ANNOUNCING THE INAUGURAL

TEXAS CLINICAL SUPERVISION CONFERENCE

November 2–3, 2017

Thompson Conference Center
The University of Texas at Austin

This conference will provide a multidisciplinary audience of clinical supervisors — social workers, licensed professional counselors, and marriage and family therapists, as well as professional educators in these disciplines — with the opportunity to enhance knowledge, skills, and practice in this complex and challenging arena.

Dorinda N. Noble, PhD, LCSW

Creative Professional Development and Supervision, LLC

Noble began her career as a child welfare worker, and has spent most of her life as a social work educator, leading the BSW program at Texas Tech for seven years, later serving for twelve years as MSW Director at Louisiana State University, and finally retiring from Texas State University School of Social Work as Director. Noble has been involved in social work regulation, having served on both the Louisiana and Texas State Boards of Social Work Examiners, and has been quite active in Association of Social Work Boards, where she served in several capacities, including President for four years. A board-approved supervisor, Noble has been involved in international committees on best supervision practices.

Jennifer Luna Jackson, MSSW

Steve Hicks School of Social Work, UT Austin

Luna Jackson established the DiNitto Center for Career Services at The University of Texas at Austin Steve Hicks School of Social Work, one of the first social work programs in the nation with a full services career center, and nationally recognized as a model program. Luna Jackson has been invited to present regionally and nationally on career development topics including self-marketing, academic job search and the professional development cycle for social workers. In addition to her work with the University, she provides individual consultation to professionals seeking employment in the nonprofit and public human services sector, and the academic job market.

Ed Watkins, PhD

Department of Psychology, North Texas State University, Denton, TX

Watkins is a professor in the Department of Psychology, University of North Texas (UNT). His primary clinical supervision interests focus on psychoanalytic, trans-theoretical, and common factors perspectives. At UNT, he teaches a supervision seminar and supervises doctoral students who provide psychotherapy in the Department’s Psychology Clinic. He is a Fellow of Division 17 (Counseling Psychology) and Division 29 (Psychotherapy) of the American Psychological Association. He is co-author (with C.H. Patterson) of Theories of Psychotherapy (1996), editor of the Handbook of Psychotherapy Supervision (1997), and co-editor (with Derek Milne) of the Wiley International Handbook of Clinical Supervision (2014). His most recent supervision publications have appeared in such journals as the Journal of Psychotherapy Integration, Journal of Unified Psychotherapy and Clinical Science, American Journal of Psychotherapy, and The Clinical Supervisor.
INAUGURAL TEXAS CLINICAL SUPERVISION CONFERENCE PLANNING COMMITTEE

Tammy Linseisen, LCSW, ACSW, Conference Chair, Clinical Associate Professor, UT Austin Steve Hicks School of Social Work

Liz Nowicki, LCSW, ACSW, Director, Office of Professional Development, UT Austin Steve Hicks School of Social Work

Sandra Grimes, LCSW, Private Practice, Austin, TX

Dorinda Noble. Ph.D., LCSW, Creative Professional Development and Supervision, LLC, Austin, TX

Janet Tuohy, MSW, LCSW, Zen Hart Counseling, Georgetown, TX

Susan Vichick-Johnson, LCSW, Private Practice, Austin, TX

Gianna Viola, LCSW, Private Practice, Austin, TX

CONTINUING EDUCATION CREDIT

**General Conference Audience:** Social workers, licensed professional counselors and marriage and family therapists are all invited to attend this exciting educational opportunity.

**Social Work, LPC, LMFT, TAAP, LCDC:** The keynote and workshop sessions of this conference have been approved for 12 CEUs including up to 12 CEUs in Supervision and up to 3 Ethics CEUs for Social Workers, Marriage and Family Therapists, and Licensed Professional Counselors by The University of Texas at Austin Steve Hicks School of Social Work.

**BREAKOUT SESSION PREFERENCES**

**Please Note:** Sessions will be filled on a first-come, first-served basis. Plan to arrive early for sessions that interest you, and have alternative sessions in mind if your first choice is full.

**NAMETAGS AND ADMITTANCE**

Official Texas Clinical Supervision Conference nametags must be worn to gain admittance to conference events.

**CONFERENCE ATTIRE**

Business casual. We recommend that you bring a sweater or a jacket since individual comfort ranges vary, and conference centers are often kept on the cool side.

**SPECIAL ASSISTANCE**

It is the policy of The University of Texas at Austin to comply with the Americans with Disabilities Act. If special arrangements are needed in order for an individual with a disability to attend this program, please contact the office via email: ssw-profdevinfo@utlists.utexas.edu or phone: 512-471-2886 at least ten working days in advance of the conference.

For more information, please contact:
Office of Professional Development,
The University of Texas at Austin
Steve Hicks School of Social Work
512-471-2886 / ssw-profdevinfo@utlists.utexas.edu
socialwork.utexas.edu/ceu/clinical-supervision-conference/

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**Conference Location**

**Thompson Conference Center**

2405 Robert Dedman Dr.
Austin, TX 78712
(512) 471-3121
thompsoncenter.utexas.edu

Thompson Conference Center is located on the northeast corner of UT Austin’s main campus, in central Austin, provides easy access via bus, shuttle, taxi, automobile and bicycle. TCC is one block away from IH-35, the main North-South artery of Austin, and a short drive from Airport Boulevard, the main route into town from Austin-Bergstrom International Airport (ABIA).

**Directions:**

Traveling south on IH 35: Take the 32nd St. exit and turn right at the light. Travel west one block on 32nd St. to Red River St. Turn left and travel south on Red River to the first light (Red River St. and 26th/Dean Keeton St.). Proceed through the intersection and turn right into the first parking lot.

Traveling north on IH 35: Take the 32nd St. exit and turn left at the light. Travel west one block on 32nd St. to Red River St. Turn left and travel south on Red River St. to the first light (Red River St. and 26th/Dean Keeton St.). Proceed through the intersection and turn right into the first parking lot.

**Complimentary parking** is available on-site at TCC on a first-come, first-served basis in Lot 40, which is located at the intersection of Red River at Dean Keeton streets.

**Additional paid parking** is available nearby in Manor Garage (MAG) on Clyde Littlefield Drive. Attendees at events in TCC can have their Manor Garage parking tickets validated at the TCC reception office to receive a discount.
# Texas Clinical Supervision Conference Schedule

**Thursday, November 2, 2017**

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
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<tr>
<td>8:00 – 9:00 am</td>
<td>REGISTRATION AND CONTINENTAL BREAKFAST</td>
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<tr>
<td>9:00 – 10:30 am</td>
<td>OPENING REMARKS AND KEYNOTE&lt;br&gt;Trans-theoretical Essentials in Supervisory Thought and Action&lt;br&gt;Ed Watkins, PhD</td>
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<tr>
<td>10:30 – 10:45 am</td>
<td>BREAK</td>
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<tr>
<td>10:45 – 12:15 am</td>
<td>BREAKOUTS&lt;br&gt;IA. New Supervisors: Staging the Foundation of Your Ideal Clinical Supervision Practice&lt;br&gt;Susan Vichick-Johnson, LCSW&lt;br&gt;IB. Working with Trauma Exposure Response in Supervision&lt;br&gt;Sarah Sloan, LCSW, MSSW&lt;br&gt;IC. Strengths-Based Clinical Supervision&lt;br&gt;Jack Nowicki, LCSW&lt;br&gt;ID. Trans-theoretical Essentials in Supervisory Thought and Action, Part II&lt;br&gt;Ed Watkins, PhD</td>
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<tr>
<td>12:15 – 1:30 pm</td>
<td>LUNCH</td>
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<tr>
<td>1:30 – 2:00 pm</td>
<td>Supervision Jeopardy!&lt;br&gt;Sandra Grimes, LCSW</td>
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<tr>
<td>1:30 – 3:30 pm</td>
<td>Live Demonstration Fishbowl: Group Supervision&lt;br&gt;DeLinda Spain, LCSW</td>
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<tr>
<td>3:30 – 3:45 pm</td>
<td>REFRESHMENT BREAK</td>
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<tr>
<td>3:45 – 4:45 pm</td>
<td>Process Demonstration Group</td>
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# Texas Clinical Supervision Conference Schedule

**Friday, November 3, 2017**

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<tr>
<th>Time</th>
<th>Session Description</th>
<th>Presenters</th>
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<tr>
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<td>REGISTRATION AND CONTINENTAL BREAKFAST</td>
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<tr>
<td>9:00 – 10:30 am</td>
<td>KEYNOTE PRESENTATION</td>
<td>Prudent Supervision: How to Address Ethics and the Law*</td>
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<td>Dorinda N. Noble, PhD, LCSW</td>
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<td>10:30 – 10:45 am</td>
<td>BREAK</td>
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<tr>
<td>10:45 – 12:15 am</td>
<td>IIA. Professional Wills – What Supervisors Need to Know (and DO!)*</td>
<td>IIB. Ethical Considerations in Dual Relationships in Supervision*</td>
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<td>Joseph Dias, MEd, LPC-S</td>
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<td>IIC. Group Supervision: Challenges and Benefits</td>
<td>Gianna Viola, LCSW and Christine Winston, LCSW</td>
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<td>IIIB. Substance Use Disorder Issues Facing Our Supervisees and How We Can Help</td>
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<td>IIIC. Helping Supervisees Work with Highly Complex Clients Using Respect-Focused Therapy</td>
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<td>3:15 – 4:45 PM</td>
<td>CLOSING KEYNOTE: Step up and Stand Out!</td>
<td>Creating Your Professional Brand as a Clinical Supervisor</td>
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<td>Jennifer Luna Jackson, MSSW</td>
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*Includes ethics credit*
Thursday, November 2, 2017

9:00 a.m.
Welcome: Tammy Linseisen, ACSW, LCSW, Steve Hicks School of Social Work, UT Austin

9:00 – 10:30 a.m.
KEYNOTE ADDRESS: Trans-theoretical Essentials in Supervisory Thought and Action
   Ed Watkins, PhD, Department of Psychology, North Texas State University, Denton, TX
We have lacked for a common, unifying vision of supervision. One such vision is made up of a perspective that includes common factors, common processes, and common practices. This perspective gives attention to those critical commonalities that seem to matter most across any and all forms of supervision, and proposes a meaning-making model that theoretically anchors and binds those very commonalities together. Whatever might be the particular model that is practiced, supervision can be fundamentally and foundationally commonalities-inspired, commonalities-informed, and commonalities-infused.

10:30 – 10:45 a.m. Morning Coffee Break

10:45 a.m. – 12:15 p.m. Breakout Sessions
IA: New Supervisors: Staging the Foundation of Your Ideal Clinical Supervision Practice
   Susan Vichick-Johnson, LCSW, Private Practice, Austin, TX
The mandatory supervision course presented you with the fundamentals of Clinical Supervision. So, how do you integrate the fundamentals with your clinical supervisory voice? Think of this workshop as your “post-40-hour course supervision”—the opportunity to develop your Clinical Supervisor identity, voice and style...separating you from the pack, attracting supervisees that fit into your core supervision identity and values, and setting the stage for a mutually rewarding supervision practice. Although this workshop is geared towards new Supervisors, it is appropriate for practicing Supervisors who struggle with identifying these aspects of practice.

IB: Working with Trauma Exposure Response in Supervision
   Sarah Sloan, LCSW, MSSW, Steve Hicks School of Social Work, UT Austin
Laura Lipsky’s book Trauma Stewardship (2009) defines the “trauma exposure response as the transformation that takes place within us as a result of exposure to the suffering of other living beings or the planet.” When the trauma exposure response, vicarious traumatization, or compassion fatigue is discussed by in supervision, supervisors are seen as a major resource for reducing the impact on supervisees. These important exchanges can also open up supervisors to trauma exposure responses. This workshop will provide warning signs related to the trauma exposure response, tools to manage this response, and skills based on mindfulness and self-compassion for you and your supervisees.

IC: Strengths-Based Clinical Supervision
   Jack Nowicki, LCSW, Private Practice, and Steve Hicks School of Social Work, UT Austin
Solution-Focused Brief Therapy and other strengths-based approaches are gaining empirical support in the literature. We are beginning to understand that the same kinds of best practices that improve our outcomes in counseling also work to improve outcomes and learning in supervision. Providing practitioner-centered supervision for supervisees who are using strengths-based approaches has the benefit of modeling and practicing conversations about best practices; including careful needs assessment, goal-setting, ongoing tasking, and frequent outcome evaluation. The workshop is based on the work of Frank Thomas (solution-focused supervision); Barry Duncan’s client-directed, outcome-informed concepts; Hersey & Blanchard’s early work (Situational Leadership II); as combined with the presenter’s clinical and supervisory practice experience.

ID: Trans-theoretical Essentials in Supervisory Though and Action, Part II (Continued from morning session)
   Ed Watkins, PhD
Thursday, November 2, 2017

12:15 – 1:30 p.m. Lunch on your own

1:30 – 2:00 p.m.
*Supervision Jeopardy: Answers and Questions on Clinical Supervision* Room 3.102
Sandra Grimes, LCSW, Rolling Hills Behavioral Health, Austin, TX
This 30-minute event will take us through a series of answers and we will work together to find the questions. We will cover the topics of the Supervisor and supervisee, Supervising as a Relational Process, Trouble Shooting, Evaluation and Management. The plan is to have a little fun with the serious issues we face as supervisors and maybe learn to think a little differently through this answer & question process. Remember to put your answer in the form of a question!

2:00 – 3:30 p.m.
*Live Demonstration Group Fishbowl* Room 3.102
DeLinda Spain, LCSW, Private Practice, Austin, TX
Group supervision can be a cost-effective and efficient way to provide needed guidance, support, and direction for clinicians. Training good group supervisors is essential for this method to be valuable and useful. Demonstration groups are known as effective training mechanisms for group therapy. Utilizing a fishbowl technique, a live group supervision session will be facilitated with participants choosing to be in or observing the group supervision. Group process, dynamics, and facilitation skills will be discussed following the live demonstration group.

3:30 – 3:45 p.m. Refreshment Break

3:45 – 4:45 p.m. *Fishbowl Demonstration Group Processing*

Group process, dynamics, and facilitation skills will be discussed following the live demonstration group.

Friday, November 3, 2017

9:00 – 10:30 a.m.
*KEYNOTE ADDRESS: Prudent Supervision: How to Address Ethics and the Law* Room 3.102
Dorinda N. Noble, PhD, LCSW, Creative Professional Development and Supervision, LLC, Austin, TX
A major overarching purpose of professional supervision is to help supervisees learn how to make ethical and legal decisions in the press and confusion of case situations, when emotions and context can be intense. Participants will gain new knowledge about how to protect themselves from legal liability as supervisors, and will examine cases to form ideas about how to help supervisees make ethics and laws a second nature in their practice.

10:30 – 10:45 a.m. Morning Coffee Break

10:45 a.m. – 12:15 p.m. Breakout Sessions

IIA: *Professional Wills – What Supervisors Need to Know (and DO!)*
Katie Malinski, LCSW, Private Practice, Austin, TX
Do you have an updated professional will? Do you require your supervisees to have one, too? What goes in a professional will, how do you write one, and where do you get started? It’s legally and ethically important to be prepared for unforeseen practice interruptions. This workshop will provide an overview of what providers and supervisors need to know and do to protect themselves, supervisees, and clients, in the unfortunate event of provider death or incapacitation.

*Inaugural Texas Clinical Supervision Conference* • [https://socialwork.utexas.edu/ceu/clinical-supervision-conference/](https://socialwork.utexas.edu/ceu/clinical-supervision-conference/)
IIB: Ethical Considerations in Dual Relationships in Supervision

Joseph Dias, M.Ed., LPC

The presentation will address Licensing Board requirements regarding dual relationships as it relates to best practice in supervision. There will be a review of differences and similarities between LCSW, LPC and LMFT standards. However, the topics will be applicable to best practices within all these helping professions in an effort create an awareness, review board requirements, and open a dialog around these issues. Case studies that address these areas will be reviewed.

IIC: Group Supervision: Challenges and Benefits

Gianna Viola, LCSW, Private Practice, and Christine Winston, LCSW, Private Practice, Austin, TX

The small group can be a uniquely effective setting for clinical supervision, providing members with rich opportunities to learn from each other, exercise their skills as consultants, and tolerate constructive feedback. In this very collaborative workshop we will explore some of the benefits and pitfalls of leading a supervision group with new professionals, looking at how the group setting can be used to help contain anxiety as well as effectively challenge members to grow.

12:15 – 1:30 p.m. Lunch on Your Own

1:30 – 3:00 p.m. Breakout Sessions.

IIIA: Leavings and Endings: Termination and Final Evaluation in Supervision

Pamela Malone, PhD, LCSW, FT

Termination of supervision can be either planned or unplanned with distinct issues related to each. Both involve providing a final evaluation of the supervisee to include a formative evaluation and a summative evaluation as a means for recommending licensure. The supervisor recognizes strengths and development achieved throughout the supervisory period as well as areas for further growth, knowledge and skill acquisition, and the exploration of professional goals. This ending phase of supervision also includes a discussion about the boundaries, limitations, and definition of any future relationship between supervisor and supervisee.

IIB: Substance Use Disorder Issues Facing Our Supervisees and How We Can Help

Cliff Hamrick, LPC-S, LCDC

Working with clients with substance disorder presents a unique set of concerns that are often not always addressed in graduate programs for mental health professionals. These issues and concerns require approaches that are often not presented, and may be counterintuitive to our supervisees. This presentation will discuss these issues and present strategies to offer your supervisees so they can be more successful in working with clients with substance use disorder.

III C: Helping Supervisees Work with Highly Complex Clients Using Respect-Focused Therapy

Susanne Slay-Westbrook, LPC-S, LMFT-S

This workshop will offer a discussion of the many challenges newer clinicians grapple with when dealing with complex clients, using Respect-Focused Therapy. This approach honors the emotions and values of the clients who pose resistance to treatment, and constructively works with hopelessness, defensiveness, or aggressive/passive-aggressive and other self-defeating behavior. Case study examples as well as examples offered by participants will be discussed.

2:45 – 4:45 p.m.

Jennifer Luna Jackson, MSSW

CLOSING KEYNOTE: Step up and Stand Out: Creating Your Professional Brand as a Clinical Supervisor

Have you thought about ways to enhance your private practice, or begin or build your supervision practice? Social work has taught us to use authenticity when working with clients and systems. Our knowledge of this gives us a great framework to apply to our own professional clinical supervision branding. This session will focus on strategies to develop intentional branding to present your credibility and practice expertise to best connect with the LMSW’s you are uniquely suited to supervise.
CONFERENCE REGISTRATION FORM

NAMETAG INFORMATION
First Name: __________________________ Last Name: __________________________
Agency or Organization: _______________________________________________________
City: __________________________ State: __________________________

REGISTRATION INFORMATION
Home [ ] Work [ ] Mailing Address: ____________________________________________
City: __________________________ State: __________________________ Zip: __________
Daytime Telephone: __________________________ E-mail Address: ____________________

Continuing Education credits: [ ] Social Work [ ] LPC [ ] LMFT [ ] Psychology [ ] TCBDAC [ ] Other ________________

Please indicate which sessions you plan to attend (final session choices can be made on-site)
Thursday, 11/2 ____________________________ Friday, 11/3 ____________________________
IA ___ IB ___ IC ___ ID ___ ____________________________ IIA ___ IIB ___ IIC ___ ____________________________ IIIA ___ IIIB ___ IIIC ___

REGISTRATION FEES including CEUs

☐ Full Conference Including Thursday and Friday ..................................................... $200 | after 10/23/17 $225
☐ Thursday Only 11/2 .................................................................................................. $130 | after 10/23/17 $145
☐ Friday Only 11/3 .................................................................................................... $130 | after 10/23/17 $145

Total Amount Due: ____________________________ Total Amount Enclosed: __________

Method of Payment:
☐ Check # ____________________________ (Payable to The University of Texas at Austin) ☐ Purchase Order # ____________________________
Credit Card: ☐ Visa ☐ MasterCard ☐ Discover
Name on Card: ____________________________ Card #: ____________________________
Expiration Date _____/_______ CVV _________ Signature ____________________________

REGISTRATION POLICIES:
CONFERENCE REGISTRATION AGREEMENT
Submission of the registration form, along with payment, means that we are preparing for your attendance at this event. We will plan and prepare for your conference program, packet, name badge, continuing education materials, refreshments and other conference materials in anticipation of your arrival. Upon receipt of your registration, you have agreed to the registration policies and fees as stated herein. Guests who wish to attend any conference event must be registered for the conference and/or event.

ACCEPTABLE METHODS OF PAYMENT
Registration forms must be submitted with a method of payment. Acceptable methods are: checks, money orders, purchase orders, or credit cards (Visa, MasterCard, or Discover). Make checks payable to The University of Texas at Austin. Cash will be accepted at the door.

MAIL, FAX, OR SCAN / EMAIL TO
UT Austin Steve Hicks School of Social Work, Office of Professional Development
1925 San Jacinto Blvd., MC: D3500, Austin, TX 78712-0415 • Phone: (512)-471-2886 • Fax: (512) 232-3700
Registration Questions? Email: ssw-pd@austin.utexas.edu or ssw-profdev@utlists.utexas.edu

REFUNDS/SUBSTITUTIONS
Refunds for registration fees may be arranged if cancellation is received in writing (email is acceptable) by 5:00 p.m. on Friday, October 27. An administrative fee of $25 per registration will be deducted from the refund total. Substitutions will be accepted.