

CURRICULUM VITAE

SARAH K. SLOAN, LCSW-S

Clinical Associate Professor
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EDUCATIONAL BACKGROUND

Master's degree in Social Work (MSSW), University of Texas (UT), Austin, May 2003

Phi Alpha, National Honor Society for Social Work Students

Dean's Award of Excellence (2003) for Graduate Program, UT School of Social Work

Bachelor of Arts (B.A.) Psychology (Management Minor), Texas A&M University, December 1989

PROFESSIONAL LICENSURE, CERTIFICATIONS, AND MEMBERSHIPS

Texas State Board of Social Work Examiners Approved Supervisor (2008 – Present)

Licensed Clinical Social Worker (LCSW) (2006 – Present)

National Association of Social Workers (NASW) (2002 – Present)

Licensed Master's of Social Work (LMSW) (2003 – 2006)

Fund Raising Management Certification Program (1999) University of Texas

ACADEMIC APPOINTMENTS

University of Texas at Austin Steve Hicks School of Social Work - Clinical Associate Professor, (2019- Present)

- Chair, Sue Fairbanks annual lecture on Psychoanalytic Thought (2017-present)
- Chair, Clinical Concentration sub-committee
- Member on Committee on Diversity and Inclusion, Field Education committee, MSSW committee, Option III committee and the International committee
- Chair of Clinical concentration sub-committee for MSSW program (2016-present)
- Serve as faculty liaison to first and second-year MSSW students in agency field placements.
- Advise MSSW first and second year students for advanced internship placements

University of Texas at Austin Steve Hicks School of Social Work - Clinical Assistant Professor, (2012- 2019)

- Chair, Sue Fairbanks annual lecture on Psychoanalytic Thought (2017 - 2019)
- Serve as Clinical Faculty Representative (2015-2019)
- Chair of Clinical concentration sub-committee for MSSW program (2016-2019)
- Serve on Executive committee, Field Education committee, MSSW committee, International, and the Diversity and Inclusion committee.
- Serve as faculty liaison to first and second-year MSSW students in agency field placements.
- Advise MSSW first and second year students for advanced internship placements

TEACHING

The University of Texas at Austin– Austin, Texas

Fall 2012 - **Practice I and Field I, MSSW program, UT Steve Hicks School of Social Work**

Fall Present

Spring 2012- **Practice II and Field II, Field III and IV, MSSW program, UT Steve Hicks School of Social Work**

Spring Present

Fall 2019 ***Invited Guest Lecturer***, PhD Pedagogy Class, Steve Hicks School of Social Work – Lecture title:
Difficult Dialogues

- Spring 2017 **Invited Guest lecturer**, Practice I (SW 383) Steve Hicks School of Social Work – Lecture title: *Assessment of Suicidality*
- Summer 2016 **Theories and Methods of Group Intervention, MSSW program**, School of Social Work
- Summer 2016 **Practice II, MSSW program**, School of Social Work
- Spring 2016 **Invited Guest Lecturer**, Practice II (SW 383R), School of Social Work - Lecture title: *Existentialism*
- Fall 2015 **Invited Guest Lecturer**, Practice II (SW 383R), School of Social Work – Lecture title: *Working with suicidal clients in practice*
- Spring 2014-2015 **Advanced Integrative Capstone in Social Work Knowledge and Practice, MSSW program**, School of Social Work
- Summer 2013 **Theories and Methods of Group Intervention, MSSW program**, School of Social Work
- Fall 2014 **Invited Guest Lecturer**, SOC 308, Social Determinants of Health,– Lecture title: *LGBTQ Health Disparities*, College of Liberal Arts
- Fall 2010 **Invited Guest Lecturer**, Practice II (SW 383R), School of Social Work - Lecture title: *Barriers to Working with Clients in Therapy*
- Spring 2009 **Invited Guest Lecturer**, Practice II (SW 383R), School of Social Work - Lecture title: *Working with the Cognitive Behavioral Approach in Therapy*
- Spring 2009 **Invited Guest Lecturer**, Theories and Methods of Group Intervention (SW 393R26), School of Social Work–Lecture title: *Working with the LGBT population in Group Therapy*
- Spring 2007 **Invited Guest Lecturer**, Practice II (SW 383R), School of Social Work - Lecture title: *Working with the Narrative Approach in Therapy*
- Spring 2007 **Invited Guest Lecturer**, Theories and Methods of Group Intervention (SW 393R26), School of Social Work,–Lecture title: *Working with the LGBT population in Group*
- Spring 2006 **Invited Guest Lecturer**, Practice II (SW383R), School of Social Work - Lecture title: *Working with the Narrative Approach in a Live Clinical Setting*
- Spring 2006 **Invited Guest Lecturer**, Theories and Methods of Group Intervention (SW 393R26), School of Social Work–Lecture title: *Working with the LGBT population in Group*

PRESENTATIONS AND CONFERENCE PLANNING

Conference Planning Leadership

The University of Texas at Austin Steve Hicks School of Social Work, Sue Fairbanks Lecture Series in Psychoanalytic Knowledge, **Victoria Mills, LCSW**, *How a psychoanalytic lens can help us understand incarcerated youth*, Austin, TX, Fall 2020

The University of Texas at Austin Steve Hicks School of Social Work, Sue Fairbanks Lecture Series in Psychoanalytic Knowledge, William S. Meyer, LCSW, *No “evidence” for psychoanalytic therapy? Let me tell you some stories...*, Austin, TX, Fall 2019

The University of Texas at Austin Steve Hicks School of Social Work, Sue Fairbanks Lecture Series in Psychoanalytic Knowledge, Marco Posadas, MSW, RSW, FIPA, *Difficult to Hold: Psychoanalysis and anti-oppressive clinical practice in social work*, Austin, TX, Fall 2018

The University of Texas at Austin Steve Hicks School of Social Work, **Sue Fairbanks Lecture Series in Psychoanalytic Knowledge**, Elizabeth Kita, Ph.D, *Everyone hates me now, but where were they when I needed them?': A psychoanalytic look at trauma, violence, and mass incarceration*, Austin, TX, Fall 2017

International Scholarly Presentations

Sloan, S.K. (Spring 2018) **Mindfulness as Self-Care**, Can Teen, Sydney, Australia

Sloan, S.K. (Summer 2017) **Family Theory and Social Work Pedagogical Training** (June 25 – July 1), Pontifica Universidad Catolica de Chile, Santiago, Chile

National Scholarly Presentations

Sloan, S.K. and Smith, R.M. (Fall 2020) **Who is taking care of you? Self-care within the work of equity and inclusion**, Council on Social Work Education, Annual Program Meeting, Denver, CO

Sloan, S.K. and Smith, R.M. (Fall 2018) **Across Two Continents: A collaboration between two social work programs**, Council on Social Work Education, Annual Program Meeting, Orlando, FL

Sloan, S.K. (Summer 2018) **Mindfulness-based Interventions for Self and Others**, Smith College, Northampton, MA

Sloan, S.K. (Summer 2017) **Mindfulness-based Interventions for Self and Others**, Smith College, Northampton, MA

Sloan, S.K. (2015) **Mindfulness in the Curriculum, Classroom and Beyond**, Council on Social Work Education Annual Program Meeting, Denver, CO.

Sloan, S.K. (2015) **Mindfulness Based Interventions with Groups** workshop, International Association of Social with Groups Symposium, Chapel Hill, NC

Sloan, S.K., Vance, M. (2007) **"Mindfulness Based Structured Groups: An Experiential, Didactic, and Research-based Session"**, American Group Psychotherapy Association National Conference, Austin, TX

Statewide Scholarly Presentations

Sloan, S.K. (Fall 2017) **Working with Trauma Exposure Response in Supervision** (November 2) Texas Clinical Supervision Conference, University of Texas Steve Hicks School of Social Work, Austin, TX

Sloan, S.K. (Spring 2017) **Mindfulness in the Classroom and Beyond**, School Social Work Conference, The University of Texas School of Social Work, Austin, TX

Local and Statewide Presentations and Lectures

Sloan, S.K. (Spring 2020) Virtual Coffee Hour, **Self-care**, UT Steve Hicks School of Social work DiNitto Center

Sloan, S.K. (Spring 2020) **Working with LGBTQIA+ clients: Best Practices**, Therapy Austin, Austin, TX

Sloan, S.K. (Spring 2020) Plenary speaker, **The Wounded Healer and Self-Compassion**, Austin Presbyterian Theological Seminary, Creativity and Hope in the Time of Trauma

Sloan, S.K. & Smith, R. (Fall 2017, Spring 2018, Fall 2019) **Field Instruction 101: Nuts and Bolts**, UT Steve Hicks School of Social Work Field Instructor Development Institute.

Sloan, S.K. (Spring 2017) **Diversity and Inclusion: Feminism**, UT Steve Hicks School of Social Work Faculty Meeting, Austin, TX

Sloan, S.K. (Spring 2016) **Presentation on Self-care and Stress Management at Workplace Academy**, Lifeline Children and Family Services agency, Austin, TX.

Sloan, S.K. (2016) **Harvey Milk Society panel presentation on Social Movements**. LBJ School of Public Policy, Austin, TX.

Sloan, S.K. (2016) **Self-Care and Stress**. Lifeline Children and Family Services Workplace Academy, Austin, TX

Sloan, S.K. (2016) **LGBTQA+ Identities: Core Issues within LGBTQA Communities**. with Gender and Sexuality Center at Dell Medical School, Austin, TX.

Sloan, S.K. (2014 and 2015) **LGBTQ Health Disparities**, City of Austin diversity workshop. Austin, TX

Sloan, S.K. (2015) **Using Mindfulness in Working with Cancer Patients**, LiveStrong, Austin, TX

Sloan, S.K. (2014) **Mindfulness Based Clinical Interventions** webinar, School of Social Work University of Texas.

Sloan, S.K. (2006) **“Dilemmas in the Dating Game”** Panel for the Gender Sexuality Center at University of Texas Living in Pride series, Austin, TX

Sloan, S.K. Forslund, I, Reicherzer, S. (2005) **Relationships in the GLBT Community** Panelist for the University of Texas Gender and Sexuality Center, Living in Pride Series, Austin, TX

Sloan, S.K., Arrington, K.A. (2003) **Coming Out Workshop** Workshop presented to University of Texas, Austin, TX

Sloan, S.K. (2002) **Family Selection and Support Intensive**, Program presented at the National Habitat for Humanity International Conference, Seattle, WA

MENTORSHIP

Rachel Liebman, School of Social Work and LBJ School of Public Affairs, The University of Texas Austin. Master’s thesis committee member, “Eliminating Youth Solitary Confinement: Evidence-based practices and alternative interventions”

PUBLICATIONS

Sloan, S.K. (Summer 2020) Self-Care Summer: What Is It About Self-Care?. New Social Worker On-line. Retrieved from: <https://www.socialworker.com/extras/self-care-summer/what-is-it-about-self-care/>

Sloan, S.K. (August 2017) Mindfulness and Taking a Self-Compassion Break. New Social Worker On-line. Retrieved from: <http://www.socialworker.com/extras/self-care-summer/self-care-summer-mindfulness-and-taking-a-self-compassion-break/>

Moore, L. & Sloan, S.K. (March 20, 2017) Same-sex Benefits Lawsuit is Bad for Texas. Houston Chronicle. Retrieved from <http://www.houstonchronicle.com/opinion/outlook/article/Sloan-Moore-Same-sex-benefits-lawsuit-is-bad-11015445.php>

Moore, L. & Sloan, S.K. (March 10, 2017) Protect Marriage Equality. El Paso Times. Retrieved from: <http://www.elpasotimes.com/story/opinion/columnists/2017/03/10/sloan-moore-protect-marriage-equality/99027382/>

Tucker, C., Sloan, S.K., Vance, M., Brownson, C. (2008) Integrated care in college health: A case study. American College Counseling Association.

SERVICE

Steve Hicks School of Social Work

Clinical Concentration Sub-committee Chair (2015 – Present)

Committee on Diversity, Inclusion and Social Justice (2018-Present)

Field Education Committee (2012- Present)

Option III Committee (2020-Present)

MSSW Committee (2012- Present)

Member of Executive Committee (2015 – 2019)

Community Partnership Development sub-committee (2012- Spring 2017)

The University of Texas at Austin

President's Advisory Council on LGBTQ Initiatives, (2017 - present)

Provost's Committee on LGBTQIA+ Access, Equity and Inclusion (Q+AEI) (2019-Present)

Admissions Committee for Dell Medical School, (July 2015 – 2016)

Gender and Sexuality Center Education Committee, Gender and Sexuality Center (2014-2017)

Governance committee for Center for Women's and Gender Studies, (2015 – 2017)

Gender and Sexuality Center Advisory and Working Group, University of Texas, (May 2008 –2017)

Diversity Education Institute Advisory Council, Division of Diversity and Community Engagement, University of Texas, (2012 – 2016)

Pride and Equity Faculty and Staff Association (PEFSA), Chair, (2011–2015)

Campus Climate Response Team, University of Texas, (2010 – 2012)

Student Affairs Diversity Task Force, University of Texas, (2008-2010)

Pride and Equity Faculty Staff Association (PEFSA), Domestic Partnership Benefit Sub-committee, University of Texas, (June 2007 –2011)

RELEVANT PROFESSIONAL EXPERIENCE

University of Texas at Austin – Counseling and Mental Health Center (CMHC), August 2010 – 2012

SENIOR STAFF, PROGRAM COORDINATOR OF STUDENT TECHNOLOGY and COUNSELING SPECIALIST

- Provided individual, couples, and group counseling to a diverse student clientele.
- Managed caseload of approximately 60 + clients
- Co-led general co-ed psychotherapy group and structured groups for special populations
- Participated on the Emergency Mental Health Team (EMHT) for after hours emergencies
- Provided supervision to practicum students and social work and psychology interns
- Served as on Diversity Awareness and Engagement Committee Co-chair
- Worked in a multi-disciplinary team

- Provided outreach and programming to GLBT populations on UT campus
- Served as liaison to webmaster for new content on CMHC website (www.cmhc.utexas.edu)
- Developed Social Media presence for CMHC
- Strong working knowledge of various software packages in PC and Macs including MS Office and databases

University of Texas at Austin – Counseling and Mental Health Center, July 2008 – July 2010

SENIOR STAFF, COUNSELING SPECIALIST IV

- Provided individual, couples, and group counseling to a diverse student clientele.
- Managed caseload of approximately 90 + clients
- Co-led general co-ed psychotherapy group and structured groups for underserved populations
- Participated on the Emergency Mental Health Team (EMHT) for after hours emergencies (once per quarter)
- Served on-call for walk-in crisis clients weekly
- Provided supervision to practicum students and social work and psychology interns
- Served as on Diversity Awareness and Engagement Committee Co-chair
- Worked in a multi-disciplinary team
- Strong working knowledge of various software packages in PC and Macs including MS Office and databases
- Provided outreach and programming to LGBT populations on UT campus

University of Texas at Austin – University Health Services and Counseling and Mental Health Center, September 2005 – July 2008

SENIOR STAFF INTEGRATED HEALTH COUNSELOR, COUNSELING SPECIALIST IV

- Provided integrated health care to individuals, and provide group counseling to a diverse student clientele
- Co-led general co-ed psychotherapy group, Mindfulness Based Stress Reduction groups and Mindfulness Based Cognitive Therapy for Depression (MBCT)
- Supervised group psychology practicum student and Social Work intern
- Served on-call for crisis clients daily
- Worked in a multi-disciplinary medical team approach
- Participated in month-long training initiative for internship class
- Served on Intern Selection committee for social work and psychology interns
- Served on various work task committees
- Participated on the Emergency Mental Health Team (EMHT) for after hours emergencies
- Served on Diversity Task Force

University of Texas at Austin – Counseling and Mental Health Center, August 2003 – August 2005

COUNSELING SPECIALIST III

- Provided individual, couples, and group counseling to a diverse student clientele.
- Managed caseload of approximately 90 + clients
- Co-led general co-ed psychotherapy group and loss and grief group
- Served on-call for crisis walk-in clients weekly
- Provided supervision to practicum students and social work and psychology interns
- Served on Diversity Task Force
- Worked in a multi-disciplinary team approach
- Served on the Space Allocation committee

Waterloo Counseling Center, July 2003 – December 2005

THERAPIST (Senior)

- Provided counseling to LGBTQ individuals and couples with a clinical caseload of 10-15 clients per week
- Served on Senior contract staff advisory group
- Participated in Clinical Advisory Summit (2004)

University of Texas – Counseling and Mental Health Center, August 2002 – May 2003

SOCIAL WORK INTERNSHIP II (APA accredited training program)

- Provided individual, couples, and group counseling to diverse student clientele
- Managed caseload of 25 clients

- Co-led two groups, Younger Women's Psychotherapy group and Mind/Body Stress Reduction group
- Created and provided program outreach across campus
- Actively participated in five training seminars on issues such as professional development, diversity, individual therapy, group therapy, and unique social work issues
- Received four hours of weekly individual supervision to further develop clinical and assessment skills
- Sought and received specialized training in couples therapy and spirituality, practice, and theory

Project Transitions - Doug's House (AIDS Hospice), September 2001 – May 2002

SOCIAL WORK INTERNSHIP I

- Active member of multi-disciplinary team that served the physical, emotional and spiritual needs of residents and their family dealing with HIV and AIDS in a residential hospice
- Assisted residents with informal counseling, case management, and personal care
- Conducted initial resident intakes and work with residents on going care plans
- Linked residents to community resources that included AIDS related agencies, hospice organizations, and social service agencies
- Organized and co-led Creativity arts group for supportive housing residents

ORGANIZATIONAL LEADERSHIP

Habitat for Humanity International (HFHI), Middle States Region, Austin Field Office, 1999– 2002

AFFILIATE SUPPORT MANAGER

- Provided leadership to HFHI affiliates, board of directors, executive directors, and volunteers in understanding and expanding Habitat's vision in the Middle States region (includes eight states)
- Consulted with 40 Habitat for Humanity sanctioned affiliates in Texas
- Offered training in basic and essential elements of HFHI, including board development, strategic planning, funds development, and family selection and support services
- Assisted in the coordination and planning of regional training events
- Served as lead Affiliate Support Manager for Texas, and responded to regional fund development and growth opportunities for affiliates. Aided communities in starting HFHI affiliates
- Participated with the Middle States Regional team that acted on opportunities and HFHI initiated funding programs for 250 affiliates

Habitat for Humanity (Local Affiliate level), 1994 – 1999

Austin Habitat for Humanity Affiliate (AHFH)- Austin, Texas 1998 - 1999

ASSOCIATE EXECUTIVE DIRECTOR

- Led AHFH in the absence of the Executive Director
- Participated on the AHFH planning team
- Represented AHFH in the Austin community through speaking engagements and presentations
- Managed one employee, five volunteers and interns from local universities
- Served as recording secretary for the Board of Directors
- Responsible for all administrative functions of AHFH, including computer and information management
- Served as Fund Development Director, writing all grants, proposals, and direct mail appeals
- Oversaw and supported Public Relations committee and the Fund Development committee

Austin Habitat for Humanity Affiliate- Austin, Texas, 1997 - 1998

INTERIM EXECUTIVE DIRECTOR

- Managed the overall operation and implementation of the strategic plan of Austin Habitat for Humanity
- Prepared and monitored annual \$1.5 million budget
- Introduced a team-oriented management style during staffing shortage, resulting in a productive work environment during a potential crisis situation
- Supervised 12 staff members

- Served as liaison to the Board of Directors
- Led AHFH planning team
- Represented Austin Habitat for Humanity in the Austin community
- Served in the role of fund development coordinator
- Participated in the Executive committee and Board of Directors meetings as an ex-officio member

Austin Habitat for Humanity Affiliate- Austin, Texas, 1996 - 1997

VOLUNTEER COORDINATOR

- Recruited, trained, coordinated, placed, monitored, supported, and recognized over 5,000 individual and group volunteers annually for construction work projects, RE-Store support (Habitat's used building supply store), and Habitat committee projects
- Assessed and met volunteer needs for the organization
- Served as a member of the AHFH Speaker's Bureau
- Served as a member of the strategic planning team, the operations team, and the Human Resources and Volunteer policy council

VOLUNTEER SERVICE

University United Methodist Church Homeless Advocacy, (2020-Present) Austin, TX

Texas Jail Project, (2019-Present) Board Member, Co-Chair-Austin, TX

University High School, (2014- Present) Advisory Council- Austin, TX

Seedling Foundation, (2016- 2019) Mentor – Austin, TX

Gender and Sexuality Center, (2014 – 2018) Mentor- The University of Texas- Austin, TX

Texas Jail Project, (2017-2019) Advisory Board, Austin, TX

Capital Area Food Bank of Texas, (2015) Summer Child Nutrition Volunteer – Austin, TX

Rude Mechanicals- (2009-2014) Board of Directors – Austin, TX

Waterloo Counseling Center- (2006-2009) Board of Directors – Austin, TX

(2007 – 2009) Board Secretary – Austin, TX

National Association of Social Workers (2004) Peer Reviewer for NASW Conference, Galveston, TX

Texas Commission on Volunteerism and Community Service (2000) Expert Peer Reviewer for Texas AmeriCorps Funding and Governor's Volunteer Award, Austin, TX

Central Texas Bluegrass Association (1998-1999) Board of Directors- Vice-President- Austin, TX

Directors of Volunteers in Austin (DOVIA) (1997-1999) Board of Directors –Treasurer- Austin, TX

Center for Battered Women (1996-1999) Crisis Hotline and Research volunteer - Austin, TX

Brooke Elementary School (1994 -1998) Mentor - Austin, TX

Cabarrus County North Carolina Habitat for Humanity (1994) Full –time Volunteer, Family Services Coordinator