Continuing Education Program
Fall 2019

FEATURED EVENTS

Family Trauma Treatment
Scott P. Sells, PhD, LCSW
October 18, 2019

2019 Texas Clinical Supervision Conference
November 7-8, 2019
The Office of Professional Development in the Steve Hicks School of Social Work at The University of Texas at Austin provides continuing education offerings, and other services of the highest quality, affordability and diversity, and promotes life-long learning for social workers and other human service professionals.

Programming is designed to strengthen knowledge at all levels of professional experience and is grounded in the values and ethics of the social work profession.

We look forward to your participation and to your feedback and suggestions for future programming.

Professional Development website
socialwork.utexas.edu/ceu
Program Schedule At-a-Glance

Programs

Sue Fairbanks Lecture in Psychoanalytic Knowledge: William S. Meyer, LCSW, BCD
Dean Jack Otis Lecture: Cindy Nava, National Hispanic Leadership Institute
November 2019 Clinical Supervision Conference
Fall Featured Clinical Presentation: Scott P. Sells, PhD, MSW, LCSW, LMFT

NEW On-Demand Trainings

Social Work CEUs OnDemand: UTAustinSocialWorkCEU.org
Issues in Addiction – Trauma and Addiction
Social Work Ethics
Trauma Informed Approaches with Children & Youth
Trauma-Informed Approaches with Immigrants & Refugees
Social Work Clinical Supervision Course
Adventure Therapy
29th Annual Texas School Social Workers Conference
Group Psychotherapy Courses
Solution Focused Brief Therapy
Spring 2020 Gerontology Resources Symposium
Leben Play Therapy Symposium

Event Locations, Maps, and Directions
Registration Information and Form
DiNitto Career Center Updates

Mission Statement

Through excellence in professional education, research and service, the Steve Hicks School of Social Work at The University of Texas at Austin provides national leadership to promote social and economic justice, alleviate critical social problems and enhance human well-being.
## Fall 2019 Programming

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<td>Trauma Informed Services with Adult Refugees and Asylees (see p. 17)</td>
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# Spring 2020 Programming

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<td>Mar 12</td>
<td>9 AM - 4 PM</td>
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<td>Christine Lynn Norton, PhD, LCSW-S</td>
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<td>Alexis Kuerbis, LCSW, PhD</td>
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<td>Anne Bodmer Lutz, BSN, M.D.</td>
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**Contact us**  
Office of Professional Development  
Steve Hicks School of Social Work, UT Austin  
1925 San Jacinto, MC: D3500, Austin, TX 78712-1405  
**Office Phone:** 512-471-2886 • **Fax:** 512-232-3700  
**Email:** ssw-profdev@utlists.utexas.edu • **Web:** cvent.utexas.edu/swceu

**Register online**  
cvent.utexas.edu/swceu  
Call 512-471-2886 for registration assistance.
No ‘evidence’ for psychoanalytic therapy? Let me tell you some stories ...

In this workshop, the presenter will engage the audience by sharing case histories - including de-identified letters and poems - involving those he has seen in long-term treatment. Through these communications, the audience will see compelling evidence of the power of a healing relationship, when individuals - including those with severe traumatic backgrounds - collaborate with a caring therapist whose psychoanalytic perspective informs clinical understanding and psychotherapeutic care.

At the conclusion of this workshop, participants will be able to:

• Identify the characteristics of a “holding environment” as created by the therapist

• Describe the most important therapeutic task, according to Adler and Buie, for the practitioner of long-term therapy

• Discuss the value of long-term treatment provided through therapeutic relationships

The Sue Fairbanks Lecture Series is made possible by the Sue Fairbanks Endowment for Excellence in the Application of Psychoanalytic Knowledge in Social Work established in 2007. This permanent endowment is dedicated to educational programs in psychoanalytic knowledge and to promoting excellence in clinical practice.

William S. Meyer, LCSW, BCD, is an Associate Professor in the Departments of Psychiatry and Ob/Gyn at Duke University Medical Center where he is the Director of Training for Clinical Social Work. He is a past-president of the American Association for Psychoanalysis in Clinical Social Work and holds faculty appointments at the Psychoanalytic Center of the Carolinas, the University of North Carolina and Smith College. He is the recipient of numerous awards, including “The Heart of Social Work Award” and the “Lifetime Achievement Award for Contributions to Clinical Social Work and Psychoanalysis.”
Awakening the Leader Within: Young Professionals of Color Rising to the Call to Action

Cindy Nava, National Hispanic Leadership Institute

Wednesday November 13, 2019
10–11:30 AM

Register Now!
Attend.com/Otis19Nava

Location
Utopia Theatre,
Steve Hicks School of Social Work

Fees
Free admission
Parking on your own at Trinity or Manor Garage.
UT parking rates apply

CEUs
1.5 CEU/1.5 contact hours
Fee: $10 payable at the door

Approved for
• Social Workers
• LPC
• LMFT
• Psychologists

In this interactive lecture and discussion, we will dive into today’s most pressing social justice battles, focusing on the importance of collaborative action, strategic policymaking and long-term relationship-building for change. The presentation will come from an immigrant young woman of color lens to bring forward the importance and the power of storytelling for change in the face of a devastating political time for marginalized communities across the country. This session will empower and encourage participants to reflect on the impact of their lived experiences, and to identify their driving force for change and long-term impact.

At the conclusion of this workshop, participants will be able to:
• Identify foundations of becoming a positive interrupter
• Describe distinctive civic engagement and advocacy strategies to enhance engagement with communities of color
• Engage in mock sessions to practice communication tactics, culturally responsive strategies, and transformational leadership practices

The Dean Jack Otis Social Problem and Policy Lecture is supported by a permanent endowment established by Dr. Otis to inspire further academic attention to current social problems.

Cindy Nava, AA, BA, MA, arrived to the U.S. at age seven from Chihuahua, Mexico. She was raised in New Mexico and is proud to call herself a “Mexican-New Mexican.” She became the first undocumented intern for a national political party in Washington, DC, and then became the first DACA recipient to work as a Majority Pool Analyst for the New Mexico House of Representatives. The Huffington Post named Nava one of the “40 under 40s: Latinos in US Politics.” Nava is a motivational speaker and leadership trainer. Her passion for strengthening women’s voices in policy and politics led to leadership opportunities collaborating with EMERGE America, Ready to Run and as a TEDx speaker.
Attention Texas Clinical Supervisors
2019 Central Texas Clinical Supervision Conference

REGISTER NOW

November 7–8, 2019

Location
Thompson Conference Center, UT Austin

CEUs:
Up to 11.0 CEUs for supervision
Up to 7.5 Ethics CEUs for Social Work, LPC, or LMFT

Registration Site:
cvent.utexas.edu/supervision

Stronger Together:
Intentionality, Accountability & Ethics in Advanced Clinical Supervision

This conference is designed to provide a multidisciplinary audience of clinical supervisors, licensed professional counselors, and licensed marriage and family therapists, as well as professional educators in these disciplines, with the opportunity to enhance knowledge, skills, and practice in this complex and challenging arena.

Conference Feedback
Highlights from 2017 Inaugural Conference

“All of the presenters were engaging, personable, and extremely knowledgeable - great conference!”

“Appreciated discussions about ethical dilemmas in supervision and what is recommended to safeguard my supervision practice with improved documentation and record keeping.”

“Theories and actual practice of supervision. Thanks for initiating this opportunity for training and networking!”

Registration Open
Go to cvent.utexas.edu/supervision for full program details!
Conference Sessions will include:

- Navigating the Relationship of Business Owner and Clinical Supervisor
- Agency-Based Supervision: Avoiding Pitfalls and Advancing Success
- New Supervisors: Staging the Foundation
- Addressing Issues in Clinical Supervision Related to Trauma
- And More . . .

Plenary Session Presenters

Sandra A. López, LCSW-S, ACSW, DCSW, Houston, TX
Reflections on Clinical Supervision: Challenges & Best Practices

Sebastián J. Colón-Otero, LCSW-S
UT Austin Counseling and Mental Health Center
Diversity and Inclusion in Clinical Supervision

Amanda Ellis, JD
Dalrymple, Shellhorse, Ellis & Diamond, LLP, Austin, TX
Complaint-Proofing Your Mental Health Professional Practice

Candyce Ossefort-Russell, LPC-S
Austin, TX
Supervision as Mentorship: A Live Supervision Group Demonstration
It’s not easy when a counselor who meets with a traumatized family only possess the tools to treat the individual child. Unfortunately, tools to treat the entire traumatized family have been limited. Imagine being able to leave this workshop with step-by-step strategies to address common ethical dilemmas and treat not only the traumatized child, but the entire family. Join Dr. Scott Sells from the Family Trauma Institute, as he teaches concrete tools necessary to quickly engage and heal child, couple, and family trauma.

Scott P. Sells, PhD, MSW, LCSW, LMFT, is former tenured professor of social work at Savannah State University, Savannah, GA, and associate professor at UNLV in Las Vegas, NV. He is the author of three best-selling books, Treating the Tough Adolescent: A Family-Based, Step-by-Step Guide (1998), Parenting Your Out-of-Control Teenager: 7 Steps to Reestablish Authority and Reclaim Love (2001), and Treating the Traumatized Child: A Step-by-Step Family Systems Approach (Springer, 2017). He has over 20 publications in several periodicals, plus book chapters in the Handbook of Family Therapy Research Methods (1996) and Social Worker’s Desk Reference, 2/E (2008.) Dr. Sells has extensive experience as a keynote speaker for the American Association of Marriage and Family Therapy, the National Association of Social Workers, the Southeastern Psychological Association, and others. He was invited to be one of six expert presenters at the American Association of Marriage and Family Therapy’s prestigious Summer Institutes as well as the world-renowned Cape Cod Institute. Dr. Sells is currently the founder and model developer of an evidence based model known as the FST | Family Systems Trauma Model that is being used by both juvenile justice and child welfare in over 14 states and in Europe.
Participants will be able to:

• Complete a comprehensive PTSD assessment with the child, family, and extended family

• Use techniques to more effectively identify the root causes of the trauma in the marriage, the child, and the siblings

• Transform your practice from long term treatment to one that is briefer and strategic, with increased effectiveness

• Obtain what are called “trauma playbooks” to quickly organize families in crisis with clarity of roles and strategies to reduce self-harm, anxiety, depression, violence, suicidal ideation, eating disorders, substance abuse, and extreme disrespect

• Retrain or enhance your capacity to see key undercurrent interactional patterns that keep a traumatized child, couple, or family stuck, using a structural-strategic family systems lens

• Use the technique of feedback loops to rapidly illicit hope with fresh solutions to previously intractable problems

• Learn and apply the technique of “motivational phone calls” to engage the resistant parent or child to decrease no-show rates by 80% or higher, and initiate a soft start-up before the first face-to-face session

• Identify and recognize common ethical and legal dilemmas when actively involving the child and family in trauma treatment, and become better equipped in addressing these in your practice

Co-Sponsored by

The University of Texas at Austin
Health Social Work
Dell Medical School

The University of Texas at Austin
Institute for Military and Veteran Family Wellness
Dell Medical School & Steve Hicks School of Social Work
Go to utaustinsocialworkceu.org to register

Medicaid 101 in Texas
Cossy Hough, LCSW

With 1 in 5 people in the United States covered by Medicaid, social workers should know the basics about the program. This workshop is intended for new social work professionals or social workers who are working with Medicaid for the first time. The workshop will cover the history and basics of Medicaid as well as who is potentially eligible for Medicaid in Texas and the benefits of the program. Advocacy for clients with Medicaid will also be reviewed as will the social justice issues surrounding Medicaid Expansion.

Participants will be able to:
• Discuss the history of Medicaid in the United States
• Identify who is potentially eligible, and what Medicaid covers in Texas
• Advocate for a client with Medicaid
• Identify social justice issues surrounding Medicaid expansion

CEUs
Up to 1.0 CEU

Approved for
• Social Workers
• LPC
• LMFT

Fee: $20

Cossy Hough, LCSW, received a BSW in 1992 and a MSSW in 1993, both from the University of Texas at Austin. Currently, she serves as clinical assistant professor at the UT Austin Steve Hicks School of Social Work and Assistant Dean of the Undergraduate Program. Her professional areas of interest include public policy and safety net programs including Medicaid.

Go to utaustinsocialworkceu.org to register

Medicare 101
Joan Asseff, LCSW-S

This course serves as a basic introduction to the structure and application of Medicare benefits for older adults and persons with disabilities. Course content is appropriate for new health care professionals or those searching for a general review of Medicare insurance and services. Participants will receive a general overview of how to qualify for Medicare, basic benefit/coverage structure (A, B, C, & D) and best practices for helping patients navigate Medicare services. This workshop is intended for new social work professionals or social workers who are working with Medicare for the first time.

Participants will be able to:
• Apply various Medicare benefits (inpatient, outpatient, psychiatric services, etc.)
• Empower patients to more effectively navigate Medicare insurance coverage and health care services
• More effectively serve on interdisciplinary health care teams that provide Medicare funded services

CEUs
Up to 1.0 CEU

Approved for
• Social Workers
• LPC
• LMFT

Fee: $20

Joan Asseff, LCSW-S, is a Clinical Assistant Professor with the UT Austin Steve Hicks School of Social Work, where she also serves as Program Coordinator for the school’s partnership with Main Street Renewal (MSR). Asseff teaches social work practice and serves as a liaison for students in field.
Establishing an Ethical and Sustainable Private Counseling Practice: A Recipe for Success

Andrea Galiette Skoglund, LCSW-S

Go to utaustinsocialworkceu.org to register on or after October 7

CEUs
Up to 2.5 CEU ethics

Approved for
• Social Workers
• LPC
• LMFT
• LCDC/TAAP-R
• Psychologists

Fee: $60

Social workers and other behavioral health clinicians often express interest in working in a private practice setting, intrigued by the flexible work schedule as well as the earning potential. However, these clinicians may be uncertain of how to enter into this area of practice, and may need to learn about potential practice pitfalls and ethical considerations they could encounter. This course will outline the steps to develop a practical business model that has the greatest potential for clinical and financial success, based on the social work code of ethics.

Participants will be able to:
• Use logistical steps to become an independent provider of mental health services
• Identify and discuss the pros and cons of accepting insurance assignment
• Describe how to bill insurance companies in order to receive financial reimbursement for services rendered
• Be prepared to navigate ethical challenges unique to private practice

Andrea Skoglund, LCSW-S, opened her private counseling practice in the Houston area in 2012. She works with a variety of clients including adolescent and young adults as well as women and couples across the life spectrum, and is an EMDR certified therapist. She received her MSSW from UT Austin, and has worked at a variety of academic medical centers including Northwestern University’s Feinberg School of Medicine, Jesse Brown VAMC and MD Anderson Cancer Center. She became a Board approved supervisor in 2010 and has been writing examination items for the ASWB’s clinical licensure exam since 2012. Skoglund has presented on these and other practice topics across the state of Texas.
Disenfranchised Grief: Healing from Within

Dede Sparks, LMSW

While not a new concept, disenfranchised grief is rarely included in the assessment and treatment of clients who are grieving from death related and non-death related losses. Disenfranchised grief occurs across the lifespan, and can be a significant barrier for many people in seeking help and in receiving appropriate care. This presentation will provide assessment techniques and therapeutic information helpful when working with clients around the very personal, and often silent, grief.

Participants will be able to:
• Define disenfranchised grief
• Identify barriers to assessment and treatment of disenfranchised grief with clients
• Recognize how disenfranchised grief can be a barrier for healing in the grief process
• Discuss methods of incorporating assessment and treatment of disenfranchised grief into practice with clients
• Recognize symptoms of disenfranchised grief at different life stages and with identified populations

Dede Sparks, LMSW, is a Clinical Associate Professor and Assistant Dean for Health Affairs at the Steve Hicks School of Social Work at the University of Texas at Austin. Sparks teaches Healthcare Social Work classes, including Loss and Grief, and Patient and Provider Healing: Topics on Death, Dying and Resilience. She serves as an integral part of the team facilitating Interprofessional Education with the SH School of Social Work, the School of Nursing, the College of Pharmacy and Dell Medical School. Before joining the faculty at UT Austin, Sparks practiced in inpatient hospice and palliative care.
Social Work CEUs OnDemand!

Additional On-Demand Classes available 24/7
$25 - $35 per 1 hour module; $60 for 3 hour programs
Recorded webinars conducted by UT Austin social work top faculty and researchers, as well as community experts in critical issues in social work practice

- **ADVANCED SUPERVISION CEUs**
  *Using Vulnerability to Teach in Supervision*
  Tammy Linseisen, ACSW, LCSW-S

- **Ethics of Comprehensive Case Management**
  Cossy Hough, LCSW

- **HIPAA Training series for Social Workers: HIPAA Security and Privacy Rules**
  Debbie Elmore, RPh, JD, CHPC, Pegi S. Block, JD, and Laura Sovine, LMSW-AP

- **A Groundwater Analysis of Institutional and Structural Racism**
  Joyce James, LMSW-AP

- **Religion and Spirituality in Social Work Practice**
  Alan Hugh Cole, Jr, PhD, Professor and Senior Associate Dean for Academic Affairs

- **DSM-IV to the DSM 5: Major Changes in Child and Adult Diagnoses**
  Cynthia Franklin, PhD, LCSW, Stiernberg/Spencer Professor in Mental Health
  Elizabeth Pomeroy, PhD, LCSW, Bert Kruger Smith Centennial Professor

- **Culturally Competent Practice with Deaf Clients**
  Angela Nonaka, PhD

- **Directive Group Play Therapy for Children Diagnosed with ADHD, ODD and High Functioning ASD**
  Norma Leben, LCSW, ACSW, RPT-S, CPT-PROF

Go to UTAustinSocialWorkCEU.org
The workshop will focus on the arousal systems of the brain and body as related to the addiction and attachment processes, with emphasis on the impact of trauma. The condition of Attention Deficit Disorder (distractible and inattentive types) will be used to illustrate the interaction of trauma, attachment and substance use. Small group exercises will be used to examine the role of dissociation and transference in the clinical relationship, as it may mimic the “hijacked” reward and stress circuitry in the brain.

Participants will be able to:
• Use tools to identify elements of the attachment schema of the client
• Describe how disrupted bonding & attachment experience influence substance preferences
• Name at least 3 ways the reward circuitry may be enhanced to mitigate stress reactions in the brain

Arlene Montgomery, LCSW-S, PhD, has taught clinical classes at The University of Texas at Austin Steve Hicks School of Social Work since 1993, and Smith College School for Social Work since 2014. She is the author of *Neurobiology Essentials for Clinicians: What Every Therapist Needs to Know* (2013). Her private clinical practice in Austin, Texas has a focus on serving clients affected by trauma, in addition to providing Licensed Clinical Social Worker supervision.
This workshop will offer an interactive experience of discussing, processing, and reflecting on ethical practices in social work settings. The program will include activities designed to promote greater self-awareness and increased capacity to monitor potential triggers and red flags, or other indicators that something needs to be questioned, in order to enhance ethical decision-making. Participants will be invited to engage in this process through discussion, reflection on experiences for growth, and development of plans to support their ethical decision-making.

Participants will be able to:

- Develop greater awareness of the connection between their self-care state and the impact on ethical decision-making
- Develop a richer awareness of personal triggers and sensing red flags
- Develop a comprehensive self-care plan
- Review and process ethical dilemmas to strengthen their ethical-decision making skills

Wednesday  
October 30, 2019  
9 AM–Noon

Fees  
$75; $90 after 10/23

Location  
Commons Learning Center, Pickle Research Campus

CEUs  
3.0 Ethics CEU/  
3.0 ethics contact hours

Approved for

- Social Workers
- LPC
- LMFT
- LCDC/TAAP

Colleen Arnold, LCSW-S and Dane DeCiero, LCSW

Colleen Arnold, LCSW-S, currently maintains a private practice, and is an adjunct professor at the UT Austin Steve Hicks School of Social Work. Following her MSSW studies at UT Austin, she worked with adolescents in the Travis County Juvenile Probation–Residential Services, where she coordinated a program for adolescents needing chemical dependency counseling.

Dane DeCiero, LCSW, serves as a social worker at KIPP Austin College Prep middle school. He earned his experience during his MSSW program at UT Austin working in both charter and traditional public schools at the elementary, middle, and high school level. He is passionate about restorative justice and helping find non-traditional disciplinary approaches to address student behavior.

Both Arnold and DeCiero serve on the Texas School School Social Workers Conference planning committee and have presented at the conference on a variety of topics.
An Introduction to TBRI and NME: Individual and Group Approaches to Address Trauma in Children and Adolescents

Mary Beer, LCSW

This day-long interactive workshop will introduce participants to the foundations of two evidence-based approaches for use with children and adolescents who have experienced trauma: Trust Based Relational Intervention (Drs. Karen Purvis and David Cross) and the Neurosequential Model in Education (Dr. Bruce Perry). The morning portion will focus on the TBRI principles of Connecting, Empowering, and Correcting, as well as some of the core concepts of the NME including the arousal continuum, the six R’s, and rudimentary brain development. During the afternoon portion participants will have the opportunity to participate in Circles and Nurture Groups. Templates for both of these groups will be provided for easy transfer back to work in the field.

Participants will be able to:
- Apply TBRI as an approach to handling challenging behaviors
- Use NME as a lens for understanding challenging behaviors
- Incorporate the components of Circles and the Nurture Group into group settings

Mary Beer, LCSW, has been working with children and adolescents for over 20 years. She served as a school social worker for 16 years before becoming a Clinical Assistant Professor at the UT Austin Steve Hicks School of Social Work. Beer is a Trust Based Relational Intervention practitioner and educator and has been collaborating with the Austin ISD to implement the Neurosequential Model in Education program in five pilot schools.
Refugees are a diverse group. They come speaking many languages and representing a variety of religions, ethnicities, and frequently, trauma histories. When faced with trauma and multiple losses, how do we work supportively to build resilience when working with refugees? This workshop will cover best practices for serving refugees and immigrants in trauma-informed ways. It will help participants to understand who refugees are, and how to provide support for their healing and integration into their new communities. Service delivery considerations that will be addressed include: language access, coordination, flexibility, multicultural diversity in the workplace, and a commitment to cultural humility in order to respond to the unique needs of this community. Participants will have opportunities to reflect on their own culture, positionality, worldview, and awareness when working with diverse communities. Opportunities and potential challenges for application of trauma-informed practice in various settings will be included.

Participants will be able to:

- Demonstrate enhanced competency (awareness, knowledge, and skills) on the impacts of refugee trauma on mental health and psychosocial functioning
- Reflect on the process of intercultural communication, in the reality of work with refugees
- Describe treatment approaches effective with these diverse communities who faced trauma
- Assess strategies to support refugees, and attend to and promote their personal self-care
- Identify resources for refugee mental health and trauma-informed care, including training resources to become more culturally-informed on refugee populations
- Exercise self-reflection around their own culture and positionality, and discuss how it may interface when working with clients from diverse backgrounds

Joanna Mendez, LMSW, is the Community Wellness Counselor for Refugee Services of Texas (RST), where she implements all aspects of their Community Wellness Program. She also serves on the Collaborative Council of the Texas Judicial Commission on Mental Health and is the Chair of the Outreach & Recruitment Committee for the Trauma Informed Care Consortium of Central Texas. She is certified in Mental Health First Aid, Trauma-Informed Cross-Cultural Psychoeducation, and trained in EMDR.
Course Registration, Pre-Course, and Attendance Policies

- **Pre-course material:** Registrants are to complete 13 hours of pre-course reading and written assignments. Registrants will be contacted approximately 6 weeks in advance of the course to confirm participation, and assignment material will be sent out approximately 5 weeks in advance, with the writing assignment to be returned 10 days before the beginning of the on-site course. These timelines allow the course instructor to review materials to integrate into plans for the course.

- **Refunds and substitutions will be accepted through date of distribution of pre-course materials. Course fees and CEUs could be forfeited beyond this deadline.**

- **Attendance policies:** Texas Social Workers Board rules state that 40 hours of training must be completed in order to fulfill the mandated requirements, which includes both pre-course and in-class hours. If the pre-course assignment is not completed by the due date, or if the registrant is absent for any part of the face-to-face class, additional fees will be assessed for late assignment review or for make-up work, and certificates of completion are likely to be delayed. Please plan your schedule accordingly for this course.

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**Tammy Linseisen, ACSW, LCSW** is a clinical associate professor at the UT Austin Steve Hicks School of Social Work and has taught in the graduate program since 1998. Her teaching focuses on social work practice, field education, and child and adult attachment. She began teaching a Texas licensing board-approved, 40-hour course in clinical supervision through the School in 2005, and has taught this course in cities across the country. She presents on clinical supervision nationally and works as a clinical supervision consultant for the United States Army Medical Department (AMEDD). Linseisen maintains a private practice of clinical supervision, therapy, training, and consultation.
This 40-hour series is accepted by the Texas State Board of Social Work Examiners to meet training qualifications to supervise candidates for clinical licensure. The classroom sessions will be collaborative, experiential, and interactive with an emphasis on practical applications and skill building.

The course will cover these three major content areas:

1 **Relationship and Professional Identity**
   The relationship in clinical supervision is the central foundation upon which all other parts of the supervision experience are based.

   Participants will be able to:
   • Assess individual strengths, knowledge, and skills to teach supervisees clinical practice effectively
   • Examine styles and expectations for effective teaching and supervision
   • Identify the significance of self-awareness, anxiety management, and professional boundaries in ethical supervision practice

2 **Power and Diversity in Clinical Supervision**
   Supervisors must identify the struggles experienced in working with supervisees who are different from themselves, as this is an important component of effective supervision. This allows supervisees to acknowledge the differences between themselves and their diverse clientele.

   Participants will be able to:
   • Examine the role of power and diversity in clinical relationships
   • Identify skills to promote intentional use of self regarding cultural sensitivity
   • Teach skills in supervision to train culturally sensitive practitioners

3 **Conflict, Criticism, and Evaluation**
   Awareness and management of issues related to authority is a critical skill when dealing with conflict and providing criticism, both positive and constructive, in the clinical supervisory relationship.

   Participants will be able to:
   • Demonstrate knowledge of the role of power in the supervisory relationship
   • Identify potential areas of conflict in supervision and possible intervention strategies
   • Illustrate the process involved in providing and receiving feedback as a clinical supervisor
   • Teach the concept of parallel process in order to enhance supervisees’ relationships with clients
Course #S2003

**Adventures Therapy: Theory, Research and Practice**

**Christine Lynn Norton, PhD, LCSW-s**

Looking to learn about outdoor, experiential interventions to supplement what talk therapy has to offer? This workshop will introduce adventure therapy as a research-informed practice modality that you can use with individuals, families and groups, and will provide an overview of the latest research, theory and practice approaches. The workshop will be highly experiential and engaging, and participants will walk away with concrete tools to use with clients, as well as a firm grasp of why adventure therapy is a promising social work practice.

This workshop will be partially indoor/outdoor (weather permitting). Please wear comfortable clothes appropriate for the seasonal weather conditions. Bring a water bottle and sunscreen. We will break for lunch, but feel free to also bring snacks. The physical activity level will be moderate and adaptable for people of all abilities. If you need special accommodations, please let us know ahead of time.

Participants will be able to:

- Define adventure therapy
- Identify and apply adventure therapy research findings to practice
- Develop awareness of and apply adventure therapy theory
- Gain facilitation skills
- Experience a sense of community and renewal

**Fees**

- $115
- $130 after 3/5/20

**Location**

Thompson Conference Center, UT Austin

**CEUs**

- 6.0 CEU / 6.0 contact hours

**Approved for**

- Social Workers
- LPC
- LMFT
- LCDC/TAAP

**Christine Lynn Norton, PhD, LCSW-s**, is an Associate Professor of Social Work at Texas State University. She received a Ph.D. in Social Work from Loyola University Chicago, a MA in Social Service Administration from the University of Chicago, a MS in Experiential Education from Minnesota State University-Mankato, and she is a Fulbright Scholar. Norton has over 20 years of experience working with youth and young adults in outdoor adventure therapy. She is a Research Scientist with the Outdoor Behavioral Healthcare Center at the University of New Hampshire, and teaches adventure therapy.
29th Annual Texas School Social Workers Conference

20/20: A Clear Vision for Texas School Social Workers

The Texas School Social Workers Conference has been developed to provide school-based service providers with a wide array of effective techniques and programs to enhance their work in schools as they meet the challenges found in today’s school settings. Conference participants will gain new strategies and tools as they rise to empower children, parents and school personnel.

Location
Doubletree by Hilton Austin Hotel

February 26–28, 2020

Updates and Hotel Reservations
socialwork.utexas.edu/ceu/texas-school-social-workers-conference
Group Psychotherapy Courses

Principles of Group Psychotherapy Courses

The Principles of Group Psychotherapy Course is designed by the American Group Psychotherapy Association (AGPA) as a stand-alone 15-hour program, and will be offered twice during Spring 2020 (March and May). This course is designed to provide basic understanding of the theory, principles, and application of group psychotherapy. This didactic and experiential presentation will cover group process and dynamics, foundations of group psychotherapy, the role of the group leader, the change process in group and some short-term structured and thematic group approaches.

The AGPA-sponsored course meets the educational requirement for the Certified Group Psychotherapist (CGP) credential conferred by the International Board for the Certification of Group Psychotherapists. Additional hours under supervision are also required and resources will be provided for finding a supervisor. This course is co-sponsored by the Austin Group Psychotherapy Society (AGPS), and will be taught by members of AGPS.
Solution-focused brief therapy is a competency-based approach that minimizes emphasis on past problems and failings, and instead focuses on the client’s preferred future, competencies, prior successes, and goals. This approach of treatment is in accordance with the positive psychology movement that emphasizes well-being and optimal functioning instead of pathology and etiology.

Solution-focused brief therapy (SFBT) is a short-term evidence-based treatment intervention that focuses on creating solutions to one’s problems. Solution-focused approaches are brief, pragmatic and highly effective interventions that are ideal to enhance engagement and promote resilience factors in multi-stressed youth and families. This two-day training will provide participants with a fundamental understanding of solution-focused brief therapy techniques, practical methods that can be implemented immediately in the counseling session, in the classroom, and with parents. There will be opportunities to practice solution-focused skills through role plays, lively discussions, and video case examples. Leave with practical “how to” skills that can immediately be put to use with clients.

Save the Date
Thursday–Friday
April 23–24, 2020
9 AM–4 PM daily

Watch website for registration details

Location
Thompson Conference Center, UT Austin

CEUs
12.0 CEU / 12.0 contact hours

Approved for
• Social Workers
• LPC
• LMFT
• LCDC/TAAP-R
• Psychologists

Anne Bodmer Lutz, BSN, M.D.

Anne Lutz, M.D. is the Director of Training for the Institute for Solution-Focused Therapy, and a board-certified adult, child and adolescent psychiatrist. She was trained by the founders of Solution-Focused Brief Therapy, Insoo Kim Berg and Steve de Shazer. Lutz is the author of Learning Solution-Focused Therapy: An Illustrated Guide. She is an assistant professor in psychiatry at the University of Massachusetts, and has worked in community mental health agencies integrating solution focused approaches within these treatment settings.
Updates and Registration
Coming Soon
Friday
April 17, 2020

Fees
$65 for half day;
$110 for full day
late fee: $15 after 4/10

Location
Thompson Conference
Center, UT Austin

Issues with Older Adults and Substance Use

9 AM – Noon
Dispelling the Myth:
Older Adults and Substance Use

1 PM – 4 PM
Older Adults and Substance Use:
Ethical and Clinical Challenges

Sponsors

Alexis Kuerbis, LCSW, PhD, is Associate Professor at Silberman School of Social Work at Hunter College of the City University of New York. She has over 20 years of experience in a variety of clinical, public health and social services settings and specializing in substance abuse treatment. Dr. Kuerbis’ research focuses on two major areas. The first is mechanisms of behavior change for problem drinkers—both within brief treatments (e.g., motivational interviewing, cognitive behavioral therapy) and social service interventions (e.g., case management) and outside treatment settings. The second area, which was born out of the first in 2011, is older adults who use mood altering substances. Since 2011, Dr. Kuerbis has developed a program of research that centers on enhancing social work’s (and other disciplines’) understanding of the unique aspects of substance use and abuse among older adults, including assessment, diagnosis, health guidelines, patterns of daily use, and building and/or honing effective, brief interventions and other treatments for their optimal care.
Do you have clients who spend the majority of their free time playing video games, speaking “videogame-ish” and conceptualizing life and relationships in terms of video games? Do you know what they are talking about when they tell you stories about what they’re doing at home or with friends? Are you sitting in your play therapy sessions, feeling as though they are speaking a foreign language?

Video games are here to stay. We can ignore video games, or we can learn to use them in our work with clients. Join Terry Kottman to learn about the various video games that people are playing now. We will explore vocabulary, plots, characters, relationships, and themes from video games that are currently popular with clients across the life span. Then we will practice using the vocabulary, concepts, characters, and themes in building relationships and designing therapeutic metaphors and interventions in play therapy.
Continuing Education Units (CEUs)

The Professional Development Program at the University of Texas at Austin Steve Hicks School of Social Work is a CEU provider for the following licenses. Please see event listings to determine if a program meets your continuing education licensing requirements.

**Social Work**
- LMSW (Licensed Master Social Worker)
- LCSW (Licensed Clinical Social Worker)
- LMSW-AP (Advanced Practitioner)
- LBSW (Licensed Baccalaureate Social Worker)

**LPC (Licensed Professional Counselor)**
**LMFT (Licensed Marriage and Family Therapist)**
**Licensed Psychologist, Psychological Associate, School Psychologist**

**Addictions Counselors**
The Steve Hicks School of Social Work is an approved CEU provider for Substance abuse professional licenses including LCDCs, Associate Prevention Specialists (APS), Certified Prevention Specialists (CPS), and Peer Mentor/Peer Recovery Designation (PM/PRC).

Provider #1634-02 is approved by the Texas Certification Board, an autonomous board of the Texas Association of Addiction Professionals. Complaints about provider or workshop content may be directed to the TCBAP Standards Committee, 401 Ranch Road 620 S, Ste. 310, Austin, TX 78734, Fax No. (888) 506-8123.

**Registered Play Therapists** The Steve Hicks School of Social Work is approved by the Association for Play Therapy to offer continuing education specific to play therapy. Our provider number is 18-548. The Steve Hicks School of Social Work maintains responsibility for the programs.

**CEU Certification for Community Training**
The Office of Professional Development can provide Social Work Continuing Education Units for outside community workshops and conferences. Please contact the Professional Development office for information on approval policies and application procedures.
Meeting Facilities
Directions and Maps

Austin Recovery Outpatient and Aftercare
4201 S. Congress Avenue, Building 2, Suite 202
Austin, TX 78745

www.austinrecovery.org

Phone
512-697-8601

The Commons Conference Center
J.J. Pickle Research Campus
10100 Burnet Road, Bldg. 137

commons.utexas.edu

Phone
512-471-5898

The Commons is located on The J.J. Pickle Research Campus (PRC) in northwest Austin.

Directions
The main routes are Mopac (Loop 1) and IH-35.
Take Braker exit from either route, turn south on Burnet Road.
The main entrance to PRC is just before the first traffic light (at Rutland).

Parking
Parking is free to program attendees with parking permits emailed in advance.
Steve Hicks School of Social Work
UT Austin Campus

Map Key
1. Steve Hicks School of Social Work
2. Trinity Garage
3. Manor Garage
4. Brazos Garage
5. San Jacinto Center
6. San Jacinto Guard Gate
   (For assistance with directions)
7. Joe C. Thompson Center
8. Bus Stop
9. Bus Stop
Steve Hicks School of Social Work, UT Austin
1925 San Jacinto Blvd., Austin, TX 78712
Online directions and map: socialwork.utexas.edu/about-us/contact-us/
Phone for Directions: 512-471-5457

Location
The Steve Hicks School of Social Work, designated ‘SSW’ on campus maps and information directories, is at the south end of the UT Austin campus near the corner of San Jacinto Blvd. and Martin Luther King Blvd. The red brick building is between the Swim Center and Recreation Center at 1925 San Jacinto Blvd. Obtain parking information from the Guard House in front of the school.

Parking
Parking for events at the Thompson Center is available in the TCC parking lot (Lot 40 on UT maps.) This lot is free to attendees with parking permits emailed in advance.

Directions
Traveling heading south on IH 35: Take the 32nd St. exit and turn right at the light. Travel west 1 block on 32nd St. to Red River St. Turn left and travel south on Red River to the first light (Red River St. and 26th/Dean Keeton St.). Proceed through the intersection and turn right into the first parking lot.

Traveling heading north on IH 35
Take the 32nd St. exit and turn left at the light. Travel west 1 block on 32nd St. to Red River St. Turn left and travel south on Red River St. to the first light (Red River St. and 26th/Dean Keeton St.). Proceed through the intersection and turn right into the first parking lot.

Public transportation
Bus stop locations for the Steve Hicks School of Social Work and the Thompson Conference Center are shown on the map at #8 and #9. For bus schedules in Austin, go to www.capmetro.org or call 512-474-1200 or 1-800-474-1201.

Joe C. Thompson Conference Center
Robert Dedman Dr., Austin

Online information and map
www.utexas.edu/cee/tcc/maps
Phone: 512-471-3121

Location
Southwest corner of Dean Keeton (26th St.) and Red River St. on the UT campus.
Registration Information

Complete Registration Form and submit with payment, or go to cvent.utexas.edu/swceu to register online

Acceptable methods of payment
Checks, money orders, purchase orders, in advance, or cash (on site only)
- Credit cards: Visa, Mastercard, Discover and American Express are accepted
- Checks: Make payable to The University of Texas at Austin
- Purchase orders: Can accompany registration form

Student discount
UT SH SSW students: contact the OPD office regarding discounts for specific events.
Other current full-time students may attend at half price.

Please send a copy of current student ID with registration form and payment.

Registration confirmation
Confirmation, including parking information, will be sent to you by email during the week of the workshop. To ensure timely confirmation, please be sure your contact information is clearly legible.

Refunds/substitutions policy
- Requests for refunds must be received in writing three days prior to the workshop. Email notification will be accepted.
- An administrative fee per registrant will be deducted from the refund total. Fees will depend on the expense of the event.
- Full refund will be given if a workshop is cancelled or rescheduled.
- Substitutions are welcome.

Cancellation policy
- Registrants will be notified if a workshop is cancelled due to low enrollment, and registration fees will be refunded or may be transferred to another workshop.
- Workshops will be cancelled if The University of Texas at Austin is closed due to inclement weather. It is advisable to check radio or television for information on campus closings.

Professional Development listserve
The Office of Professional Development maintains an email list to inform subscribers about our programs. If you wish to subscribe to the list, go to: https://utlists.utexas.edu/sympa/subscribe/ssw-profdevinfo, type in email at prompt, and follow instructions.

Requests for special accommodations
If you require adaptive accommodations, please contact the Office of Professional Development at least 14 days in advance of the event you will be attending for assistance.

Office Phone
512-471-2886

Email
ssw-profdev@utlists.utexas.edu
Registration Form
Please print legibly. This form may be duplicated for additional registrations.

Name(s) ____________________________________________

Agency ____________________________________________

Address  ○ Home  or  ○ Work ____________________________

City, State ZIP _______________________________________

Phone ________________________    Fax ________________________

Email _______________________________________

○ Please add my name/information to the Professional Development mailing list.

Special Dietary Needs __________________________________

CEUs needed  ○ Social Work  ○ LPC  ○ LMFT  ○ LCDC  ○ TAAP

Course #_________  Date _________  Topic ______________________  Fee $_______

Course #_________  Date _________  Topic ______________________  Fee $_______

Course #_________  Date _________  Topic ______________________  Fee $_______

Total $ _________

Method of payment
○ Check #_____________________
   (Payable to The University of Texas at Austin)

○ Purchase Order # _______________
   (Must accompany registration)

○ Credit Card
   ○ Visa  ○ Mastercard  ○ Discover
   ○ American Express

Card Number ______________________________________

Exp. Date ______________________________________

Name on card ______________________________________

CVV code _________________________________
   (Found on back of card on signature line)

Signature ______________________________________

Send form to
Steve Hicks School of Social Work
The University of Texas at Austin
Office of Professional Development
1925 San Jacinto, MC: D3500
Austin, TX 78712-1405

Office phone  512-471-2886
             512-471-5457 (for facility directions)

Fax  512-232-3700

Email  ssw-pd@austin.utexas.edu

Web  socialwork.utexas.edu/ceu

Online Registration  cvent.utexas.edu/swceu
DiNitto Career Center
Steve Hicks School of Social Work

The DiNitto Career Center at the Steve Hicks School of Social Work strives to provide useful resources for both current students and alumni. We provide online as well as in-person career development opportunities. The DiNitto Career Center offers career exploration workshops and career development seminars to students, alumni, community members who are interested in the field of social work.

Remember that as an Alum of UT SHSSW, career services are always available to you, including career advising, resume reviews and licensure preparation materials!

dccs@austin.utexas.edu
512-232-7362
socialwork.utexas.edu/dccs/

Attention LCSW Supervisors
Our Clinical Supervisor Directory is a valuable resource for connecting alumni who are ready to share their knowledge and experience with LMSWs working toward their clinical licensure. If you hold your LCSW-S and are seeking supervisees, head to our webpage or email us today! Go to: bit.ly/2Poi0Hj

DiNitto Center Career Coaches Network
We welcome you to participate in the UT Austin School of Social Work’s Career Coaches Network. This is a network of our alumni and other human service professionals who participate in career service activities held throughout the year. Events offer our coaches free parking and meals, as well as incredible networking opportunities with other professionals, and UT SHSSW faculty and staff.

To join the network, or for more information, contact jlnajackson@austin.utexas.edu.

Looking to post a job position?
The DiNitto Career Center is available to assist you with your organization’s staffing needs. Steer Your Career is your exclusive connection to Steve Hicks students and Alumni.

And the best part? It’s free! Go to: bit.ly/2LeecTG

Location
SSW 2.208

Web
socialwork.utexas.edu/dccs/

Email
dccs@austin.utexas.edu

Phone
512-232-7362