#### Elisa V. Borah, PhD, MSW

#### PROFESSIONAL EXPERIENCE

#### **Research Associate Professor**

9/2016-present

University of Texas at Austin School of Social Work, Austin, TX

# Founder and Director, Institute for Military & Veteran Family Wellness

9/2018-present

Dell Medical School & Steve Hicks School of Social Work, The University of Texas at Austin Founded research institute that develops knowledge and programming to prevent and treat behavioral health problems, provide effective social supports and engage military-connected communities and care providers in research and program development.

## Founder and Director, Veteran SpouseNetwork

1/2016-present

Developed and directs evidence-based peer support program for spouses and family members of military service members and veterans. <a href="https://veteranspousenetwork.org">https://veteranspousenetwork.org</a>

Research Associate 2015-8/2016

Texas Institute for Excellence in Mental Health

University of Texas at Austin School of Social Work, Austin, TX

Lead Evaluator, Evaluation of Veterans Mental Health Services; Obtained PCORI funding for Veteran Spouse Network.

#### **Research Assistant Professor**

7/2010–12/2014

Director of Research, Fort Hood Site, STRONG STAR PTSD Consortium, UT Health San Antonio Managed seven clinical trials supported by 30 research staff; coordinated all research activities with military hospital and military leaders to ensure proper protocols, recruitment goals and scientific integrity were maintained.

#### **Research Associate** (Followed military spouse to Hawaii)

2001–2005

The University of Hawaii, Manoa, School of Social Work

#### Research Assistant; Research Associate

The Urban Institute, State Policy Center, Washington, DC

1998-2001

Designed performance measurement systems for federally funded health care and human services organizations. Assessed results-based state government practices and published public policy reports.

## **EDUCATION**

Ph.D., Social Work 2010

University of Texas at Austin School of Social Work, Austin, TX

Dissertation: The Influence of Counselor Characteristics on Use of Motivational Interviewing: An Exploratory Study of Evidence-based Practices Implementation

Master of Social Work 1998

George Warren Brown School of Social Work, Washington University, St. Louis, Missouri

B.A., Anthropology, cum laude

1995

Washington University, St. Louis, Missouri

Awarded Outstanding Senior Research Award from Department

#### **FUNDING AWARDED**

**Dept. of Defense, Congressionally Directed Medical Research Programs** 9/2022-8/2025 The Military Spouse Resiliency Group (MSRG) Peer Support Program: Equipping Families for

Resiliency with Tools (EFFRT)

This study will adapt a peer support curriculum for military spouses and conduct a Randomized controlled trial to test the impact of peer support on military spouses' quality of life, mental health, social support and knowledge of psychological health problems affecting service members and families.

Role: Principal Investigator | Award: \$1,365,000

**K9s for Warriors** 3/2022-2/2023

Curriculum Adaptation and Creation of Warrior Advocate Support Program

Role: Principal Investigator | Award: \$36,000

**Overwatch Project Training Evaluation** 

Forge Foundation 9/2022-12/2022

Role: Principal Investigator | Award: \$12,500

**Veteran Spouse Network Expansion** 

Texas Health & Human Services Commission Veterans + Family Alliance 9/2021-8/2023

Funding from Texas HHSC supports expansion the Veteran Spouse Network.

Role: Principal Investigator | Award: \$1,335,960

**Targeted Assessment & Clinic-Tailored Implementation of Change Strategies (TACTICS)** 

McClean, C. (PI), Department of Defense

10/2017- 9/2023

This project will test a tailored multi-model intervention approach to improve implementation of Prolonged Exposure Therapy in nine military treatment facilities, and the expand the tool to accelerate the use of other best practices in military settings.

Role: Co-Investigator (20% FTE) | Award: \$1,331,821

**Mind Over Matter (M.O.M)** 

Patient Centered Outcome Research Institute (PCORI)

11/2021-10/2023

This project engages veterans with TBI, caregivers and other stakeholders to bolster patient-centered outcomes and comparative effectiveness research (CER) to identify treatment options for TBI. Stakeholders will be equipped to participate as partners in CER and disseminate study results.

Role: Co-PI (5% FTE) | Award: \$250,000

All Hands on Deck: Community Convening to Improve Research on Veteran Suicide Prevention

Patient Centered Outcome Research Institute (PCORI)

6/2020-5/2021

Community Convening EngagementAward

Facilitate convenings with veterans, concerned significant others, mental health providers, and researchers to identify gaps how best to engage them in suicide prevention efforts and research.

Role: Principal Investigator | Award: \$100,000

Military Family Food Insecurity Research Support

Military Family Advisory Network (MFAN)

1/2021-6/2022

Support MFAN research on military family food insecurity through qualitative interviews with servicemembers, veterans and family members that informs the causal factors of food insecurity.

Role: Principal Investigator | Award: \$52,000

## Patient Safety Center of Inquiry - VA Suicide Prevention Collaborative

10/2018-9/2022

(PIs: DeBeer, B.) The PSC I Center develops, implements, and evaluates practical solutions to reduce suicide among Veterans not receiving VA care.

Role: Co-Investigator (10% FTE)

# **Veteran Spouse Network Expansion**

1/2020-12/2021

Texas Health & Human Services Commission Veterans + Family Alliance grant

Funding to support the expansion of a statewide support network for veteran spouses.

Role: Principal Investigator | Award: \$888,0040

## Combined Arms Outcome Measurement Development Project

7/2019-6/2022

Combined Arms service agreement

Development, piloting and management of data collection with 60 member organizations that deliver care to veterans and their family members in Houston, Texas.

Role: Principal Investigator | Award: \$50,000 (2019-20) \$30,000 (2021-22)

#### **Defense and Veteran Health Consortium**

Dell Medical School 11/2018-8/2021

Research collaboration between UT System and Defense Health Agency and VA.

Role: Co-Investigator (10% FTE)

#### Texas Health and Human Service Commission

12/2018-1/2019

Evaluation of the Seton Healthcare Family Expansion of Veteran Mental Health programs.

Role: PI | Subcontract Award: \$36,000

# Veteran Couples Connect Program Pilot Study

6/2018-12/2019

Texas Health & Human Services Commission Veterans + Family Alliance

This project pilots the delivery of Cognitive Behavioral Conjoint Therapy for PTSD with 30 veteran couples in group format in community-based (non-VA) clinics.

Role: Principal Investigator | Award: \$180,000

## Veteran Spouse Resiliency Group Program Pilot Study

6/2018-12/2019

Texas Health & Human Services Commission Veterans + Family Alliance grant

Funding from Texas HHSC for evaluation of a peer support curriculum.

Role: Principal Investigator | Award: \$170,000

#### Home and Community Based Services-Adult Mental Health

8/2015-4/2019

Texas Health and Human Services Commission

This project provides implementation support to 30 organizations through technical assistance, strategic planning for state-wide implementation, with Continuous Quality Improvement Process for the Adult Mental Health (HCBS-AMH) Program.

Role: Principal Investigator | Award: \$867,103

## Veteran Spouse Network 1/2016–12/2017

Engagement Award, Patient Centered Outcome Research Institute (PCORI)

This project will develop a statewide network of veteran spouses to build their capacity to become engaged in research related to their family members' needs.

Role: Principal Investigator | Award: \$250,000

# Veteran Patient Care at Seton: How does Military Cultural Competence Impact Patient Perceptions of Care? 5/2017-4/2018

Seton Healthcare Family-Center for Health and Social Policy (CHASP) Research Collaborative, LBJ School of Public Affairs, University of Texas at Austin

This study assessed the effectiveness of military informed care training with private sector physicians in the VA's Veterans Choice program.

Role: Principal Investigator | Award: \$50,000

# Mastering Your Marriage Program Development & Evaluation

6/2017-5/2018

Texas Health & Human Services Commission Veterans Mental Health

Additional funding obtained to match new funding from the Chris Kyle Frog Foundation to develop a veteran couples' marriage program, evaluate and disseminate the curriculum.

Role: Principal Investigator | Award: \$100,000

# Mastering Your Marriage Program Development & Evaluation

12/2016-11/2018

Chris Kyle Frog Foundation

Project to develop and evaluate a veteran couples' group-based marriage counseling program.

Role: Principal Investigator | Award: \$150,000

# YES Waiver State wide Implementation and CQI Support

9/2015-12/2016

(PI: Espinosa, E.) Texas Health and Human Service Commission

This project expanded on previous implementation support by providing organizational support through a Continuous Quality Improvement (CQI) process with training and coaching strategies for the 1915c Youth Empowerment Services (YES) waiver, integrating fidelity review and preliminary outcome analysis.

Role: Implementation Evaluator (25% FTE) | Award: \$800,000

# The STRONG STAR Multidisciplinary PTSD Research Consortium

(PI: Alan L. Peterson) Department of Defense

2008-2013

This multidisciplinary multi-institutional created a PTSD research consortium comprised of over twenty randomized controlled trials with active-duty service members to develop and evaluate treatment programs for combat-related PTSD, chronic pain, insomnia, couples relationships.

Role: Director of Research, Fort Hood, TX (7/2010- 1/2015) (100% FTE)

# Variable Length Cognitive Processing Therapy for Combat-Related PTSD

(PI: Patricia Resick) Department of Defense

9/2012-8/2016

The purpose of this study was to (1) determine if participants reach good end-state functioning at varying lengths of cognitive process therapy (cognitive only version) and to characterize the distribution of response (i.e., early v. late responders); (2) Examine predictors (e.g., externalizing characteristics, traumahistory) of length of treatment and treatment success, and (3) Examine secondary treatment outcomes (e.g., return to work, social/family functioning).

Role: Co-Investigator, Ft. Hood, TX (9/2012-01/2015).

# Development and Validation of a Theory Based Screening Process for Suicide Risk

(PI: Steven D. Vannoy, Ph.D) USA Medical Research Acquisition Activity, STRONG STAR Affiliated Study 2011–2014

This project assessed the utility of new questions pertaining to suicide risk among active-duty soldiers on the Post Deployment Health Re-Assessment (PDHRA).

Role: Co-Investigator (2012-2014)

#### Multidisciplinary Approach to Reduce Injury & Alcohol Use

(PI: Craig Field) National Institute on Alcohol Abuse and Alcoholism (NIAAA) 2006–2011 Health Behavior Research and Training Institute, University of Texas at Austin School of Social Work This study tested the necessity of a booster session on patients' motivation to change their drinking behavior at the time they present for treatment of an alcohol related injury.

Role: Project Coordinator; Co-Investigator (8/2008-10/2009)

# **Texas Process & Practice Improvement Initiative/National Institute of Drug Abuse**

(PI: R. Spence) National Institute of Drug Abuse

2005-2008

Addiction Research Institute, University of Texas at Austin, School of Social Work This study examined utilization of science-based practices and proximal client outcomes as influenced by organizational change process intervention and feedback on practices and outcomes.

Role: Graduate Research Assistant, Co-Investigator (8/2006-7/2008)

## COLLABORATIVE PARTNERSHIPS FORMED

September 2020

Established a formal collaboration between the Institute for Military and Veteran Family Wellness and the Fort Hood Carl R. Darnall Army Medical Center (CRDAMC) to support research related to improving the delivery of behavioral health care among services members and their families, determining the health and wellness of military families and potential service gaps as well as developing collaborative learning opportunities for military providers and UT students.

#### **MEDIA**

Borah, E.V. & Hannah O'Brien (2022, Nov. 11). "Commentary: When you thank veterans, thank their families, too." Op ed in Austin American Statesman.

 $\frac{https://www.statesman.com/story/opinion/columns/guest/2022/11/11/opinion-when-you-thank-veterans-thank-their-families-too/69633927007/$ 

Also published in the Waco Tribune: <a href="https://wacotrib.com/opinion/columnists/elisa-borah-and-hannah-obrien-when-you-thank-veterans-thank-their-families-too/article\_ceb479dc-5d25-11ed-80c3-47a0fa0348a8.html">https://wacotrib.com/opinion/columnists/elisa-borah-and-hannah-obrien-when-you-thank-veterans-thank-their-families-too/article\_ceb479dc-5d25-11ed-80c3-47a0fa0348a8.html</a> and San Antonio Express:

47a0fa0348a8.htmlhttps://www.expressnews.com/opinion/commentary/article/Commentary-When-you-thank-veterans-thank-their-17575014.php

Fox News. (2022, Oct. 27). Interviewed by Fox 44 about military spouses support needs and new study funding for the CDMRP study awarded in September 2022. https://www.fox44news.com/news/local-news/local/people-first-summit-on-fort-hood/

UT News. (2022, Nov.11). The Institute for Military and Veteran Family Wellness is named by UT Austin as part of its support for veterans and reflection in national rankings for veterans. "Commitment to Military Community Reflected in Rankings and Programming"

<a href="https://news.utexas.edu/2022/11/11/commitment-to-military-community-reflected-in-rankings-and-programming/">https://news.utexas.edu/2022/11/11/commitment-to-military-community-reflected-in-rankings-and-programming/</a>

UT SHSSW News. (2022, Nov. 30). "SHS Institute for Military and Veteran Family Wellness (IMVFW) provides community, resources, and resilience to veteran families." https://socialwork.utexas.edu/shs-institute-for-military-and-veteran-family-wellness-imvfw-

# provides-community-resources-and-resilience-to-veteran-families%EF%BF%BC/

- UT News (2021, Nov. 8). The Institute for Military and Veteran Family Wellness is mentioned as part of UT Austin's recent ranking as the best college for veterans in UT News. https://news.utexas.edu/2021/11/08/ut-austin-ranked-best-texas-school-for-veterans-wins- gold-award-from-texas-veterans-commission/?fbclid=IwAR32npUS 6Oifm4t5w9G7h2wEZNCGEMK3bV3hrFs- UM5ctYFgOEzlnLd6eGE
- KXAN News. (2021, Nov. 11). Quoted by KXAN about UT Austin's recent ranking as the best college for veterans in Texas in which the Institute for Military and Veteran Family Wellness is mentioned as component of the ranking. https://www.kxan.com/news/education/university-of-texas-at-austin-ranked-as-texass-best-college-for-veterans/
- The Hill. (2021, Nov. 11). Authored an op-ed for The Hill on Veterans Day commenting on the new White Houseplan, "Reducing Military and Veteran Suicide: Advancing a Comprehensive, Cross-sector, Evidence-informed, Public Health Strategy". https://thehill.com/opinion/healthcare/581046-white-house-plan-for-veteran-suicide-prevention-must-involve-communities
- KXEN News. 2020, December 22). Quoted in KXEN article about current research on military family food insecurity. https://www.kcentv.com/article/news/military-matters/food-distribution-helps-500- fort-hood-families-ahead-of-christmas/500-72580472-a0c9-43dd-a638-4df92acd1c84
- UT Press Release. (2020, Sept. 16). Quoted in press release: "Texas Veterans Network to Offer Comprehensive Support for Veterans, Families Transitioning to Civilian Life" https://dellmed.utexas.edu/news/texas-veterans-network-to-offer-comprehensive-support-forveterans-families-transitioning-to-civilian-life
- Borah, E.V. (2020, April 3). Quoted in a <u>Blue Star Families</u> article about isolation, coronavirus, and caregivers for veterans. https://bluestarfam.org/2020/04/with-what-ifs-and-isolation-coronavirus-risks-weigh-on-caregivers-for-veterans/
- Stars and Stripes. (2020, April 3). Quoted about coronavirus risks and caregivers for veterans. https://www.stripes.com/news/veterans/with-what-ifs-and-isolation-coronavirusrisks-weigh-on-caregivers-for-veterans-1.624720
- Spectrum News. (2020, Feb. 21). Quoted in feature piece about institute's Veteran Spouse Resiliency Program https://spectrumlocalnews.com/tx/austin/news/2020/02/21/initiativeaims- to-support-veteran-families-across-texas-#
- Fox 7 News. (2018, October 30). Good Day Austin interview about the Veteran Couples Connect program. http://www.fox7austin.com/good-day/local-program-helping-couples-deal-with-ptsd
- KPLE-TV (2018,October4).Interviewed on "AttentionCentralTexas", https://www.youtube.com/watch?v=x12xLLSvr08
- Houston Chronicle. (2016, November 10). Lawmakers should focus on female veterans' mental health needs. <a href="http://www.houstonchronicle.com/opinion/outlook/article/">http://www.houstonchronicle.com/opinion/outlook/article/</a> Borah- Lawmakers-should focus-on-female-veterans-10607088.php

- **Borah, E.V.** (2016, November 11). Nation must increase support for women veterans.

  \*\*Philadelphia Inquirer. <a href="http://www.philly.com/philly/opinion/20161110\_Commentary">http://www.philly.com/philly/opinion/20161110\_Commentary</a>

  Nation\_must\_increase\_support\_for\_women\_veterans.html
- **Borah, E.V.** (2016, May 26). We must do more for the spouses of veterans. *Dallas Morning News*. <a href="http://www.dallasnews.com/opinion/latest-columns/20160526-elisa-v.-">http://www.dallasnews.com/opinion/latest-columns/20160526-elisa-v.-</a> <a href="borah-we-must-do-more-for-the-spouses-of-veterans.ece">borah-we-must-do-more-for-the-spouses-of-veterans.ece</a>
- **Borah, E.V.** (2016, March 15). Veterans treatment courts prioritize recovery over punishment. *Houston Chronicle*. http://www.chron.com/opinion/outlook/article/Borah-Veterans-treatment-courts-prioritize-6891886.php
- Borah, E.V. (2015, November 11). Interviewed on Good Day Austin about providing support to veterans' families.
- Borah, E.V. (2015, November 11). Interviewed on KXAN Austin about providing support to veterans' families.
- **Borah, E.V.** (2015, September 10). Don't forget military spouses when we think of vets' care. *Dallas Morning News*. http://www.dallasnews.com/opinion/latest-columns/20150910-elisa-v.- borahdont-forget-military-spouses-when-we-think-of-vets-care.ece
- **Borah, E.V.** (2015, September 14). Veterans' care should extend to family. *Houston Chronicle*. http://www.chron.com/opinion/outlook/article/Borah-Veterans-care-should-extend-to-family-6504273.php

#### **SERVICE**

- 2016- Chair, Conference Planning Committee, Military Social Work & Behavioral Health Conference, Hosted by Institute for Military and Veteran Family Wellness, The University of Texas at Austin
- 2021- **Chair**, Society for Social Work and Research (SSWR) Military Service Members, Veterans and Families Cluster
- 2022- Invited Member, Rand Veterans Policy Research Collaborative (VPRC)
- 2022- **Invited Member**, VA Preventing Firearm Suicides among Rural Veterans by Engaging Military Caregivers Advisory Board
- 2022- Invited Member, UT Austin Military and Veteran Stakeholders Committee
- 2021- Chair, SSWR Special Interest Group for Research with Service Members, Veterans, Family Members and Their Systems of Care
- 2021- Member, VA ETS Sponsorship program Advisory Board
- 2021- Member, Executive Committee, Steve Hicks School of Social Work
- 2020-21 Member, Combined Arms Advisory Board
- 2019- Member, Doctoral Committee, Steve Hicks School of Social Work

2021 Guest Editor, Special Issues on Social Work Academia and COVID-19 in Professional Development: International Journal of Continuing Social Work Education 2021 Consultant, Advised University of Colorado, Center for Veteran Health, on creation of university research and education institute. 2020 Consultant, Advised New Hampshire Department of Military Affairs and Veteran Services, Division of Community Based Military Programs on the state's development of military family supportprograms. 2020 **Reviewer**, promotion packet for Dr. Kari Fletcher in the School of Social Work at the University of St. Thomas. 2020 Member, Advisory Board for Center for Deployment Psychology study examining the impact of clinic-level variables on outcomes for patients 2018-2020 Member, Austin Mayor's Challenge to Prevent Veteran Suicide Task 2018-2019 Member, UT System Influential Veteran Leaders, Veterans Task Force 2017-2019 Member, Seattle Implementation Research Collaboration 2017-2018 **Associate Editor**, *Military Behavioral Health*, Taylor & Francis Member, Military Suicide Research Consortium Dissemination & Implementation Core 2017-2018 Member, Council on Social Work Education Task Force to Update Military Social Work 2017-2018 Curriculum Guide 2017-2018 Lead, CSWE Survey of MSW Program Directors about Military Social Work Curriculum 2017 **Guest Editor**, Special Issue on Social Work Education toward Serving Military and Veteran Populations in the Journal of Teaching in Social Work, Taylor & Francis 2017 Co-lead, MSW Sub-committee to develop Military Social Work Course Certificate, UT Austin School of Social Work 2016-2017 Member, Meadows Mental Health Policy Institute, Veterans Mental Health Task Force 2016 Guest Editor, Special Issue on Mental Health Practice with Military- and Veteran- Connected Populations in Best Practices in Mental Health, Lyceum 2016-**Member.** Central Texas Veterans Services Coalition 2015-2016 Secretary, Board of Directors, CareBox Cancer Care

2012-2014 Member, Conference Planning Committee, Military Social Work Conference, hosted by University of Texas at Austin School of Social Work (2013) and hosted by St. Leo University (2014)
 2012-2021 Co-Founder/Convener, Implementation Research Special Interest Group, Society for Social Work and Research (SSWR), APM
 2012-2017 Abstract Reviewer, Society for Social Work and Research (SSWR) Annual Program Meeting

#### **TEACHING**

Adjunct Faculty 2016–2021

The University of Texas at Austin, School of Social Work Course taught: *Social Work Research Methods* (2016-18), *Social Work with Military Personnel and Families* (2020-21)

Adjunct Faculty 2016–2018

Texas State University School of Social Work

Course taught: Social Work Research Methods (2017-18)

**Instructor** 2001–2004

The University of Hawaii at Manoa, School of Social Work Developmental Research Methods in Social Work (BSW) (2001-02);

Research Designs and Data Analyses for the Evaluation of Practice Effectiveness (MSW) (2004); Review of Research in Social Work (MSW) (2004).

## **HONORS**

2023	Selected as Society for Social Work and Research (SSWR) Research Fellow
2021	Selected as a Scholar in the Stand-to Veteran Leadership Program, George W. Bush
	Institute
2007	Charles W. Laughton Endowed Presidential Scholarship, UT Austin Graduate School
2005	The University of Texas at Austin Graduate School Preemptive Fellowship
1998	George Warren Brown School of Social Work Practicum Scholarship
1996	Wilbur Cohen Scholarship, George Warren Brown School of Social Work

# **PUBLICATIONS** (peer reviewed)

- Geraci, J., Paine, C., **Borah, E.V.,** Redden, C., Korsun, L., Nenninger, S., Diep, K., Foster, C., Feliciano, A., Meeks, R., Hoover, A., Crouch, C., Keating, M., Goodman, M. & Seim, R. (In press). Addressing key US Army problems through the translation of science to the implementation of evidence-based interventions: III Armored Corps' People First Center. *Armed Forces & Society*.
- Geraci, J., **Borah**, E., Paine, C., Woods, C., Eickhoff, C., Eastman, M., Edwards, E., Finley, E., Grant, D., Little, K., El-Meouchy, P., Keesling, T., Diep, K., Foster, C., Eissler, B., Thomas, S., Meeks, R., Palmer, J. Wilson, K., Redden, C., Korsun, L., Keating, M., Anestis, M., Goodman, M., Seim, R., Kessler, R., Bernabe, S. (In Press). Initial effectiveness of III Armored Corps' (US Army) People First Training: Addressing enhancers and detractors to unit deployment readiness. *Psychological Services*.

- McLean, C. P., Cook, J., Riggs, D. S., Peterson, A. L., Young-McCaughan, S., **Borah, E. V.,** Comtois, K.A., Dondanville, K.A., Frick, E., Haddock, C.K. and Mann, J. & TACTICS Research Group. (2022). Barriers and potential solutions to implementing evidence-based PTSD treatment in military treatment facilities. Military medicine.
- Young-McCaughan, S., Peterson, A. L., Mintz, J., Hale, W. J., Dondanville, K. A., Borah, E. V., Blount, T. H., Blankenship, A. E., Fina, B. A., Hall-Clark, B. N., Hernandez, A. M., Jacoby, V. M., Malach, S. L., Williams, J. M., Compton, K. E., Bingham, M. O., Vriend, C. A., Inman, A. W., Brundige, A., Arzola, S. M., Lapiz-Bluhm, M. D., Williamson, D. E., Litz, B. T., Hembree, E. A., Roache, J. D., Taylor, D. J., Pruiksma, K. E., Borah, A. M., & Yarvis, J. S., for the STRONG STAR Consortium. (2022).
  Testing the role of aerobic exercise in the treatment of posttraumatic stress disorder (PTSD) symptoms in U.S. active duty military personnel: A pilot study. Cognitive Behaviour Therapy, 51(4), 309-325. https://doi.org/10.1080/16506073.2021.2001689
- **Borah, E.** & Platz, M. (2022). A New (Virtual) Reality: Lessons Learned from Hosting a Virtual Academic Conference During a Global Pandemic, *Professional Development: International Journal of Continuing Social Work Education*, 25(2), 3-12. http://www.profdevjournal.org/articles/252003.pdf
- **Borah, E.** & Dondanville, A. (2022). Introduction by our Special Editors, *Professional Development: International Journal of Continuing Social Work Education*, 25(1), 3. http://www.profdevjournal.org/articles/251003.pdf
- **Borah, E.**, Cohen, D., Bearman, S. K., Platz, M., & Londoño, T. (2021). Comparison of child and adult clinicians' perceptions of barriers and facilitators to effective care transition. *Social Workin Mental Health*, 19(2), 166-185.
- **Borah, E.**, Rosen, V., Fink, J., & Paine, C. (2021). Evaluation of a Military Informed Care Training with Private Sector Healthcare Providers. *Military Behavioral Health*, 1-12.
- Nason, E., **Borah, E.**, Hale, W., Wachen, J., Dondanville, K., Mintz, J., Litz, B., Yarvis, J., McCaughan S., Peterson, A., Resick, P. for the STRONG STAR Consortium. (2021). The Effects of Interpersonal Support on Treatment Outcomes Using Cognitive Processing Therapy. *Cognitive Therapy and Research*, 45, 679-688.
- Brown, L.A., Bryan, C.J. Butner, J.E., Tabares, J.V., Young-McCaughan, S., Hale, W.J., Fina, B., Foa, E.B., Resick, P.A., Taylor, D.J., Coon, H., Williamson, D., Dondanville, K., **Borah, E.V.**, McLean, C., Wachen, J.S., Pruiksma, K.E., Hernandez, A., Litz, B.T., Mintz, J., Borah, A.M., Nicholson, K.L., Maurer, D., Kelly, K.M., Peterson, A., for the STRONG STAR Consortium (2021). Identifying Suicidal Subtypes and Dynamic Indicators of Increasing and Decreasing Suicide Risk in Active Duty Military Personnel: Study Protocol. *Contemporary Clinical Trials Communications*, 21. <a href="https://doi.org/10.1016/j.conctc.2021.100752">https://doi.org/10.1016/j.conctc.2021.100752</a>
- Peterson, A. L., Young-McCaughan, S., Roache, J. D., Mintz, J., Litz, B. T., Williamson, D. E., Resick, P. A., Foa, E. B., McGeary, D. D., Dondanville, K. A., Taylor, D. J., Wachen, J. S., Fox, P. T., Bryan, C. J., McLean, C. P., Pruiksma, K. E., Yarvis, J. S., Niles, B. L., Abdallah, C. G., Averil, L. A., Back, S. E., Baker, M. T., Blount, T. H., Borah, A. M., Borah, E. V., Brock, M. S., Brown, L. A., Burg, M. M., Cigrang, J. A., DeBeer, B. B., DeVoe, E. R., Fina, B. A., Flanagan, J. C., Fredman, S. J., Gardner, C. L., Gatchel, R. R., Goodie, J. L., Gueorguieva, R., Higgs, J. B., Jacoby, V. M., Kelly, K. M., Krystal, J. H., Lapiz-Bluhm, M. D., López-Roca, A. L., Marx, B. P., Maurer, D. M., McDevitt-Murphy, M. E., McGeary, C. A., Meyer, E. C., Miles, S. R., Monson, C. M., Morilak, D. A., Moring, J. C., Mysliwiec, V., Nicholson, K. L., Rauch, S. A. M., Riggs, D. S., Rosen, C. S., Rudd, M. D., Schobitz, R. P., Schrader, C. C., Shinn, A. M., Shiroma, P. R., Sloan, D. M., Stern, S. L., Strong, R., Vannoy, S. D., Young, K. A., & Keane, T. M., for the STRONGSTAR Consortium

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- **Borah, E. V.** & Stacey S. Manser. (2016). The Roles of Veteran Peers in Mental Health Recovery and in the Transition Process from Military to Civilian Life. In Hicks, Louis, Eugenia L. Weiss, and Jose R. Coll (Eds.). *The Civilian Lives of U.S. Veterans: Issues and Identities*. Santa Barbara, CA: Praeger.
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- Kaczkurkin, A. N., Asnaani, A., Hall-Clark, B., Peterson, A. L., Yarvis, J.S., Foa, E. B., & the STRONG STAR Consortium. (2016). Ethnic and racial differences in clinically relevant symptoms in active duty military personnel with posttraumatic stress disorder. *Journal of Anxiety Disorders*, 43,90-98. <a href="http://dx.doi.org/10.1016/j.janxdis.2016.09.004">http://dx.doi.org/10.1016/j.janxdis.2016.09.004</a> \*STRONG STAR Consortium group authors include (alphabetically): **E. Borah**, K. Dondanville, E. A. Hembree, B. T. Litz, J. Mintz, & S. Young-McCaughan.
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- **Borah, E.V.,** Wright, E. C., Donahue, A., Cedillos, E., Isler, W.C., Peterson, A. L. (2013). Implementation Outcomes of Military Provider Training in Cognitive Processing Therapy and Prolonged Exposure Therapy for Posttraumatic Stress Disorder. *Military Medicine*. 178,939-944.
- **Borah, E. V.** & Aguiniga, D. M. (2013). Dissemination of Evidence-based Practice Information: Are Professional Associations Making the Grade? *Journal of Social Work Education*. 49(3), 506-514.
- Peterson, A. L., Luethcke, C. A., **Borah, E. V.,** Borah, A. M., Young-McCaughan, S. (2011). Assessment and Treatment of Combat-Related PTSD in Returning War Veterans. *Journal of Clinical Psychology in Medical Settings*, *18*, 164-175.
- Bell, H., Madden, E., **Borah, E. V.,** Lein, L., Beausoleil, J. (2010). Case Management with Hurricane Katrina Survivors: Perspectives of Case managers and Supervisors. *Journal of Social Service Research*, 36(3),216-229.
- Faulkner, M. & Borah, E. V. (2008). Effects of Workplace Features on Child Welfare Services. Professional Development: The International Journal of Continuing Social Work Education, 11(3), 36-49.

#### INVITED PRESENTATIONS

August 2-3, 2022. In-person panelist. "Understanding and Addressing Risk for Suicide among Aging Veterans" Diverse Populations Workshop, VA/SAMHSA Innovations Conference, Alexandria, VA.

August 2, 2022. Featured podcast with PsychArmor's Behind the Mission series: <a href="https://psycharmor.org/podcast/dr-elisa-borah">https://psycharmor.org/podcast/dr-elisa-borah</a>

September 28, 2022. Invited Panelist at Texas Moving Forward - Texas Challenge to Prevent Veteran Suicides, Office of Veteran Services Coordination. Texas Health and Human Services. "All Hands on Deck: Engaging Concerned Significant Others in Preventing Veteran Suicide."

October 25-27, 2022. Invited Panelist. Presented on Military Spouse Resiliency and CDMRP-funded spouse peer support study at III Corps People First Summit.

August 26, 2021. Webinar. Institute for Military and Veteran Family Wellness Virtual Summer Series: "The Veteran Spouse Resiliency Group Program: Delivering Peer Support to Veteran Spouses and Committed Partners."

April 23, 2021. Competitive abstract speaker. Partnerships for Veteran & Military Health Conference, "Using community veteran needs assessments to deliver more effective and efficient veterans services."

February 26, 2021. Invited webinar, "Military and veteran spouses' challenges, unmet needs and extent of available support programs." Sturm Specialty in Military Psychology Program, Graduate School of Professional Psychology.

2021, Invited Panelist. Presented on Institute for Military and Veteran Family Wellness' All Hands on Deck veteran suicide prevention study at the Texas Suicide Prevention Council's monthly meeting.

2020, Presented "Building partnerships through co-writing" at the Health Communication Scholars Program (HCSP) grant workshop sponsored by the Moody College of Communication's Center for Health Communication.

Sept. 19, 2019. Invited Panelist. Patient Centered Outcome Research Institute's Annual Meeting in Washington, D.C., "Veteran Spouse Network (VSN): A network of veteran spouses engaged in research" on a panel titled "Taking better care of veterans."

Nov. 5, 2018. Invited Panelist. Integral Care Community Forum on Trauma.

Feb. 6, 2018. Invited Panelist. The Veteran Spouse Network in Texas. TexVet Symposium. Texas A&M Health Science Center, Round Rock, Texas. Veteran Mental Health in Texas.

Feb. 6,2017. Invited Panelist. Texas Veterans Commission Annual Conference.

Sept. 8, 2016. The Veteran Spouse Network. Texas Veterans Commission Annual Conference.

November 10, 2015. Invited Talk. VISN17 Center of Excellence for Research on Returning War Veterans at the Doris Miller VA Medical Center in Waco, TX.

November 4, 2015. Webinar. Military cultural competence: Ethical considerations. Office of Professional Development. School of Social Work. The University of Texas at Austin School of Social Work.

September 25, 2012. *Implementation Research: An Introduction*. Grand Rounds Presentation. DepartmentofPsychiatry,SchoolofMedicine,UniversityofTexasHealth ScienceCenter at San Antonio.

## TRAININGS/WORKSHOPS

May, 2021, Provided **Military Cultural Competency Training** for UT Steve Hicks School of Social Work faculty and Staff.

Summer, 2020, Conducted four-session **Measurement Workshop Series** with Combined Arms for 20 veteran-services collaboratives around the country, as part of the Bob Woodruff Foundations' National Veterans Intermediary.

Military Informed Care Training: Caring for Military and Veteran Patients, November 2018 (Integral Care); December 2018 (Shoal Creek Seton Behavioral Health Clinic); March 2019 (Continuing Education at DMS); July 2019 (with DMS Psychiatry residents).

#### **CONFERENCE PRESENTATIONS**

- **Borah, E.V.** & O'Brien, H. Evaluation of Group Peer Support for Veteran Spouses: The Veteran Spouse Resiliency Group Program at Society for Social Work and Research Conference. Accepted for presentation but withdrawn due to weather conditions. Washington, DC. January 15.
- O'Brien, H. & E. Borah. (2021, June). "Evaluation of Group Peer Support for Veteran Spouses: The Veteran Spouse Resiliency Group Program" San Antonio Military Health System and Universities Research Forum (SURF).
- Pruiksma, K. E., Hale, W. J., Mintz, J., Peterson, A. L., Young-McCaughan, S., Wilkerson, A., Nicholson, K. L., Dondanville, K. A., Fina, B. A., **Borah, E. V.**, Roache, J. D., Litz, B. T., Bryan, C. J., & Taylor, D. J., for the STRONGSTAR Consortium. (2020, August 27-30). *Predictors of cognitive behavioral therapy for insomnia (CBTi) outcomes in active dtyU.S. Army personnel* [Poster session]. SLEEP 2020 Virtual Meeting, the 34th Annual Meeting of the Associated Professional Sleep Societies. <a href="https://aasm.org/event/sleep-2020/">https://aasm.org/event/sleep-2020/</a>
- Rosen, C., Riggs, D., Peterson, A., Young-McCaughan, S., **Borah, E.**, Comtois, K. A., Cook, J., Davis, A., Dondanville, K., Finley, E., Haddock, C. K., Jahnke, S. A., Neitzer, A., Poston, W. S. C., Wiltsey-Stirman, S., & McLean, C. P., for the STRONG STAR and TACTICS Research Group (2019, October). *Targeted Strategies to Accelerate Evidence-Based Psychotherapy (EBP) Implementation in Military Settings*. Poster presented at the 4<sup>th</sup> annual meeting, Combat PTSD Conference, San Antonio, TX.
- Rosen, C., Riggs, D., **Borah, E.V.**, Dondanville, K. A tailored implementation approach to improving care in military treatment facilities: Integrating practice-based knowledge and implementation science. At the Society for Implementation Research Collaboration' 5th Biennial Conference in Seattle, Sept. 13, 2019.
- DeBeer, B., Baack, S., Borah, E., Bryan, C., Cassidy, R., Clafferty, S., Heise, J., Hoffmire, C., Keene, R.,

- Mignogna, J., Mohatt, N., Monteith, I., Pierson, D., Williams, M., Brenner, L., Degutis, L., Jefferies, P., Matthieu, M., McKeon, R., Reed, J., Synett, S., & Benzer, J. (August, 2019). Preventing Veteran Suicide through Community/VA Collaboration. Paper presented at the 2019 VA/DoD Suicide Prevention Conference.
- **Borah**, E.V. (2018). Veteran Spouses' Employment and Higher Education Experiences. Annual Program Meeting, Society for Social Work and Research (SSWR), Washington, DC.
- **Borah, E.V.**, Dondanville, K.A., Centola, J. Devoe, E. & Williams, A. (2018). Adaptation, implementation & evaluation of the Strong Families Moving Forward Program with veteran families. Oral presentation at the 2018 Military Social Work Conference. September 5, 2018. Austin, Texas.
- **Borah, E.V.**, Rosen, V., Paine, C. (2018). Veteran patient care at Seton: How does military cultural competence impact patient perceptions of care? Oral presentation at the 2018 Military Social Work Conference. September 5, 2018. Austin, Texas.
- Nason, E. & **Borah**, E.V. (2018). The relationship between interpersonal support and cognitive processing therapy outcomes for combat-related PTSD. Oral presentation at the 2018 Military Social Work Conference. September 6, 2018. Austin, Texas.
- Larson, D., O'Brien, H., **Borah, E.V.** (2018). Using Tele-health and Web Based Applications to Implement a Veteran Marriage Enrichment Program. Poster presentation at the 2018 Military Social Work Conference. September 5, 2018. Austin, Texas.
- **Borah**, E.V., Rosen, V., Wade, A. (2018). Enhancing Civilian Providers' Military Cultural Competence to Improve the Quality of Care They Provide to Service Members, Veterans, and Their Family Members. 3rd Annual San Antonio Combat PTSD Conference. San Antonio, TX.
- Fina. B., **Borah**, **E.V.**, Devoe, E., Yarvis, J. (2017). *Lessons Learned from Conducting Clinical Research within Military Settings*. Roundtable presented at Annual Program Meeting, Society for Social Work and Research (SSWR), New Orleans, LA.
- **Borah, E.V.** (2016). *The Veteran Spouse Network: Engaging Spouses in the Research Process.* Panel presentation at 4<sup>th</sup> Annual Military Social Work Conference, UT Austin, TX.
- **Borah, E.V.** (2016). *The Veteran Spouse Network: Engaging Spouses in the Research Process*. Podium presentation at Community Engagement Healthcare Improvement Conference, San Antonio, TX.
- **Borah, E.V.** and B. Fina. (2016). *Military Spouses Speakup: A Qualitative Study of Spouses' Experiences and Needs*. In *Military Spouses*, (Chair, Elisa Borah), Panel presented at Annual Program Meeting, Society for Social Work and Research (SSWR), Washington, DC.
- Stevens-Manser, S., **Borah, E.V.**, Adler, E. & Daggett, P. (2016). *Evaluating Statewide Infrastructure for Veterans Mental Health Services*. (Presented by **Borah, E.V.**). Poster presented at Annual Program Meeting, Society for Social Work and Research (SSWR), Washington, DC.
- **Borah, E.V.** (2015). Understanding the Experiences of Military and Veteran Spouses, Moderator. Panel presented at the Military Social Work Conference. University of Texas at Austin School of Social Work.

- Borah, E.V., Dondanville, K., Fowler, P., & Pruiksma, K. (2014). Army Soldiers' Knowledge, Attitudes and Treatment Seeking Behaviors Regarding Posttraumatic Stress Disorder in Fighting Stigma on the Front Lines: Study Findings to Inform the Development of Interventions to Increase Treatment Seeking Among Soldiers (Chair, E. V. Borah), Symposium presented at Annual Program Meeting, Society for Social Work and Research, San Antonio, TX.
- Borah, E.V., Schuster Wachen, J., Resick, P.A. & Hall-Clark, B. (2014). The Roles of Unit Cohesion and Trait Resilience Among Active-DaySoldiers Receiving Group Cognitive Processing Treatment for PTSD. In Working with the Military and their Families, (Chair, Elisa Borah), Panel presented at Annual Program Meeting, Society for Social Work and Research (SSWR), New Orleans, LA.
- Dondanville, K., **Borah, E.V**., & Fowler, P. (2014). Evaluation of An Intervention Targeting Stigma & Enhancing Military Leaders' Ability to Encourage Soldiers to Seek PTSD Treatment in *Fighting Stigma on the Front Lines: Study Findings to Inform the Development of Interventions to Increase Treatment Seeking Among Soldiers* (Chair, Elisa Borah), Symposium presented at Annual Program Meeting, Society for Social Work and Research (SSWR), San Antonio, TX.
- **Borah, E.V.** (2014). Military Spouse Panel, Moderator. Military Social Work Conference. Saint Leo University. Saint Leo, Florida.
- **Borah, E. V.**, Holder, N., Chen, K. & Gray, S. (2014). Military Behavioral Health Providers' Attitudes, Training and Organizational Barriers related to their Use of Evidence-Based Treatments for PTSD. Poster presented at National Institute of Health Mental Health Services Research New Investigators' Pre-Conference Workshop.
- **Borah, E.V.** (2013). Military Spouse Panel, Moderator. University of Texas at Austin School of Social Work Military Social Work Conference.
- **Borah, E.V.,** Schuster Wachen, J., Resick, P. A. & Peterson, A.L. (2013). The Role of Coping Skills and Unit Cohesion in PTSD Treatment Outcomes among Active-DuySoldiers. In CPTVs. PCT: Final Results of an RCT with an Active Military Sample (Chair, Patricia Resick), Symposium presented at International Society for Traumatic Stress Studies, Philadelphia, PA.
- **Borah, E.V.**, Dondanville, K.A., Fowler, P.G. (2013). Army Soldiers' Knowledge, Attitudes and Treatment Seeking Behaviors regarding Posttraumatic Stress Disorder. In *Fighting Stigma on the Front Lines*, Symposium presented at the American Psychological Association Annual Convention, Honolulu, HI.
- Dondanville, K.A., **Borah, E.V.** & Fowler, P.G. (2013). Targeting Stigma & Enhancing Military Leaders' Ability to Encourage Soldiers to seek PTSD Treatment. In *Fighting Stigma on the Front Lines*, Symposium presented at the American Psychological Association Annual Convention, Honolulu, HI.
- Schuster Wachen, J., Resick, P. A., Mintz, J., Young-McCaughan, S., **Borah, E. V.**, Evans, B. B., & the STRONG STAR Consortium. (2012). Group cognitive processing therapy for combat-related posttraumatic stress disorder: Main findings on PTSD and depression. In P. A. Resick (Chair), *Group cognitive processing therapy versus present centered therapy for PTSD among active duty military*. Symposium presented at the annual meeting of the International Society for Traumatic Stress Studies, Los Angeles, CA.

- Borah, E. V., Hall-Clark, B., Pruiksma, K., Resick, P. A., Schuster Wachen, J., Mintz, J., & the STRONG STAR Consortium. (2012). The influence of social support and unit cohesion on outcomes in group cognitive processing therapy treatment outcomes for combat-related posttraumatic stress disorder inactive duty soldiers. In P. A. Resick (Chair), *Group cognitive processing therapy versus present centered therapy for PTSD among active-duty military*. Symposium conducted at the annual meeting of the International Society for Traumatic Stress Studies, Los Angeles, CA.
- McLean, C. P., Foa, E. B., **Borah, E. V**., Mintz, J., Evans, B. B., Peterson, A. L., &the STRONG STAR Consortium. (2012). Patterns of symptom change during intensive treatment for PTSD. In C. P. McLean (Chair), *Treatment of combat-related PTSD with 2 weeks of intensive prolonged exposure therapy*. Symposium conducted at the annual meeting of the International Society for Traumatic Stress Studies, Los Angeles, CA.
- Wilkinson, C. B., **Borah, E. V**., Resick, P. A., Foa, E. B., Schuster Wachen, J., Young-McCaughan, S., & the STRONG STAR Consortium. (2012). *Conducting clinical trials with active-duty military personnel*. Panel presented at the annual meeting of the International Society for Traumatic Stress Studies, Los Angeles, CA.
- Hall-Clark, B.N., **Borah, E.V**., Pruiksma, K., Resick, P.A., Schuster Wachen, J., Evans, B.B., & the STRONG STAR Consortium. (2012). *The influence of group therapy treatment on perceptions of social support for combat-related posttraumatic stress disorder in active duty soldiers*. Poster presented at the annual convention of the Association for Behavioral and Cognitive Therapies, National Harbor, MD.
- Wright, E. C., **Borah, E. V**., Wilkinson, C., Donahue, D. A., Cedillos, E. M., & Peterson, A. L. (2011). Military behavioral health provider perceptions of workshop training in evidence-based therapy for PTSD. Poster presented at the annual conference of the Association for Behavioral and Cognitive Therapies, Toronto, Canada.
- **Borah, E. V**. (2011). The *Role of Supportive Attitudes, Readiness and Skill Assessment in the Effective Use of Motivational Interviewing*, Poster presented at Seattle Implementation Research Conference, Seattle, WA.
- Borah, E.V. (2011). From Training to Use: The Role of Counselor Attitude, Motivation, and Skill in Evidence-based Practice. Poster presented at Summer Institute on Evidence-based Practice, Academic Center for Evidenced-Based Nursing, University of Texas Health Science Center at San Antonio, San Antonio, TX.
- Stevens, S.M., Travis, D., **Borah, E.V.**, Spence, R. (2011). *Does Context Matter? Collaborative Practices and EBP Implementation*. Poster presented by **Borah, E.V.** at 4th Annual National Institute of Health Conference on the Science of Dissemination & Implementation, Bethesda, MD.
- Stevens, S.M., Travis, D., **Borah, E.V.,** Spence, R. (2009). *Client Perceptions of Self and Treatment as Predictors of Therapeutic Alliance*. Paper presented at Annual Program Meeting, Society for Social Work and Research (SSWR), New Orleans, LA.
- Faulkner, M., **Borah**, E.V. (2009). *Impact of Workplace Characteristics on Quality of Child Welfare Services*. Poster presented at Annual Program Meeting, Society for Social Work and Research (SSWR), New Orleans, LA.

- Madden, E., Bell, H., **Borah, E.V.**, Lein, L., & Beausoleil, J. (2009). *Work Context of Case Management with Hurricane Katrina Survivors*. Poster presented at Annual Program Meeting, Society for Social Work and Research (SSWR), New Orleans, LA.
- Bell, H., **Borah**, E.V., & Lein, L. (2008). *Job Satisfaction and Burnout among Case managers of Hurricane Katrina Survivors*. Paper presented at Annual Program Meeting, Society for Social Work and Research (SSWR), Washington, DC.
- **Borah, E.V.** & Aguiniga, D.M. (2007). *Dissemination of Evidence-Based Practice: Are Professional Associations Making the Grade?* Paper presented at Annual Program Meeting, Council on Social Work Education, San Francisco, CA.

#### PUBLIC POLICY AND STUDY FINDINGS REPORTS

- **Borah**, E., O'Brien, H., Nichols, M. (2022). The Veteran Spouse Network: Veteran Spouse Resiliency Group Leader Manual: 7th Edition. The Institute for Military and Veteran Family Wellness, The University of Texas at Austin.
- **Borah**, E., O'Brien, H., Nichols, M. (2022). The Veteran Spouse Network: Veteran Spouse Resiliency Group Participant Manual: 7th Edition. The Institute for Military and Veteran Family Wellness, The University of Texas at Austin.
- Causal factors of military and veteran family food insecurity: Texas Research Report. June, (2022). MFAN & UT Austin IMVFW.
- Causal factors of military and veteran family food insecurity: Virginia Research Report. June, (2022). MFAN & UT Austin IMVFW.
- Borah, E., Platz, M. (2021). Concerned Significant Other Engagement Guide: All Hands on Deck for Improving Research on Veteran Suicide Prevention. The Institute for Military and Veteran Family Wellness, The University of Texas at Austin. <a href="https://sites.utexas.edu/imvfw/files/2021/05/May-2021-CSO-Engagement-Guide.pdf">https://sites.utexas.edu/imvfw/files/2021/05/May-2021-CSO-Engagement-Guide.pdf</a>
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