Time.

Brown-Podgorski, B., **Wood, B. M.**, Vohra-Gupta, S. (Manuscript in progress). Minimum wage policies, housing cost burden, and health disparities for Black families.

Lee, S., Arellano, P., **Wood, B. M.**, Manser, S. (Manuscript in progress). The impact of services for homeless individuals experiencing mental health or co-occurring mental health and substance use disorder.

Vohra-Gupta, S., Kim, Y., **Wood, B. M.**, Cubbin, C. (Manuscript in progress). The impact of neighborhood racial concentration on preterm birth among Black and Hispanic populations.

OPINION EDITORIAL

Wood, B. M., Zeng, W., Vohra-Gupta, S. (2022). Poverty's reality is more violent than a TV show can capture. [Opinion Editorial]. *Yahoo News*.

Wood, B. M., Zeng, W. (2021). Racial-Ethnic Disparities in Heart Health. [Opinion Editorial]. *Public Health Post*.

Vohra-Gupta, S., **Wood, B. M.**, Jones, K. (2020). Change policies to stop COVID-19's attack on vulnerable neighborhoods. [Opinion Editorial]. *The Austin Statesman*.

BOOK CHAPTERS

Hoffman, S., & **Wood, B. M.** (2019). Hispanic Stepfamilies. In Stewart, S. & Limb G., *Multicultural Stepfamilies* (pp. 77-110). Cognella Academic Publishing.

CONFERENCE PRESENTATIONS

Wood, B. M., Cubbin, C., Petruzzi, L. (2021). Housing construction year is associated with adverse birth outcomes in Texas. Oral presentation at American Public Health Association in Denver, Colorado in October 2021.

- Petruzzi, L., **Wood, B. M.**, Vohra-Gupta, S. (2021) Mental Health Legislation in Response to COVID-19: What's Changed and What's Missing. Roundtable presentation at American Public Health Association in Denver, Colorado in October 2021.
- Wood, B. M.**, Vohra-Gupta, S., Kim, Y., Cubbin, C. (2021). The Neighborhood Birth Gap: Examining the Relationship between Neighborhood Racial Diversity and Preterm Birth. Presented poster at Interdisciplinary Association for Population Health in Baltimore, Maryland in October 2021.
- Wood, B. M.**, DiNitto, D. (2021). Assessing Cultural Humility in an Interprofessional Behavioral Health Training Program. Pre-recorded poster presentation for the virtual Society for Social Work and Research.
- Wood, B. M.**, Cubbin, C., Ward, K. P. (2021). The Link between ACEs, Income, and Maternal Depressive Symptoms through a Racial and Ethnic Lens: A Moderated-Mediation Analysis. Oral presentation at the virtual Society for Social Work and Research Conference.
- Petruzzi, L., Cubbin, C., Zeng, W., & **Wood, B. M.** (2020). Disparities in Healthcare Access for People with Heart Conditions: A National Assessment. Poster presentation at Society for Social Work and Research in Washington, DC.
- Wood, B. M.**, DiNitto, D. (2020). Teaching Cultural Humility: Examining Effectiveness of an Interprofessional Behavioral Health Training Program. Poster presentation for the virtual Council on Social Work Education conference.
- Wood, B. M.**, DiNitto, D. (2020). Assessing Cultural Humility in an Interdisciplinary Behavioral Health Program. Poster presentation at virtual Dell Med Education, Innovation, and Research Awards Symposium.
- Wood, B. M.**, DiNitto, D. (2020). Teaching Cultural Humility: Examining the Effectiveness of The University of Texas at Austin Integrated Behavioral Health Scholars Program. Poster presentation at the virtual Interprofessional Health Showcase.
- Sevillano, L., **Wood, B. M.** (2020). Mental Health Interventions that Address Historical Trauma Amongst Indigenous Peoples: A Systematic Review. Oral presentation at Society for Social Work and Research in Washington, DC.
- Sevillano, L., **Wood, B. M.** (2019). Mental Health Interventions that Address Historical Trauma Amongst Indigenous Peoples: A Scoping Review. Podium presentation at 6th Annual Cultural Inclusion Institute Conference in San Antonio, Texas.

Wood, B. M., Leedahl, S. N., Dennis, C. B. (2018). Bridging the Digital Divide: Findings for Older Adults in an Intergenerational Cyber-Seniors Program. Poster presentation at the Gerontological Society of America in Boston, Massachusetts.

Wood, B. M., Bell, A., Wood, D. S. (2018). Understanding Veteran Suicide: National Trends of Health Implications for Veteran Mental Health. Poster presentation at the Council on Social Work Education Conference in Orlando, Florida.

Wood, B. M., Dennis, C. B., Leedahl, S.N. (2017). Promoting Digital Literacy Among Older Adults: An Intergenerational Approach. Poster presentation at the Council on Social Work Education Conference in Dallas, Texas.

Wood, B. M., Wood, D. S. (2017). Understanding the Effect of Military Enlistment and Service on Depression through Structural Equation Modeling. Poster presentation at the Mary Lou Fulton Conference at Brigham Young University in Provo, Utah.

Wood, B. M., Rowley, K. (2016). Understanding the Nordic State: PISA Scores, Poverty, and Educational Trends. Poster presentation at the Mary Lou Fulton Conference at Brigham Young University in Provo, Utah.

Wood, B. M., James, S.E. (2015). Healthy Attachment and Commitment Levels in Early Marriage. Poster presentation at the Mary Lou Fulton Conference at Brigham Young University in Provo, Utah.

RESEARCH EXPERIENCE

10/2020-

Research Associate

Current

Healthy Community Collaborative

The University of Texas at Austin, Austin, Texas

- Conducts research on access to housing to improve mental health for individuals experiencing homelessness.
- Assesses the program impact across census tracts in three major Texas cities.
- Selects data that meet state requirements and grant guidelines for analysis.
- Prepares and analyzing data with specialized techniques (hierarchical linear modeling).
- Summarizes research based on programmatic outcomes for grant renewal.

01/2020-

Graduate Research Assistant to Dr. Catherine Cubbin

01/ 2021

Neighborhood and economic determinants of health

The University of Texas at Austin, Austin, Texas

- Conducted research on poverty and neighborhood inequality.
- Assessed the connection between neighborhood poverty and health outcomes.

- Used R and SAS for hierarchical linear modeling and growth curve models to examine patterns over time.
- Highlighted the need for neighborhood equity as an innovative approach to improving health.

08/2019-
01/2021

Graduate Research Assistant to Dr. Diana DiNitto

Integrated Behavioral Health Scholars' Program

The University of Texas at Austin, Austin, Texas

- Communicated with interdisciplinary team to formulate research hypotheses and obtain data for integrated behavioral health students.
- Utilized STATA and SPSS to examine pre/post change in student cultural humility following program participation.
- Wrote qualitative and quantitative findings into a manuscript and presented results at an International health conference.

08/2015-
04/2018

Cyber-Seniors Utah Research Principal Investigator

Promoting Digital Literacy Among Older Adults: An Intergenerational Approach Study

Salt Lake City, Utah

- Formulated study to examine health impact of Intergenerational program (Cyber-Seniors) and passed Institutional Review Board application process.
- Designed and distributed questionnaires; analyzed both quantitative and qualitative results.
- Applied for relevant gerontological grants.

08/2015-
10/2017

Graduate Research Assistant to Ph.D. Kristie Phillips, Ph.D. Mikaela Dufur

Measuring Global Education Equity

Brigham Young University, Provo, Utah

- Addressed international educational differences using global math and reading scores.
- Compared differences in academic achievement based on poverty levels.

06/2016-
08/2016

AmeriCorps Utah Grant Reviewer

Utah AmeriCorp

The Utah AmeriCorp Committee, Salt Lake City, Utah

- Created a statistical method to standardize fellow grant reviewers' process of reviewing.
- Scored over 25 grant proposal submissions working on interprofessional teams.
- Presented scoring in grant review committee meetings to narrow finalists and awarded grants of \$50,000+ to each recipient.

- 04/2016-
08/2016
- Independent Contractor, Research Consultant***
UServeUtah
The Lt. Governor’s Office of Service and Volunteerism, Salt Lake City, Utah
- Utilized statistical analysis on the 2016 Utah Volunteerism Survey created by UServeUtah.
 - Designed and conducted qualitative focus groups for youth, BIPOC, and refugees for further exploration of quantitative results.
 - Coded qualitative responses using qualitative software (NVIVO) for presentations on volunteerism to the Lt. Governor’s advisory boards.
- 04/2016-
08/2016
- Research Intern***
Community Suicide Prevention
Hope4Utah, Provo, Utah
- Obtained community-level suicide prevention qualitative data based on interviews with local non-profit, business, and religious leaders.
 - Developed internationally available community suicide prevention curriculum with Dr. Gregory Hudnall based on qualitative results.
- 01/2015-
04/2016
- Undergraduate Research Assistant to Dr. Vaughn Call***
Family Legacies Study
Brigham Young University, Provo, Utah
- Examined longitudinal studies with STATA and SPSS to clean and verify data for the Life and Family Legacies Study.
 - Used postal methods to increase response rates for another wave of the longitudinal study.
- 01/2015-
04/2015
- Research Assistant in the CREATE Program to Dr. Spencer James***
CREATE Survey
Brigham Young University, Provo, Utah
- Gathered data for survey distribution with multidisciplinary team to organize the largest “newly married” data set in the United States.

TEACHING EXPERIENCE

- 01/2021-
05/2021
- The University of Texas at Austin
Assistant Instructor
Introduction to Social Work & Social Welfare
- Taught 31 undergraduate students in an online introductory Social Work & Social Welfare class.
 - Designed and created syllabus, reading schedule, lectures, assignments, and class activities.

- Held weekly office hours and lectures via Zoom.
- Used online tools such as Panopto, pre-recorded lectures, discussion boards, interactive reading materials, polling tools, and breakout rooms to foster class engagement.

05/2021

The University of Texas at Austin

Teaching Assistant to Dr. Steven Hernandez

Introduction to Data Analysis & Graphics Using R Summer Statistics Institute Course

- Selected through competitive process as teaching assistant for Introduction to Data Analysis & Graphics Using R.
- Assisted participants with statistical software R for the 2021 weeklong *Summer Statistics Institute*.
- Met with participants one-on-one during lectures in online breakout rooms to answer coding and statistical questions.

08/2020-
12/2020

The University of Texas at Austin

Assistant Instructor

Social Work Statistics

- Taught 24 undergraduate students in an online Introduction to Social Work Statistics class.
- Designed and created syllabus, reading schedule, lectures, exams, class activities, assignments, and coding exercises in R.
- Held weekly office hours and lectures via Zoom.
- Used online tools such as Panopto, polling tools, and breakout rooms to foster class engagement and understanding of materials.

08/2019-
05/2020

The University of Texas at Austin

Graduate Teaching Assistant to Dr. Diana DiNitto

Social Welfare Policy

- Assisted 27 undergraduate students to engage in local policy processes, including bill analysis and giving testimony.
- Edited course syllabus and schedule.
- Mentored students one-on-one for social policy analysis.

10/2019-
12/2019

The University of Texas at Austin

Graduate Teaching Assistant to Professor Doug Smith

Social Welfare Policy

- Assisted with transition of new social policy professor mid-semester.
- Independently taught 2 class sessions and co-taught 4 class sessions.

- Managed grading, scheduling, and restructuring of course syllabus as needed.

05/2019-
10/2019

The University of Texas at Austin
Graduate Teaching Assistant to Professor Rayven Plaza
Social Welfare Policy

- Graded assignments for 15 graduate students in social welfare policy class.
- Consulted with students about semester-long policy brief projects.

05/2019

The University of Texas at Austin
Teaching Assistant to Dr. Tiffany Whittaker
Structural Equation Modeling Summer Statistics Institute Course

- Selected through competitive process as teaching assistant for Structural Equation Modeling course.
- Assisted participants with statistical software MPLUS for the 2019 weeklong *Summer Statistics Institute*.
- Created MPLUS flowchart guide for future institute attendees.

01/2015-
04/2016

The University of Texas at Austin
Teaching Assistant to Dr. Vaughn Call and Dr. Lance Erickson
Research Methods

- Co-taught sociology class of 60 undergraduate students to run descriptive statistics in SPSS.
- Graded statistics assignments in the Research Methods course.

GUEST LECTURES

Wood, B.M (October 2021). *Teaching Approaches for Statistics and Social Policy*. Guest lecture, Doctoral Social Work Pedagogy at The University of Texas at Austin, Austin, Texas.

Wood, B.M (October 2020). *Statistical Consultation with Non-profits*. Guest lecture, Graduate Statistics and Data Science class at The University of Texas at Austin, Austin, Texas.

Wood, B.M (September 2020). *Scoping Reviews*. Guest lecture, Doctoral Social Work Colloquium at The University of Texas at Austin, Austin, Texas.

Wood, B.M (February 2020). *Presenting at Academic Conferences*. Guest lecture, Doctoral Social Work Colloquium at The University of Texas at Austin, Austin, Texas.

INVITED PROFESSIONAL PRESENTATIONS

Wood, B. M (October 2020). Poverty and its Impact on Mental Health. Presented virtual CEU course for Austin, Texas' National Association of Social Workers Chapter.

Wood, B. M (December 2017). DigCitSummit: #Usetech4Good. Oral presentation given at the Youth Extravaganza portion of the 2017 DigCitSummit at the Provo Convention Center in Provo, Utah.

Wood, B. M (November 2016). Activating Communities and Neighborhoods to Improve Health. Oral presentation given at the Brigham Young University FHSS College and External Advisory Board in Provo, Utah.

CLINICAL EXPERIENCE

- 08/2017-
08/2018
- LDS Family Services Counseling Center, Riverton, Utah
Clinical Social Worker
- Conducted individual and family therapy sessions using cognitive behavioral therapy, motivational interviewing, and acceptance and commitment therapy.
 - Counseled children, adolescents, young adults, and older adults who experienced suicidal ideation, post-traumatic stress, anxiety, and depression.
 - Evaluated notes, diagnoses, and treatment plans for fellow therapists in annual review.
- 04/2017-
08/2017
- ScenicView Academy, Orem, Utah
Social Work Intern
- Assisted adults on the autism spectrum and with other learning disabilities in creating mental and physical health goals to live independently.
 - Designed curriculum and led weekly social skills group therapy.
 - Utilized evidence-based practice to meet the needs in individual therapy sessions with clients.
 - Met with research committee to assess effectiveness of agency vocational, educational, residential, and enrichment treatment.
- 04/2016-
04/2017
- Cyber-Seniors, Salt Lake City, Utah
Cyber-Seniors Program Director
- Created partnerships with the international group Cyber-Seniors, and local community partners including Google Fiber, the Sorenson Multicultural Center, and Salt Lake County Aging and Adult Services to form the first Cyber-Seniors program in the state.
 - Directed and led programs with classes of 45 or more individuals.
 - Designed and implemented training for youth volunteers, older adults, and college volunteers.

- 01/2014-
08/2016 ScenicView Academy, Orem, Utah
Specialty Instructor
- Led specialized exercise classes for adults on the autism spectrum.
 - Tailored classes based on students' learning disabilities or sensory needs.
- 04/2015-
09/2015 Sundance Mountain Resort, Sundance, Utah
Children's Group Counselor
- Instructed class of 30 or more children in leadership skills and confidence building exercises.
 - Taught environmental consciousness and mindfulness skills in daily hikes and group outings.
 - Maintained children's safety and engagement during physical exercises.
- 12/2014-
10/2015 Center for Women and Children in Crisis Shelter, Utah County, Utah
Manager
- Operated the Utah County 24-hour Domestic Violence Hotline to listen and refer callers to available resources or to clear survivors of domestic abuse to enter the shelter.
 - Documented client intakes and immediate needs on the first day of shelter arrival.
 - Delegated volunteers with tasks aimed at improving the safety and positive community atmosphere of the shelter.

SCHOLARSHIPS & AWARDS

- 08/2021 University Graduate Continuing Fellow 2021-2022 (**\$46,000**), The University of Texas at Austin Graduate School
- 11/2021 Professional Development Award, The University of Texas at Austin Graduate School
- 06/2021 Professional Development Award, The University of Texas at Austin Graduate School
- 03/2021 Summer 2021 Fellowship, The University of Texas at Austin Graduate School

- 02/2021 Professional Development Award, The University of Texas at Austin Graduate School
- 11/2020 University Level Finalist, 2021 Three Minute Thesis, The University of Texas at Austin 2021
- 08/2020 Certificate in Applied Statistical Modeling, The University of Texas at Austin Department of Statistics and Data Science
- 05/2020 Summer 2020 Fellowship, The University of Texas at Austin Graduate School
- 08/2019 CONNECT Fellowship, LBJ School of Public Affairs at The University of Texas at Austin
- 05/2019 CONNECT Fellowship, LBJ School of Public Affairs at The University of Texas at Austin
- 08/2018 Stella Churchill Mullins Endowed Presidential Scholarship, Steve Hicks School of Social Work at The University of Texas at Austin
- 04/2018 AmeriCorp Education Award, U.S. National Service Trust Fund
- 04/2016 Top Graduate, Sociology Department at Brigham Young University
- 12/2014-
04/2016 High Honor Roll, Brigham Young University
- 04/2015-
12/2015 First on Dean's List for Sociology, College of Family, Home, and Social Sciences at Brigham Young University
- 05/2011 Valedictorian, Lincoln Academy

COMMUNITY SERVICE

UNIVERSITY SERVICE

- 10/2021-
Current Search Committee for the Dean of the Steve Hicks School of Social Work
Graduate student representative
- 06/2021-
Current Health & Place Journal
Assistant to Associate Journal Editor Catherine Cubbin

06/2021- Current	Demography <i>Assistant to Deputy Journal Editor Catherine Cubbin</i>
10/2021	Interdisciplinary Association for Population Health Science 2021 Conference <i>Poster judge</i>
01/2021	Society for Social Work and Research 2021 Conference, Virtual platform <i>Conference volunteer</i>
08/2018- 05/2020	Doctoral Committee at The University of Texas at Austin, Austin, Texas <i>PhD student representative</i>
10/2019	Council on Social Work Education 2019 Conference, Orlando, Florida <i>Conference volunteer</i>
09/2018	Integrated Behavioral Health Scholars Conference, Austin, Texas <i>Conference volunteer</i>
08/2017- 04/2018	MSW Program Association at Brigham Young University, Provo, Utah <i>Faculty liaison</i>
08/2014- 04/2016	BYU Women's Studies Honor Society, Provo, Utah <i>Member</i>
08/2014- 12/2014	BYU English Learning Center, Provo, Utah <i>English as a second language (ESL) tutor</i>

SERVICE TO THE PROFESSION

02/2020	STEAMSPACE, Austin, Texas <i>Cities in Space for STEM conference volunteer</i>
02/2020	Australian Wildfire Fundraiser, Austin, Texas <i>Volunteer photographer</i>
09/2019	If Not Now, Austin, Texas <i>Volunteer photographer</i>
08/2016- 04/2018	AmeriCorp Utah <i>Member, 675 hour term of service</i>
08/2016	Run for the Refugees, Provo, Utah

Volunteer

- 12/2015-
03/2016 The Center for Women and Children in Crisis, Utah County, Utah
Shelter volunteer
- 08/2015-
12/2015 Wasatch Mental Health's Strengthening Families Program, Orem, Utah
Program volunteer
- 08/2012-
12/2014 BSA Women's Venturing Crew, Highland, Utah
Historian and record keeper

PROFESSIONAL ASSOCIATIONS & LICENSURE

- American Public Health Association, 2021
Society for Social Work and Research, 2020-2021
Council on Social Work Education, 2017–2020
Gerontological Society of America, 2018-2019
Journal Article Reviewer for Health & Place, 2020
Journal Article Reviewer for the Journal of Traumatic Stress, 2018–2020
Journal Article Reviewer for Gerontology and Geriatrics Education, 2018–2020
Certified Social Worker, Active License #: 10834445-3502